FREE

Vol. 45 DECEMBER 2019



TAGAYTAY

A WONDER REDISCOVERED



STREET

Ultimate Guide to Legaspi Village TRAVEL

Rediscover the Sights and Flavors of Tagaytay

www.primer.com.ph



SUBIC INTERNATIONAL GOLF CLUB

March 22nd 2019, Open!

ADDRESS / 6900 Binictican Drive, Subic Bay Freeport Zone, Zambales, Philippines, 2222 ACCESS / 135 minutes from Metro Manila, 60 minutes from Clark International Airport



57 YEARS OF MEANINGFUL BANKING

On the occasion of our 57th founding anniversary, we are proud to present another batch of exemplary teachers, soldiers, and police officers. These Metrobank Foundation Outstanding Filipinos are shining examples of inimitable Filipino character: courageous, resourceful, and selfless. Their stories of every day heroism inspire us as we do our share in the mission of nation-building.

By fostering excellence and by paying tribute to these exemplary individuals, we hope to inspire more Filipinos to dream big. And we will do what we can to help turn these dreams into reality. This is Meaningful Banking.





REGULATED BY BANGKO SENTRAL NG PILIPINAS



JAPANESE QUALITY!

100% malt, first press beer.

KIRIN ICHIBA DRAFT BEER

Where to enjoy the new Kirin Ichiban draft beer



Teppan Okochi Rockwell



Offering authentic Japanese culture experience even in a foreign country



With the creamy foam and rich taste of Kirin Ichiban draft, you can enjoy a new teppan-style cuisine at our counter. Try Unaju (eel rice box) and okonomiyaki with cheese and mochi (Japanese pizza-like dish). Perfect pairing with Kirin Ichiban

Ground Level Power Plant Mall Rockwell, Lopez Drive, Rockwell Center 2 0917-795-0051

230 pm (Lunch), 5:30 pm to 11 pm (Dinner)

III teppanokochi

Limited Quantity





Kazunori Japanese Restaurant



Enjoy the best beer with the best Japanese cuisine



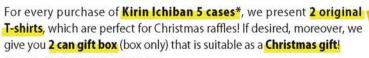
Kirin Ichiban draft is hugely popular not only among Japanese customers but also people overseas. This is because Kirin strictly manages and preserves the quality. Recommended even for those who aren't fond of vegetables is the crispy vegetable tempura called "kakiage." Enjoy the best harmony with Kirin Ichiban draft!

2301 Chino Roces Avenue Extension, Makati 2301 Chillio Roces Avenue 2200 pm, 630 pm to 11 pm (Kazu Café 11 am to 230 pm, 630 pm to 11 pm (Kazu Café 11 am to 11 pm)

Executive chef Kazunori Kuramochi



Special promo package for your corporate Christmas party!



*1 case: 330ml x 24 bottles/cans







The precise, pleasant, air rich stream keep you clean



Oscillating Cleansing



Pulsating Cleansing



Rear Soft Cleansing



Front Cleansing

washlėt.



Neorest Series Luxurious Integrated Toilet (choose from 7 types)

XRequired AC220V



Basic Series
Basic, but functional
*Seat type

※Compatibility is subject to used toilet

ecowasher



eco washer

No require electricity
Simple, and reasonable price

※Rear/bidet cleansing only

*Compatibility is subject to used toilet

Installation video





MERRY COFFEE

Toffee Nut Crunch Latte | Peppermint Mocha | Wishing Star Dark Mocha



December 2019









[Feature Stories]

6 Street
Ultimate Guide to *Legaspi Village*

26 Cover Story Tagaytay A Wonder Rediscovered **36** Medical Doctors 101 Medical Professionals in Manila

44 Business Talk Interview with Miguel Garcia, President & CEO of NTT Ltd. Philippines 48 Maps

Guide to Local Businesses in Makati & BGC

52 What's New in the Metro? Concerts, Festivals, Family Events, and More





Features of the Issue

STREET – While Makati Central Business District brims with the kinetic energy of hustling office workers, fitness buffs, and bargoers, there remains to be a patch of sanctuary in the city in the form of Legaspi Village. Skyscrapers may tower over trees, but life and restorative energy is breathed through the urban parks and the communities that reside in this village. Restaurants, spas, boutiques, fitness centers, and even a Sunday Market make up the life here. Know more about this little urban escape in Makati in this month's Street feature.

COVER — Tagaylay is a very popular destination not only due to its accessibility from Manila but also because of the many escapades that lie in wait. It is the most sought-after for its cool weather and its unparalleled vantage point to revel in the views of Taal Volcano and Lake. Apart from these, the city is also home to many well-kept treasures that can easily satisfy both your tummy and your imagination—no one visit in Tagaylay is the same. This month, we revisit the second summer capital of the Philippines and rediscover its many wonders that keep people coming back to it.

Primer Media, Inc. Unit 807, Greenbelt Mansion Building, 106 Perea St., Legaspi Village, Makati City

Tel: 02-8836-8381 | Fax: 02-8808-2163 E-mail: sales@primer.ph | Url: http://primer.com.ph information@primer.ph

PEIMER

Grab Philippine Primer's Japanese edition today!

Visit us online: primer.com.ph

No part of this magazine may be reproduced in whole or in part without written permission of the publisher.

Publishing / Editing / Production

Rei Leaño Managing Editor

Chin Sanigan Editorial Assistant

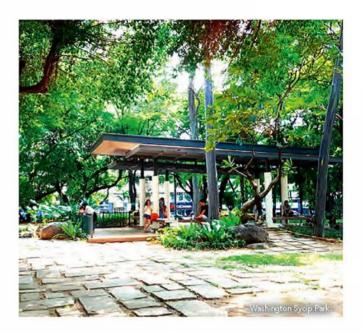
Denisse Tenorio | Deneca Ordinanza | Feliz Bueno | Heloise Diamante | Shairah Nabong | Teresa Gatmaitan | Yana Bautista Writers

Jowinie Doma | Dantes Remot | Janina Torres Graphic Designers

> Bryan Boado Marketing Executive

LEGASPI VILLAGE







between Corinthian Plaza and Washington Sycip Park.



The relaxed neighborhood that resides in the leisurely setting of Legaspi Village is a quintessential community where time appears to slow down despite the fast-paced comings and goings of Makati Central Business District. The village's easygoing vibe attracts a lot of young professionals, businessmen, foodies, and expats who seek solace in the urban community. With its diversity of dining options and boutique stores, and proximity to everyday amenities such as public parks and shopping malls, Legaspi Village has earned its reputation as the most-coveted workplace and residence in the metro.

The walkable, tree-lined streets of Legaspi Village lead to, one way or another, Washington SyCip Park and Legazpi Active Park where families with kids, joggers, and dog walkers come together for some fresh breeze and scenery. Close to these parks is the venue for the famed Legazpi Sunday Market, a weekly flea market where plenty of local produce, gourmet food, street eats, and artisan items can be found. It is currently held at the parking lot

Another famous landmark of Legaspi Village is the 1.1-km Dela Rosa Walkway that extends from Greenbelt to Ayala North Exchange and Makati Medical Center. It not only is a convenient all-weather footpath from one end of Legaspi Village to the other but also serves as a public art exhibition with wall murals and photo exhibits.



bit.ly/Primer-LegaspiVill



- Dela Rosa Walkway is open from 6 am to 10 pm every day. The Enterprise Center, Eton Tower Makati, and Ayala North Exchange can be accessed directly from the elevated walkway. There are also restaurants along and below the walkway.
- · Washington SyCip Park and Legazpi Active Park are open from 6 am to 10 pm every day.
- · Many establishments are closed on Sundays and holidays, so be sure to check their schedule before you head

The Mini Suites

Antipodean

Starbucks

The Pantree Komoro Bento

Local Edition

Starbucks

Starbucks 0

OKIYOSA Japanese Total Beauty

NORA Hair Sal

OYi Fang

Starbucks 🔘

Araya Ramen

Canadian American Scho

OBistro Pamana

Makati Diamond Residences

Greenbelt

Rebel Yoga

The Belle & Dragon Nikkei Nama

Eton Tower

Alishan

Starbucks

Cake 2 Go

Boulangerie 22 / British School

& Cocktail

Crossfit 1229 Corinthian

Asia Institute of Management

La Grott

Washington Washing SyCip Park

Archives d' Fu Yuan

Olkkyu-An

Metronome

Mantra Bistro

belo Rosa Elevated Walkster

s Gourmet O OYardstick

Tapas by Mantra

Covent Grooming Lounge

Starbucks

Mel Orlina

Sarsa Kitchen +Bar

Plana FORMA

Wilson & Ayache

Homme et Femme

The Wine Club

TIÑO

Trufa Pasta Bar

Your Local

Starbucks Wildflour Café + Bakery

Starbucks

Рарру

Starbucks

Gorenje Appliances

Bad Cafe

Kubo by

Touch of

Athena

Purple Oven

Toby's Estate

Cartel Deli

Estate Wine

Aguire PJ Link

Grand Midori

Bruno's Barbers

KL Serviced

Residences

Bondi & Bourke

Kappou Nakaji

Blind Pig

Ayala North Seda Residences Exchange

Makati Medical Center

Almario Physio Team Starbucks Starbucks

Blake's Wings & Steaks C

Empire Golf & Sports 0

Navales Dental | Medical

Little Tokyo

Central Square

Parking information

- On-street parking is charged from 7 am to 5 pm on weekdays, except holidays. It costs P40 for the first 2 hours and P50 for the third hour (parking is limited to 3 hours).
- There are also parking lots: Dela Rosa Car Park 1 and 2 - P50 for the first 2 hours; P20 per succeeding hour (6 am to 10 pm, Mon to Fri; 6 am to 6 pm, Sat; closed on Sundays and holidays) Plaza 100 - P45 for the first 2 hours; P20 per succeeding hour (6 am to 10 pm, Mon to Fri; 8 am to 8 pm, Sat; closed on Sundays and holidays).

Corinthian Plaza - P40 for the first 2 hours; P15 per succeeding hour (6 am to 10 pm, Mon to Fri)

The Kushi Bar by Tanduay

RESTAURANTS



Antipodean 👓

Antipodean uses Merdeka Coffee, purchased directly from growers in Indonesia. A must-try drink is Savasana Coffee, made with coffee, lemon, and mint, perfect with the Beef Burger.

- G/F 111 Paseo de Roxas Bldg., Paseo de Roxas cor. Legaspi St.
- o 7 am to 10 pm (Sun to Thu); 7 am to 11 pm (Fri to Sat)
- antipodeancoffee.com
- ◆ Antipodean Manila

 @antipodean_mnl





Bistro Pamana 00

Bistro Pamana offers an old-fashioned, sophisticated dining experience with timeless dishes and heirloom recipes. Their Binagoongang Bagnet provides a sinful bite with its crunchy skin that audibly crackles.

- G/F Greenbelt Mansion, 106 Perea St.
- O 02-8815-1823 / 0932-369-1784
- manarestaurant.com
- Pamana Restaurant





The Kushi Bar by Tanduay oo

The Kushi Bar partnered with Tanduay Brands International to reinvent traditional Japanese dishes into one-of-a-kind modernized versions that make use of locally-sourced ingredients.

- G/F PNB Bldg., Ayala Ave.
- O 02-5310-0068
- **1**1 am to 10 pm
- TKB The Kushi Bar by Tanduay
- @@tkbbytanduay



Estate Wine offers a wide selection of premium Old World to New World wines and spirits. They are an official and exclusive distributor of Berry Bros. & Rudd, Britain's oldest wines and spirits merchant.

- ♥ G/F Republic Glass Bldg., 196 Salcedo St.
- O 02-8804-5028
- **o** 9 am to 8 pm (Mon to Fri); 11 am to 8 pm (Sat)
- estatewine.com.ph (f) Estate Wine





Mantra Bistro 00

Mantra Bistro serves a line of your usual Northern Indian favorites. The goat meat dish, Rogan Josh, has a thick and creamy texture, and an aromatic spice that will make you ask for more.

- ♥ G/F The Grand Midori Makati G-7, Bolanos St.
- O 0926-049-9357
- O Lunch 11 am to 2:30 pm, Dinner 6 pm to 11 pm
- Mantra Bistro
- @mantrabistroph





Sarsá Kitchen + Bar 00

Since Filipinos have an insatiable appetite for saucy dishes, Chef JP Anglo packed Sarsá Kitchen + Bar with Filipino-Negrense dishes that are rich and creamy until the last bite.

- ♥ Frabella One, 109 Rada St.
- O 0917-528-0115
- 0 11 am to 10 pm
- sarsa.ph Sarsa Kitchen+Bar





Kappou Nakaji 👓

Kappou Nakaji offers a diverse menu ranging from classic Japanese appetizers, rice and noodle dishes to specialty Japanese food like curry and oden—which promises nothing but the authenticity of Japanese food that will make you feel at home.



- Q G/F Gervasia Condotel, Amorsolo St.
- ⊙ 5 pm to 11 pm (Mon to Fri) *LO: 10:30 pm
- makaji.uh-oh.jp
- **②** @kappou.nakaji



Metronome @@@

With their meticulously-crafted menu of lip-smacking dishes cooked to perfection, from appetizing Foie Gras Tarts to tender, slow-cooked lamb saddle served with butter-glazed vegetables and potato purée, you will be convinced of this French bistro's impeccable craft.



- O The Grand Midori Makati, Bolanos St.
- © 0917-147-3776 @6 pm to 10 pm
- restaurantmetronome.com
- (f) Metronome



Pappy 00

Pappy, a "bar with a kitchen" as Chef Louie Guerrero would like to describe it, allows you to unwind and enjoy your favorite liquor with friends after a long day at work—all while munching on mouthwatering dishes like Chicharon Crusted Porkchop.



- G-05 The Grand Midori Makati, Bolanos St.
- O 02-8852-0138
- O 5 pm to 2 am Pappy





Bad Cafe OO

Bad Cafe boasts an atmospheric Japanese-inspired interiors, and a line of hearty comfort food just like the Breakfast Egg Pie that combines ham, cheese, and eggs in pie form-the perfect fuel to jumpstart your day.



- O Unit 101-A Windsor Tower, 163 Legaspi St.
- O 02-8353-2132
- O 7 am to 9 pm (Mon to Fri); 8 am to 9 pm



Trufa Pasta Bar 🙃

What makes Trufa Pasta special is how it gives diners complete freedom to create their own pasta in just three easy steps: choose your La Salsa (sauce), La Pasta, and La Álegria (toppings).



- Planters Bldg., 109 Esteban St.
- O 02-8771-2581
- trufa.ph @Trufa Pasta Bar



Blake's Wings & Steaks 00

Wings, steaks, and pork ribs could not help but take the spotlight at Blake's, satisfying your every craving after a busy day. First on their must-tries is their Chicken Wings. Choose from five different flavors: barbecue, garlic parmesan, buffalo, extra hot buffalo, and sweet & spicy.



O 02-8250-0952 Blake's Wings & Steaks

@ @blakesph











Fu Yuan Chinese Restaurant o

Bringing the best of Hunan and Sichuan cuisines in Manila, Fu Yuan delights foodies with its pepper-filled, bold dishes that will test your palates. One of the best sellers is the savory and spicy Shredded Pork with Green Pepper.

- Q G/F 104 Gamboa St. Q 0906-555-5388
- O Lunch -10 am to 3:30 pm, Dinner- 4:30 pm to 11:30 pm





Kyo-to poppo

Kyo-to takes pride in its Kaiseki Ryori, a meal that tells so much of the culinary history of Japan. This type of 7 to 8-course meal dates back to centuries ago, now considered a luxury food.

- Q G/F 119 C. Palanca St.
- O 02-8805-7743
- **O** 5:30 pm to 10 pm (Tue to Sun)





Nikkei Nama Bar 👓

Offering an extraordinary marriage between Western and Oriental cuisines, Nikkei Nama Bar has mastered the Japanese-Peruvian cuisine starting with their newest appetizer, Avocado-Maguro.

- ♥ G/F Frabelle Business Center, 111 Rada St.
- O 02-8880-0231 / 0927-273-0114 O11 am to 10:30 pm
- nikkei.com.ph Nikkei





Purple Oven 19 1

Purple Oven is a popular go-to for freshly-baked goodies every day. However, the best part about the shop is that if you're looking for something savory, they have them too.

- Senta Condominium, Legaspi St.
- © 02-8631-4221 @ 7 am to 9 pm





Your Local OO

The feast of flavors that erupts upon tasting the Torched Salmon Donburi is perhaps the main reason why diners fall in love with Your Local, providing a new take on familiar flavors with Asian-fusion dishes.

- Q G/F Universal LMS Bldg., 106 Esteban St.
- O 02-8823-6206 / 0917-654-3355
- O Brunch 8 am to 2 pm, Dinner 6 pm to 10 pm (Mon to Sat); 8 am to 3 pm (Sun)
- yourlocal.ph Your Local





Blind Pig 👓

Blind Pig is one of the first bars that introduced the concept of a speakeasy to Manila, offering bar-goers a more discreet and cozy refuge for late night drinks and conversations.

- Q 227 Salcedo St.
- © 0917-549-2264 **©** 6 pm to 2 am
- blindpig.ph





Local Edition Coffee & Tea 👓

As the name suggests, this café promotes not only locally-grown coffee but also local campaigns where mini exhibits adorn the walls. Local Edition is also famously home to the best grilled cheese in town.

- Mayfair Mansion, 116 Perea St.
- **Q** 02-8556-9655 / 0905-444-8797
- O 7 am to 7 pm (Mon to Fri), 10 am to 7 pm (Sat)
- localedition.ph ◆ Local Edition Coffee and Tea





Monopole Wine Bar 📀

Let your taste buds travel to the vineyards of Napa through Monopole and its wide array of premium wines and champagnes that can suit the most luxurious of tastes.

- G/F Greenbelt Excelsior Bldg., C. Palanca St.
- O 02-8893-9477 / 0919-910-0403
- ⊙ 6 pm to 12 am (Mon to Sat) monopole.com.ph





La Grotta Cucina Italiana 👓

Southern Italy or Mezzogiorno just became a part of the neighborhood with La Grotta Cucina Italiana's sumptuous favorites, with a dining setup that mirrors classical Italian design.

- G/F Angelus Bldg., 101 VA Rufino St.
- O 02-8894-1320 / 0977-156-5632
- Lunch 11 am to 2 pm, Dinner 5:30 pm to 10 pm (Mon to Fri), Dinner 5:30 pm to 10 pm (Sat)
- lagrottainc.com ① La Grotta Cucina Italiana ②@lagrotta_ph





Dean & DeLuca oo

Apart from being prominent for its exceptionally healthy and organic dishes, Dean & DeLuca is also famous for its wide selection of delectable breads that always meet its patrons' standards.

- G/F ETON Tower Makati, Dela Rosa St.
- O 02-7944-6802 / 0917-302-0297
- O 7 am to 10 pm (Mon to Sat); 6 am to 4 pm (Sun)
- ⊕ deandeluca.com/philippines
 ⊕ Dean & DeLuca Philippines





Wildflour Café + Bakery 👓

Partnered with an uncomplicated menu of pastas, salads, desserts as well as freshly baked goodies and coffee around the corner, the cafe exudes a relaxing vibe like no other.

- G/F Frabelle Business Centre Bldg., 111 Rada St.
- Q 02-8833-9799
- O 6 am to 10 pm (Mon to Thu), 6 am to 11 pm (Fri to Sat), 6 am to 4 pm (Sun)
- mail wildflour.com.ph Wildflour Restaurant @@wildflourmanila





Yardstick Coffee oo

Yardstick stands out with its bright and airy interior conducive to working or studying on the go while enjoying their specialty coffee drinks like the oh-so-creamy and foamy Yard Shake.

- Universal LMS Bldg., 106 Esteban St.
 02-8845-0073 / 0917-309-1333
- O 7 am to 10 pm (Mon to Sat), 8 am to 6 pm (Sun)
- yardstickcoffee.com ①Yardstick ② @yardstickcoffee





Bondi & Bourke 👓

Bondi & Bourke treats you to a scrumptious line of dishes, including Australian meals like the Moroccan Chicken with chicken breast and a mix of greens and juicy fruits, dressed with citrus vinaigrette.

- G/F Cattleya Condominium, Salcedo St.
- O 02-8833-1812 / 0998-840-6268
- 0 11 am to 10 pm
- Bondi&Bourke @@bondibourkeph





Boulangerie 22 00

Besides offering the sumptuous taste of the French countryside, Boulangerie22 is also heavily stamped with Asian and European flavors. Even kids love the bakery with its adorably designed cakes.

- Q G/F One Legaspi Park, Rada St. cor. Rodriguez & Legaspi St.
- O 02-8801-6597
- o 6:30 am to 10 pm boulangerie 22.ph
- ◆ Boulangerie22

 @boulangerie22

 @boul





The Curator Coffee & Cocktails 👓

Tucked in the back room of Cyrano Wine Shop, The Curator is a bar-and-café combo-a cross between a secret meeting place and a guest room with a full bar. During the day, people go here for the BOD or Brew of the Day.

- Q Unit 2, G/F Legaspi Park View, C. Palanca St. cor. Legaspi St.
- O 0916-355-4129
- ◆ The Curator

 @thecurator





The Wine Club oo

Wine pairings and a well-curated entree are two specialties that The Wine Club is known for. The shop currently carries top-rated brands hailing from California's Napa Valley, Santa Cruz and Central Coast, and Oregon's Willamette Valley.

- O Cacho Gonzalez Bldg., 101 Aguirre St



WELLNESS



Wilson & Ayache Clinic @@@@

Wilson & Ayache has a reputation for safe and reliable technology that sees immediate improvements on the skin. A must for dull skin, Oxy-Oasis™ Facials with Oxygen Botanicals™ moisturize and free the skin of dark spots.



- **©** 02-8846-6725 / 0917-594-5766
- mwilsonandayache.com Wilson & Ayache Clinic





Almario Physio Team @@@@

With Almario Physio Team's state-of-the-art equipment, innovative techniques, and skilled therapists, it is one of the best places for physical therapy.

- 902 Medical Plaza Amorsolo St
- Q 02-7621-9249
- almariophysioteam.com
 Almario Physio Team- at the Fort, Manila





NORA Hair Salon DD

NORA, a popular Japanese hair salon, lets you feel the essence of real beauty with their line of services, specializing in hair treatments and coloring.

- O Unit G3 BSA Tower, 108 Legaspi St.
- © 02-8843-6065 / 0917-505-8895 / 0908-881-9249
- **9** 9 am to 9 pm (Mon to Fri); 10 am to 9 pm (Sat); 10 am to 8 pm (Sun & Hol.)
- nora-style.ph •NORA hair salon Manila @@norahairsalon.manila



Navales Dental DDDD

Aside from preventive and restorative measures for children, Navales Dental offers cosmetic dentistry including dentures, laser gum sculpting, bonding, bleaching, and more.



- © 02-7751-8101 / 02-8817-4824
- navalesdental.com



Kiyosa Japanese Total Beauty

People in Makati will soon get a Japanese total beauty experience right at their fingertips as Kiyosa will open a second branch soon in January 2020. ♥ Perea St.

- © 02-8805-8888 / 0939-915-8888 (BGC branch)
- ⊕ kiyosa-beauty.com





Bruno's Barbers DD

Established in 1989, Bruno's Barbers delivers a complete barbershop experience with services ranging from haircuts and hair treatments to facial, and hand and foot care.

- G/F YL Holdings Bldg., 115 Rufino St. cor. Salcedo St.
- © 02-8869-1966 / 0977-820-4180
- @9am to 8 pm
- brunosbarbers.com
- 1 Bruno's Barbers 2 @brunosbarbers

FITNESS



Onelife Private Studio

Onelife addresses every woman's specific fitness needs with a circle of experts, including internationally-trained coaches, doctors, and physical therapists, who personalize programs for women. A New-to-Onelife Starter Pack is priced at P5,000 (30 days).



O 0917-139-4726

O By appointment theonelifestudio.com

🛈 Onelife Private Studio - Legaspi



PPPP



Rebel Yoga poppo

Rebel Yoga offers meditation classes like the Yin, as well as muscle-toning full-body workouts like the Inferno Hot Pilates. Rates for introductory classes range from P700/week to P2,500/month.

- ♥ 6/F Jose Cojuangco & Sons Bldg., 119 Dela Rosa St.
- cor. Palanca & Castro St. **©** 02-8874-0378 / 0917-710-9642 **©** 6:30 am to 8 pm





Bliss Yoga Manila cocco

Bliss Yoga's Gentle Flow is ideal for first-timers and those who want to work on their physical limitations. New students are treated to classes ranging from from P798/1 week to P3,498/30 days.

- ♥ Unit 203 Plaza One Hundred, VA Rufino St. cor. Dela Rosa St. № 02-8551-1485 / 0917-841-9642
- ◆ Rebel Yoga Manila
- O 6 am to 10 pm (Mon to Fri); 8 am to 2 pm (Sat); 9:30 am to 3 pm (Sun)
- blissyogamanila.com



More Fitness Centers

Black Unicorn Martial Arts Gym

♥ 2/F Mile Long Bldg., Amorsolo St. cor. V.A. Rufino St. • 02-8897-6080 • Black Unicorn Martial Arts

Empire Boxing Gym

♥ Unit M8 The Gallery Bldg., 111 Amorsolo St.

© 0999-994-3267 **⊕**Empire Boxing

Gold's Gym (former 360 Fitness Club)

♥ 7/F Dolmar Gold Tower, C. Palanca St. © 02-7940-9575 ■ goldsgym.com

Primal Ape Crossfit

2135 Chino Roces Ave., Legaspi Village, Makati City

© 02-8832-8069/ 0917-850-7273 primalapecf.com

Slimmers World

♥ G/F Zeta II Bldg., Salcedo St., Legaspi Village, Makati City № 02-8893-8935 / 02-8893-8934
■ slimmersworld.com.ph

PlanaFORMA DDDDD



Operating under the mantra "more pain, more gain," PlanaFORMA features workout classes that usually run for 55 minutes. The Forma Core is ideal for newbies to get started.

- 17/F Frabelle Corporate Center, 111 Rada St.
- Q 02-8833-7235 / 0917-658-4640
- O 7 am to 1 pm, 4 pm to 8 pm (Mon to Fri); 8 am to 12 pm, 2:30 pm to 4:30 pm (Sat); 8 am to 11:30 am, 2:30 pm to 4:30 pm (Sun)
- forma-asia.com **①** PlanaFORMA

Crossfit 1229 ppppp



Crossfit 1229 pushes trainees with powerlifting, gymnastics, Olympic-style even weightlifting. Newbies can try the Bootcamp, which focuses on cardio, body weight, and free weights programming.

- Q Unit 102 G/F First Midland Bldg., 109 Gamboa St.
- O 02-552-7266
- **©** 6:30 am to 8:30 pm

Elite Boxing &Muay Thai Gym 00000



Everyone is welcome to train at Elite Boxing & Muay Thai Gym, where students receive an exceptional one-on-one training with highly-skilled boxing and Muay Thai coaches.

- 109 Esteban St. cor Rufino St.
- © 0916-588-8112
- **o** 6:30 am to 10 pm
- eliteboxing.com.ph
- 1 Elite Boxing & Muay Thai Gym Legaspi Village Makati
- @ @eliteboxingph

SHOPS FOR VARIOUS NEEDS



Gorenje

Gorenje is a reputable European appliance store featuring the magical flair of world-renowned designers, Philippe Starch and Ora-Ito.

- ♥ G/F 165 Legaspi St.
- © 02-8967-7127 @ 9 am to 7:30 pm (Mon to Sat)
- gorenje.ph @Gorenje Appliances Philippines



Mejore

A proudly-Filipino brand, Mejore is most sought-after for its timeless, solid pieces of furniture that can ultimately grace your home.

- ♥ G/F Filipino Bldg., 135 Dela Rosa St.
- O 02-8552-1894 / 0917-565-1302
- O 10 am to 7 pm (Mon to Fri); 9 am to 6 pm (Sat)
- mejore.ph Mejore @@mejore_ph



Empire Golf & Sports

The store offers a comprehensive range of golf equipment and accessories from top brands such as Titleist, Pinnacle, and Dunlop.

- ♥ Erechem Bldg., VA Rufino St. cor. Salcedo St.
- © 02-7949-3117 / 0927-366-2039 **①** Empire Golf Shop
- O 10 am to 7 pm (Mon to Fri); 9 am to 5 pm (Sat to Sun)



Archives d'Homme et Femme

Archives d'Homme et Fernme is sought-after for its upscale fashion finds such as Balenciaga, Dior Homme, Céline, Rick Owens, Vetements, and Valentino Men's.

- St. cor. Aguirre St. © 0917-519-9212 (Homme) / 0917-849-4008 (Femme)
- 1 pm to 9 pm (Tue to Sun)
- Archives d'Homme et femme



TIÑO

With Master Tailor Napoleon Arienza, TIÑO will help you look your best through the craft of bespoke tailoring. Ready-to-wear suits are also available starting at P20,000.

- O 02-8511-1274
- 11 am to 8 pm (Mon to Fri); 11 am to 5:30 pm (Sat)
- TINC



Mel Orlina

Legaspi Village may also take pride in being home to the couture shop of Mel Orlina, one of the most sought-after gown designers in the country.

- G/F Planters Products Bldg., 109 Esteban St.
- O2-8809-5129 / 0927-497-8349



Kubo by Piopio

Traditional Filipino craftsmanship is exhibited in every handwoven apparel displayed at Kubo by Piopio. You may also find natural cosmetic and skin care products here.

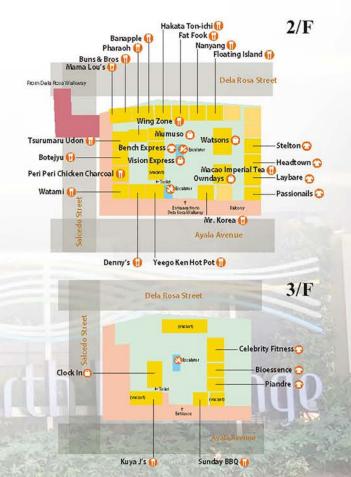
- 103 Esteban St.
- O 0917-304-1135

Ayala North Exchange

Dubbed as "an amazing pocket around the corner," Ayala North Exchange is the newest lifestyle and shopping destination in the city, housing numerous restaurants, shops, salons, fitness gym, and even Seda Residences Makati. Some of the prominent restaurants that have found a new home here are Hakata Ton-Ichi, Pastarrifico, Watami, and Fat Fook.

It is also located right next to Makati Medical Center and has direct access from Dela Rosa Walkway.





HOTEL & RESIDENCES





Seda Residences Makati OCOOO

Seda is a popular lifestyle hotel brand known for its modern rustic rooms and exceptional amenities.

- O Avala Ave. cor Amorsolo and Salcedo St.
- O2-7756-9288
- residencesmakati.sedahotels.com
- ◆ Seda Residences Makati



The Mini Suites **Eton Tower**

The Mini Suites has ultimate accessibility everywhere in Legaspi Village. All rooms also offer views of the city.

- 128 Dela Rosa St. 02-8868-6868 / 02-8868-3333
- theminisuites.com
- The Mini Suites Eton Tower Makati



Makati Diamond Residences PPPP

Makati Diamond Residences offers large rooms with Filipino and European designs and top-notch amenities that will make your stay worthwhile.

- 118 Legaspi St.
- makatidiamond.com
- O2-5317-0999 / 02-8878-9699
- Makati Diamond Residences

KL Serviced Residences 00000

With 8 types of rooms boasting aesthetically-pleasing interiors with earth tones and modern geometric patterns, as well as plush chairs that lend a practical and cozy appeal for urban guests, KL Serviced Residences is sure to cater to corporate travelers and tourists.

Aside from fully-furnished studio suites like the Studio Executive Suite with its own kitchen, dining area, small living room, and working desk, KL Serviced Residences also provides guests with a comfortable and homey stay in the middle of the city with their sauna, gym, indoor pool, and function rooms

- Q 117 Gamboa St. **Q** 02-8845-0084
- kltower.ph

 KL Serviced Residences Managed by HII
- @ @klservicedresidences

More Hotels

- Astoria Greenbelt
 - 914 Arnaiz Ave., Legaspi Village, Makati City
 - © 02-8550-1111 (Reservations Office) / 0919-911-3946 (Front Office)
 - astoriagreenbelt.com
- Makati Shangri-La Manila
 - □ Ayala Ave. cor. Makati Ave., Legaspi Village, Makati City
 □ 02-8813-8888 shangri-la.com/manila/makatishangrila
- Prince Plaza II Hotel
 - 101 Dela Rosa St., Legaspi Village, Makati City
 - © 02-8840-3215 / 02-8632-1010 loc. 555 or 510 (Reservations)
 - princeplaza-makati.com
- The Peninsula Manila
 - O Ayala Ave. cor. Makati Ave., Legaspi Village, Makati City
 - O 02-8887-2888
 - O peninsula.com/en/manila/5-star-luxury-hotel-makati

EDUCATION





PJ Link Language Center, Inc.

Whether you are at home, inside the office, or online anywhere on Skype, you can learn Nihongo with the help of PJ Link Language Center, Inc. PJ Link offers Nihongo classes of the highest caliber at incredibly affordable rates. What's great is that you can also set up your own schedule to match your lifestyle—perfect for people with a dynamic family or career life

Aside from home, office, and Skype classes, other services include English and Tagalog lessons, translation services, study-and-work program in Japan, as well as Eiken, TOEFL, and TOEIC examinations.

- ♦ 4/F Ricogen Bldg., 112 Aguirre St.
- © 0956-555-8544 ⊕ pjlink-manila.com/en ① PJLink Language Center



Asian Institute of Management

AIM has a stature of being the number one school of choice among business leaders and executives in Asia.

- Q 123 Paseo de Roxas
- Q 02-8892-4011 maim.edu
- Asian Institute of Management



Canadian American School

Utilizing the North American STEAM curriculum, CAS also focuses on multilingualism and acculturation.

- 2/F Salustiana D. Ty Tower, 104 Paseo de Roxas
- 1 Canadian American School Manila cie.edu CIE British School



Centre for International **Education Bristish School**

For 3 decades, "The School for Leaders" equips future leaders with excellent academic, entrepreneurial, and innovative capacity.

- OCIE Gold Tower 107 Dolmar, Palanca St.

More Schools

- Cambridge Child Development Centre
 - G/F Republic Glass Bldg., 196 Salcedo St., Legaspi Village, Makati City
 - © 02-8800-5349 @ cambridge.com.ph/legaspi
- **Entrepreneurs Accounting Academy**
 - O Ayala Ave. cor. Makati Ave., Legaspi Village, Makati City
 - O 02-5310-3857 / 0998-536-7379 eaa.edu.ph
- MSA Academic Advancement Institute
 - 101 Esteban St. cor. Dela Rosa St., Legaspi Village, Makati City
 - © 02-8815-1307 / 0918-477-5084 msainstitute.com
- The Maya Kitchen Culinary Arts Center
- ♥ 8/F Liberty Bullding, 835 Antonio Amaiz Ave., Legaspi Village, Makati City © 02-8892-1185 / 0929-679-6102 themayakitchen.com
- Price Range: PP2,000 PPP2,000 P4,000 PPP P4,000 7,000 PPPPP7,000 P10,000 PPPPP P10,000 & above





DINING



FOR BUFFET*: 30% OFF plus 1 Free Iced Tea per person, based on published rate

FOR ALA CARTE*: FREE ICED TEA FREE WASABI ICE CREAM



15% OFF on total bill



15% OFF on total bill



15% OFF on total bill



15% OFF on total bill



15% OFF

on total bill



10% OFF

on total bill



10% OFF

on total bill (Dinner time only)





10% OFF

on total bill



10% OFF

on total bill



10% OFF* on total bill



10% OFF on total bill



10% OFF on total bill



10% OFF

on total bill



10% OFF

on total bill



on total bill

10% OFF



10% OFF for a minimum spend of P2,000



10% OFF on total bill or FREE SISIG NACHOS for a minimum

spend of P1,000



10% OFF

on total bill

10% OFF on total bill





10% OFF spend of P500



10% OFF for a minimum spend of P500



FREE SPICY **TORI KARAAGE** for a minimum

spend of P1,000



FREE BEEF YAKINIKU

for a minimum spend of P1,000



FREE GYOZA for a minimum spend of P700



FREE ALBONDIGAS **DE CHORIZO**

for a minimum spend of P2,000



FREE SALMOREJO and TOCINO **DEL CIEJO**

for a minimum spend of P1,000 (11am to 3pm)

RETAIL



15% OFF on two regular-priced items only



10% OFF on all regular-priced items



10% OFF on all regular-priced items

















EXPERIENCE THE LIFESTYLE YOU DESERVE WITH YOUR JCB CREDIT CARD!

TRAVEL

20% OFF*

on food and beverages





urmont



20% OFF on published rates



the at Acacia

20% OFF*

on food and beverages

30% OFF on Spectrum buffet (except Sunday brunch)



20% OFF on food



15% OFF on beverages



20% OFF on food 15% OFF on beverages



20% OFF* on food and beverages

€ 0 0 9

WILLOW STREAM A FAIRMONT SPA

20% OFF

on regular treatments

(10am to 2:59pm only)



20% OFF on published rates



20% OFF on food 15% OFF on beverages



20% OFF on published rates



15% OFF on Ala Carte order (except Sunday brunch)





20% OFF on food 15% OFF on beverages



20% OFF on food 15% OFF on beverages

WELLNESS



50% OFF on Warts Removal

20% OFF on Slimming Packages

FREE HAND PARAFFIN for every 1 whole body massage

FREE OXYGEN INFUSION for every P1,200 worth of facial treatments



30% OFF on Warts Removal

20% OFF on Diamond Peel 20% OFF on lontophoresis



15% OFF on massage services



15% OFF on massage services



15% OFF on a minimum spend of P1,000



10% OFF on services

Promo valid until July 31, 2020 | *Promo valid until January 31, 2020 Per DTI-FTEB Permit No. 14409, 14411. Series of 2019. Terms and conditions apply.











to apply for a JCB Credit Card!



Personalized gifts, perfect for your corporate and personal giveaways!

CAPITOL COMMONS · CORINTHIAN HILLS · TIMOG · WILSON BONIFACIO GLOBAL CITY • FORBES • ROCKWELL • YAKAL ALABANG • SILANG • STA. ROSA • TWIN LAKES

Like and follow us on: Of www.santis-deli.com



MEMORABLE DINING & EVENTS EXPERIENCES

Dining at Yakal offers seven unique spaces suited for business meetings, intimate gatherings as well as larger corporate affairs and special occasions. With over three decades of hospitality experience, DAY restaurants and events offer the perfect blend of professional service, thoughtfully curated menus and warm hospitality that we have long been known for.













CARUSO RISTORANTE ITALIANO serves deliciously prepared traditional Italian cuisines.

Please come in for a nice meal and let us give you a taste of ITALY.

CARUSO

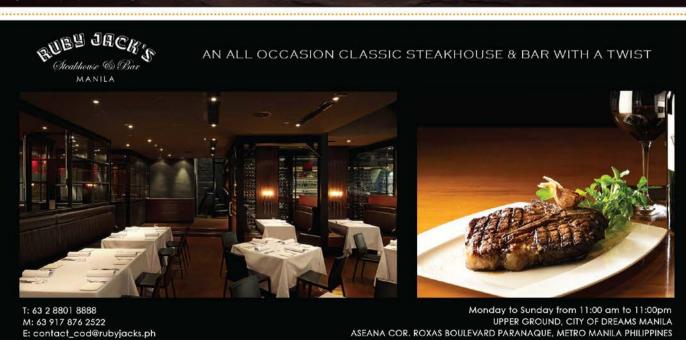
RISTORANTE 4 ITALIANO

8895-2451 / 8895-8790

210 Nicanor Garcia St. Bel Air Makati City Business Hours: 11:30am -2:30pm / 6:00pm – 11:00pm

If Caruso Ristorante Italiano • www.carusoristoranteitaliano.com









Grill the finest meat in a cozy and relaxing space at Yokohama Meat Kitchen!

Yokohama Meat Kitchen

Enjoy an authentic Yokohama-style grill restaurant along Jupiter Street, perfect for foodies seeking superior-tasting food. Yokohama offers unique dishes every month made with only the freshest and highest quality of meat. With Yokohama Meat Kitchen's private location, you can enjoy these dishes in a modern and spacious place that takes you away from the hustle and bustle of Makati's commercial district and makes you feel right at home.

16 Jupiter St. cor. Antares St., Bel-Air, Makati 70 02-8831-6546/0916-377-3655 (Globe) Business Hours: 11:30 AM - 2:30 PM / 5:00 PM - 11:00 PM No regular holidays yokohamameatkitchen









Upper left: Simple and cozy restaurant interior Lower left: Wagyu Gokujou Karubi P1600 Lower right: Yokohama Set P1450





YAKINIKU DORAGO IS NOW OPEN!

It was founded by Takatoriki; a famous sumo wrestler, and was named after a legendary sumo champion, Takanohana. DORAGO is very famous for its thick meat topped with Japanese style sauce. Weekly TV features, numbers of celebrities dining in, and lots and lots of daily customers made reserving tables close to impossible. Luckily, it made its debut overseas, and Philippines is its first stop.





Jo Rosu P250







202-8254-2301

General Luna st. cor Mercado st., Brgy.Poblacion, Makati, Metro Manila Business hour 6 PM - 1 AM (Mon - Thu) / 6 PM - 3 AM (Fri•Sat) / 5 PM - 2 AM (Sun)

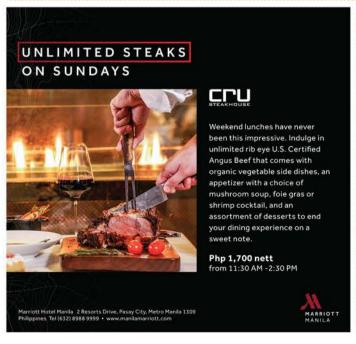
















Accepting orders from November 1.
Delivery from December 1, in time for Christmas.
Delivery area: Metro Manila & Suburbs

Please write yo in your

Scan to orderin

Scan this QR Code to order by E-mail. Please write you full name, address, phone number and order quantity in your E-mail to us. We will reply directly to your e-mail.

If you cannot scan the QR Code, please e-mail us at the address below.

ph-order@watari-asia.com

< S > WATARI ASIA INC.

PIC: Mr. Yohki Manabe

3rd Floor DOLE Fresh Building, 7433 Yakal St, San Antonio Village, Makati City, TEL:+63-2-8886-8856 FAX:+63-2-8886-8857 http://www.watari-asia.com/





FRESH ROASTER COFFEE TONYA

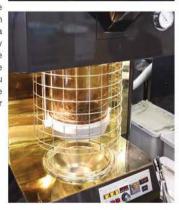
Freshly-roasted coffee beans on demand

Coffee Tonya is a specialty coffee shop located in Makati City. With a highly-experienced Japanese barista from the Specialty Coffee Association of Japan (SCAJ) heading the shop, Coffee Tonya seeks to introduce their 60 brands of raw coffee beans from different parts of the world. Using a roaster from Japan, the shop offers coffee on demand, where you can have your drink customized, just the way you like it. You may also order their coffee online!

- ≜ 1331 Angono Street, Makati City

 © 02-7750-6200
- 10 am to 7 pm (Monday to Saturday);
 Closed on Holidays and Sunday
- www.coffeetonyaph.com
- Ww.coneeton
 Coffee Tonya







Contact Us:

02 7753 6405 (Landline) (+63) 995 502 7452 (Globe) info@monkeyspeakcoffee.com

Visit Us:

Monkeyspeak Coffee in Central Square B1, Bonifacio High Street, BGC, Taguig www.monkeyspeakcoffee.com











Advertise with us! Promote your business to the expat community.

We are now accepting advertisement placement.

Give us a call at 02-8836-8381 or email us at sales@primer.ph

Philippine

🎁 Restaurant Guide

MAKATI

Caruso Ristorante Italiano

☎ 02-8895-2451/02-8895-8790

♠ 210 Nicanor Garcia St. Bel Air Makati City

Cave Werdenberg

〒 02-8892-0128/02-8817-1217 ♠ 7431 Yakal St., San Antonio Village, Makati City

〒 02-8815-1359/02-8892-7524

♠ 7431 Yakal St., San Antonio Village, Makati City

Hanagushi ☎ 02-8800-0704

♠ G/F The Beacon, Don Chino Roxes, Ave. cor., Arnaiz Ave., Makati City

Ikomai 雷 02-8816-4588/0999-887-0297

☎ 02-8892-5852/02-8275-5938

Kenshin

2 0949-883-1200 / 0917-551-4605

♠ G/F The Linear Makati, Yakal St., cor. Mayapis Street, Makati City

La Cabrera

☎ 0905-290-0703

♠ 6750 Bldg. Ayala Business Tower, Glorietta Complex, Ayala Avenue, Makati City

@ 02-8425-9030/02-8894-387

Little Tokyo, Chino Roces Ave., Legaspi Village, Makati City

Tapella

窗 02-7757-2710

♠ G/F, Greenbelt 5, Makati City

Unakichi

☎ 02-7728-2072 ♠ G/F, Makati Cinema Square, Amorsolo St., Makati City

Yokohama Meat Kitchen

ନ୍ତ 02-8831-6546/0916-377-3655

♠ 16 Jupiter St., corner Antares St., Bel-Air, Makati City

BGC

@ 02-8478-3888/0917-586-6888

♠ 6/F SM Aura Premier, 26th St., Bonifacio Global City, Taguig City

Isla Sugbu Seafood City ₹ 0998-966-2990

♠ 2/F Venice Grand Canal, McKinley Hill, Taguig

OTHERS

ත 0928-262-2839

Cluster 2 #13 Eton Centris Walk EDSA, cor Quezon Ave., Brgy. Pinyahan, Quezon City

Kands Corporation

〒 463.8437/0926-038-2717/ 02-8463-8437

Unit 1C Phase 2 Blk1 AFP-RSBS Industrial Park Western Bicutan

☎ 0967-236-7940

♠ Mezzanine Level, Edsa Shangri-La Hotel, Ortigas Center

Ruby Jack's

☎ 02-8801-8888/0917-876-2522 ♠ Upper Ground, City of Dreams Manila Aseana cor. Roxas Boulevard Parañaque, Metro Manila

Rossini Ristorante

@ 02-8800-8061

♠ 2/F S'Maison Conrad Hotel, Seaside Blvd., Pasay City

Sizzlinⁱ Steak

☎ 7-9000 (Metro Manila delivery)

☎ 7-9000 (Metro Manila delivery)

The Beer Factory

© 02-8845-2613/0917-149-6288

The Hub Greenfield District, Shaw Boulevard, Mandaluyong City

Wooden Horse Steakhouse ☎ 0927-460-2495

♠ G/F, Molito Commercial Complex, Madrigal Ave., corner Alabang Zapote Road, Muntinlupa City

GROCERY / SPECIALTY STORE

☎ 0917-723-9126

☎ 02-8807-1107

♠ G/F, 1 Juno corner Makati Ave., Bel-Air Makati City

Mc Asia Foodtrade ත 02-3411-2911

♠ 158 Apo St, Sta. Mesa Heights, Quezon City, NCR

ନ୍ତ 02-8661-1931/02-8661-1932

♠ Rodriguez Jr. Ave., Pasig City

Sharaku Food, Inc.

☎ 02-8541-9877/0905-415-0056 ♠ Stall # 111 Cartimar Shopping Center Pasay City

☎ 02-8551-7522

♠ G/F, Jaka Center Chino Roces Ave., Makati City

A WONDER REDISCOVERED



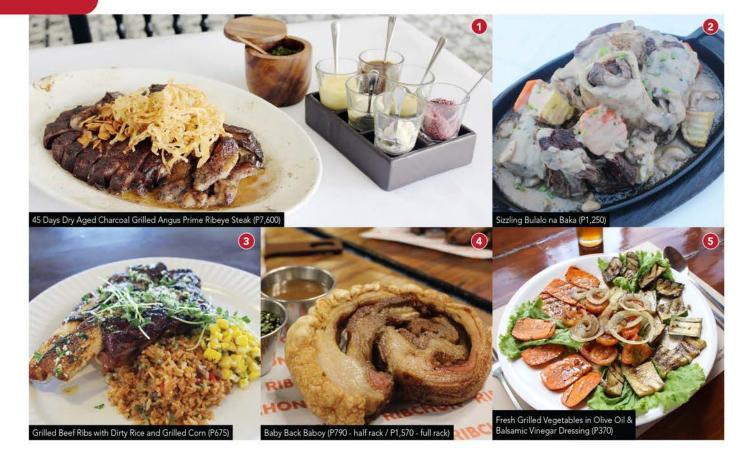
Tagaytay is known as a viewing point of Taal Volcano and Lake, a scenery highly coveted for its therapeutic wonder—just looking at it makes you feel relaxed and inspired. To get closer to the volcano, Tagaytay also serves as a jump-off point to Talisay Bay, where boats wait to take visitors to the volcano island. Tagaytay's cool climate also attracts every city-dweller especially during summer. During the yuletide season, it is the closest Filipinos can get to a "white Christmas"—with a chilly weather but without snow. It is also the perfect

time to savor a bowl of the famous bulalo (beef shank soup) and enjoy activities with the family.

Despite being a very familiar place, no visit to Tagaytay is ever the same. The multitude of gastronomic gems, unique hotels and BnBs, shops, parks, and attractions, give you something new to look forward to every time. This holiday season, we revisit Tagaytay and rediscover the best of the Philippines' second summer capital.







Antonio's

0 00000

Since its opening in November 2002, it has been one of Tagaytay's highly-coveted restaurants, owned by renowned Chef Antonio "Tonyboy" Escalante. Antonio's is the only Filipino restaurant to be included in The Miele Guide to Asia's Finest Restaurants for five years in a row.

They take pride in their dry-aged steak—an exceptional fare not to be missed at Antonio's. A must-try from their entree is the 45 Days Dry Aged Charcoal Grilled Angus Prime Ribeye Steak, a sizzling 700 grams of tender-aged Angus ribeye beef served with six different condiments. Their steaks come with a choice of salad, soup, dessert, and coffee or tea, which determines the price of your meal.

- Purok 138, Brgy. Neogan, Tagaytay City 0917-899-2866 / 0918-899-2866
- 11 am to 2 pm, 5 pm to 11 pm (Tue to Sun)
- antoniosrestaurant.ph
- Antonio's
- @ @antoniostagaytay



Balay Dako

000

Balay Dako or "big house" in Negrense is modeled after classic Filipino houses where families would celebrate festivities—weddings, birthdays, and any special family occasion. The good food served at Balay Dako is always accompanied by views of Taal Volcano. Their Sizzling Bulalo na Baka puts the bulalo experience to a whole new level. Instead of being served in a soup, beef shank is braised and served on a cast-iron platter and covered with delicious mushroom sauce.

Balay Dako also has a breakfast buffet on the weekends. The breakfast buffet stays true to Balay Dako's concept, serving Filipino favorites such as beef tapa, tinapa or smoked fish, omelets, and a selection of homemade bread and jams.

- Tagaytay-Nasugbu Highway (across Magallanes Dr.), Tagaytay City
- C 046-413-4866
- ① 1 am to 9 pm (Mon to Fri); 10:30 am to 10 pm (Sat); 10:30 am to 9 pm (Sun)
- antoniosrestaurant.ph/balay-dako
- M Balay Dako



Breakfast at Antonio's

000

Breakfast at Antonio's was opened just a year after Antonio's was established to have a place dedicated to all-day breakfast. The restaurant is situated in a 1960s-inspired American bungalow house with an elegant yet homey atmosphere—still with spectacular views of Taal Volcano. Their Breakfast Favorites are proudly made in-house and from scratch.

- Emilio Aguinaldo Highway, Brgy. Bagong Tubig, Tagaytay City, Cavite
- **6** 0995-242-6732 / 046-413-0738
- 1 7 am to 9 pm
- antoniosrestaurant.ph
- II Breakfast at Antonio's @@breakfastatantonios

Ribchon

0 0000

Ribchon was inspired by the wonders of Texas slow-cooked barbeque and the famous Filipino Lechon. Their barbeque masterpiece, Baby Back Baboy, is made with slow-cooking and smoking methods of the American barbeque to the lechon, particularly the ribs. A feast for 2 to 4 people, Baby Back Baboy comes with BBQ sauce, pumpkin soup, salad, and bowls of rice. It is best to savor this dish with bare hands.

- ① 7 am to 10 pm
- Ribchon Filipino Restaurant
- @ @ribchon_homeofbabybackbaboy



II Gallo Nero Italian Trattoria

6 PP

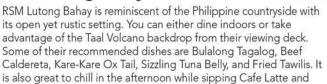
Nestled in the outskirts of Tagaytay, Alfonso Hotel's very own in-house restaurant serves an excellent selection of Tuscan delicacies. Il Gallo Nero Italian Trattoria is a modest dining place where pizza lovers can delight in al dente pasta and pizzas while appreciating the country setting and vast greeneries. Apart from these specialties, salad lovers can also surely enjoy the Fresh Grilled Vegetables in Olive Oil & Balsamic Vinegar Dressing

- Alfonso Hotel, #4 Washington Ave. Royale Tagaytay Estates, Alfonso, Cavite
- 046-413-0770 / 0915-641-3013
- 11 am to 9 pm (Sun to Thu); 11 am to 10 pm (Fri to Sat)
- alfonsohoteltagaytay.com
- II IL GALLO NERO, Tagaytay





RSM Lutong Bahay



taking a bite of their Filipino snack desserts like the Turon Macapuno/Langka. During weekends and holidays, RSM also offers a grand lunch/din-

ner buffet, which lets you get a taste of every Filipino favorite on

- Tagaytay-Nasugbu Rd., Brgy. Maharlika East, Tagaytay City
- **t.** 0933-860-6450
- O 7 am to 11 pm

their menu

- smesguerragroup.com
- RSM Lutong Bahay Seafoods Garden Restaurant



Cafe Voi La

0 00

Cafe Voi La is an Asian-fusion restaurant born out of a traveler's culinary discoveries around the region of Southeast Asia. Its namesake was inspired by the Vietnamese phrase boi la, which means to cook with leaves.

It is undoubtedly an artistic masterpiece in the form of a restaurant that will take you to a whole new level of the dining experience. A highly recommended dish is their Café Voi La Signature Chicken Satay, a delightful concoction of Vietnamese, Indonesian and Cambodian flavors and spices like lemongrass, turmeric ginger, and kafir lime.

- Crosswinds, Brgy. Iruhin Central, Calamba Rd., Tagaytay City
- C 0905-331-4457
- ① 8 am to 9 pm (Mon to Thu) / 7 am to 10 pm (Fri to Sat) / 8 am to 9 pm (Sun)
- Cafe Voi La

Tsokolateria

8 PP

Tsokolateria is an artisanal cafe that boasts a menu with chocolate as a key ingredient and superb views of Taal Volcano. You'll find a variety of chocolate-infused dishes, and while chocolate may not be the heart of the dish, you'll still find small hints of it-may it be in the form of syrup or powder.

- The Boutique Bed and Breakfast, 45 Aguinaldo Highway, Silang Crossing East, Tagaytay City
- C 046-413-1798
- () 9 am to 10 pm
- II Tsokolateria



Papa Doms Bar and Restaurant

With lively music and good food, Papa Dom's is nothing but vibrant. It boasts a full bar offering beer, cocktails, shots, spirits, wine, and even non-alcoholic drinks. It also has a variety of food offerings that are composed of bar chow, sizzling platters, and bulalo. The view from Papa Dom's is also fantastic.

- Vista Point, Maharlika West, Emilio Aguinaldo Highway, Tagaytay City
- **6** 0917-900-2092
- ① 12 pm to 3 am F Papa Doms Bar and Restaurant



Mahogany Restaurant

Mahogany Market is a wet and dry market where you can score a good and cheap bowl of bulalo and enjoy it like a local. The bulalo eatery strip is on the second floor of the wet market section, and just below it you may find sellers of fresh Batangas beef.

Mahogany Ave., Brgy. Kaybagal South, Tagaytay City O 5 am to 8 pm



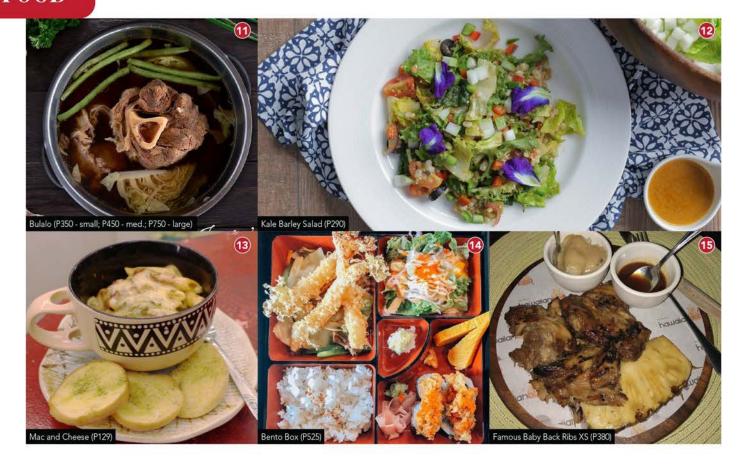












Jaytee's Classic Filipino Cuisine



You'll find a variety of Filipino favorites including kare-kare (oxtail peanut stew), crispy pata, and sizzling pork sisig. They also have Kalderatang Kambing, a Filipino dish that features a hearty and thick stew comprised of goat meat, potatoes, and carrots.

The highlight remains to be their Bulalo, featuring a broth that's tasty and rich and meat that's very tender. You can also view the beauty of Taal Volcano from the restaurant's al-fresco area.

- Aguinaldo Highway, Maharlika East, Tagaytay City
- **6** 0995-463-8189
- 8 am to 10 pm (Mon to Fri);
 7 am to 11 pm (Sat to Sun)
- Jaytees Classic Home of Best Bulalo & Kare-Kare



Taza Fresh Table



One of the most sought-after restaurants in Tagaytay is Taza Fresh Table, the in-house restaurant of the Taal Vista Hotel. This restaurant boasts world-class standards of food preparation while proudly using fresh and locally sourced ingredients. Recommended for health-conscious diners, their Kale Barley Salad is made with a healthy concoction of flavors from the chewy kale and crunchy barley to fresh tomatoes and tangy vinaigrette.

- Kilometer 60, Aguinaldo Highway, Tagaytay City
- **6** 02-7917-8225
- ⊕ taalvistahotel.com
- II Taza Fresh Table



Dreamland Arts & Crafts Cafe



Dreamland Arts & Crafts Cafe is home to a plethora of indie masterpieces and a cafe that serves comfort food in a colorful, bohemian-style interior. Before entering, there is a minimum consumable charge of P500, which you may use to order food/drinks at the cafe or buy souvenirs at the shop.

- Tagaytay-Calamba Rd. (next to Tagaytay Prime Residences), Tagaytay City
- 0977-826-3271
- O 24/7
- Dreamland Arts & Crafts Cafe + BBB - Tagaytay



Aozora Japanese Restaurant



First opened in 2015, Aozora currently has four branches across the city. They serve a variety of Japanese dishes that are carefully crafted by Chef Seiji Kamura, Aozora's head chef. Their claim to fame has been Aozora Bulalo Ramen, while other must-try dishes include Dragon Maki and Wagyu Saikoro Steak

- Purok 157, Sungay East, Tagaytay-Calamba main Rd., Tagaytay City
- **6** 0977-683-7353
- () 9 am to 10 pm (Daily)
- Aozora Japanese Restaurant



The Original Hawaiian BBQ Tagaytay 6 900

Their Famous Baby Back Ribs boasts exquisite seasoned rib meat that peels right off the bone. The dish is served with pineapple and your choice of side dishes that include Roasted Garlic Mashed Potato, Coleslaw Salad, Taro Shoestring Fries, Buttered Corn and Carrots and, French Fries. If you're a lover of seafood, the restaurant also has Wahaina's Seafood Bouillabaisse, which features fresh seafood in thick clam chowder soup.

- The Boutique Bed and Breakfast, 45 Aguinaldo Highway, Silang Crossing East, Tagaytay City
- © 0917-598-4480 / 046-442-6049
- 8 am to 10 pm
- The Original Hawaiian BBQ





Charito by Bag of Beans



There are many restaurants that offer views of Taal Volcano, but Charito by Bag of Beans is the one that offers viewing with elegance. Relish local and international dishes in a regal yet homey setting surrounded by garden plants. The spacious balcony is the best spot to enjoy the view.

- 2 150 Aguinaldo Highway, Maharlika East, Tagaytay City
- **6** 046-483-1279 / 046-413-6459
- 6:30 am to 11pm (Mon to Fri); 6:30am to 12am (Sat to Sun)
- @ bagofbeans.ph/charito
- Bag of Beans Tagaytay

Domicillo Hotel



You don't have to be a hotel guest to view Taal Volcano from Domicillo Hotel. It has a roof deck that is now occupied by the newest Tagaytay branch of Starbucks. The cafe has both an indoor seating and a wide veranda, which serves as the best spot to enjoy unobstructed views of nature.

- A Kilometer 38, Aguinaldo Highway, Maharlika East, Tagaytay City
- 7:30 am to 9:30 pm (Mon to Thu); 7:30 am to 11 pm (Fri to Sun)



Picnic Grove



Picnic Grove is a classic tourist spot in Tagaytay, with various activities that cater to all kinds of visitors. Its most notable feature is the eco-adventure trail—for a nature walk accompanied by the ever-present view of Taal Volcano. The entrance fee to Picnic Grove is P50 (4 y/o and above); fees for activities such as zip line are separate.

- Tagaytay-Calamba Rd., Brgy. Sungay East-End, Tagaytay City
- ⊙ 7 am to 7 pm



People's Park in The Sky



Another popular sightseeing park is People's Park in the Sky, situated at the top of Mount Sungay, which has views not only of Taal Volcano but also Tagaytay Highlands. At the viewing deck, you can rent a binocular for a closer look at the volcano and lake. The entrance fee is P30.

- A Mt. Sungay, Brgy. Dapdap East, Tagaytay City
- () 8 am to 6pm



SPOTS

Museo Orlina

Museo Orlina is a glass museum by Ramon Orlina, internationally-acclaimed pioneer of glass sculptures. There are five levels with various exhibits, from sculptures to interactive displays.

- A Hollywood Subd. Rd.. Brgy Tolentino East, Tagaytay City
- C 0995-735-4462 / 046-413-2581
- () 10 am to 6 pm (Tue to Sun)
- museo-orlina.org
- Museo Orlina

Admission: P130 (regular)



Puzzle Mansion

Puzzle Mansion houses 1,028 sets of jigsaw puzzles of all sizes, shapes, and forms defeating Brazil's record of only 238 puzzles. The biggest puzzle is the replica of Adrian Chesterman's famous painting called "The Wildlife" with 33,600 puzzle pieces.

- Cuadra St., Brgy. Asasin, Tagaytay City
- € 02-8661-0019
- O 8 am to 6 pm
- F Puzzle Mansion Tagaytay Admission: P100 (regular)



Sky Ranch Tagaytay

The most popular attraction of Sky Ranch is the 63-meter-high Sky Eye, which offers amazing views not only of Taal Volcano but also the whole city, day or night.

- A Nasugbu Via Tuy Rd., Brgy. Kaybagal South, Tagaytay City
- € 02-8862-7704 (Manila office)
- 10 am to 10 pm (Mon to Fri); 8 am to 10 pm (Sat to Sun, Hol.)
- @ skyranch.com.ph
- Sky Ranch



Bearseum

Bearseum offers a 15 to 20-min. bear museum experience and a creative space. It also has a bed and breakfast that lets you get a sleepover with adorable lifesize teddy bears.

- A 045 Santa Rosa Tagaytay Rd., Tagaytay City
- (1) 9:30 am to 8:30 pm
- @ bearseum.ph
- **Bearseum** Admission: P190 (weekday) / P240 (weekend)



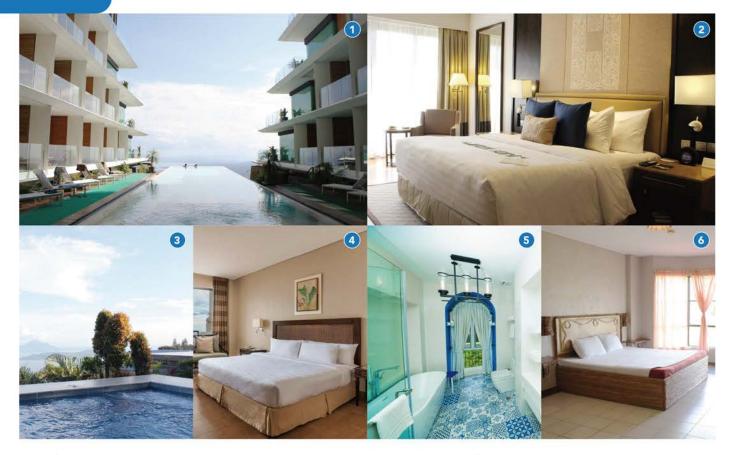








HOTELS



Escala Tagaytay



Escala Tagaytay is a boutique hotel equipped with around 60 rooms, each with a view of its infinity pool and Taal Volcano. While you can enjoy the scenery from almost anywhere in the hotel, the view is best from the pool, which makes you feel like you're melting into the vista. The hotel also has facilities that create the ideal balance between work and play—including a spa, a gym and fitness center, and the in-house restaurant, Bellissima.

- Purok 102, Poblete St., Brgy. Maharlika West, Tagaytay City
- **6** 02-8519-4444 / 0917-675-3806
- © Check-in: 2 pm / Check-out: 12 pm
- escalatagaytay.com
- **I** ESCALA TAGAYTAY



Anya Resort & Residences Tagaytay 2 00000

@@escalatagaytay

The earth-toned contemporary architecture of Anya brings a familiar feeling of home. The hotel also brings hospitality to a whole new level letting guests customize details like the room's scent and pillows through the Anya Experience Assistant. All rooms are fitted with premium amenities like bathtub and organic personal care products.

- ♣ Buenavista Hills Rod.,

 Brgy. Mag-Asawang Ilat, Tagaytay City
- **C** 02-8657-1640
- O Check in: 2 pm / Check out: 12 pm
- anyaresorts.com
- Anya Resort Tagaytay



Discovery Country Suites



Discovery Country Suites is an intimate bed and breakfast reminiscent of a stately country manor perched on the Tagaytay ridge. Each of the seven master suites are inspired by world cities such as Oxford, Nantucket, Siam, Nara, Saint-Tropez, Andalucia, and Ceylon. A highlight for most guests is the lush gardenscape and the outdoor Jacuzzi overlooking the Taal Lake.

- 🗷 300 Calamba Rd., San Jose, Tagaytay City
- **6** 02-8529-8172
- O Check in: 2 pm / Check-out: 12 pm
- discoverycountrysuites.com
- Discovery Country Suites
- @ @discoverycountrysuites



Summit Ridge Tagaytay

0 0000

This 9-story hotel has a total of 108 rooms consisting of Deluxe Twin, Deluxe King, and Summit Suite rooms. Each room provides a luxury space and balcony for sightseeing. The hotel also houses a tranquil spa, an infinity pool, an in-house gym, an indoor basketball court, and in-house restaurant Café Summit.

- Km. 58, Aguinaldo Highway, Maharlika West, Tagaytay City
- **6** 0998-888-7788 / 0917-888-7788
- © 8 am to 5 pm
- Check-in: 2 pm / Check-out: 12 pm
- summithotels.ph
- Summit Hotels and Resorts
- @ @summit_hotels

Hotel Carlito

6 00000

Hotel Carlito gives you a piece of the lush European lifestyle in the heart of Tagaytay. This 5-story boutique hotel radiates a modest elegance, from the bed and furnishings down to the tastefully-designed bathroom with wide windows. The in-house Lyon Fine Dining Restaurant and Café Étoile, with their exquisite European and Filipino fares, are another reason to stay.

- № 9005 Isaac Tolentino Ave. (formerly Tagayta)
- Calamba Road), San Jose, Tagaytay City

 Calamba Road), San Jose, Tagaytay City
- **6** 046-409-9230 / 0917-131-0088
- Check-in: 2 pm / Check-out: 12 pm hotelcarlito.com
- f Hotel Carlito @@hotelcarlitotagaytay



Alfonso Hotel

O PPP

Established in 2005, Alfonso Hotel is an undisturbed hotel that serves as an intimate hideaway, tucked away in the quiet fringes of Tagaytay. Its modest and homey design makes it easy to welcome guests who look to relish the cool Tagaytay breeze. It is also an economical lodging option that gives your money's worth.

- Royale Tagaytay Estates, #4 Washington Ave., Alfonso, Cavite
- **C** 046-413-0770 / 0906-261-5292 / 0922-818-5468
- () Check-in: 2 pm / Check-out: 12 pm
- alfonsohoteltagaytay.com
- Alfonso Hotel www.tagaytay.alfonsohotel.net
- @ @alfonsohoteltagaytay



AIRBNB

The charm of Airbnb comes from the idea of staying in a true home with a lot of household benefits. Airbnb accommodations also tend to be more diverse and novel compared to conventional hotel rooms. To address safety concerns, Airbnb verifies all personal profiles and listings posted on the platform and manages a trusted payment platform. A smart messaging system is also implemented for hosts and guests to communicate effectively.

In Tagaytay, Airbnb is a popular alternative to hotels. While most Airbnbs are located in condominiums, local hosts have found extremely creative ways to make their units stand out.

To use Airbnb, you must create an account for free by logging on to airbnb.com or downloading the app.



0 00 0

0 00

A Magical World of 0 000 Wizards & Witches

This Airbnb is bedecked with a lot of Harry Potter reference, from the Platform 934-inspired kitchen to the Three Broomsticks dining room and Gryffindor common room. The suite rooms are also designed to look like Hogwarts dorm rooms!

- № 5/F Tagaytay Prime Residences, Tagaytay-Calamba Rd., Tagaytay City
- **6** 0977-099-9074
- O Check-in: 3 pm 10 pm / Check-out: 12 pm
- @ skysuitesph.com

0 00

Taal View Santorini Suite

The Santorini-themed suite features the colors blue and white—very reminiscent of the Greek island it is named after. Guests have access to a fully-functional bathroom and kitchen, basic kitchen facilities, and a viewing deck to marvel at the sight of Taal Lake.

- Tagaytay-Calamba Rd., Tagaytay City
- () Check-in: 2 pm / Check-out: 12 pm ■ Clyde Suites Tagaytay Staycation
- 23/F Tagaytay Prime Residences,

A Galaxy Far Far Away

You now have a chance to become a Jedi or a Sith Warrior with this Star Wars-inspire Airbnb suite. It is equipped with a futuristic kitchen, a space travel-inspired dining area and a Millenium Falcon-themed bedroom. This suite not only boasts comfort but also a stunning backdrop for your social media feed.

- 7/F Tagaytay Prime Residences, Tagaytay-Calamba Rd., Tagaytay City **4.** 0977-099-9074
- O Check-in: 3 pm 10 pm / Check-out: 12 pm
- @ skysuitesph.com

Nordic Grande



Designed to host larger groups, Nordic Grande boasts a custom-designed interior that features style and elegance. The suite can sleep up to 7 people and offers all the conveniences of a home. Nordic Grande is one out of the 13 units owned by Nordic Homes Tagaytay.

- № 16/F Tagaytay Prime Residences, Tagaytay-Calamba Rd., Tagaytay City

 O Check-in: 2 pm - 6 pm / Check-out: 12 pm
- M Nordic Homes Tagaytay

The Happy Soul Santorini Villa

As this Airbnb is inspired by Santorini, Greece, you'll find that the mood is bright and light. While blue and white colors are the motif, you'll also find occasional splashes of colors. The suite also includes books and a reading nook, board games, and video games for kids and kids at heart alike.

- ▲ La Bella Tagaytay, Brgy. Neogan, Tagaytay City
- C 0927-391-5208
- O Check-in: 2 pm 4 pm / Check-out: 12 pm
- The Happy Soul Santorini Villa

Narra Hill



This Airbnb is a modern-day evolution of bahay kubo infused with modern amenities. The best part about it is that you get a purely unobstructed view of Taal Lake and Volcano. The road going to Narra Hill can be accessed from Tagaytay-Nasugbu Highway, across the welcome arch of Alfonso, Cavite.

- & G/F EWC Bldg., 5417 Matilde St. Makati City
- € 02-771-2764
- () 7 am to 6 pm (Mon to Sat)
- Tilde
- @ @tildecafe

EXCLUSIVE



Tagaytay Highlands

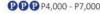
Membership basis

Tagaytay Highlands is an exclusive condominium complex and mixed-use resort—mainly consisting of The Highlands, The Midlands, and The Greenlands, each uniquely themed to evoke rustic, idyllic luxury that matches the lush landscapes of Tagaytay. It is also home to some of the finest dining destinations, a golf course with a cable car system, and various sports and recreation facilities. The resort also fosters the ultimate relaxation with The Spa & Lodge, offering guest rooms for members, spa treatments, and his and hers salon.

- A Tagaytay Highlands, 4120 Calabuso, Tagaytay City, Cavite
- **6** 046-483-0829
- @ tagaytayhighlands.com
- Tagaytay Highlands













Journey to an easy holiday.

Make everyday an easy holiday when you retire in the Philippines. Learn more about your retirement options at www.pra.gov.ph or call (+632) 8-848-1412.

SRRV: Your Lifetime Visa









CREATE MEMORIES, NOT DREAMS.

Apply for a Japan visa with us.





CONTACT US:

f facebook.com/primerluxe

68808-2163 / 0920-949-7950 / 0916-302-21276

www.primerluxe.com

Unit 705 Greenbelt Mansion, 106 Perea St., Legaspi Village, Makati City





MEDICAL PROFESSIONALS

For an expat, there are basic necessities that you need to know to have a comfortable stay in the Philippines. Apart from food, means of transportation, and emergency hotlines, it is important to be aware of health services around the Metro. This includes finding a physician you can talk to about your health condition as you live in the Philippines.

To help you out, here are 4 trusted medical professionals in Manila, who are highly-experienced and trained to provide the best care for their patients. Get to know them as you read their profile and each of their specializations.



Ronald Reodica, MD, FCCP, FPSCCM

Pulmonary, Critical Care & Sleep Medicine

Dr. Ronald Reodica couldn't imagine being anything else other than a doctor, attributing this to having a father who is also one. He took up medicine at the University of the Philippines Manila and had his residency and fellowship at the State University of New York with subspecialization in pulmonology, critical care and sleep medicine. Dr. Reodica explained that these three fields are somewhat connected and he took the opportunity to learn all of them, especially the latter two, which are fairly new fields in medicine at that time. His typical working day starts with rounds in the Intensive Care Unit (ICU) as a critical care doctor. He conducts a clinic in the morning and afternoon, and then if he has more time, he reads sleep studies in sleep laboratories. Coming home to the Philippines after practicing medicine in the states for 11 years has been one of the most fulfilling things Dr. Reodica has done, and as a doctor, engaging and talking with his patients is one of his favorite things to do.

Make an appointment:

- ✓ MAB Rm 929, St. Luke's Medical Center Global City Mondays to Thursdays: 10 am to 12 pm; Tuesdays and Thursdays: 1 pm to 3 pm; Fridays: 10 am to 12 pm Contact Nos.: 02-8789-7700 loc. 7929 / 0946-221-4700
- Medical Office Bldg. Rm 610, Asian Hospital and Medical Center, Alabang Mondays and Wednesdays: 2 pm to 3 pm (By appointment) Contact No.: 02-8771-9347

Benjamin Alimurung, MD, FACC, FAHA

Internal Medicine (IM) - Cardiology

Being a doctor runs in the blood—following in the footsteps of his late father, Dr. Benjamin N. Alimurung has been actively practicing clinical cardiology, including invasive and interventional cardiology, regularly performing coronary angiography and deployment of coronary stents, for over 38 years. He completed his medical degree at the University of Santo Tomas (UST) in 1971. He completed a residency in Internal Medicine at UST and then at Georgia Baptist Medical Center in Atlanta, Georgia, USA. When he finished residency, he went on to train for four years in a Clinical and Interventional Fellowship in Cardiology at the Emory University School of Medicine, also in Atlanta. He currently is head of the Cardiovascular Diagnostic Laboratory and the Cardiac Catheterization Laboratory of Makati Medical Center (MMC). Dr. Alimurung served as the Medical Director from 2006 to 2016 of MMC and is a member of the Board of Directors of the same institution.



Make an appointment:

Room 361, Circular Area, 3/F Makati Medical Center, Makati City Mondays to Fridays: 2 pm to 5 pm

Contact No.: 02-8888-8999 loc. 2361 / 02-8892-9179 (direct line)

Ma. Celi Rico-Tantianpact, MD

General Pediatrics, subspecialty in Pediatric Dermatology

Even though she came from a family of lawyers, the interest didn't rub off on Dr. Tantianpact as she already knew what she wanted — to be a doctor. Eventually, the calling for medicine just fell into place for her and being a doctor for kids is exactly what she would love to become. She took Medicine at University of the East Ramon Magsaysay Memorial Medical Center and had her internship and residency at the Department of Pediatrics in Makati Medical Center. She took her subspecialty of Pediatric Dermatology at KK Women's and Children's Hospital, Singapore, and is now handling cases such as atopic dermatitis or eczema, skin infections, as well as congenital skin conditions such as hemangioma and nevi or moles. She has been a pediatrician for five years now and, even in such a long year of practicing, she never fails to acknowledge that each child is fascinating and special in their own way.



Make an appointment:

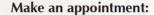
✓ Room 359, Tower 1, Makati Medical Center Mondays, Wednesdays and Saturdays: 9 am to 12 pm

Tuesdays: 9 am to 12 pm, 1 pm to 3 pm Thursdays: 9 am to 12 pm, 3pm to 5 pm Contact no.: 02-8888-8999 loc. 2359

Angelo Lozada, MD

Internal Medicine (IM), Subspecialty in Gastroenterology and Hepatology

Dr. Angelo Lozada is an internal medicine specialist with subspecialties in gastroenterology and hepatology, treating all digestive and liverrelated diseases. After completing his doctorate degree at the University of Santo Tomas in 2006, he obtained his license and finished his internship at the Makati Medical Center (MMC) all within the succeeding year. He acquired his residency in internal medicine in 2010 and his fellowship in gastroenterology in 2014 at the MMC. Dr. Lozada also took his fellowship in Hepatology at Seoul St. Mary's Hospital, Catholic Medical Center, in South Korea in 2016. His typical day at work revolves around doing endoscopy and colonoscopy procedures on his patients, teaching residents and fellows in training, and doing rounds. Every great thing is much more admirable especially when the small things are taken with great importance—that's pretty much how Dr. Lozada treats his patients. You may connect with Dr. Lozada through his official social media account: @ABLozadaMD (Facebook, Twitter, Instagram).



Room 358, Makati Medical Center, Makati City Mondays, Wednesdays and Saturdays: 2 pm to 5 pm, Tuesdays and Fridays: 9 am to 12 nn Fridays: 12 pm to 5 pm

Contact No.: 02-8888-8999 loc. 2387

Room 214, The Medical City South Luzon, Santa Rosa, Laguna Tuesdays: 3 pm to 5 pm, Thursdays: 10 am to 12 pm





JAPAN TECHNOLOGY

Be Original.















SHARP PLASMACLUSTER AIR PURIFIER

Providing you with a safer and cleaner environment





SHARP (PHILS.) CORPORATION

Km 23 West Service Road, South Superhighway, Alabang, Muntinlupa City

Tel. Nos.: (+632) 8842-0525 to 29 Fax No.: (+632) 8842-0530 Toll Free No.: 1-800-1-888-4952

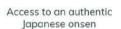


h ph.sharp











Relaxation lounge with free-flowing wellness teas



Finnish sauna and steam room



Buffet Dinner



Karaoke Room available for Spa Parties and Group Bookings!

WE ALSO ACCOMMODATE GROUP / CORPORATE BOOKINGS.

Advanced reservations are recommended. Call us at (+632) 7557 877 or email spareservations@imhotel.com

I'M Onsen Spa Upper Ground Floor, I'M Hotel, Makati Avenue corner . Kalayaan Avenue, Makati City, Philippines 1210

www.imonsenspa.com





Elite Nails

Get yourself pampered at Elite Nails this weekendl

Looking for an affordable pampering treat? Visit Elite Nails, located on the 2nd floor of Lasala Building along J.P. Rizal Avenue, in front of Makati

Elite Nails Makati branch offers a wide range of Nail Extension with Gel Polish (P2,110) services such as manicure, pedicure, massage, facial, body hair removal, whitening, eyelash extension, and a lot more! They even have nail care services for men. Not only do they have a wide selection of polish colors and services, but they also offer affordable prices for their nail services such as nail art application.

SPA PROMO: NAIL EXTENSION SERVICE NOW AVAILABLE! Nail Extension with Gel Polish (P2,110) and Diamond Peel (P790)

Also accepting: Spa Party and Home Service

- ♥ JP Rizal Ave., cor. F Zobel St., Brgy. Poblacion, Makati City © 02-7500-6312 / 0917-863-5646 / 0939-931-1687
- A Cozy Spa at Elite Nails Makati Branch





Diamond Peel (P790)







NIHONGO • ENGLISH • TAGALOG • TRANSLATION • STUDY AND WORK PROGRAM IN JAPAN • EIKEN / TOEFL / TOEIC • SKYPE • NIHONGO STUDY FINANCING **PROGRAM • JLPT REVIEW CLASS**

Pjlink.marketing@gmail.com / http://pjlink-manila.com/en/



- 9D Visa
- 13a Visa
- SRRV Visa
- Recognition
- and other visa here in the Philippines

VALUEASIA Philippines Inc.

02-8511-0781 / 0917-711-3049

▼ visa@valueasia-ph.com

Q#101 VM Condominium, 146 Amorsolo St., Legaspi Village, Makati City



QUERIES ON PHILIPPINE WORKING PERMIT WORKING VISA PERMANENT RESIDENT VISA







WE ALSO ENTERTAIN INQUIRIES ON OTHER IMMIGRATION - RELATED CONCERNS

Contact: immigration@avenidalawoffice.com (632) 8817 - 8920 look for Ms. Tin https://avenidalawoffice.com

Accredited by the Bureau of Immigration

Business Guide

AAB Philippines Inc. තු 02-7218-3535

♠ Unit 409 Cattleya Building, 235 Salcedo St., Legazpi Village, Makati City

Almario Physio Team © 0977-831-3424

€ 808 The Infinity, 26th St. cor. 11th Ave., BGC, Taguig City

☎ 02-8884-9090

♠ 7/F and G/F, Commerce and Industry Plaza (CIP) Bldg, Campus Ave., corner Park Ave., McKinley Hill, Brgy. Pinagsama, Fort Bonifacio, Taguig City

☎ 0999-436-6907

♠ Unit 103 &104 JJM Building II, Ninoy Aquino Ave., Paranague City

C&D Domestic Cleaning
© 02-8247-7628/0966-455-2777/0921-363-67777

♠ 1418 Cityland Herrera Tower, VA Rufino St., Makati City

ନ୍ଦ୍ର 02-8525-9911/02-8522-1771/8536-0174

♠ 5837 Zobel Roxas St. Palanan Makati City

☎ 02-8807-1788

♠ Alabang-Zapote Rd. cor. Acacia Ave., Ayala Alabang, Muntinlupa City

Kansai Paint 202-8519-4276/049-530-9516

Unit 8-A South Luzon International Business Park, Brgy. Batino, Calamba City

KL Serviced Residences 2 02-8845-0084

♠ 47 Gamboa St., Legaspi Village, Makati City

2 02-8892-0331 to 42

♠ Cor. Don Bosco and Pasong Tamo St., Makati City

Nippon Express ☎ 02-8844-1111

₩ Unit 2701 Yuchengco Tower RCBC Plaza, Ayala Ave., Salcedo Village, Makati City

2 02-8894-0341/02-8817-8282

A First Cityland Condominium Building, Rada Street, Legazpi Village, Makati City

Sagawa

☎ 02-8822-9911/02-776-2627

A Suite 102, CTC Building, 2232 Roxas Boulevard, Pasay City

Sharp ☎ 02-8807-4991

A Km. 23 West Service Road, South Superhighway, Alabang, Muntinlupa City

☎ 02-8511-0781/0917-817-6549

2/F, COCOFED Bldg., 144 Amorsolo St., Legaspi Village, Makati City

☎ 02-8840-7000

♠ 7899 Makati Ave.. Makati City

☎ 02-8891-0000

♠ BPI Head Office, 6768 Ayala Ave., Makati City

☎ 02-8857-5502

A Metrobank Plaza, Sen. Gil J. Puyat Ave., Makati City

☎ 02-8887-4941

A Yuchengco Tower, RCBC Plaza, 6819 Ayala Ave., Makati City

RECRUITMENT

2 02-8932-0963/0917-813-9678 A UNIT 3 JKLM 3/F, Crissant Plaza Building No.272 Commonwealth Ave., Old Balara, Quezon City

☎ 02-8687-1978

♠ 3/F, OAC Building, 27 San Miguel Ave. Ortigas Center, San Antonio, Pasig City

Reeracoen Recruitment Co., Ltd 202-8893-7282/02-8843-2986

තු 02-8893-8815

♠ 139 Valero St., Salcedo, Makati City

LAW OFFICES

Ingles Laurel Calderon Law office 202-8812-9419/02-8812-9333

Suite 7B, The Valero Tower, 122 Valero Street. Salcedo, Makati City

Puvat Jacinto & Santos Law Office තු 02-8840-5025 to 28

♠ 10/F, 8 Rockwell, Hidalgo corner Plaza Drive Rockwell Center, Makati City

☎ 02-8789-9001

♠ 40/F, PBCom Tower, 6795 Ayala Ave. V.A. Rufino St, Bel-Air, Makati City



Daikin Authorized Dealer **JMATERIALS** CORPORATION

Global No. 1 DAIKIN



aircon covers for the laid pipes!



White Panel with sensing





So they are not exposed and ensures a smooth, beautiful finish.









For product inquiry: Contact person: Mr. Otani

E-mail: joji.otani@daikin.com.ph

E-mail: joji.otani@daikin.com.ph ► Tel. : (02) 5318-6800

Daikin Airconditioning Philippines Inc.

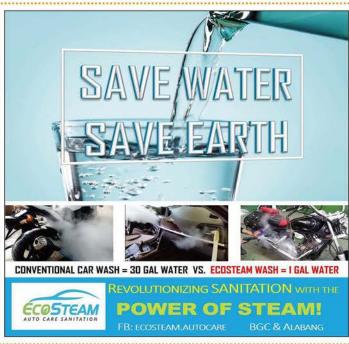
For quotation and set-up inquiry:

▲ Contact person : Mr. Rico ■ E-mail : rico@jmaterials.com Mobile : +63 977 842 1703

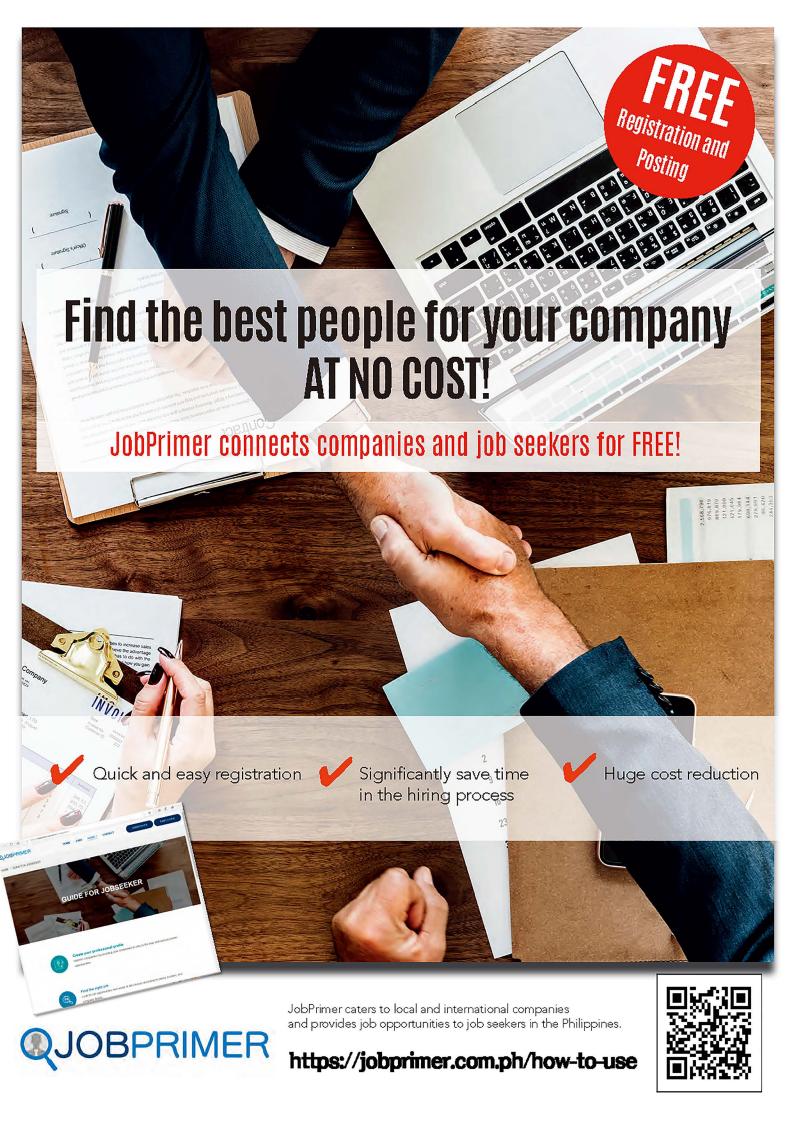
JMATERIALS CORPORATION (Daikin Authorized Dealer)











Business Talk An interview with the top executives in the Philippines Get a first person point of view when it comes to business



Miguel C. Garcia is the founder, chairman, and CEO of Diversified Technology Solutions International Inc. (DTSI) Group, which is now part of the NTT Global Group, one of the top 10 global business and IT service providers with a presence in over 57 countries. DTSI was founded by Garcia in 1997 and became part of the NTT Group in 2012, specializing in facilities, and technology-based products, solutions, services focused on the IT-BPO industry and global enterprises. They build and enable the Intelligent Workplace of the Future.

Please tell us about yourself as well as your background and experiences.

I am deeply-rooted in values—passion, integrity, faith, professionalism, hard work, and doing the right things. Very entrepreneurial, obviously, but also very passionate about making an impact to society. It's not just about business but about improving the lives of our people, the lives of our customers, and society.

I come from a family of entrepreneurs. My grandfather started his own company, my father started his own company-very successful companies in their own right, but I never wanted to work for the family business. I always wanted to make my own brand and make my own name for myself in the industry. I'm quite happy with the results and continue to work on evolving and becoming better.

Can you tell us about DTSI and how it became a part of the NTT group?

When I started DTSI in 1997, it was a joint venture with Fujitsu, another Japanese company. And then, many years later, I met NTT as one of my providers of connectivity. It became a more strategic relationship, and that's how we became part of the NTT Group.

NTT is the third largest company in Japan. We are the 65th largest company in the world, with 106 billion dollars in revenue, so I'm very proud to be part of that. Very few Filipino companies are able to transition into the global market, and my vision was always to become global.

Although DTSI was doing projects in the United States and other parts of the world, today, with NTT, we are truly global with presence in over 57 countries around the world.

Where did your interest in the IT-BPO industry come from?

As a young man, I said, "How do I bring value to society?" One thing I really believe in is the Filipino knowledge worker. I truly believe how good the Filipinos are—our capability in English and in enablement, the workforce, and ethics

Filipinos are warm and hospitable people, which shines through in customer service and any kind of job, and that's what makes the Philippines very special. I took that skill of the Filipinos, the secret sauce of the Filipino, and sold that in the US first. I was continuously knocking on corporate companies, small, medium, and large, to convince them to come to the Philippines. I was one of the pioneers that really knocked on the doors of the US, convincing these very large companies to please come to the Philippines.

It was all about selling the Filipino knowledge worker, the Filipino talent, and the Filipino capability, and by then, one customer at a time, we convinced them. Now here we are in terms of the BPO industry being the second biggest contributor to the Philippines' GNP. We have helped provide hundreds of thousands of jobs directly, and millions indirectly, to the country by convincing companies to enter the Philippine

Can you tell us more about your flagship services?

The value we bring is an end-to-end solution to our customers-from advisory, incorporation, set-up, PEZA, and the whole nine yards. We help them even with recruitment of their leadership, because we know so many people in the industry. From there, we do what I call an end-to-end solution the "Intelligent Workplace of the Future."

This is what we do: an intelligent workplace or the workplace of the future, where we design, we build. We actually do the construction-we build their facility, we build their offices, and we do all of the information technology from LAN/WAN to PC, network servers, application solutions that enable or provide better business outcomes. All our customers need to do is to operate; and in some cases we do the IT managed services for them.

We call it a one-stop shop for our clients.

How do you deal with the constant changes in technology and the digital world?

We constantly have to innovate. It's how we create better outcomes for our customers, so we're now on the journey of digital transformation. We provide Robotic Process Automation (RPA), kinds of Artificial Intelligence (AI), and managed security.

As you talk about the digitalization of companies, everybody wants to go digital, but how do you really protect the company? The biggest threats today are cyber attacks. The Philippines, unfortunately, is one of the top five countries in the world being attacked all the time. Most companies here spend very little on security; it's the least priority. That's why we're easy targets. If you're a thief, which wall would you want to go up? The shortest wall, the easiest wall to get in. And if companies don't invest in their wall, they can't protect themselves. It's not just about putting up a firewall. You have to be watching constantly.

We have an active AI engine with global threat intelligence platform and very sophisticated security analysts all around the world. We have over 1,500 highly-trained security analysts watching our customers' network all the time.

The way we provide innovation to our clients is by providing managed security services, and we, NTT, is one of the leading providers. Business is all about trust, relationships are all about trust, and that's what we bring to our clients.

What is your management style?

I lead by example. I am a very passionate, very aggressive leader. Hopefully my people will be as passionate. People would say I have such a big network, that I know so many people, but I say, you can have that same network. I am intentional with building my network.

Leadership style is leading by example, doing the right things with integrity. My leadership style is values-centric, putting the customer at the center of everything that we do, and then our people as well. We want happy employees. If you have happy employees, you have happy customers. So we want to engage the employees. It's my job as a leader to create the temperature, the climate, and the culture of the company, and that's what I always try to do.

How do you see the BPO industry in the

Based on the percentage of growth, obviously it is slowing down because of the law of large numbers. We're not growing by 15 to 20% anymore. We're now growing by 5 to 7%. The base is much bigger. We have over 1.4 million employees in the industry, and we're growing by 5% a year. That's still a very big number. But I'm still very bullish about the value that the Philippines brings. I travel all over the world, and we tell the story of the Philippines. There's nowhere else in the world where you can get this kind of knowledge worker.

Scan the code to view the full interview. Read more on business at www.primer.com.ph



Together we enable the CONNECTED FUTURE

We are wherever you are

40K

people worldwide 28

remarkable brands coming together

countries

region

120

years of heritage

Intelligent means...



Data driven



Connected



Digital



Our digital business solutions accelerate your transformation



Advanced Competencies Enterprise Applications

Customer Experience Modern Collaboration **Facility Solutions**



Data Center Infrastructure Wired & Wireless



Predictive Threat Intelligence **Application Security End-Point Security** Infrastructure Security





Promo duration: October 1 - December 31, 2019 Find out more at: https://www.brother.com.ph Applicable models: DCP-T310, DCP-T510W, DCP-T710W, MFC-T810W, MFC-T910W

We can offer services such as "All in Click" which offers flat rate per page or "Broprint +" which is print all you can program with fixed monthly fee.







P3,000/Month P4,000/Month P5,000/Month

All in Click For inquiries, please contact:

E-mail: shinichi.tanaka@brother.com.ph



BROTHER INTERNATIONAL PHILIPPINES CORPORATION

6/F Marajo Tower, #312 26th Street West corner 4th Avenue, Bonifacio Global City, 1634 Taguig City Trunkline: (02) 8581.9800 • Customer Service: (02) 8581.9898 • Toll-Free: 1-800-10-BROTHER

f /BROTHERatyourside

BROTHERPHIIS

www.brother.com.ph (I) /BROTHERPhils



JNP can help you

- Find potential buyers for your properties
- Look for your house and desired investment properties
- Search for lease/for sale residential, commercial and industrial properties
- Find tenants and manage your property

Service you deserve, people you trust.



Unit UG21 Cityland Pasong Tamo Tower Inc. Makati City Philippines

TEL: 02-7752-1733/ 0915-332-1555(Globe)/ 0977-676-7815(Globe) REAL ESTATE CORP. MAIL: Jnp-real-estate@billionaire-club.Jp





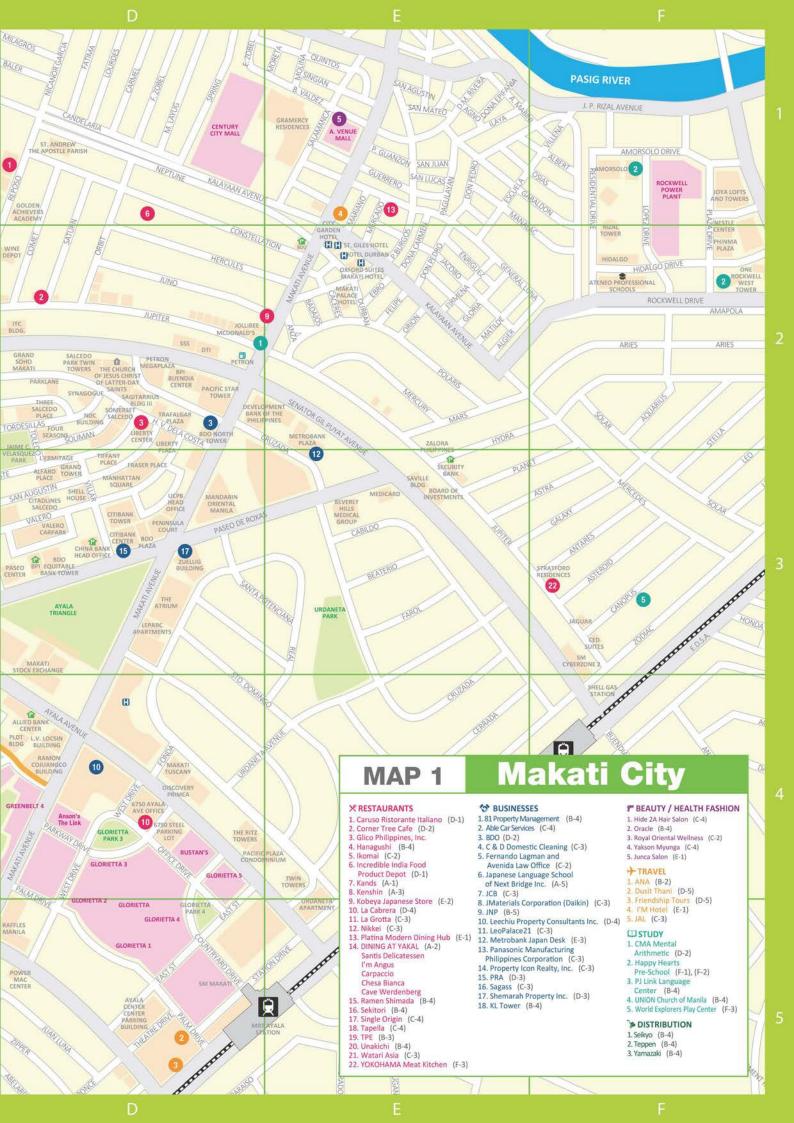














P2P / UBE

P2P BUS ROUTES

MAKATI

noutos	inio
Greenbelt 1 to Alabang	
Tour Contar	(P100 00)

- Greenbelt 5 to Ayala (P100.00)
- Malls South Park Glorietta 3 to (P30.00)
- Robinsons Galleria Glorietta 3 to (P100.00) Robinsons Novaliches
- Glorietta 3 to UP Town Center (P80.00)
- Ayala Center SM Megamall-Trinoma (P100.00) SM North (Saturdays)
- Makati Circuit Lane to (P150.00) Nuvali Transport Terminal
- Park Square to Trinoma (P95.00)
- Greenbelt 5 to SM
- [P80.00] City Masinag Makati to Eastwood (P100.00)
- Greenbelt 3 to Sucat interchange (P100.00)
- Greenbelt 5-SM Cherry Antipolo (P80.00)

OUEZON CITY

Routes

- Robinsons Galleria to Clark International Airport
- (P250.00) Araneta Cubao - NAIA (P100)

ORTIGAS

Routes

Robinsons Galleria to Antipolo Triangle Mall Fare (P50.00)

Fare

- Robinsons Galleria to Robinsons Place Antipolo
- SM Megamall to SM North EDSA (P65.00)

ALABANG

(P60.001

(P80.00)

(P35,00)

(P80.00)

(P80.00)

(P100 / P80.00)

Fare

Routes Fare

- Alahang Town Center [P100.00] to Market! Market!
- · Starmall Alabang -(P50.00) Central Mall Dasmariñas
- Starmall Alabang to Robinsons Galleria -Starmall Shaw
- · Starmall Alabang to Vista
- Mall Daang Hari, Bacoor ATC to Ayala Malls 30th
- · ATC to Greenhills **Shopping Center**
- Alabang South Station (Muntinlupa) - Market!
- Market!
- ATC -Greenbelt 1 [P180.00] • ATC - Ayala Malls the 30th [P80.00]
- · ATC Lawton (P180.00)

BULACAN

Routes

- Sta. Maria Bulacan Trinoma (P70.00)
- Robinsons Place Malolos North Ave. (QC) (P80.00)

ARMAN JAMING CORT AND INTERPRETATION OF THE PROPERTY OF THE DIAMOND HOTEL UNER HOTE HOLDAN IN GLORIETIA 3 New World Hotel BACK TO NAIA ARABIA NAROS IN TOTAL BANJEW HOTEL MANIA PANILON MANIA HOTEL NEWWORLD ROBONSONS MANUA NTRAMIROS.

UBE EXPRESS ROUTES SM CORP. OFFICE HOTEL 101 SHEIL RESIDENCES Stox COMENTON CENTER CONRAD MICROPEL ONE ECON CENTER

> *ROUTES MAY CHANGE IN THE FUTURE

SM FRANTAMINAL

MALL OF ASIA

BACK TO NAIA

NOTIFICATION OF CHANGES WILL BE POSTED ON

STANDARD FARE: Php 300.00

BACK TO NAIA

Others

NAIA - Clark Airport

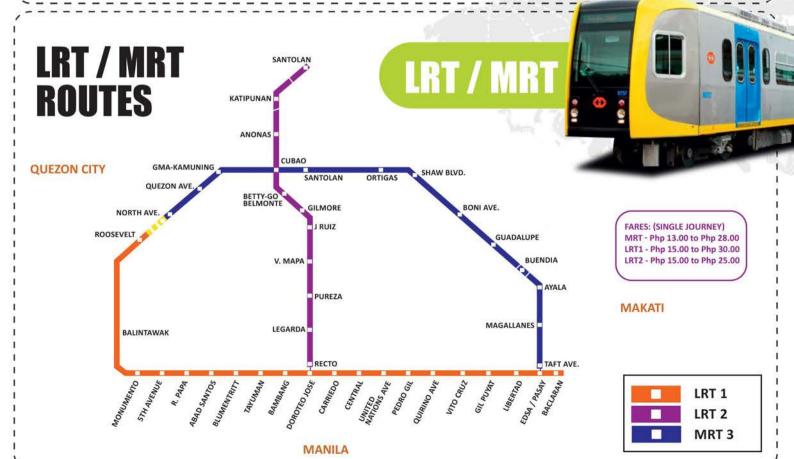
 Camella Dasma Highway - San Lorenzo Place Makati

BACK TO NAIA

Fare

(P350.00)

(P150.00)



What's New in the Metro?

PASAY CITY



AWCP's Ber Months Bazaar

The most joyful time of the year is coming to town, and with it are bazaars opening their doors to the public, including American Women's Club of the Philippines' (AWCP) Ber Months Bazaarl

Expect a variety of handicrafts and fashion finds at the SMX Convention Center, Pasay City this coming December 10.

SMX Convention Center, Pasay City



Boyz II Men Live in Manila 2019

Four-time Grammy award-winning group, Boyz II Men, is heading back to Manila to perform their greatest hits!

Catch the group as Ovation Productions presents Boyz II Men Live in Manila 2019 on December 12 at the Newport Performing Arts Theater, Resorts World Manila.

Newport Performing Arts Theater, Resorts World Manila



Super Junior World Tour in Manila

Calling all PH ELFs! Super Junior will conquer the Philippine stage for the fifth time at Super Junior World Tour in Manila.

Taking the limelight at the Mall of Asia Arena on December 15, Super Junior makes their grand return to the country as they also celebrate their 14 years in the industry!

Mall of Asia Arena, Pasay City



Noel Bazaar 2019

Ready your shopping list as the third leg of the much-awaited Noel Bazaar is happening on December 19 to 22 at SMX Convention Center, Pasay City, Over 500 merchants are available for all your holiday shopping needs including clothing, skincare, toys, and Christmas decors, as well as packed and ready-to-eat food to suit your tastes!

SMX Convention Center, Pasay City



Cosplay Matsuri

Explore J-culture at Cosplay Matsuri 2019 at the SMX Convention Center, Pasay City from December 28 to 30! Don't miss out on the Anisong It Singing Contest and Dokuen Cosplay Competition that will make you appreciate the beauty of anime and cosplay even more.

SMX Convention Center, Pasay City

TAGUIG CITY



Manila Sneaker Expo

If your shoe collection is screaming for new additions, you better drop by at the Manila Sneaker Expo 9 this coming December 8, at SMX Aura, Taguig City and choose from a selection of over 40 sneakers and streetwear merchants that will convene in one expanse!

SMX Aura, Taguig City

ROSE YOU Concert December 15

We Rose You Live in Manila

Get ready as South Korean indie rock band, The Rose, is hitting the Manila stage on December 15 at the Samsung Hall in Taguig City as part of their We Rose You Live tour!

Witness as Woosung, Dojoon, Jaehyeong, and Hajoon conquer the stage with a performance like no other.

6/F SM Aura Premier, 26th St., corner McKinley Pkwy, Taguig City

QUEZON CITY



ITZY? ITZY! Manila Tour

For the first time since debut, JYP girl group ITZY is set to personally charm their fans in the Philippines this coming December 8, at the New Frontier Theatre, Cubao as part of their premiere showcase tour 'ITZY? ITZY!'

New Frontier Theatre, Cubao

<u>SPOTLIGHT</u>

lazaar festival

Bazaar

World Bazaar Festival

December 14 to 23

The longest-running annual charity bazaar in the Philippines is back at the World Trade Center this holiday season! From December 14 to 23, sport the latest shopping finds and witness kid idol, street dance, and singing competitions that will surely tickle your hearts at the World Bazaar Festival 2019. Admission fee is Php 80.

♥ World Trade Center, Pasay City

BULACAN



U2: The Joshua Tree Tour 2019

The "world's biggest band" is coming to Manila for the first time ever this December 11! Witness The Joshua Tree concert in Manila as U2 gifts fans with the perfect combination of heavy guitar riffs, politically powered lyrics, and beautiful rhythms at the Philippine Arena in Santa Maria, Bulacan.

Philippine Arena, Ciudad de Victoria, Santa Maria, Bulacan



For more events, please visit primer.com.ph/events



Distributed in Metro Manila



Know the best and the latest on local destinations, food, business, culture, top news, and more when you connect with us online:

- www.primer.com.ph
- **Philippine Primer**
- @primerph
- @primerph



▼ VISIT AN ISUZU DEALER TODAY!

METRO MANILA

METRO MANILA
ISUZU ALBANG (02) 8-807-1788
ISUZU COMMONWEALTH (02) 952-2760 TO 69
ISUZU EDSA (02) 3-413-6939
ISUZU GENHILLS (02) 8-727-8014
ISUZU MAKATI (02) 8-843-2173
ISUZU MAKATI (02) 8-843-2173
ISUZU MANILA (02) 562-4601 TO 06
ISUZU PASIG (02) 8-671-3454
ISUZU QUEZON AVENUE (02) 8-926-7111

LUZON

ISUZU BAGUIO (074) 619-0638 TO 39 ISUZU BATANGAS (043) 778-2213

ISUZU BATANGAS CITY (0917) 208-0280 ISUZU BULACAN (044) 760-0004 ISUZU DBUACAN (044) 760-0004 ISUZU CABANATUAN (044) 463-8215 ISUZU CALAPAN (0917) 866-0489 ISUZU CAVITE (02) 7-750-5629 ISUZU DAGUPAN (075) 523-5285 ISUZU DIGUIG (078) 844-4758 ISUZU JABELA (078) 652-2030 ISUZU LEGASP (052) 480-3578 ISUZU LEGASPI (052) 480-3578 ISUZU MEYCAUAYAN (044) 812-0060 ISUZU NAGA (054) 477-8886 ISUZU PAGBILAO QUEZON (0915) 692-9921 ISUZU PAMPANGA (045) 435-3062 ISUZU PANGASINAN (075) 568-4861 ISUZU SAN PABLO (049) 562-9996 ISUZU RIZAL (02) 8-645-5558 ISUZU STA, ROSA (049) 539-5269 ISUZU TARIAC (045) 606-6252 ISUZU TAYTAY (02) 8-908-7190

VISAYAS

ISUZU BACOLOD (034) 441-2050 ISUZU BOHOL (038) 412-0098 ISUZU DUMAGUETE (035) 522-3641 ISUZU ILOILO (033) 320-6433

ISUZU CEBU (032) 234-0471 TO 73 ISUZU CEBU SOUTH (032) 236-2211 ISUZU LEYTE (053) 323-2777 ISUZU MANDAUE (032) 346-3090

MINDANAO

ISUZU BUTUAN (085) 815-2214 ISUZU CAGAYAN DE ORO (088) 856-1892 ISUZU DAVAO (082) 297-3344 ISUZU DIPOLOG (065) 212-4199 ISUZU GENERAL SANTOS (083) 552-2255 ISUZU ZAMBOANGA (062) 991-2088



Your responsible partner





