

STREET

A Food Delivery Guide in the Time of Community Quarantine

JAPAN SPECIAL

An Off the Beaten Winter Trip in Hokkaido, Japan

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100% malt, first press beer. KIRIN ICHIBAN

PREMIUM

RAFT BEER

Where to enjoy the new Kirin Ichiban draft beer

Makati City

KAZUNORI 2301 Chino Roces Avenue Extension, Makati

KAWASAKI 7563 Santillan st. Pio del Pilar, Makati

KYOTO G/F 119 C. Palanca Jr. St., Legaspi Vill., Makati

TEPPAN OKOCHI ROCKWELL BRANCH Ground Level Power Plant Mall Rockwell, Lopez Drive, Rockwell Center

YOKOHAMA MEAT KITCHEN 16 Jupiter St. cor. Antares St., Bel-Air, Makati KAPPOU NAKAJI Gervasia Condotel, Amorsolo St., Makati

ICHIDAIGEN Polaris Center 48, Brgy Poblacion, Makati

YAKINIKU HIRO 1D.PALANCA ST.cor. Delarosa sts. Legaspi Village, Makati

YAKINIKU A-FIVE TOKU Little Tokyo, Chino Roces Ave, Pasong Tamo Corner Amorsolo Street, Legazpi Village, Makati



BGC

TS) DRINK RESPONSIBLY

Please contact each restaurant for operation status



The All-New CZ



XL7

1.5L Gasoline Engine with VVT



Generous Luggage Space



Advance Mutli- information colored LCD



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LED Headlamps with DRL



Key Less Push Start System



MAP ケソン

Taste Authentic Japanese Cuisine from Japan's New Otani Hotel in the Heart of Quezon City



Fumizen quality of taste, ingredients, and hospitality

A long history that spans more than 40 years,

Fumizen has always set quality as the topmost priority. First established in Hotel New Otani in Tokyo, Japan, guests can instantly feel the "at-home" vibe in our place. Along with the great hospitality that we have is the freshly made and delicious tonkatsu or deep-fried breaded pork cutlet which guests can indulge in for a reasonable price. As a proof of our tonkatsu's greatness, the Japanese Prime Minister and other celebrities were also pleased with the food that we serve. Further, with our cuisine with premium flavors from the meat, to its sauce and rice, well-known people have been one of our frequent diners.

In the Philippines, the number of tonkatsu restaurants has been continuously increasing, and most of them have said to offer the original taste of tonkatsu. However, Fumizen has introduced the peerless Japanese quality and the signature Fumizen taste to the Philippine's food scene.

Perfect for everyone, Fumizen also offers private rooms for families and small business gatherings.

A sought-after bar on the third floor

After a generous amount of delicious meal, our diners and guests who would like to have a relaxing time can have fun in our new bar on the third floor, established in February. Cold beers, exhilarating cocktails, and whiskey are available for our guests and diners. For added fun, we also have a DJ booth, performers, and Poker room to boost the party vibe.

If you would like to visit and experience Fumizen, our restaurant is in the central business district of Quezon City. Do not worry about your car as we have allotted some space for parking lots, too! Feel at home while you enjoy authentic tonkatsu here in Fumizen!



Tonkatsu restaurant ふみぜん







The set and set meal include Japanese rice, miso soup and fruits.



Calm atmosphere inspired by Japanese design

Bar-E-Lounge



We offer not only cutlet but also a wide range of Japanese foods such as boiled silver set (P395) and fried tofu (P235).



Enjoying bar time without changing the spot

ふみぜん・fumizen

- ♥ No. 34 Sgt. Esguerra Ave., Brgy. South Triangle, Quezon City O 02-7793-1894
- O Fumizen Japanese Restaurant: 11 am to 11 pm, E-Lounge: 6 pm to 3 am
- fumizenph



ood and Restauran



May2020



[Feature Stories]

6 Cover Story Packaged Delights Food Delivery Guide Amid Community Quarantine





20 Japan Special Hokkaido, Japan

An Off the Beaten Winter Trip

Features of the Issue

STREET – In a short span of time, what were once day-to-day routines for everyone became rather rare occasions to come by again—going out for grocery runs, working in office buildings, walking at the park, and eating out with friends and family to mention a few. And along with the extension of the community quarantine comes the budding itch of people for some sense of normalcy again. Thankfully, the F&B sector is slowly offering such albeit limited operations. In this month's feature, let Philippine Primer give you a vital refresher on the numerous food establishments that have opened their doors to resume treating everyone with products that have become staple parts of one's everyday life.

JAPAN SPECIAL – Hokkaido boasts of an ever-changing landscape depending on the season, which is inarguably magnificent all-year-ound regardless of its varying facets. For one, the long and freezing winter of this prefecture makes it a dreamy winter wonderland. So bundle up and discover the charms of Hokkaido while it is drenched in whiteness, as we offer you a trip through snow-based activities, festivals, hot springs, onsens, and otherworldliness attractions like volcanic craters and geysers, which collectively make it one of the most hauntingly beautiful and breathtaking prefectures in Japan.

On the cover: Kenshin Japanese Restaurant

30 Maps Guide to Local Businesses in Makati & BGC

> Primer Media, Inc. Unit 807, Greenbelt Mansion Building, 106 Perea St., Legaspi Village, Makati City

Tel: 02-8836-8381 | Fax: 02-8808-2163 E-mail: sales@primer.ph | Url: http://primer.com.ph information@primer.ph

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Publishing / Editing / Production

Shairah Nabong | Denisse Tenorio Editors

Deneca Ordinanza | Teresa Gatmaitan Editors for Online Content

Heloise Diamante | Feliz Bueno | Hannah Carmona Kaycee Villamater | Cristine Bugarin Writers

Jowinie Doma | Dantes Remot | Janina Torres Graphic Designers

> Bryan Boado Marketing Executive

A Food Delivery Guide in the Time of Community Quarantine

The concept of having items delivered by just a few clicks online is not merely a choice given to consumers now—rather, it is a way of life etched in the normal current of our modern society. And when things go awry just like how the months-long community quarantine has put the country's, including Metro Manila's, everyday life off the course due to COVID-19, such delivery services are needed and vital as ever.

So while most people stay at home and only essential establishments like food-related ones are allowed to operate, we rounded up those that can cater to one's mealtime needs and cravings—from the restaurants down to the grocery stores around the metro.



bit.ly/Primer-Deliver

Feature by Shairah Nabong and Kaycee Villamater

Design by Janina Torres

MOS Burger

- MOS Burger Philippines

CoCo Ichibanya

Although CoCo Ichibanya opened the doors of its One Rockwell branch only for takeout and pick-up purposes, the well-loved curry house is extending its arms to a wider scope of places as well by means of accepting orders via food couriers like Foodpanda, GrabExpress, and Lalamove.

- G/F, One Rockwell, West Tower, Rockwell Dr., Makati City O 10 am to 5 pm (Mon to Sat)
- C 02-8815-4087
- Metro Manila
- CoCo Ichibanya PH

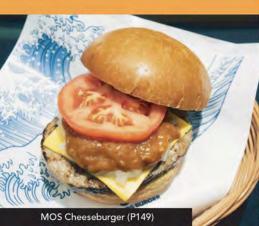


Soga Miga offers takeout and delivery services at their Alabang and Silang, Cavite branches. Customers can place their orders by 10 am from Monday to Saturday, while delivery starts by 1 pm onwards. Their current menu encompasses fresh and marinated raw meat, soup-based dishes, variants of soup itself, kimchi, as well as Jokbal and Bossam that need to be ordered a day before. However, a minimum purchase of P1,000 is required.

- Watergarden Festival Supermall Expansion,
- Alabang, Muntinlupa City © 10 am to 1 pm (Mon to Sat) © 0920-105-7757

- th Alabang and Cavite f Soga Miga 소가미가





Yamazaki Ramen House & Grocery

Yamazaki's regular menu offerings are provided both by takeout and by delivery. There are about 20 types of bento options whose prices range from P164 to P314—each boasting amounts of serving perfect for a filling meal. The grocery shop inside is also open for your everyday needs.

- 9 2288 Fernando, Legaspi Village, Makati City
- © 11 am to 6 pm
- 02-8893-2163
- 🛦 Makati City



Makunouchi Bento (P314)

Yakiniku A5 Toku

- 0 11 am to 6:30 pm
 0977-470-3357 / 0999-438-5943
 Makati City, BGC, Pasay City
 YAKINIKU A5 TOKU Little Tokyo



(L) Wagyu Karubi Bento (P570) / (R) Negishio Tan Bento (P480)

Izakaya Kikufuji

Izakaya Kikufuji, one of Little Tokyo's longest-running restaurants, remains open to continuously delight their patrons with their timeless take on Japanese cuisine. Pay them a visit to personally order and take home your food, or call them beforehand so you could readily pick up your order at the restaurant.

- ♥ Little Tokyo, Legaspi Village, Makati City
- © 11 am to 6 pm C 02-8893 7319 / 02-8893-6131
- *Open for takeout only



Sekitori Japanese Restaurant

Other than nabe, Sekitori offers a wide selection of Japanese food that one can either take out or have home-delivered for a minimum purchase of P1,000 with 100 pesos delivery charge. It is recommended that you first give them a call to check if what you want is available as some products may not be depending on the day.

- ♥ Little Tokyo, Legaspi Village, Makati City
- © 11 am to 8 pm (7:30 pm last order)
- C 0931-030-3566 / 0917-545-5659
- Makati City and BGC
- I Japanese Restaurant Sekitori



Deep-Fried Chicken Set Meal (P350)

Kazunori

- f Kazunori Japanese Restaurant / Kazu Cafe



Unakichi

For unagi or freshwater eel cravings, Japanese restaurant Unakichi is the way to go. It is open for takeout at their Makati and BGC stores, as well as for delivery within the two areas with a charge of P100 for a minimum of two orders. Their regular menu is accompanied by a number of bento choices.

- G/F, Makati Cinema Square, Chino Roces Ave., Makati City
- © 11:30 am to 5 pm
- 02-7728-2072
- 🟟 Makati City and BGC
- f Unakichi



Pork Miso Bento (P380)

Caruso Ristorante Italiano

If you can't wait until everything goes back to normal before you can treat yourself to some Italian goodness, you only need to drop by at Caruso in Makati if you live nearby or simply have the finest of said cuisine delivered right at your doorsteps via GrabFood or Foodpanda. Choose from their wide variety of pasta, pizza, risotto, and meat among others.

- 210 Nicanor Garcia St., Bel-Air Village, Makati City
- @ 11 am to 8 pm
- C 02-8895-2451
- A Makati City
- Caruso Ristorante Italiano

Izakaya Manmaru

On top of their temporarily-curtailed menu that still features their signature dishes such as Okonomiyaki Deluxe (P275), main dishes like Sake Kamayaki (P220), as well as agemono and ramen choices, Izakaya Manmaru also offers 14 types of bento boxes whose prices range from P285 to P430. You can either take out your orders or have them delivered to your house for a fee of P50 if within Makati and P100 if within other areas in Metro Manila.

- 1/F, Makati Cinema Square, Chino Roces Ave., Makati City
- © 11 am to 6 pm 02-8254-3170 / 0917-624-9988
- \Lambda Metro Manila
- F Manmaru Japanese Restaurant-Philippines





Manpuku Steak House

Together with the bento boxes that are all priced at P280, Manpuku Steak House also offers a selection of their steaks and ready-to-cook choices such as Manpuku Gyoza, Yakiniku Take-Out Platters comprised of beef and yakiniku sauce, and Hot-Pot Take-Out Set with beef, vegetables, and dipping sauce. There is no minimum order required to avail of their delivery service but a fee of P170 will be automatically charged.

- Basement 1, 234C-2 Makati Cinema Square, Chino Roces Ave., Makati City
- © 10 am to 6 pm 02-8552-9084 / 0929-247-2934

- 🖨 Makati City 🗗 Manpuku Steak House

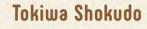


Nikumaru

- I Nikumaru Japanese Restaurant



Red Salmon Bento (P280)



South residents can spot-on enjoy Japanese food once they crave for it in the middle of the current situation because Tokiwa Shokudo in BF Homes now accepts orders bound for delivery. It is worth noting that this particular service is not limited to Parañaque, as it caters to Alabang area as well-albeit a required minimum order of P500.

- G/F, 370 Romana Bldg., El Grande Ave., BF Homes, Parañaque City
- © 11 am to 6 pm
- C 02-8995-0264 / 0928-709-9611
- A Parañaque City and Alabang
- Tokiwa Japanese Restaurant



Ikomai & Tochi

- 11 am to 5 pm
 02-8816 4588 / 0917-709-4809
 Makati City; other areas within reach of available third-party delivery services

F Ikomai

Ramen Shimada

Ramen Shimada offers both takeout and delivery services for their patrons. Their current menu features Fried Rice (P160), Fried Chicken (P150), Dumplings (P150), and Tonkotsu Soy Sauce Ramen (P280), allowing a minimum order of P500 for their delivery via GrabFood.

- ♥ Little Tokyo, Legaspi Village, Makati City © 11 am to 6 pm
- C 0956-041-7181
- 🟟 Makati City, BGC, Pasay City
- Ramen Shimada

Pang Masa Ya

Pang Masa Ya, in light of the observed community quarantine, features an everyday-changing selection of bento boxes and ramen, which they give updates about on their Facebook page. Whereas, their à la carte choices are the staple Yakisoba (P200), Takoyaki (P120), Beef Curry (P250), and Gyudon (P250). Their delivery service entails a minimum purchase of P500 with a charge of 70 pesos.

- Unit 104, 1012 Buma Bldg., Metropolitan Ave., San Antonio Village, Makati City © 11 am to 6 pm • 02-8283-4845 / 0945-441-3122 /
- 0921-542-1039
- 🟟 Makati City 🛉 Pang Masaya Japanese Ramen & Sushi Bar



Daily Bento (P250)

Komoro Bento

Perk up mealtimes with a good bento from Komoro Bento, whose offerings are priced at just under P300. They offer delivery services for orders worth less than P300 via third-party food couriers and with the help of their personal staff for orders worth P600 and above. If case is the latter, you may indicate your requested time for it. You may also personally pick up your orders at their store in Makati.

- Unit 1A, Benrosi V Makati, 9746 Kamagong St., San Antonio Village, Makati City
- © 9 am to 6 pm
- Makati City; other areas within reach of available third-party delivery services
- F Komoro Japanese Dining



Kenshin Japanese Restaurant

Kenshin offers a flat-rate lunch service for seven days by which you can enjoy one bento meal per day, or seven bento meals in one day, for a price of P1,600. Simply inform them of your preferences among their 10 types of bento offerings, and either have them delivered to your homes or have them picked up at their Makati Cinema Square branch.

- 9 1/F, Makati Cinema Square, Chino Roces Ave., Makati City
- © 11 am to 6 pm
- C 0917-185-9271 / 0918-941-8532 the Metro Manila
- Kenshin PH



Antipodean

- Antipodean Manila





Fried Chicken (P150), and Tonkotsu Soy Sauce Ramen (P280)

Chuck's Deli + Bakery

From solely offering reheatable frozen bread amid the current situation, Chuck's Deli has started offering frozen meat as well, both with no minimum order required.

🟟 Metro Manila

RESTRURANTS OFFERING FROZEN FOOD PACKS

0

Conti's Bakeshop & Restaurant

Aside from their cakes and other sweet treats, one can also have Conti's entrees delivered at home. These are either ready-to-eat or quick-and-easy-to-cook.

🟟 Metro Manila

Fireside

Fireside, together with its brand partners, has made a selection of their frozen meat cuts and seafood available both for pick-up and delivery, accordingly waiving the delivery charge for bulk purchases worth P3,000 and above.

A Metro Manila

Boulangerie22

Aside from accepting takeout purchases at their operating stores, Boulangerie22 also offers delivery services to areas outside those branches via Door2Door.

Muntinlupa City, Parañaque City, Pasig City, and select Laguna areas

· Cara Mia Cakes & Gelato

Though only a number of its branches are open as of the moment, Cara Mia offers its products like the Classic Ube Cake for delivery.

A Select areas in Metro Manila

Dean & DeLuca Philippines

No more reason to helplessly crave for your Dean & DeLuca favorites—be they among their beverages, pastries, or meals—as they accept pick-up, takeout, and delivery purchases.

Areas within reach of available third-party delivery services

Tous Les Jours Philippines

On top of their takeout services at their select stores, their products have recently been made available at Lazada as well for delivery.

🟟 Metro Manila

Yoshinoya

- C 02-8288-2888
- Metro Manila
- yoshinoya.com.ph
- A Yoshinoya Philippines

Vellow Cab

- · 02-8789-9999
- Area within reach of available third-party services
- delivery.yellowcabpizza.com
- Yellow Cab Pizza Co.

Chowking

- · #9-88-88
- Metro Manila and select areas nationwide chowkingdelivery.com
- Chowking PH

Locavore Kitchen & Drinks

Instead of putting the regular amount servings of their food favorites up for pick-up and delivery, Locavore offers family frozen meals, ready-to-cook packages, as well as party trays this time.

Metro Manila

Mama Lou's Italian Kitchen

Among Mama Lou's menu that is centered on Italian cuisine, a selection of their presently-available products are either already-cooked meals or those that are frozen.

Metro Manila and Sta. Rosa, Laguna

Mendokoro Ramenba

Treating the public's insatiable craving for ramen, Mendokoro Ramenba features take-home ramen kits that cover Shio, Shoyu, Super Chashu, and TanTanMen variants.

A Metro Manila

Mulberry Door

Mulberry Door's selection of pre-packed meals is divided into freshly-cooked items and frozen ones. They deliver to Makati, but only at a particular meet-up place and not door-to-door.

🟟 Makati City

Old Swiss Inn Restaurant

Old Swiss Inn Restaurant, apart from frozen deli products and pre-cooked frozen Snap & Zap meals, also offers dairy goods like milk, yogurt, and kesong puti (Filipino white cheese).

Areas within reach of available third-party delivery services

Pancake House

Upon opening after a while, Pancake House's current menu covers their 2 pcs. Classic Pancakes, Spaghetti with Meat Sauce, and a number of their main courses such as the Classic Pan Chicken.

Metro Manila

Wobbly Pan

Sharing Spanish meals in the comforts of one's home is now more possible than ever, thanks to Wobbly Pan that offers frozen Spanish dishes like Lengua Estofada (P380) and Empanada de Pollo (P60/pc) among many others.

🟟 Ortigas City, Makati City, and Pasig City

Pâtisserie Bébé Rouge

For the time being, this confectionery boutique's line of pastries is only available inside New Hatchin's Makati branch. For cake orders, ask for assistance at the grocery store's cashier.

*Open for takeout only

Patisserie Kyo

Whether it is bread you are looking for or a cake for an occasion, a drive to Patisserie Kyo is worth your time-especially because of their all-natural ingredients.

*Open for takeout only

Tokyo Milk Cheese Factory

Sweeten up the days with Tokyo Milk Cheese Factory's cookies, with their famed Milk Cheesecake, or with all of them at once. They deliver every Tuesday and Thursday, with a fee of P100 to P200.

A Metro Manila

ViTO Gelato

Exclusively via Foodpanda, you can have your fair share of gelato from ViTO Gelato's array of choices for such, or of their meals like rice bowls and pasta dishes.

Areas within reach of available third-party delivery services

Burger King

- · #2-22-22
- 🙀 Metro Manila
- burgerkingdelivery.com.ph
- Burger King

Angel's Pizza

- · 02-8922-2222
- 🟟 Metro Manila and Antipolo City
- angelspizza.com.ph
- Angel's Pizza
- KFC • 02-8887-8888
- Metro Manila and select areas nationwide @ kfc.com.ph
- KFC

FAST FOOD RESTAURANTS (E

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an eye out on their Facebook page as they update the list of their operating stores there.

A Select areas in Metro Manila

Conti's Bakeshop & Restaurant

Conti's offers a wide selection of their products

online; however, cakes are not included. Do keep

Grand Castella

Taiwan store Grand Castella is up and about in bringing their daily-baked pastries to everyone's homes—specifically by utilizing Facebook and Instagram where they accept orders for delivery.

A Select areas in Metro Manila

Mo' Cookies

Delight in the sweetness brought about by Mo' Cookies' treats by visiting or contacting The Moment Group's operating stores near you—which include brands like Manam, 8Cuts, Ooma, and Mess Hall.

🟟 Metro Manila

Greenwich

- · #5-55-55 🟟 Metro Manila
- @ greenwichdelivery.com
- Greenwich Barkada

North Park Noodle House

Metro Manila and select areas nationwide

North Park

Jollibee

· #8-7000

Jollibee

@ jollibee.com.ph

- · 02-8737-3737
- 🟟 Metro Manila northparkdelivery.com

GROCERY STORES

ALL-IN-ONE STORES

STORES WITH JAPANESE GOODS



WalterMart

MetroMart

MetroMart has partnered with Robinson's Supermarket, S&R, Watson's, Family Mart, and other notable brands to deliver not only grocery items but other goods as well. Simply download their application to order online.

🟟 Metro Manila

WalterMart

WalterMart's slots for their delivery services are on a first-come, first-served basis, so booking grocery orders early is recommended. Either utilize their website or their mobile application in doing so.

A Metro Manila

Lazada

food

LazMart

One of Lazada's services is the LazMart, by which a consumer can purchase items like how one does at the grocery store. Except, you don't have to line up anymore to pay.

Metro Manila

Real Food

Real Food sources their products from local farmers, having almost everything from veggies to wines to gluten-free and non-dairy products. Order online or drop by at their BGC or Alabang stores.

Metro Manila



Nishikiken Mart

Nishikiken Foods can readily cater to one's Japanese recipe needs, as they house products like ramen, udon, and soba noodles; Japanese rice; gyoza wrapper; takoyaki; and a whole lot more available for delivery. Meanwhile, snacks and other Japanese items are available at their physical store in Mandaluyong.

Metro Manila

VEGETABLE STORES

The Murang Gulay The Murang Gulay buys its supply of vegetables and fruits from the wet market. And since prices from there are ever-changing, the online store has no fixed price of its own and instead posts the updated price range on their Facebook page.

🟟 Manila City, Pasig City, Marikina City, Makati City, Quezon City, Mandaluyong City



Bukid Fresh

Bukid Fresh is run by people who personally source produce from local farmers. Because of this, there is a guarantee that each purchase is fresh, home-grown, and beneficial to the workforce that feeds the world.

Metro Manila

SEAFOOD STORES



Pacific Bay Seafood

From seafood choices that encompass a wide selection of fish, crustaceans, and squid, Pacific Bay Seafood also offers meat, ready to heat items, and even kitchen condiments.

Metro Manila



The Green Grocer

The Green Grocer is stocked up on a lot of seafood such as local fish Lapu-Lapu and Mahi-Mahi, fillets of Norweigan Salmon and Surgeonfish, and different types of crustaceans. Moreover, the store features a wide variety of products that ranges from meat and food recipes to household items and supplements.

Metro Manila

Hightower J. Foods

Hightower offers imported Japanese seafood, both frozen and fresh. Moreover, they have other imported Japanese goods as well like yuzu fruit, seaweed, and soba noodles. Their delivery days vary so be sure to check out their Facebook page for the updated schedule.

🟟 Metro Maníla

MEAT STORES

STEAK.ph

Steak.ph offers premium U.S. Angus Steak, as well as jars of homemade steak sauce to complement the meat. They offer free delivery for areas within Metro Manila and can deliver orders just within 90 minutes.

ia Metro Manila



OCA In

Rare Food Shop

As the sister company of Rare Global Food Trading Corp. that supplies meat to numerous hotels and restaurants in the country, one should expect no less from Rare Food Shop. They offer chicken, pork, beef, and even seafood with no minimum order required.

A Metro Manila

BEVERAGE STORES

Coca-Cola Beverages

Hand-in-hand with its partnered brands, Coca-Cola continues to deliver the beverages most have loved from way back in the past until now. Said products include soda, water, and juice among others.

A Nationwide

Boozy.ph

Boozy.ph delivers one's dose of liquor just within 60 to 90 minutes. Among their selection are wine, whiskey, beer, and gin-along with snacks that are perfect partners for these. However, only 18 years old and above are allowed to order.

A Metro Manila





Smart: Fond Delivory	e Guide		D	IREC
Nome	Operating Hours	Contact Information	Delivery Area/s	Facebook
Antipodean	7 am to 8 pm	0915-751-8980	Legaspi and Salcedo Villages; other areas within reach of available third-party delivery services	Antipodean Manila
Caruso Ristorante Italiano	11 am to 8 pm	02-8895-2451	Makati City	Caruso Ristorante Italiano
CoCo Ichibanya	10 am to 5 pm (Mon to Sat)	02-8815-4087	Metro Manila	CoCo Ichibanya PH
Fumizen	10 am to 1 pm (lunch); 4 pm to 6 pm (dinner)	02-7793-1894	San Juan City, Quezon City, Manila City, Caloocan City, Mandaluyong City, Pasig City	Fumizen Japanese Restaurant
Ikomai & Tochi	11 am to 5 pm	02-8816 4588 / 0917-709-4809	Makati City; other areas within reach of available third-party delivery services	Ikomai
Izakaya Kikufuji	10:30 am to 5:30 pm	02-8893 7319 / 02-8893-6131	Open for takeout only	None
Izakaya Manmaru	11 am to 6 pm	02-8254-3170 / 0917-624-9988	Metro Manila	Manmaru Japanese Restaurant-Philippines
Kazunori	9 am to 6 pm (until 5:30 pm only for delivery)	0917-836-2659 / 02-7746-1780	Metro Manila	Kazunori Japanese Restaurant / Kazu Cafe
Kenshin Japanese Restaurant	11 am to 6 pm	0917-185-9271 / 0918-941-8532	Metro Manila	Kenshin PH
Komoro Bento	9 am to 6 pm	0917-587-0809	Makati City; other areas within reach of available third-party delivery services	Komoro Japanese Dining
Manpuku Steak House	10 am to 6 pm	02-8552-9084 / 0929-247-2934	Makati City	Manpuku Steak House
MOS Burger	10 am to 4 pm	02-7747-2695	Metro Manila	MOS Burger Philippines
Motto Motto	8 am to 5 pm	0956-410-8760	Areas within reach of available third-party delivery services	Motto Motto PH
Nikumaru	11 am to 1:30 pm and 4 pm to 6:30 pm; closed every Tuesday	02-8771-1169 / 0921-937 9743	Parañaque City	Nikumaru Japanese Restaurant
Pang Masa Ya	11 am to 6 pm	02-8283-4845 / 0945-441-3122 / 0921-542-1039	Makati City	Pang Masaya Japanese Ramen & Sushi Bar
Ramen Shimada	11 am to 6 pm	0956-041-7181	Makati City, BGC, Pasay City	Ramen Shimada
Sekitori Japanese Restaurant	11 am to 8 pm	0931-030-3566 / 0917-545-5659	Makati City, BGC	Japanese Restaurant Sekitori
Soga Miga	10 am to 1 pm (Mon to Sat)	0920-105-7757	Alabang	Soga Miga - 소가미가
Tokiwa Shokudo	11 am to 6 pm	02-8995-0264 / 0928-709-9611	Parañaque City and Alabang	Tokiwa Japanese Restaurant
Unakichi	11:30 am to 5 pm	02-7728-2072	Makati City and BGC	Unakichi
Yakiniku A5 Toku	11 am to 6:30 pm	0977-470-3357 / 0999-438-5943	Makati City, BGC, Pasay City	YAKINIKU A5 TOKU - Little Tokyo
Yamazakî Ramen House & Grocery	11 am to 6 pm	02-8893-2163	Makati City	None
Chuck's Deli + Bakery	9 am to 5 pm	0917-620-1047	Metro Manila	Chuck's Deli + Bakery
Fireside	8 am to 3 pm (Mon to Fri)	02-7218-3899 / 0917-834-5708	Metro Manila	Fireside
Locavore Kitchen & Drinks	11 am to 5 pm	0917-847-0807	Metro Manila	Locavore Kitchen & Drinks
Mama Lou's Italian Kitchen	11 am to 5 pm	02-7720-8519 / 0956-523-2113	Metro Manila and Sta. Rosa, Laguna	Mama Lou's Italian Kitchen
Mendokoro Ramenba	11 am to 6 pm	02-8478-9625 / 0917-502-0894 / 0917-6263-731	Metro Manila	Mendokoro Ramenba
Mulberry Door	10 am to 6 pm	0918-998-7474 / 0906-217-6497	Ecology Village in Makati City; other areas within reach of available third-party services	Mulberry Door
Old Swiss Inn Restaurant	8 am to 5 pm	02-8818-8251	Areas within reach of available third-party delivery services	Old Swiss Inn Restaurant
Pancake House	Vary per store	0918-807-3591 / 0918-807-3590 / 0918-803-8306	Metro Manila	Pancake House
Wobbly Pan	10 am to 4 pm	0945-412-8964	Ortigas, Pasig City, Makati City	Wobbly Pan
Boulangerie22	7 am to 3 pm	02-8801-6579 / 0929-852-8374 / 0961-721-6832	Metro Manila	Boulangerie22
Cara Mia Cakes & Gelato	Vary per store	02-8822-1111 / 02-8555-1000	Select areas in Metro Manila	Cara Mia Cakes & Gelato
Conti's Bakeshop and Restaurant	Vary per store	02-8580-8888	Areas within reach of available third-party delivery services	Conti's Pastry Shop and Restaurant

Т 0 R Y

Name	Operating Hours	Contact Information	Delivery Areo/s	Facebook	
Dean & DeLuca Philippines	8 am to 5:30 pm (Eton Tower); 7 am to 5:30 pm (Rockwell)	02-7944-6802 / 0917-302-0297 (Eton Tower); 02-7958-3644 / 0917-320-2715 (Rockwell)	Areas within reach of available third-party delivery services	Dean and Deluca Philippines	•
Grand Castella	4 pm cut-off time	0966-997-8432 (Eastwood)	Select areas in Metro Manila	Grand Castella Philippines	
Mo' Cookies	Vary per store	0919-084-5729	Metro Manila	Mo' Cookies	BS SEG
Patisserie Kyo	11 am to 5 pm (closed on Sundays)	0917-888-9837 / 02-8779-8705	Makati City and BGC	Patisserie Kyo	DESSERT SHOPS
Tous Les Jours Philippines	8 am to 5 pm	0917-712-7869	Metro Manila Tous Les Jours Philippine		Sd
Tokyo Milk Cheese Factory	10 am to 4 pm (Mon to Sat)	0927-613-6370 (WhatsApp)	Metro Manila Tokyo Milk Chee Factory PH		1
ViTO Gelato	11 am to 8 pm	02-8838-5613	Metro Manila ViTO Philippin		
Angel's Pizza	Vary per store	02-8922-2222	Metro Manila and Antipolo City	Angel's Pizza	
Burger King	Vary per store	#2-22-22	Metro Manila	Burget King Philippines	۲
Chowking	Vary per store	#9-8888	Metro Manila and select areas nationwide	Chowking PH	FAST
Greenwich	10 am to 5 pm	#55555	Metro Manila	Greenwich Barkada	Ē
Jollibee	Vary per store	#87000	Metro Manila and select areas nationwide	Jollibee	RES
KFC	Vary per store	02-8887-8888	Metro Manila and select areas nationwide	KFC	FAST FOOD RESTRURANTS
North Park	Vary per store	02-8737-3737	Metro Manila	North Park Noodle House	i i
Yellow Cab	Vary per store	02-8789-9999	Areas within reach of available third-party delivery servicess	Yellow Cab Pizza Co.	Ŧ
Yoshinoya	11 am to 6 pm	02-8288-2888	Metro Manila	Yoshinoya Philippines	
Boozy.ph	Online store	Online store	Metro Manila	Boozy.ph	
Bukid Fresh	Online store	0927-818-5794	Metro Manila Bukid Fresh		
Hightower J. Foods	9 am to 6 pm	02-8523-4099	Metro Manila	Hightower J. Foods	
LazMart	Online store	Online store	Metro Manila	Lazada	
MetroMart	Vary per partner store	Online store	Selected areas in Metro Manila	MetroMart Philippines	
Nishikiken Mart	8 am to 3 pm	0908-899-2877 / 0926-695-7731	Metro Manila	Nishikiken Food Products	(11) (11) (11) (11) (11) (11) (11) (11)
Pacific Bay Seafood	Online store	02-8524-0006	Metro Manila	Pacific Bay Seafood	GROCERY STORES
Rare Food Shop	8 am to 4 pm	0917-865-0568	Metro Manila	Rare Food Shop	STOR
Real Food	9 am to 4 pm (BGC); 11 am to 6 pm (Alabang)	0917-170-5573 (BGC) / 0917-678-0158 (Alabang)	Alabang, Makati City, BGC, Ortigas, Pasig City	Real Food	S S
STEAK.ph	Online store	0917-567-8325	Metro Manila	STEAK.ph	
The Green Grocer	Online store	0918-959-4220	Metro Manila The Green Groce		
The Murang Gulay	Online store	0905-969-1837	Manila City, Pasig City, Marikina City, Makati City, Quezon City, Mandaluyong City The Murang Gulay Shop		
WalterMart	8 am to 4 pm	Vary per store	Metro Manila	WalterMart Supermarket	



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A STATE OF S	Hatsu Hana-Tei はつはな亭	IKOMAI TOCHI DESSERT	SENSU	古港 (3	ARCHINA
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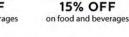
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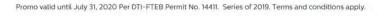
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MAP Makati G-3

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Enjoy an authentic Yokohama-style grill restaurant along Jupiter Street, perfect for foodies seeking superior-tasting food. Yokohama offers unique dishes every month made with only the freshest and highest quality of meat. With Yokohama Meat Kitchen's private location, you can enjoy these dishes in a modern and spacious place that takes you away from the hustle and bustle of Makati's commercial district and makes you feel right at home.

We would like to assure our dear patrons that their and our staff's health always comes above everything else; hence, you can be sure that our restaurant is a safe place ready to bring delightful grilling experiences.

16 Jupiter St. cor. Antares St., Bel-Air, Makati 202-831-6546/0916-377-3655 (Globe) Business Hours: 11:30 AM - 2:30 PM / 5:00 PM - 11:00 PM No regular holidays © yokohamameatkitchen







Upper left: Simple and cozy restaurant interior Upper right: Yokohama Set (P1,450) Lower left: Kaisen Moriawase (P590) Lower Right: Bibimen (P350)





EAT ALL YOU CAN P660 ~



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111 Restaurant Guide

MAKATI

Cave Werdenberg ☎ 02-8892-0128/02-8817-1217 ♠ 7431 Yakal St., San Antonio Village, Makati City

Chesa Bianca

 ✿ 02-8815-1359/02-8892-7524
 ✿ 7431 Yakal St., San Antonio Village, Makati City

Hanagushi

 ✿ 02-8800-0704
 ✿ G/F The Beacon, Don Chino Roxes, Ave. cor., Arnaiz Ave., Makati City

Ikomai

☎ 02-8816-4588/0999-887-0297 ♠ Dela Costa St., Salcedo, Makati City

I'm Angus

 ✿ 02-8892-5852/02-8275-5938
 ✿ 7431 Yakal St., San Antonio Village, Makati City

- Kenshin ☎ 0949-883-1200 / 0917-551-4605 ✿ G/F The Linear Makati, Yakal St., cor. Mayapis Street, Makati City
- La Cabrera

S 0905-290-0703

✿ 6750 Bldg. Ayala Business Tower, Glorietta Complex, Ayala Avenue, Makati City

Sekitori

 ✿ 02-8425-9030/02-8894-387
 ✿ Little Tokyo, Chino Roces Ave., Legaspi Village, Makati City

Tapella ☎ 02-7757-2710 ♠ G/F, Greenbelt 5, Makati City

Unakichi

S 02-7728-2072

 G/F, Makati Cinema Square, Amorsolo St., Makati City

Yokohama Meat Kitchen ☎ 02-8831-6546/0916-377-3655 ♠ 16 Jupiter St., corner Antares St., Bel-Air,

16 Jupiter St., corner Antares St., Bel Makati City

BGC

NIU by Vikings

✿ 02-8478-3888/0917-586-6888
 ♠ 6/F SM Aura Premier, 26th St., Bonifacio Global City, Taguig City

Isla Sugbu Seafood City

 ✿ 0998-966-2990
 ✿ 2/F Venice Grand Canal, McKinley Hill, Taguig

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La Cabrera

☎ 0967-236-7940

✿ Mezzanine Level, Edsa Shangri-La Hotel, Ortigas Center

Ruby Jack's

- ☎ 02-8801-8888/0917-876-2522 ♠ Upper Ground, City of Dreams
- Manila Aseana cor. Roxas Boulevard Parañaque, Metro Manila

Rossini Ristorante 요 02-8800-8061

✿ 2/F S'Maison Conrad Hotel, Seaside Blvd., Pasay City

Sizzlin' Steak

ත 7-9000 (Metro Manila delivery)

Teriyaki Boy ନ୍ଧ 7-9000 (Metro Manila delivery)

The Beer Factory

- ☎ 02-8845-2613/0917-149-6288
 ✿ The Hub Greenfield District.
- Shaw Boulevard, Mandaluyong City

Wooden Horse Steakhouse

 ✿ 0927-460-2495
 ✿ G/F, Molito Commercial Complex, Madrigal Ave., corner Alabang Zapote Road, Muntinlupa City

winter in HOKKAII

Hokkaido's landscapes are magnificent all year round but the long and freezing winters of this prefecture make it a dreamy winter wonderland. Bundle up and discover the charms of Hokkaido in winter from snow-based activities such as skiing, snowboarding, and ice-fishing at mirror-like frozen lakes, to riding up a gondola and getting an unspoiled view of the icy mountains.

Winters in Hokkaido are also best enjoyed during snow festivals. Several cities like Sapporo, Otaru, and Chitose hosts winter festivals yearly featuring some of the biggest and brightest snow statues, ice sculptures, lights, and snow lanterns. Even in the most uneventful days in Hokkaido, winters are also experienced through strolling along the streets planted with icy-covered branches of trees illuminated with glittering lights. Then before calling it a night, get yourselves heat up with Hokkaido's soul foods and famed beer.

Often frequented by tourists for its powdery snow, Hokkaido is also equivalent to relaxing hot springs and onsens that came from otherworldliness attractions such as volcanic craters and geysers. Not to mention that the laid-back community of the urban areas and the wilderness 44.80

urban areas and the wilderness boasting unique flora and faunas makes Hokkaido a destination that is even more than just its weather. More so, Hokkaido is one of the most hauntingly beautiful and breathtak-ing prefectures in Japan.





Hakodate's main mode of public transportation is the tram, with lares ranging from V210 to V260 (adult). If renting a car, it takes 3.5 hrs from Hakodate to Noboribetsu, about an hour to Shikabe, and a 15-minute

JAL Sakura Lounge

JAL Sakura Lounge in Narita International Airport Terminal combines luxury and comfort into one as they provide guests nothing but world-class Japanese hospitality. Relax at their very spacious lounge area or enjoy the variety of Japanese and Western meals at the buffet area.





HAKODATE NANAE SNOW PARK

Hakodate Nanae Snow Park is a popular skiing and snowboarding attraction in south Hokkaido area that also features one of the longest gondola lifts in Japan with a length of 3,319m. The gondola ride takes about 15 minutes to bring you to the highest peak and will pass through the awe-inspiring hoarfrost that surrounds the park during winter. A round trip gondola ride costs ¥1,800 while a one-way ride cost ¥1,200.

Guests may also take advantage of the wide slopes on the mountaintop and enjoy various skiing and snowboarding courses that are safe even for beginners.

Among the courses that beginners can try are the Onuma or Family courses with a maximum slope of 11° to 15°. For intermediate courses, they have the champion or challenge courses that are a little tricky with a few bumps along the way. For advanced courses, they have the Todomatsu course that takes advantage of natural undulations with a maximum slope of 24°.

Guests may also take lessons from the three in-house skiing and snowboarding schools: Hakodate Onuma Skiing and snowboarding School, Nane Ski School, and Let's Ski School.

3 9 am to 10 pm

Nearest station: Hokkaido Shinkansen to (from Shin-Hakodate Hokuto Station, it is accessible by train and free shuttle bus) italicize with open and close parenthesis hakodate-nanae.jp/winter/



¥5,800/1 day passport (9 am to 10 pm); ¥4,900/1 day ticket (9 am to 5 pm); ¥4,000/5 hour ticket; ¥2,300/night ticket

(Lift, gondola and operational hours depend on the weather and are subject to change. You may confirm schedules at their website)





TAKUBOKU PARK

Takuboku Park isn't pretty much any other big parks around Hakodate. It is relatively small and is strategically located along the highway of Isaribidori perfectly backdropped with a beach that overlooks the nearby towns and the Tsugaru Strait. The park is named after Takuboku Ishikawa, a poet who loves this place.

Although tourists aren't allowed to swim at the beach area, exploring the beach area can lead to finding kelps or large and brown seaweeds that often grow on saltwater near the coastal area. Considering that the park is small, picnics aren't encouraged here but on the coastline, there is a small shed with benches wherein guests can sit and take in the serene and calming sound of the waves. The place is a good quick stopover for picture taking and is just along the way to Hakodate Tropical Botanical Garden or the Hot-Tubbing Monkeys.

💁 25 Hinodecho, Hakodate, Hokkaido



HAKODATE ILLUMINATION

During the day, the slopes of motomachi remind us of the old port town of Hakodate, but at nights of winter, the sloping streets of Hachimanzaka and Nijukkenzaka transform into dreamy and glittering lights called Hakodate Illumination. Night strolling in winter can be magical especially along the streets of the illuminations as it is also just a few streets away from the churches, the old public hall, and the bay area of Hakodate. You can catch Hakodate Illumination from sunset to 10 pm starting December to late February.

💁 Hachimanzaka and Nijukkenzaka slopes, Hakodate, Hokkaido

ONUMA QUASI-NATIONAL PARK

Onuma Quasi-National Park's stunning landscapes differ every season but winters at the park set the breathtaking Mount Komagatake in its background and Lake Onuma, Lake Konuma, and Lake Junsainuma at its foot, in a snow-covered winter wonderland.

Exploring the national park comes in fun different ways. Guests can try out snowshoeing and hike up the snowy mountains. Rental shops offer anti-slip boots. A hike up the summit usually lasts for an hour and from there, you'll get a magnificent view of the park. Those who would like some thrill and excitement can opt to try snowmobiling at the frozen lake of Onuma where you'll get the chance to learn to drive a snowmobile and roam around the expansive 2km course of the park.

Among the other activities to experience at the national park during winters are skiing and snowboarding, and probably one of the most unique attractions in Hokkaido, the ice fishing for pond smelt or small freshwater fishes that inhabits the arctic. These pond smelts are also a popular souvenir among visitors as they are often preserved in skewers with a sweet and salty flavor. Guests who will be trying out ice fishing can also have their catch deep-friend into tempura!

🖭 1023-1 Onumacho, Nanae, Kameda District, Hokkaido

Rearest station: JR Onuma Koen Station

onumakouen.com

Free (fees for activities applies)





GORYOKAKU PARK

APT ALL P

13-9, Goryokaku: Cho, Hakodate, Hokkaido I am to 7 pm (April 21 to Oct 20); 9 am to 6 pm (Oct 21 to April 20) Vearest station: Goryokaku Koen Iriguchi (Hakodate bus) (900 (Adults); Y680 (high school students); Y450 (elementary students)



翻の中に えらないで下さい

DANGER KEEPOUT

NOBORIBETSU JIGOKUDANI (HELL VALLEY)

oboribetsu, the natural wonder also known as Jigokudani is an otherworldliness attraction made up of 9 blessed with abundant boiling waters and steams. 1 Valley is a 27

st Station: Noboribetsu Onsen Bus Station

HAKODATE TROPICAL BOTANICAL GARDEN

Hokkaido is often associated with winters and while finding a tropical botanical garden is quite impossible in Hokkaido, Hakodate Tropical Botanical Garden is an innovative attraction where one could actually feel summer even without leaving the cold and dreamy weather of Hokkaido.

Hakodate Tropical Botanical Garden is also home to the famed hot-tubbing Japanese monkeys. You can only see them from early December to early May and is located in an open area just outside the botanical garden. It is filled with hot spring waters and monkeys soaking themselves and chilling out. Visitors are given some snacks upon entering and are allowed to feed the monkeys with only the snacks that were given.

The Botanical Garden, on the other hand, is where you'll find the most exotic flowers and trees of Hokkaido. The greenhouse has over 3,000 tropical plants with flowers blooming all-year-round like bougainvillea and hibiscus. Apart from flowers, the greenhouse also grows bananas and lemons!

Apart from the hot-tubbing monkeys and the botanical garden, it also houses a foot bath, a playground, and a water square that are often popular during summertime.

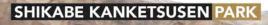
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Shokubutsuen-Mae Stop (bus)

🛷 ¥300 (adult); ¥100 (studan







Winter in Hokkaido is equivalent to the awe-inspiring hot springs you'll find in many places including the highway of Shikabe. Shikabe Kanketsusen Park is a unique tourist attraction boasting a geyser park, a hot spring area, and an observation deck overlooking Mt. Komagatake and Funkawan Bay.

Meanwhile, the main highlight is the park tucked behind the product center. It opens up to a small museum-like hallway or cave tunnel that offers various learning information about geysers. Geysers are unique surfaces on Earth, similar to a small volcano, that discharges water with steam every few minutes. The geyser gushes about 15 meters high of water with over 100°c.

The hallway then opens up to a Japanese garden, where you'll find the geyser itself, the hot spring area and the Chobo-no-Yakata or observation deck where you can get an up-close look of the geyser. Just across the geyser is the hot spring area, a popular foot bath that is said to have healing properties such as nerves, muscles, joint pains, and sprains to name a few.

№ 8-1, Aza-Shikabe, Shikabe Town, Kayabe District, Hokkaido
№ 8-30 am to 6 pm (April to Sept); 9 am to 5 pm (Oct to March); clos
Oct to March / 4th mon (if a Monday is a national holiday, then the t days later,) Dec 31 to Jan 5
№ Nearest stop: Shikabe Station
№ ¥300 (adults); ¥200 (children); free for pre-schoolers





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Narita	JL742	+ 787-9	14:25	19:55
Haneda	JL078	┝ 787-8	23:25	04:45+1
Tokyo - Manila Route	Flight No.	Aircraft	Dep. Time	Arr. Time
Nevite	JL741	+ 787-9	09:30	13:10
Narita	JL745	+ 787-8	18:00	21:40
Haneda	JL077	+ 787-8	01:25	05:00

*Flight No., Aircraft, and Flight Schedules are subject to change.

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> **Reference circulars** NBCDO Memorandum Circular No. 01 Series of 2015

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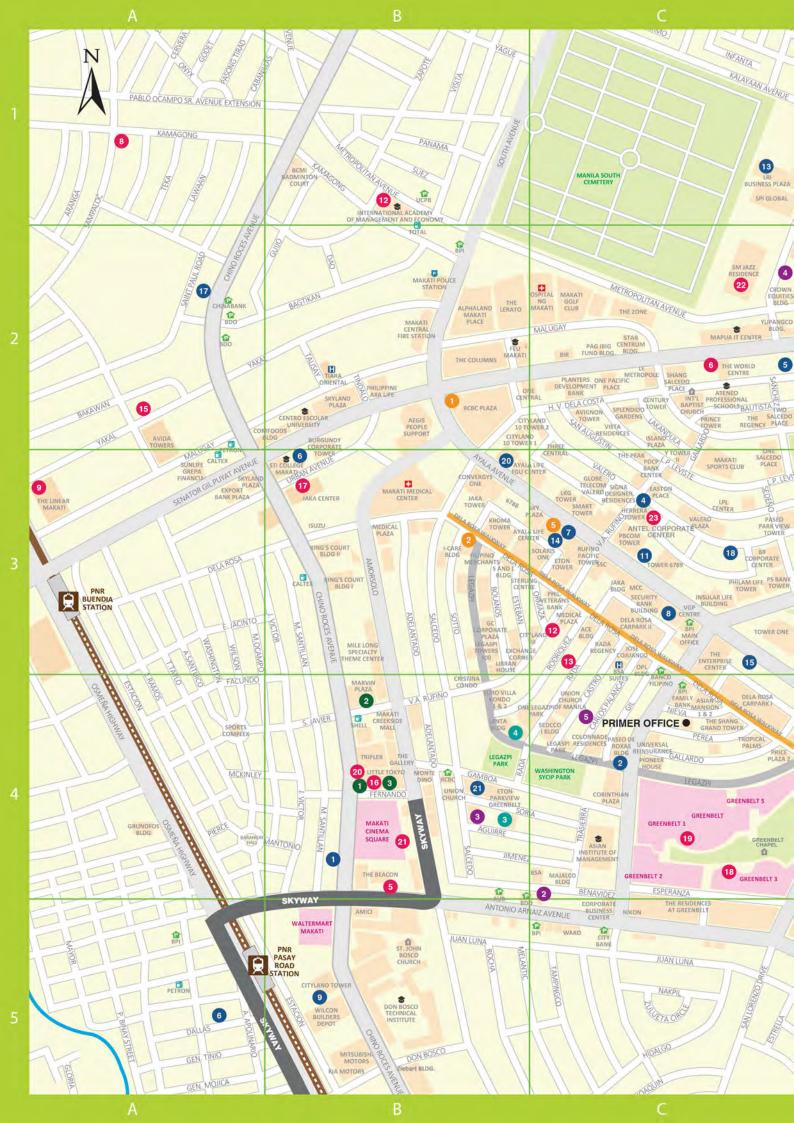
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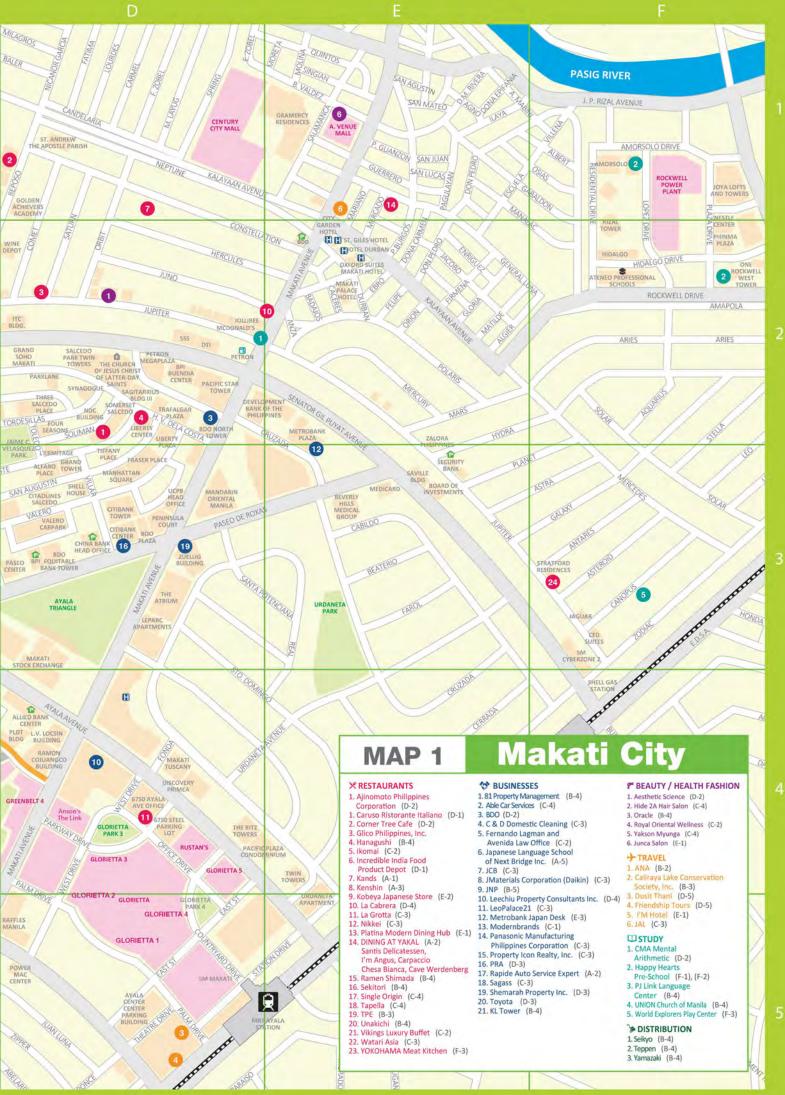
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