

FREE

Vol. 43
OCTOBER 2019

Philippine
primer
The **Expats'** Guide to the Philippine Lifestyle

BAY CITY

— city of beautiful sunsets —

STREET

*Guide to Your
Daily Bread in the Metro*

TRAVEL

*Bay City:
City of Beautiful Sunsets*

www.primer.com.ph



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7563 Santillan st. Pio del Pilar, Makati

Kyo-to

G/F 119 C. Palanca Jr. St., Legaspi
Vill., Makati

Teppan Okochi in Rockwell

Ground Level Power Plant Mall Rockwell,
Lopez Drive, Rockwell Center

YOKOHAMA Meat Kitchen

16 Jupiter St. cor. Antares St., Bel-Air,
Makati

BGC

Ogawa Traditional Japanese Restaurant

2nd Floor Fort Entertainment Center,
5th Ave. cor. 28th St. Taguig

Fukudaya

Unit 7, The Plaza, Arya Residences,
McKinley Parkway cor. 8th Avenue, Taguig



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GLICO STORY
EPISODE 1

The Glico Goal-in Mark

The Goal-in Mark, one of Glico's most well-known trademarks, was inspired by the sight of children ending a race with their hands up. The founder chose this as a symbol of health, and to this day it embodies his desire to contribute to the health of people.

The 1st generation of the Goal-in Mark was born in 1922 as the face of nutritional candy Glico. Met with feedback that the runner had a frightening expression, a smiling 2nd generation was soon created in 1928. This time, it took reference from athletes of its time, among whom was in fact Catalon, a runner from the Philip-pines!



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Pocky Photo booth

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<http://pocky.glico.com/global/campaigns/>



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November 10,
Sunday

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For more information: information@primer.ph | HP: <https://japanfiesta.ph>

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Features of the Issue

STREET – We give you this day a guide to your daily bread in the metro—this month's Street feature is dedicated to those of us who cannot last a day without some good bread. The heavens have indeed blessed Metro Manila with a multitude of gourmet bread shops and bakeries that have gone beyond just serving good bread—they also offer coffee, meals, and spreads to enjoy with your baked goodie. Croissant, sourdough, baguette, cronut, Danish, sweet bread, pandesal, you name it and they got it! Plus, we give you tips on how to eat and preserve your favorite baked goodies, especially the creative ways you can enjoy the ultimate local favorite, pandesal!

COVER — More than just a home to the most prominent entertainment resorts, shopping centers, cultural centers, and event venues in Metro Manila, Bay City is also a sanctuary that offers city dwellers a temporary pause to their usual busy day. From a big patch of nature where biological life thrives to various venues where art, culture, and entertainment converge, Bay City is a living, breathing destination fit for all members of the family. Join us as we get to know the city that perpetually looks out on Manila Bay and the most beautiful sunset in the country.

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YOUR DAILY bread

Just like rice and pasta, bread is among the world's dominant staple foods with a universal appeal that can draw even the most health-conscious and the strictest of vegetarians. Baguette, croissant, naan, pita, pretzel, pandesal—bread is largely present in the world's cuisines in different shapes, textures, and taste, a representation of the cultures that formed it.

In the Philippines, local bread shops open early, engulfing the community in the scent of freshly-baked pandesal way before sunshine spreads on the horizon. Metro Manila alone never runs short of bread shops and cafes that produce the freshest batch of baked treats on the daily. Whether you are from the east or the west—or raised right in the Pearl of the Orient Seas—you are sure to find the crunchiest crusts, chewiest crumbs, and the most delectable bread to satisfy your cravings. Try every bread in this month's feature, and... Break the mold.



bit.ly/Primer-Bread

Pâtisserie Bébé Rouge PP

Hidden away in the quainter part of San Antonio Village, Pâtisserie Bébé Rouge is a beautiful confectionery boutique with shelves and displays of all things synonymous to happiness—cakes, cookies, bread, and more. Beyond this, Bébé Rouge is also a nice place to hang out with a menu of delicious meals, coffee, and tea.

Interestingly, the food and pastries menu has a mix of French and Japanese elements, thanks to Japanese patissier, Chef Atsushi Mitsuma, who has experience in both Japanese and French pastry arts.

Try out their line-up of white bread, sweet bread, and a lot more with varying textures and colors, perfect as on-the-go snacks, gift, or dessert to cap off your meal at Pâtisserie Bébé Rouge. You may also try their jams for a tastier treat.

📍 7602 Sacred Heart St. cor. Metropolitan Ave., San Antonio Village, Makati City
☎ 02-833-2826 / 0917-851-9636
🕒 8 am to 7 pm
📱 Pâtisserie BEBE Rouge

Yamato Bakery Café PP

Standing next to Mitsuyado Sei-Men is a charming little cafe that you can visit for soft and deliciously baked goods sold at a reasonable price—this is Yamato Bakery Café. With ingredients such as flour made in the Philippines, the cafe produces various types of bread, from creamy and sweet varieties to those with fillings like ham and egg, and sausage.

The sweet-toothed will be pleased to have a bite of Yamato's sought-after Mixed Fruit Danish with slices of kiwi, peach, and sometimes, even strawberries on top. There are also three types of croissants, which are maple, chocolate, and matcha, sold individually or in sets of five.

Meanwhile, other Japanese treats that you may find inside are the Nori Sushi roll and the Tuna Onigiri resembling a rice ball filled with delectable tuna.

📍 22 Jupiter St., Brgy. Bel-Air, Makati City
☎ 02-823-0960
🕒 7 am to 11 pm
📱 Yamato Bakery Cafe

Bake My Day PP

Bake My Day may be new in the bakeshop game but it surely is one to look out for. With its homey vibe and aesthetic decors, it's the ideal hangout spot with friends.

The bakeshop, established in 2017, offers all kinds of bread and pastries from croissants, loaves, and cookies to delectable cakes. Hot and iced drinks are also available.

Bake My Day can also be spotted at Vista Mall in Pampanga, Daang Hari, Sta. Rosa, and Las Piñas, as well as in All Home branches in Kawit, Global South C5 Extension, and Libis. Branches can also be found in Starmall Alabang and Evia Lifestyle Center.

The bakeshop is easy to spot as some branches are strategically located inside a supermarket to elevate the shopping experiences of the customers and cater to their every party needs.

📍 Ph2, G/L, Vista Mall Taguig, Levi Mariano Ave., Brgy. Tuktukan, Taguig City
☎ 0915-260-0414
🕒 10 am to 9 pm
✉ bakemydaytaguig@gmail.com
📱 Bake My Day



Mixed Fruit Danish (P98/pc)



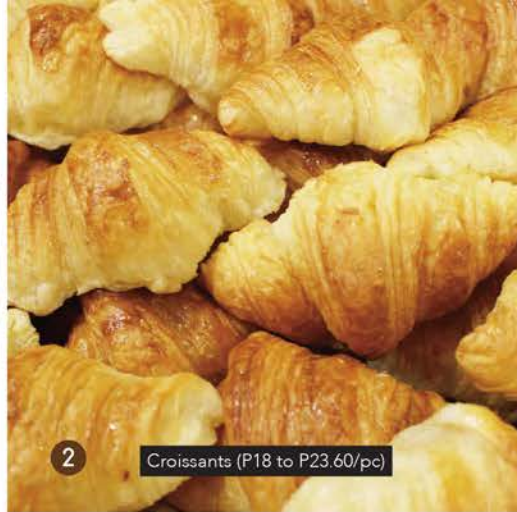
Image credit: Bake My Day Facebook

Street: Your Daily Bread



1

Almond Croissant (P105/pc)



2

Croissants (P18 to P23.60/pc)



3

Pandesal (P85/pc)



4

Butter Croissant (P55/pc)



5

Croissant (P70/pc) & Breads and Pastries (P60 to P300)



6

Almond Croissant (P135/pc)

1 Paul Boulangerie Café

PP

With roots in France, Paul Boulangerie has been serving handcrafted bread for the past century. You'll also find more baked goods ranging from tarts to waffles. Made fresh daily with special flour from France, their Almond Croissant guarantees a delectable bite with the unmistakable taste of almonds that won't leave you hanging.

Apart from their selection of baked goods, Paul Boulangerie also serves pasta, croques, meat, and seafood dishes for a hearty lunch or dinner.

📍 UG/F SM Aura Premier, Taguig City

☎ 02-808-5324

🕒 7 am to 10 pm

🌐 paul-bakeries.com

📘 PAUL Philippines

2 Jipan Cafe & Bakeshop

PP

Established in 1992, Jipan is only one of the few shops that served fresh Japanese-style bread during its opening. Their breads are made from 100% real butter and are free from preservatives and chemicals. Jipan bakes some of the most flavorful, flaky croissants, which are also available in green tea flavor. You may also try the Jipan original, Monroe Bread—their best seller to date.

📍 G/F U.P. Town Center, Diliman, Quezon City

☎ 02-950-8265

🕒 11 am to 9 pm (Mon to Thu);

10 am to 10 pm (Fri to Sun)

🌐 jipan.com.ph

📘 Jipan

3 Panaderya Toyo

PP

Chef Richie Manapat of Panaderya Toyo makes sure to bake bread that are not only made from organic flour and 100% sourdough but also free of additives and preservatives. Their process is Filipino-inspired, combined with European techniques. This can best be seen in their version of pandesal, made with Chef Richie's baking technique acquired from Spain. He uses stone-based ovens from Italy called Zanolli.

📍 2316 Karrivin Plaza, Chino Roces Ext., Makati City

☎ 0917-720-8630

🕒 11 am to 6 pm (Tue to Sat)

📷 @panaderyatoyo

4 Nono's

PP

Nono's is a charming mid-century, home-inspired cafe with a warm vibe, born out of Chef Baba Benedicto's desire of bringing her comfort food recipes for everyone to taste. While they are popular for their sumptuous meals like their classic Chicken & Waffles, Nono's is also quickly being a crowd favorite for freshly baked artisanal breads and pastries. Their Butter & Chocolate Croissants, Country Sour Dough, and even Pandesal and Parmesan Ensaymada are just among the best sellers in the Classic Confections line.

📍 L/G Glorietta 2, Ayala Center, Makati City

☎ 02-900-1225 / 0927-028-8162 / 0907-110-9472

🕒 7 am to 9 pm (Sun to Thu); 7 am to 10 pm (Fri to Sat)

🌐 classicconfections.com.ph

5 Epilogue

PP

Epilogue may be known for being a Japanese-European fine-dining restaurant, but there's more to it than meets the eye. Aside from offering sumptuous French and Italian dishes through the expertise of Japanese chef Hiroyuki Meno, Epilogue also has an array of freshly baked bread, pastry, and cake selections. They have a separate counter where all these baked goodies are lined up, perfect for a quick grab-and-go.

📍 G/F S Maison, Coral Way, Mall of Asia Complex, Pasay City

☎ 02-816-7088

🕒 10 am to 10 pm

🌐 epilogue.ph

📘 Epilogue PH

6 Little Flour Café

PP

In Little Flour Café, you will find a space where you can enjoy time with friends and take a break between work. It is a place where you may have a taste of your favorite cup of coffee and grab a bite without having to hurry. Sample their original breads such as Almond Croissant with plenty of almonds and powdered sugar. You may also try their Banana Muffins (P100) for a slightly sweet treat.

📍 G/F World Plaza, 31st St. cor. 4th Ave., Bonifacio Global City, Taguig City

☎ 02-777-7383

🕒 5 am to 12 am (Mon to Fri), 6 am to 10 pm (Sat),

6 am to 4 pm (Sun)

🌐 wildflour.com.ph/littleflour

📘 Little Flour



7 Sourdough Loaf (P240) & Oat Porridge Sourdough (P280)



8 Sourdough (P150/pc)



9 Sourdough Loaf (P245)



10 French Baguette (P80)



11 Trigo Baguette Explosion (P75)



12 Baguette (P120)

7 Apero

PP

Apero aims to be a place where people gather for good food, refreshing drinks, and even more quality conversations with friends and family. Apero opens early in the morning, baking one to two batches per day, with all breads out by 7 to 7:30 am, ensuring freshly baked goods daily. The Sourdough Loaf will leave a lasting impression on anyone who gets to taste it, together with its modified Oat Porridge Sourdough where wheat is mixed with the fermented dough.

Corinthian Hills Clubhouse, Temple Dr., Quezon City

02-966-5104

7 am to 11 pm

Apero

@apero.ph

8 28 Derby Bakery & Café

PP

28 Derby is a small-but-terrible bakery and commissary that produces an average of 150 pieces of bread every day, among which are at least 15 varieties including the best-selling sourdough bread, croissants, and brioche buns. Owner and bakery manager Miguel Santiago tweaked and modified classic bread recipes to make it suitable for the equipment and ingredients as well as the Philippine climate. He recommends toasting a whole loaf or bun before slicing it to make the crust crunchier and the crumb moist.

28 Derby St., White Plains, Quezon City

0917-892-6447

Tue to Sun (per order basis)

28 Derby Bakery

@28Derby

9 Tilde Hand Craft Café

PP

Since 2016, Tilde Hand Craft Café has been Poblacion's hideout cafe with homemade cakes, breads, cookies, and pastries drawing people in. The sourdough bread, for example, continues to be popular with its plain, and walnut and cranberry flavors. The Babka, with its crumb resembling chocolate swirls when sliced, is recommended for those with a penchant for sweet breads. Tilde also makes gluten-free bread, making the cafe an ideal place for even those who have allergies to wheat.

G/F EWC Bldg., 5417 Matilde St. cor. Gen Luna St., Poblacion, Makati City

02-771-2764

7 am to 6 pm (Mon to Sat)

Tilde

@tildecafe

10 Baker & Cook

PP

Headed by a professional baker, Dean Brettschneider, Baker & Cook prides itself on being a "true artisan bakery." Their French Baguette features a crunchy outer crust and an inner chewy crumb, achieved by fermenting the sourdough for 48 hours before baking it in an oven at 400°C. It is best to have a bite of this French loaf by soaking the hard crust in olive oil.

G/F S Maison, Conrad Manila, Pasay City

02-809-2340

10 am to 10 pm

bakerandcook.com.ph

Baker & Cook Philippines

11 Trigo

PP

From the classic baguette to the locally popular pan de coco (bread with sweetened coconut filling), different breads are available in Trigo. A small bakery hidden away on the outskirts of Makati, Trigo also harbors a cafe, where you can see the bakers preparing the dough behind a glass while you enjoy a simple yet appetizing menu of hamburgers, paninis, and bread, great to pair with either a hot cup of coffee or soda.

9629 Kamagong St., San Antonio Village, Makati City

0917-885-7446

8:30 am to 6 pm

trigo.com.ph

Trigo

12 Lartizan Boulangerie Francaise

PP

Serving traditional French breads, Lartizan Boulangerie Francaise claims to have a complete collection of artisanal breads made from all-natural, chemical-free white and red wheat as well as whole grain flours and rye. Sourdough is also one of their key ingredients in baking their breads. Find fresh baguettes, croissants, and whole grain breads best paired with their tea. A cafe menu is also available at Serendra in BGC and Century City Mall in Makati.

Serendra Piazza, McKinley Parkway, BGC, Taguig City

02-946-7146

7:30 am to 10 pm

lartizan.com

Lartizan PH



13 Cheese Tart (P60) & Sausage Roll (P38)



15 Coffee Bun (P45) & Buns and breads (P45 to P70)

Image credit: Nord's Bread Hub, Capitol Commons Facebook



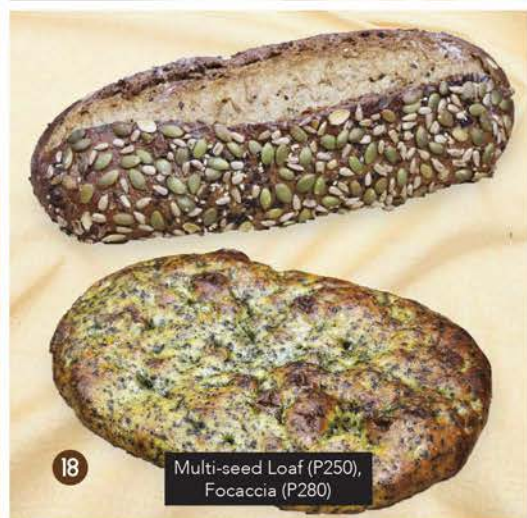
17 Focaccia (P235) & Ciabatta (P130)



14 Sausage Roll (P90/pc), Melon Bread (P40/pc), Chocolate Chip Bread (P40/pc)



16 Coffee Bo Lo Bun, Bo Lo Red Bean Bun, & Crusty BBQ Pork Bun (P60/pc)



18 Multi-seed Loaf (P250), Focaccia (P280)

13 Kumori Japanese Bakery PP

Kumori may have been named after the Japanese term, "cloudy," but all this Japanese bakery brings is sunshine. The bakery imports ingredients such as flour, as well as baking tools and equipment, from Japan. Among their best sellers are rich and savory breads such as Cheesy Sausage Bun and Sausage Rolls. Their Cheese Tarts are best paired with their equally sought-after drinks of Cafe Americano, Iced Cereal Milk, and Berry Lychee.

📍 L2 Robinsons Galleria, Ortigas Ave., Ortigas Center, Quezon City
☎ 0917-178-3199
🕒 10 am to 9 pm
🌐 kumori.com.ph
📱 Kumori Philippines

15 Nord's Bread Hub PP

With elegant interiors accented with flora, white brick walls, wooden furniture, and elegant lamp lights, Nord's Bread Hub is an urban go-to place serving all-day breakfast, sandwiches, salads, and batches of breads and rolls. An abundance of Asian breads are available inside, all tasting as delicious as they look. You may also try their coffee buns with its appetizing crunch on the outside.

📍 G/F Unimart, Capital Commons, Meralco Ave., Ortigas Center, Pasig City
☎ 02-243-0610
🕒 8 am to 9:30 pm
📱 Nord's Bread Hub, Capitol Commons

17 Bizu Patisserie PP

Inspired by the French term "bisous," which means "to kiss," Bizu Patisserie blows kisses to its patrons with pastries and breads that highlight the sweet and savory flavors of Europe. While their macarons and scones steal the hearts of many, their Italian breads, focaccia and ciabatta, are ingrained into guests' favorites, with varieties of rosemary, olive, and tomato and pesto flavors.

📍 2/F Greenbelt 2, Ayala Center, Makati City
☎ 02-757-2498 / 02-903-6340
🕒 7 am to 11 pm
🌐 bizupatisserie.com
📱 Bizu Patisserie & Bistro

14 Patisserie Kyo PP

Famous for their home-cooked specialties and cakes like the best-selling Strawberry Shortcake, Patisserie Kyo is well-loved by Japanese residents around the area. It is also a good shop for those who are looking for freshly-baked breads and pastries free of preservatives and other all-natural Japanese fare. Satisfy your cravings for savory and sweet breads with their Sausage Rolls, Melon Bread, and Chocolate Chip Bread.

📍 G/F Trion Tower, 9th St. cor. McKinley Parkway, Taguig City
☎ 0917-888-9837
🕒 9 am to 12 am
📱 Patisserie Kyo

16 Honolulu HK Café PP

For a slice of delicious bread and a plate of a delectable meal, visit Honolulu HK Cafe and get a taste of sumptuous Hong Kong favorites. The cafe is known for bringing its own blend of Honolulu coffee, milk tea, and an array of breads and pastries to the Philippines. Among their best sellers are the soft and fluffy Honolulu Bo Lo Bun, with just the right amount of sweetness that makes it a great bread snack. Also try the Coffee Bo Lo Bun, and the Crusty BBQ Pork Bun.

📍 LG/F SM Aura Premier, Taguig City
☎ 02-241-8371
🕒 10 am to 10 pm
📱 Honolulu HK Café Philippines

18 Sinfully Circles PP

Shangri-La Hotel's Sinfully Circles, is as sinful as it gets with its line up of tempting European breads and sweet treats to tease your palate. Their multi-seed bread, for example, will draw you in with the added mild nutty flavor of sunflower seeds, while the focaccia will pull you in even closer with the fragrance of oregano.

📍 G/F Manila Shangri-La, Ayala Ave. cor. Makati Ave., Makati City
☎ 02-814-2580
🕒 7 am to 11 pm
🌐 shangri-la.com
📱 Makati Shangri-La, Manila



19 Assorted Fruit Danish (P150 to P170)



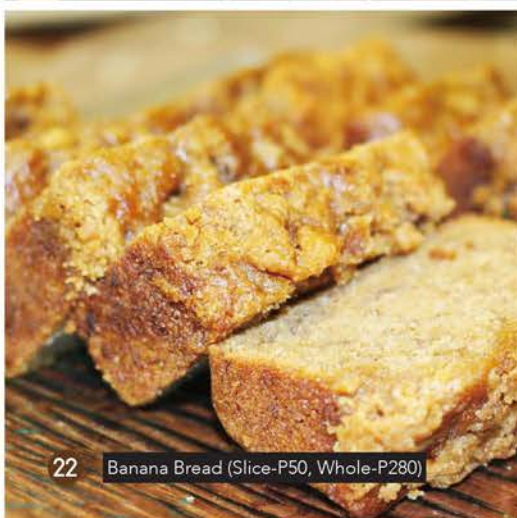
21 Ensaïmada (P95/pc)



23 Tahiti Vanilla Custard Brioche (P143.97) & Dulce de Leche (P134.04)



20 Fruit Danish (P65/pc)



22 Banana Bread (Slice-P50, Whole-P280)



24 Cinnamon Croquant (P48) & Cinnamon Roll (P76)

19 Dean & DeLuca

PP

Dean & DeLuca, established in New York by Joel Dean and Giorgio DeLuca in 1973, has since become popular for their French butter croissants and pastries, Pain Au Levain, Cuba Cheese Rolls, as well as their Danish with custard and assorted fruits on top. You'll also find that their sourdough breads are a must-have with its improved flavor and texture from its 48-hour fermentation period.

📍 G/F Eton Tower, 128 Dela Rosa St. cor. V.A.

Rufino St., Legaspi Village, Makati City

☎ 02-944-6802

🕒 7 am to 10 pm (Mon to Sat), 6 am to 4 pm (Sun)

🌐 deandeluca.com/philippines

📱 Dean & DeLuca Philippines

21 Wildflour Café + Bakery

PP

Wildflour Café + Bakery is a popular bakery-cafe owned by the husband-wife duo of pastry chef Margarita and Michelin-star chef Walter Manzke. The cafe will whet your appetite with the fragrant aroma emanating from their freshly-baked ensaïmadas, croissants, baguettes, and cronuts, blending with the scent of brewed coffee. Wildflour has other branches in Makati (Legaspi and Salcedo), BGC, The Podium Ortigas, and Greenhills. It also has a sister cafe, Little Flour, which offers the same pastries.

📍 G/F, 8 Rockwell Center, Plaza Dr.,

Poblacion, Makati City

☎ 02-850-5503

🕒 5 am to 12 am

🌐 wildflour.com.ph

📱 Wildflour Restaurant

23 The Peninsula Boutique

PP

Lined up alongside other shops in the B1 level of The Peninsula Manila, The Peninsula Boutique is a cafe that offers unique baked goods using traditional Filipino ingredients. Coconut, ube (purple yam), and cheese star in some of the baked breads. While cheesy macapuno, ensaïmada, and pandesal may be ordered inside, their solid combo of the Tahiti Vanilla Custard Brioche and their Dulce de Leche Danish is also a must-try.

📍 B1 The Peninsula Manila, Ayala Ave.

cor. Makati Ave., Makati City

☎ 02-887-5747

🕒 7 am to 9 pm

🌐 peninsula.com

📱 The Peninsula Manila

20 Florentine

PP

While enjoying the gastronomic offerings of Grand Hyatt Manila, be sure to save some room for the artisanal coffee and desserts offered at Florentine. This coffee and pastry outlet is led by a Turkish pastry chef who works wonders on sweets and breads that line up the cafe counter. Patrons usually grab pastries as souvenirs, but there are also a few seats where you can spend time and enjoy treats like their sourdough bread and Fruit Danish.

📍 Grand Hyatt, 8th cor. 35th St., BGC, Taguig City

☎ 02-838-1234

🕒 7 am to 7 pm (Mon to Fri); 12 pm to 6 pm (Sat to Sun)

🌐 manila.grand.hyatt.com

📱 Grand Hyatt Manila

22 Lucca Bakery

PP

An Italian-inspired bakery and cafe, Lucca boasts a wide array of bread, pastries, and cakes aside from their pasta and pizza selections. While basic breads like croissants are also available, Lucca's expertise in pastries and cupcakes is unquestionable. Their Banana Loaf, baked in batches and handmade by their artisanal bakers, is surely worth a try. With its moderate sweetness, each slice goes well with black coffee.

📍 5/F SM Mega Fashion Hall, Mandaluyong City

☎ 02-622-2246

🕒 10 am to 10 pm

📱 Lucca Bakery

📱 @luccabakeryph

24 Mr. Park's Bread & Cake

PP

Taking "healthy and delicious to a new level," Mr. Park's Breads & Cake offers reasonably priced, carefully wrapped bread every day. The sweet-toothed and cinnamon lovers will be pleased with sweet breads such as Cinnamon Croquant and Cinnamon Roll with plenty of nuts, which you can grab whatever time your cravings hit since the shop is open round-the-clock. They also have branches in Quezon City and Parañaque among others.

📍 Molito Commercial Complex, Madrigal Ave.,

Muntinlupa City

☎ 02-869-1068

🕒 24/7

📱 Mr. Park's Bread & Cake Molito



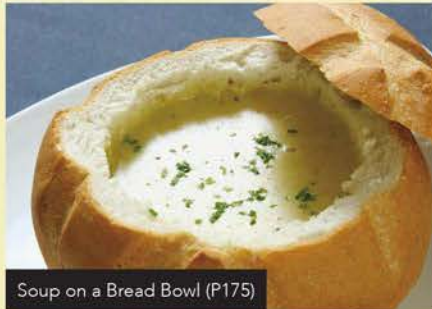
Parmesan Pretzel (P80/pc)

PP

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Soup on a Bread Bowl (P175)

P

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tlj.ph

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Almond Cream Cheese Stix (P95/6pcs)

P

🌐 auntieannesph.com

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Korean Sweet Red Bean Bread (P59)

PP

🌐 boulangerie22.ph

Branches in:

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Pandesal (Regular- P4/pc; Big- P7/pc)

P

🌐 pandemanila.com.ph

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Multigrain Sourdough

PP

 bakersmaison.com.ph

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Walmart Makati

SUPERMARKET finds



Sari Roti Double Soft (P80)

Sari Roti Double Soft

People will recognize the Sari Roti Double Soft by its signature light blue bag. Breads by Sari Roti are guaranteed to be soft and not too sweet, ideal for sandwiches.



Uncle George Whole Wheat Multigrain (P110)

Uncle George Whole Wheat Multigrain

For a sugar-free option, try Uncle George's Whole Wheat Multigrain bread, which goes well with savory treats like ham.



Walter Sugar Free Wheat Bread (P77)

Walter Sugar Free Wheat Bread

Walmart's Sugar Free Wheat Bread uses sugar beets, giving the bread a unique flavor. It is also slightly harder than most bread and sweets and is best enjoyed with jam.



Village Gourmet English Muffins (P97)

Village Gourmet English Muffins

There are a lot of ways to enjoy Village Gourmet's English Muffins. Eat it as is, have it with butter, or make an eggs Benedict with it.



Select Soft (P58)

Select Soft

Produced by Nippon Premium Bakery, Fuwa Fuwa carries a variety of items including loaves and rolls. Their Select Soft particularly stands out with its soft, delicate, and deliciously chewy texture.



Mini Loaf Milk (P68)

Mini Loaf Milk

Fuwa Fuwa's thick slices of Mini Loaf bread, with its soft texture and light, delicious flavor are perfect for creating savory sandwiches and sweet treats.

*Prices may vary by store.

TIPS

storage

After buying your favorite bread comes the question of how to keep the quality of the bread for later consumption. Proper storage of bread helps preserve its flavor and texture. Bread expert, Gen Kuramitsu of City-Wiz, has shared some tips to enjoy bread for a longer time.

The hot, tropical climate of the Philippines is one of the important considerations. When storing bread in the refrigerator, once the temperature falls below 10°C, the wheat will start "aging," which will cause the bread to stale. Therefore, it is best to store bread at room temperature for about 2 days after purchase before putting it in the freezer to stabilize its aging and enjoy it even after storage.

Although it also has its downsides, freezing bread is still a great storage method as suggested by some of the most sought-after bakery-cafes in the metro, like Aperio, Tous Les Jours, Panaderya Toyo, and Kumori.

consumption

Breads differ based on ingredients and how long the dough is fermented before going inside the oven. Therefore, the texture, taste, and even volume account for various ways on how to prepare and serve it for consumption.

Sourdough, for example, is best savored by toasting the whole loaf before slicing it. By doing so, you can achieve a crunchy crust and moist crumb, as attested by 28 Derby Bakery & Cafe.

Popular bakeries Dean & DeLuca and Baker & Cook, on the other hand, love their crunchy and chewy French loaves, like baguettes, soaked in either olive oil or pure butter to enhance the flavors of the bread.

Did you know that there is also etiquette on eating bread? In formal dining, it is a rule of etiquette to use your hand to pull a piece of bread, use a bread knife to put butter on it, and then eat it. Note that the butter should also be placed on the side of your bread plate first using the bread knife.

Pandesal 101

How to best enjoy Filipinos' favorite bread

Filipinos' all-time favorite bread, pandesal, is as versatile as it gets. With its simple, slightly sweet taste and distinctly grainy texture, pandesal can be paired with almost every food and beverage you can think of.

In the Philippines, the most common way of eating pandesal is to take a piece and dip it in a hot cup of coffee or chocolate, making a perfect and easy breakfast combo. Many Filipinos don't need knives to slice their pandesal—because pandesal is soft and fluffy, you can easily use your hands to split it in half and then spread some peanut butter or jam with a knife or spoon. Other popular spreads for pandesal are kesong puti (white cheese) cheddar cheese, coconut jam, and other jams made from local fruits like mango and pineapple.

If you want to really get as creative as Filipinos in enjoying their bread, you can try the more unusual fillings to pandesal, such as pancit canton, ice cream, and fried fish.



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f yokohamameatkitchen



Upper left picture: Wagyu Roll PHP 490
Upper right picture: Wagyu Gokujou Karubi PHP 1600
Lower left: Wagyu Nigiri Sushi PHP 690
Lower right: Gyu Liver Sashimi PHP 550

MAP BGC I-3



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MAP Makati A-3

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Unakichi

☎ **02-728-2072**
📍 G/F, Makati Cinema Square, Amorsolo St., Makati City

Yokohama Meat Kitchen

☎ **02-8316546 / 0916-377-3655**
📍 16 Jupiter cor. Antares St., Bel-Air, Makati City

BGC

Chao Chao Gyoza

☎ **02-232-7804**
📍 G/F One McKinley Place, BGC, Taguig City

Fukudaya

☎ **0927-264-0171 / 0998-805-6859**
📍 Unit 7 The Plaza, Arya Residences, McKinley Parkway cor. 8th Ave., BGC, Taguig City

Isla Sugbu

☎ **0998-966-2990**
📍 2/F Venice Grand Canal Mall, McKinley Hill, Taguig City

NIU by Vikings

☎ **02-478-3888/0917-586-6888**
📍 6/F SM Aura Premier, 26th St., BGC, Taguig City

Single Origin

☎ **02-894-4042 / 0906-268-8902**
📍 2/F, C3 Building, Bonifacio High Street Central, BGC, Taguig City

OTHERS

Chi Em Gai

☎ **02-845-2613/0928-262-2839/0916-793-3747**
📍 Cluster 2, #13 Eton Centris Walk, EDSA cor. Quezon Ave., Brgy. Pinyahan, Quezon City

Epilogue

☎ **02-816-7088**
📍 S Maison, Conrad Manila, Seaside Boulevard Cor., Coral Way, Pasay City

Kenshin

☎ **0917-120-0672**
📍 G/F Vistamall Las Pinas CV Starr Ave., Las Piñas

La Vita

☎ **0917-576-0888**
📍 Esplanade Seaside Terminal, Seaside Boulevard, Mall of Asia Complex, Pasay City

Rossini

☎ **800-8061**
📍 2/F S'Maison Conrad Hotel, Seaside Blvd., Pasay City

Ruby Jack's

☎ **02-801-8888 / 0917-876-2522**
📍 UG/F City of Dreams Manila

The Beer Factory

☎ **02-845-2613 / 0917-149-6288**
📍 The Hub Greenfield District, Shaw Blvd., Mandaluyong City

GROCERY / SPECIALTY STORE

Kands

☎ **02-463-8437/0926-038-2717**
📍 Unit 1F, Benrosi V Makati, 9746 Kamagong St., San Antonio Village, Makati City

Kobeya

☎ **02-807-1107**
📍 G/F, 1 Juno corner Makati Ave., Bel-Air, Makati City

McAsia Foodtrade

☎ **02-990-5141/02-413-8893**
📍 158 Apo St, Sta. Mesa Heights, Quezon City, NCR

Santis Delicatessen

☎ **02-844-1154**
📍 7431 Yakal Street, San Antonio Village Makati City

Sharaku Food, Inc.

☎ **02-541-9877/0905-415-0056**
📍 Stall # 111 Cartimar Shopping Center, Pasay City

TPE

☎ **02-551-7522**
📍 G/F, Jaka Center Chino Rocas Ave., Makati City

BAY CITY

— city of beautiful sunsets —

Feature by Denisse Tenorio and Shairah Nabong
Design by Janina Torres



Encompassing the stretch of Manila Bay where the most prominent establishments stand tall, such as Okada Manila, SM Mall of Asia, and Cultural Center of the Philippines, Bay City is teeming with people and traffic whatever time of the day. And because of this, without stopping, buildings after buildings are perched on the city's soil.

The vertical cityscape might strike others with a feeling of being enclosed, but the Bay City sees to it that there is sufficient space for breathing by offering a series of temporary halt to the rush—hideouts if you may. From a big patch of nature where life thrives and spaces where art and culture are celebrated to peculiar restaurants, bars, and entertainment facilities where having a good time is a certain, Bay City has it all.

But most importantly—it has the bay side. One thing that makes it a city like no other is its gift of Manila Bay, where the sun beautifully bows its thanks every day. The way it slowly bathes the boundless sky with its presence before completely going out of sight just naturally makes people stop in their tracks—a reason to slow down and admire the beautiful things in life.

And so just like the sun that rises and sets without missing a single day, let the Bay City be your reminder not to let the day pass without setting your heart in quiet gratefulness, be it through enjoying good food or by simply taking in the beauty of nature in the very city that continuously provides an array of life's luxuries.



bit.ly/Primer-in-Bay-City

GETTING TO AND AROUND BAY CITY:

The most common mode of public transport to get to Bay City is bus. From the north, SM MOA-bound buses run along EDSA; from the south, there are buses bound for LRT Buendia, where you can take a multicab to the SM MOA complex.

To get to the CCP area, from where you can access attractions like Star City and Upside Down Museum, take the LRT Line 1 to Vito Cruz Station and ride an orange multicab or jeepney bound for CCP. There are also e-tricycles that can take you around SM Mall of Asia and CCP Complex with fares starting at P20.

Prominent casino resorts offer free shuttle service from SM MOA:

Okada Manila

Pick-up point: In front of Pet Express on Pacific Drive
Bus operations: 24/7, with 15 to 30-min. intervals

Solaire Resort and Casino

Pick-up point: Across Pet Express on Pacific Drive
Bus operations: 12:30 pm to 1:30 am daily, with 1-hr. intervals

City of Dreams Manila

Pick-up point: In front of Starbucks on Pacific Drive
Bus operations: 11:30 am to 1 am, with 30-min. intervals



SUNSET VIEWING SPOTS

HARBOUR SQUARE

Harbour Square, apart from its magnificent view of Manila Bay, is also a food hub by day and a vibrant hangout at night, housing over 20 restaurants, and bars. It also has a walkway along the bay-side and a huge open space at its center for visitors who wish to stroll, bike, or jog.

📍 1202 Bukaneg St., Malate, Pasay City



SUNSET BAR

Sunset Bar, the newly-renovated outdoor dining venue at Sofitel Manila, does not fail with its magnificent view of the Manila Bay sunset. Sunset Bar features an al fresco dining, serving dishes by the poolside. Enjoy grilled barbecues, burgers, wines, and mocktails as you marvel at the magnificent sunset from your spot in a poolside haven.

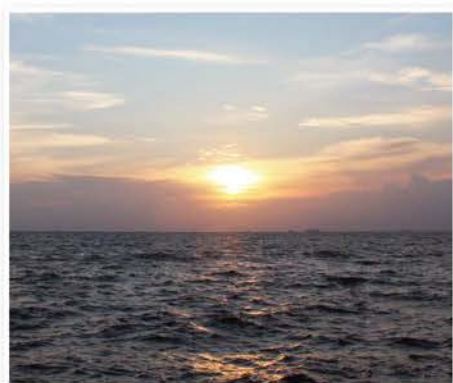
📍 Sofitel Manila, CCP Complex, Roxas Blvd., Pasay City
 ☎ 11 am to 11 pm ☎ 02-573-5555
 ● sofitelmanila.com/restaurants-bars/sunset-bar/



SM BY THE BAY

Every close of day along SM By the BAY, people situate themselves on the wide asphalt seawall or line up to ride the MOA Eye in anticipation of the day's main event—the glorious Manila Bay sunset. A ride at the MOA Eye costs P150 and lasts for 10-15 minutes. There are also restaurants and bars to accommodate diners as they wait for the sunset.

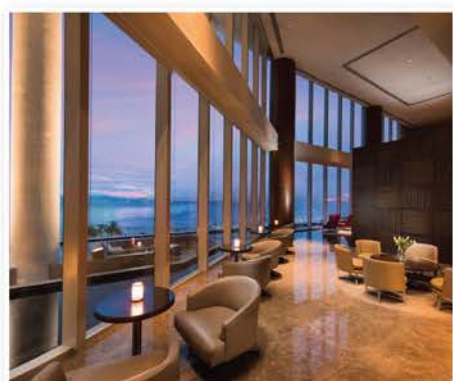
📍 SM By the BAY, Seaside Blvd., SM Mall of Asia Complex, Pasay City



C LOUNGE

With floor to ceiling windows facing the famous Manila Bay, C Lounge is inspired by the city's distinctive culture and lifestyle, offering a wide selection of beers, liquors, and locally-inspired cocktails best enjoyed with the awe-inspiring visual of the Manila Bay sunset.

📍 Level 3, Conrad Manila, Seaside Blvd. cor. Coral Way, SM Mall of Asia Complex, Pasay City
 ☎ 02-833-99-99
 ● conradhotels3.hilton.com/en/hotels/philippines/conrad-manila-MNLMBCI/



SPOTS

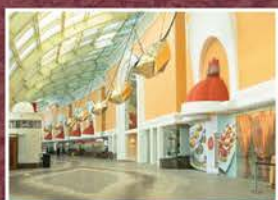


OKADA MANILA

Okada Manila stands aglow amid the expanse of copiously built hotels and entertainment facilities in Bay City. Ever since it opened in 2016, it has become one of Manila's steadfast symbols of the finer things in life. Apart from being the largest casino resort in the Philippines, Okada Manila is also home to a sundry of luxury facilities for every type of need—be it relaxation, staycation, dining, or all-out enjoyment.

For entertainment, Okada Manila boasts The Casino with over 3,000 electronic gaming machines, the Retail Boulevard and Crystal Corridor for shopping, the indoor beach club and nightclub Cove Manila, the Hotel with exquisite rooms offering views of Manila Bay or The Fountain, and The Garden spanning 30,000 sqm. Meanwhile, facilities like The Retreat Spa and The Kids Club prove that Okada Manila caters seamlessly to a diverse customer base, including families and kids looking for an opulent getaway in the city.

📍 New Seaside Dr., Entertainment City, Parañaque City
☎ 02-888-0777 @okadamanila.com
📱 Okada Manila @okadamanila



LAS PIÑAS-PARAÑAQUE CRITICAL HABITAT AND ECOTOURISM AREA

It may be surprising to find twin islands brimming with flora and fauna just south of Manila Bay, but Las Piñas-Parañaque Critical Habitat and Ecotourism Area (LPPCHEA) has fared beautifully through the years since it was established in 2007. LPPCHEA is considered a wetland consisting of two islands—Freedom Island and Long Island—with mangroves, ponds and lagoons, mudflats, and mixed beach forest all over. It is also home to migratory birds, with a record of over 41 species, some even coming from as far as China, Japan, and Siberia. The months of August to April is the best season to visit and watch migratory birds.

Other recommended activities at LPPCHEA are jogging, eco-walks, nature photography, and sunset watching. Entrance to LPPCHEA is free for everyone but an appointment and permit should be secured before visiting. Contact the Conservation and Development Division at 02-435-2410.

📍 Freedom Island Trail (Rail Road), Parañaque City
☎ 02-435-2410



UPSIDE DOWN MUSEUM

PPP

At Upside Down Museum, your imagination is your only limitation. The 2,000-sqm. expanse encloses over 25 sections that are either upside-down or eccentric and features like sculptures that would dwarf anyone. Each of them are made picture-perfect but the crowd favorites are the Upside Down House, Mirror House, and Two-Storey House. Should you find it hard to produce good photos, there are marshalls wandering around the area who can teach you the right poses and camera angles.

It can accommodate up to 700 people, following the expansion with the Giant Sculptures that consist of gigantic versions of banana, canned soda, coffee cup, and wedding rings. It is ideal to make a reservation, especially if you plan to visit during the peak months of September to January.

📍 Boom Na Boom Grounds, CCP Complex, Pasay City
 ⌚ 11 am to 9 pm
 📱 Upside Down Museum
 💰 P450



Upside Down House

CULTURAL CENTER OF THE PHILIPPINES



The Cultural Center of the Philippines houses the Museo ng Kalinangang Pilipino, theaters, exhibition and rehearsal halls, outdoor spaces, as well as venues at the National Arts Center where you can witness and be a part of various forms of artistic expression—concerts, drama and theatrical productions, film screenings, lectures, solo recitals, and various forms of exhibitions.

📍 CCP Complex, Roxas Blvd., Pasay City
 ⌚ 9 am to 6 pm (Tue to Sat)
 🌐 culturalcenter.gov.ph 📱 Cultural Center of the Philippines

STAR CITY

PPP



Star Flyer, Giant Wheel

Star City has over 38 rides that provide guests the thrills and spills, a collection of haunts and destinations to fulfill your greatest fantasies, and a scoop of fun goodies all blended together to give you a fantastic day-out. For adventure-seekers, try extreme rides like the Star Flyer, the country's only inverted roller coaster, and Giant Wheel, the country's tallest Ferris wheel.

📍 Sotto cor. Jalandoni St., CCP Complex, Roxas Blvd., Pasay City
 ⌚ 4 pm to 10:30 pm (Mon to Thu); 2 pm to 10:30 pm (Fri and Sun); 2 pm to 11 pm (Sat)
 🌐 starcity.com.ph 📱 Star City
 💰 Admission Pass - P80 / Ride-All-You-Can - P490 / Annual Pass - P1,999

DREAMPLAY

PPP



A first-of-its-kind play center by DreamWorks, DreamPlay presently houses 21 attractions including giant character displays and various activities like wall-climbing at the Wall of Destiny, boat-building and sailing at Whatever Floats Your Boat, and film animation at the Dream Studio.

📍 UG/F, City of Dreams Manila, Entertainment City, Parañaque City
 ⌚ 10 am to 8 pm (Mon to Thu); 9 am to 8 pm (Fri to Sun)
 ☎ 02-808-0909
 🌐 cityofdreamsmanila.com/enjoy/dreamplay 📱 DreamPlay
 💰 Fees: P680 (weekdays); P880 (weekends, holidays); P8,000 (Annual Pass of 4 persons); Free for children below 80 cm

THE GARAGE: VR ZONE + FOOD PARK

PPPP



Winged Bicycle

This air-conditioned establishment features five VR Zones, and 12 food trucks that edge the area. Produced by Japan's Bandai Namco Amusement, the VR Zone includes Mario Kart Arcade GP VR, Hospital Escape Terror, Ski Rodeo, VR Swarm Shooting Galaga Fever, and Winged Bicycle. Some activities either require parental consent or a certain height.

📍 UG/F City of Dreams Manila, Entertainment City, Parañaque City
 ⌚ VR Zone - 12 pm to 11 pm (Sun to Thu); 12 pm to 12 am (Fri to Sat) / Food Park - 11 am to 11 pm (Sun to Thu); 10 am to 12 am (Fri to Sat)
 ☎ 02-800-8080 🌐 cityofdreamsmanila.com/enjoy/The-Garage
 💰 Fees: VR Zone - 1 activity (P350); 3 activities (P990); 5 activities (P1,625)

SM MALL OF ASIA COMPLEX

One of the largest shopping malls in Asia, SM Mall of Asia (MOA) is envisioned to be more than just a shopping complex. It has become a major attraction in the Philippines especially that it is situated in Manila Bay area. SM MOA Complex, aside from its over 800 retail and food outlets, is also a premier venue for both local and international events with the SMX Convention Center for conventions and private events and SM MOA Arena for concerts.

You'll also find the seaside boulevard known as SM By the BAY, an amusement park surrounded with restaurants and bars. However, its biggest attraction is the MOA Eye, which guests can ride and catch a magnificent view of the sunset along Manila Bay. There are also several other rides and attractions perfect for families and kids.

📍 SM Mall of Asia Complex, Jose Diokno Blvd., Pasay City
 ⌚ 10 am to 4 am
 🌐 smsupermalls.com/mall-directory/sm-mall-of-asia/information/
 📘 SM Mall of Asia Official



S MAISON

S Maison is an upscale lifestyle center within the MOA Complex giving off an elegant vibe with its luxurious architecture of black and white from floor to ceiling. It is home to three Director's Club cinemas and two whimsical museums: The Dessert Museum and Lakbay Museo. Shoppers can find various outlets like Cole Haan, Colantotte, Dae Joa Gem, Jo Malone, Titan, and more, as well as restaurants such as Red Lobster, Hard Rock Cafe, and Rossini Ristorante Italiano.

📍 S Maison, Marina Way, SM Mall of Asia Complex, Pasay City
 ☎ 02-946-3848
 ⌚ 10 am to 10 pm
 📘 S Maison at Conrad Manila



S Maison's luxurious architecture of black and white

THE DESSERT MUSEUM

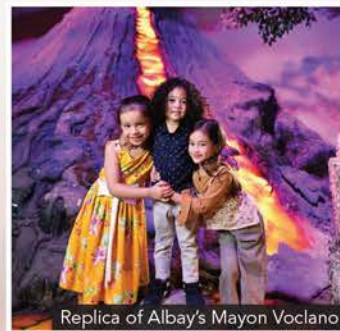


Souvenir Shop

For two hours, you may bask in the charms of eight dessert-themed rooms with giant displays including the recently launched Macaron Tea Room, Banana Beach, Piñata Pit, and The Bewitched Bakery. The museum offers up to six free desserts to placate your sweet tooth, such as the chocolate fountain where you can dip a big marshmallow.

📍 S Maison, Marina Way, SM Mall of Asia Complex, Pasay City
 ⌚ 10 am to 10 pm
 🌐 thedesertmuseum.com 📘 The Dessert Museum
 💎 P699 via online booking; P799 for walk-in

LAKBAY MUSEO



Replica of Albay's Mayon Volcano

Maximizing recyclable materials, Lakbay Museo is an interactive museum that offers an experience-all-you-can tour of the Philippines. It features famous tourist spots from 11 destinations across the regions: Banaue Rice Terraces, Chocolate Hills, and Mayon Volcano among many others.

📍 S Maison, Marina Way, SM Mall of Asia Complex, Pasay City
 ⌚ 10 am to 10 pm
 🌐 lakbaymuseo.ph 📘 Lakbay Museo PH
 💎 P699 via online booking; P799 for walk-in

ROSSINI RISTORANTE ITALIANO

★★★★

Alabang's popular Italian restaurant Buona Vita introduced its sister store Rossini Ristorante Italiano to bring Italian fine-dining with a Mediterranean twist to Bay City. The restaurant is named after the famous Italian composer and gourmand, Gioachino Rossini. It promises the same quality as the delicious offerings of Buona Vita.

A must-try is the Filetto Rossini, made with grilled US-certified Angus beef tenderloin with seared foie gras, asparagus, caramelized shallots, roasted potatoes, and then drenched in port wine sauce. Rossini Ristorante also organizes events such as wine tasting and pairing on a regular basis for the Italian food and wine lovers.

📍 2/F S Maison, Marina Way, SM Mall of Asia Complex, Pasay City
☎ 02-800-8061 ☎ 10 am to 11 pm
📱 Rossini Ristorante Italiano



Filetto di Branzino "Rossini" (P2,320)

RESTAURANTS



A-WON

★★★★



Compared to other restaurants and despite the modern design of their grill tables, A-Won upholds the traditional way of cooking Korean barbecue, which is with the use of charcoal sourced from Davao. Some of the must-try barbecue meat items are Saeng-galbi or Grilled Beef Ribs for beef lovers and Samgyeopsal or Grilled Pork Belly, which is a very reasonable treat at P350.

📍 #8 Hobbies of Asia, Macapagal Blvd., Libertad, Pasay City
☎ 02-556-1297 ☎ 10 am to 3 am

TORI ICHI

★★★★



Tomodachi Set (P590)

Tori Ichi, short for "Yakitori Ichiban," originated in Kyoto, Japan. When preparing their grilled goodies, they use the best charcoal for grilling. Some of the yakitori specials they offer are Kawa (P45/stick) or chicken skin skewers; Mochi Bacon (P100/stick) or bacon-wrapped Japanese rice cake skewers; and Hasami (P75/stick) or chicken and scallion skewers.

📍 Level 2 South Wing, SM Mall of Asia, SM Mall of Asia Complex, Pasay City
☎ 02-807-6896 ☎ 10 am to 10 pm
📱 Tori Ichi Yakitori & Bar

YAYOI

★★★★



Mix Toji Teishoku (P475)

What makes Yayoi a clear favorite among its frequent diners is the consistency of the comfort food it offers. Get the two best sellers: the Sukiyaki Teishoku, which includes beef hotpot with assorted vegetables stewed in sukiyaki sauce, and the Mix Toji Teishoku, with tonkatsu, fried shrimp, and sukiyaki beef simmered in special sauce and egg.

📍 G/F North Wing, Entertainment Mall, SM Mall of Asia, SM Mall of Asia Complex, Pasay City
☎ 02-821-6082 ☎ 10 am to 9:50 pm
📱 YAYOI Philippines

CHINA BLUE BY JEREME LEUNG

★★★★



China Blue by Jereme Leung presents a modern interpretation of traditional Chinese cuisine, artfully curated by Chinese celebrity master chef, Jereme Leung. The restaurant takes Chinese dining experience to new heights with its authentic cuisine, and floor-to-ceiling glass windows that offer panoramic bay views.

📍 Level 3 Conrad Manila, Seaside Blvd. cor. Coral Way, SM Mall of Asia Complex, Pasay City
☎ 11:30 am to 2:30 pm (Lunch); 6 pm to 10:30 pm (Dinner)
☎ 02-833-9999

BIJIN NABE BY TSUKADA NOJO

★★★★



Bijin Nabe (P995)

Originating in Japan, Bijin Nabe by Tsukada Nojo is famous for its signature "Beauty Collagen Hot Pot." Bijin Nabe is a combination of fresh vegetables, seafood, and chicken cooked in Golden Jidori chicken stock from Miyazaki, Japan, and it comes in two variants: the Chicken Bijin Nabe and the Spanish Iberico Pork Bijin Nabe.

📍 S Maison, Conrad Hotel, Pasay City 1300 / 2nd branch: 2/F Missouri Bldg., Greenhills Shopping Center, San Juan
☎ 10 am to 9 pm
📱 Bijin Nabe by Tsukada Nojo Philippines

HARD ROCK CAFE MANILA

★★★★



Original Legendary Burger (P595)

Hard Rock Cafe Manila serves good food with a dash of rock and dance music. Hard Rock classic dishes include Jumbo Combo, a huge collection of appetizers starring Tupelo chicken tenders, Asian spring rolls, and Bruschetta, and their Original Legendary Burger. Pair these classics with bar cocktails like Mango Tequila Sunrise or Big Kablue-Na.

📍 2/F S Maison, Marina Way, SM Mall of Asia Complex, Pasay City
☎ 02-990-9809
☎ 11 am to 12 am (Sun to Thu); 11 am to 1 am (Fri to Sat)
📱 Hard Rock Cafe Manila

SEASCAPE VILLAGE

PPP

Crossing the brief distance from Sofitel will lead you to a personalized seafood dining experience. A two-story complex of wet and dry markets and restaurants, Seascape Village lets you enjoy seafood exactly the way you want it. Buy your seafood, bring it to your preferred restaurant, wait for it to be cooked and served, and then dive right in!

Seeming like a real village with a life of its own, Seascape Village will make you feel like you're in an exclusive area where you can get most of what you need—there are island kiosks, a water station, food carts, ATMs, a money changer, and a vast parking space for guests. Prices of seafood vary, and cooking service ranges from P200 to P500.

📍 Atang Dela Rama St. cor. Zoilo Hilario St., CCP Complex, Pasay City
 ☎ 02-869-7452 🕒 10 am to 4 am (Restaurant hours vary)
 📘 Seascape Village



RED LOBSTER

PPP



Ultimate Feast (P2,950)

Red Lobster's famed Ultimate Feast gives you the ultimate indulgence with servings of snow crab legs and maine lobster tails. Meanwhile, their Live Lobster (P3,500) is also a real superstar, which you can see alive in its tank before it goes into the steamer.

📍 G/F S Maison, Marina Way, SM Mall of Asia Complex, Pasay City
 ☎ 02-255-4199 🕒 10 am to 10 pm
 📘 Red Lobster Philippines

SEASIDE DAMPA

PPP



Crabs (P850/kg); Paluto (P290/kg)

With the same concept as Seascape Village, Seaside Dampa is an open area where you can freely pick your seafood and have it cooked at the restaurant you like. From the entrance, you will find the seafood shops on the left side, while the restaurants are on the right.

📍 Diosdado Macapagal Blvd., Pasay City
 ☎ 02-556-1779 🕒 9 am to 12 am
 📘 Seaside Dampa Palengke Paluto
 *Prices vary for every type of seafood and restaurant

NIGHT LIFE



RUBY JACK'S STEAKHOUSE & BAR

PPP



Premium A3 Saga Wagyu Ribeye

The 15-seat counter bar of Ruby Jack's, complete with Jean Prouve-designed bar stools, promises a classic and elegant night of cocktails focusing on local ingredients. Aside from first-rate steaks and wagyu beef, Ruby Jack's selection of desserts is a must for the sweet tooth.

📍 UG/F City of Dreams, Aseana cor. Roxas Blvd., Parañaque City
 ☎ 02-886-9646 🕒 10:30 am to 11 pm (Bar open until 12 am)
 🌐 rubyjacks.com.ph 📘 Ruby Jack's Steakhouse & Bar - Manila

BACCARAT ROOM AND BAR

PPPP



This intimate speakeasy features some of the world's finest cigars and alcohols. From its wooden structures down to carpeted floors and display shelves, the bar sports a sophisticated old-fashioned interior. There is a minimum spend of P700 per person.

📍 Level 1, Bay Tower Entrance, Solaire Resort & Casino, Parañaque City
 ☎ 02-888-8888
 🕒 24/7

SNAPS SPORTS BAR

PPPP



Snaps Sports Bar is a sleek and modern sports hub boasting an elegant lounging and viewing experience for sports geeks. It now offers a self-branded craft pale ale brewed exclusively for patrons. Snaps Craft Pale Ale is available for P590+ per bottle.

📍 Sofitel Manila, CCP Complex, Roxas Blvd., Pasay City
 ☎ 02-573-5555
 🕒 24/7

THE ROADHOUSE MANILA BAY

PPP



Biker's Burger (P850)

This bar is set abuzz by the display of guitars, motorcycle-related mementos, and framed photographs in the interest of the owners. You can have their infamous thickly-layered Biker's Burger for free if you can devour it in less than 5 minutes.

📍 Unit 6, 7, 8 Bldg. H, SM By the BAY, SM Mall of Asia Complex, Pasay City
 ☎ 02-836-7382 / 0917-886-9792
 🕒 4 pm to 3 am
 📘 The Roadhouse Manila Bay



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📍 #101 VM Condominium, 146 Amorsolo St., Legaspi Village, Makati City

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INNOVA

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P3,500	P6,000	P500/hr.



HIACE

RATE 12hrs.	Rate 24hrs.	Rate Excess Hrs.
P5,000	P8,000	P600/hr.



NEW HIACE

RATE 12hrs.	Rate 24hrs.	Rate Excess Hrs.
P6,000	P9,000	P600/hr.



ALPHARD

RATE 12hrs.	Rate 24hrs.	Rate Excess Hrs.
P10,000	P16,000	P1,000/hr.

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CATH LIM mobile. **0917-5980291**
fbeechaccesstrip@yahoo.com.ph

Travel Guide

AIRLINES

All Nippon Airways
☎ 02-553-8000 / 02-553-7000
✈ 15/F, Tower 2, RCBC PLAZA, 6819 Ayala Ave. Cor Sen Gil Puyat Ave., Makati City

Cebu Pacific
☎ 02-802-7000
✈ Terminal 4, Domestic Rd., Pasay City

Japan Airlines
☎ 02-403-2486
✈ 2/F, 6788 Ayala Ave., Oledan Sq., Makati City

Philippine Airlines
☎ 02-855-8888 / 02-832-2939 **Baggage Tracking**
✈ Mezzanine Floor, PNB Financial Center, President Diosdado Macapagal Ave., CCP Complex, Pasay City

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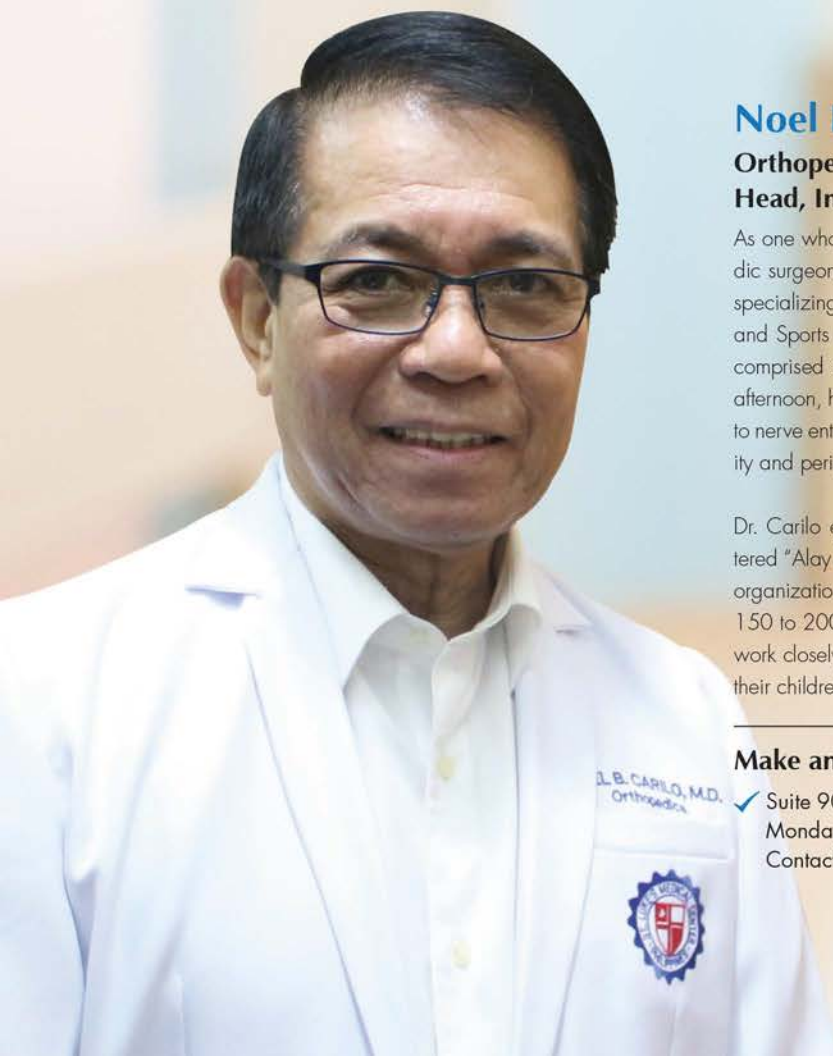
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To help you out, here are 4 trusted medical professionals in Manila, who are highly-experienced and trained to provide the best care for their patients. Get to know them as you read their profile and each of their specializations.



Noel B. Carilo, MD, FPOA, FPCS

Orthopedic Surgery, Hand and Peripheral Nerves Surgery Head, Institute of Orthopedics and Sports Medicine

As one who is fascinated with the dramatic, almost instantaneous results that orthopedic surgeons can give their patients, Dr. Noel B. Carilo pursued orthopedic surgery, specializing in hand and peripheral nerves. As the head of the Institute of Orthopedics and Sports Medicine at St. Luke's Medical Center in Quezon City, his every day is comprised of dealing with administrative work, meetings, and operations. In the afternoon, he does clinic work and consultation with those who have problems related to nerve entrapments like carpal tunnel syndrome, and other impediments of the extremity and peripheral nerves.

Dr. Carilo extends his genuine compassion in helping people through the BIR-registered "Alay Nutrisyon sa Ating Kabataan (ANAK), Inc.," a non-government, non-profit organization he founded in 2010 with a goal to fight malnutrition by feeding some 150 to 200 public school children in Bicol every day. He and his team of volunteers work closely with the community to educate them on proper nutrition for the benefit of their children.

Make an appointment:

✓ Suite 903, CHBC-North Tower, St. Luke's Medical Center, Quezon City
Mondays and Wednesdays: 1 pm to 2 pm; Saturdays: 9 am to 12 pm
Contact no.: 02-723-2081

Joel Regino E. Contreras, MD, FPARM

Physical Medicine and Rehabilitation

Dr. Joel Regino Contreras has always gravitated towards the sciences despite having no doctor in his immediate family. However, it was only during his third year in medical school that he decided to specialize in physical medicine and rehabilitation, which he has been practicing now for about 17 years. Dr. Contreras stressed the importance of listening to the patients' complaints and of properly explaining their conditions to let them know why they are being given such medications. Aside from being a Certified Exercise Practitioner, Dr. Contreras is also a Clinical Associate Professor at the UP College of Medicine, and the Head of Physical Medicine and Rehabilitation Unit in Rizal Medical Center.



Make an appointment:

- ✓ Unit L-7, 1/F CP Manahan Annex, Makati Medical Center
Tuesdays: 4 pm to 7 pm; Saturdays: 1 pm to 4 pm (By Appointment)
Contact no.: 02-8888-999 loc. 2117 / 0922-630-1257
- ✓ Room 1415, The Medical City Medical Arts Tower, Ortigas Ave., Pasig City
Mondays: 12 pm to 6 pm; Wednesdays: 9 am to 12 pm; Fridays: 12 pm to 3 pm
Contact no.: 02-988-1000 loc. 5188 / 02-986-1858 / 0933-942-1054

Lourdes Carolina Dumlao, MD

Internal Medicine, Geriatrics

President, Philippine Geriatric and Gerontology Society

Dr. Lourdes Carolina Dumlao has always been affectionate to elderly people, leading her to take up geriatrics. She took up medicine at the University of the East Ramon Magsaysay (UERM), had her internship at Philippine General Hospital (PGH), and pursued her internal medicine residency at the Makati Medical Center. She had her geriatric fellowship at St. Luke's Medical Center with adjunct fellowships at the Cleveland Clinic and University of Michigan. Now, she is the president of the Philippine Geriatric and Gerontology Society. Compared to other fields in medicine, geriatrics is particularly new in the Philippines having been introduced in the country only in 1991. According to Dr. Dumlao, although geriatrics might not be as lucrative as other subspecialties, at the end of the day, it is the fulfillment and appreciation she gets from treating old patients that makes it worth it.



Make an appointment:

- ✓ Rm. 714 CHBC South Tower, St. Luke's Medical Center Quezon City
Tuesdays and Thursdays: 9am to 12 pm
Contact No.: 02-723-0101 loc. 2714
- ✓ Suite 932 Medical Arts Bldg., St. Luke's Global City
Mondays, Wednesdays and Fridays: 2 pm to 4 pm
Contact No. 02-789-7700 loc. 7932

Benjamin Alimurung, MD, FACC, FAHA

Internal Medicine, Cardiology

Being a doctor runs in the blood—following in the footsteps of his late father, Dr. Benjamin N. Alimurung has been actively practicing clinical cardiology, including invasive and interventional cardiology, regularly performing coronary angiography and deployment of coronary stents, for over 38 years. He completed his medical degree at the University of Santo Tomas (UST) in 1971. He completed a residency in Internal Medicine at UST and then at Georgia Baptist Medical Center in Atlanta, Georgia, USA. When he finished residency, he went on to train for four years in a Clinical and Interventional Fellowship in Cardiology at the Emory University School of Medicine, also in Atlanta. He currently is head of the Cardiovascular Diagnostic Laboratory and the Cardiac Catheterization Laboratory of Makati Medical Center (MMC). Dr. Alimurung served as the Medical Director from 2006 to 2016 of MMC and is a member of the Board of Directors of the same institution.



Make an appointment:

- ✓ Room 361, Circular Tower 1, 3/F Makati Medical Center, Makati City
Mondays to Fridays: 2 pm to 4 pm
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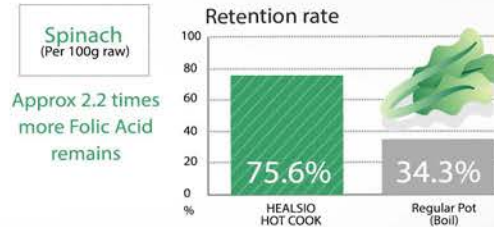
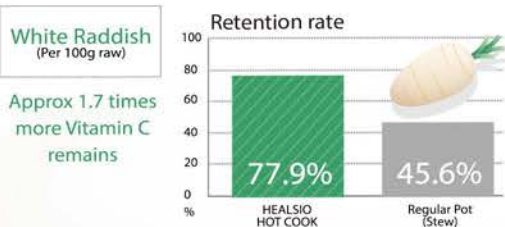
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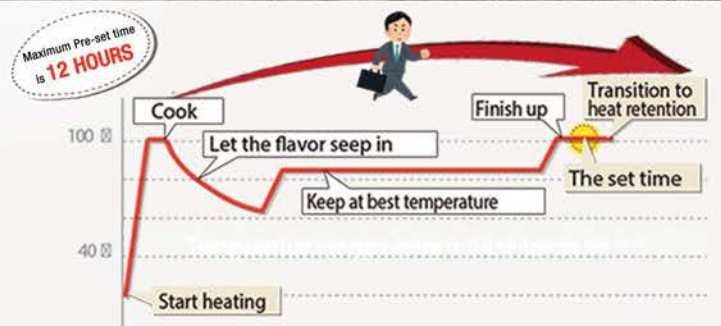
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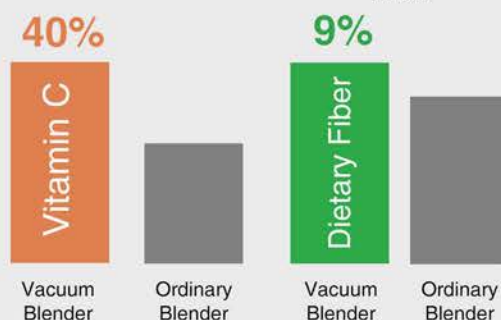


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☎ 02-810-9722 / Makati City

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☎ 02-812-6062 / Makati City

EDITH International Preschool
☎ 02-823-3129 / Alabang

Fort International School Manila
☎ 840-8400 / 02-840-8400 / Fort

Fun-D-Mentals Preschool
☎ 02-818-9764 / Makati City

German European School Manila
☎ 02-776-1000 / Parañaque City

Happy Hearts Preschool
☎ 0917-811-3731 / 02-7216-7500 / Makati

Mega Blue Bird International
☎ 02-817-1827 / 0999-101-5443 / Pasay City

OISCA Manila Japanese Kindergarten
☎ 02-894-3114 / 812-0565 / Makati City

Summit School
☎ 02-881-9032 / 0917-673-6789 / BGC

The Little Gym
☎ 02-815-1735 / 02-815-1779 / Makati

Toddlers Unlimited (Skate, Ice Hockey)
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☎ 02-895-7585 / Makati City

English Breakthrough
☎ 02-881-5455 / 02-986-9123 / Quezon City

KURATA Tutorial (English) (OK for Japanese)
☎ 02-813-7202 / Makati City

UNMEI (Japanese Centered School)
☎ 02-584-7811 / Ortigas Center

PJ Link Language Center
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Topia English Learning Center
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ART

Jolijam Arts Center
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My Masterpiece Movement
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International School Manila (ISM)
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Business Talk

An interview with the top executives in the Philippines
Get a first person point of view when it comes to business



Enrique Inukai

Chief Financial Officer & HR Director of Buskowitz Energy

Mexican-Japanese Enrique Inukai is the Chief Financial Officer & HR Director of Buskowitz Energy, an integrated sustainable energy and solutions group of companies that specializes in cost-efficient and environmentally-friendly rooftop photovoltaic solar systems. From 2013, he worked with Coca-Cola FEMSA in Mexico as Financial Information and Consolidation Manager and, in 2012, came to the Philippines to be one of the lead Acquisition Principals during the merger of Coca-Cola and Coca-Cola FEMSA. Inukai joined Buskowitz in September 2018.

Could you tell us about Buskowitz Energy?

Buskowitz has been around for the past 7 years, and it has evolved to meet the needs of the market. It started with a very simple idea of my business partner—his family owns a hotel in Boracay—to install a solar photovoltaic (PV) system on the hotel's rooftop. When they did that, they saw an opportunity for business because renewable energy in the Philippines was still in its infancy stage then. There was some resistance at the beginning because it's hard for people to buy something expensive, as it was years ago, which they are not familiar with.

The business evolved into what it is today. We dealt with that resistance by offering a Build-Operate-Lease-Transfer (BOLT) product. Clients can still buy the system from us, but more conservative clients could go into a 20-year BOLT contract. Buskowitz will install the PV system on their rooftops and sell the energy at a much lower rate. It's less risky for the client because they don't need to buy anything, they just pay for a security deposit, and will consume whatever the system is producing. Since it's cheaper and cleaner, it becomes more attractive to them.

Were there other challenges that you encountered along the way?

There was also the challenge of getting the right people for the job because solar PV system was

not very developed yet in the Philippines, so it was hard to get people who knew about this technology. Luckily, we got a hold of a celebrity electrical engineer in the Philippines and got to be part of his team. In fact, he is the first certified renewable energy electrician in the Philippines. This has helped us a lot in developing the next generation of electrical engineers. We are constantly looking out for new people, and we enjoy developing our existing engineers' skills by sending them to more trainings and courses.

Other than BOLT, what other services do you have?

One of the services we came up with last year was electrical engineering. You can see a lot of the buildings here in Makati are not well-maintained. And that's high-risk because anytime, it can cause a short circuit or eventually fire. When we were processing permits for an installation for one school, one of the local authorities recommended rewiring. We had the capacity and skills, so we did it. It's an easy thing to do, it does not require a lot of investment, and it's highly profitable. It's a win-win for the client because they have new wires, and they get their energy in a more efficient way.

Can you tell us more about your role in the company?

I wear two hats. I'm in charge of finance and HR.

My role on the HR side is to get the right people and improve the processes. The company has been here for 7 years, but it's been relatively small. Processes originally did not need to be that sophisticated because the company was easy to handle, but as we're growing, the challenge from the HR point of view was to refine a lot of the processes.

On the finance side, my role is to get money because when the client goes for the BOLT product, they don't need to invest. It's us who are investing. Another is mostly cash management and making people aware of their expenses and

financial KPIs in order to keep this company profitable because we have an obligation to our shareholders.

Eventually, we plan to go public in about 4 years. We're preparing for this company to be equipped and marketable so that all investors can buy from the market.

What other plans do you have in the near future?

Right now, our focus is mainly on energy, but conceptually, the company is about sustainability—whether it's solar energy or waste management. When it comes to renewable energy or contributing to the environment, there are a lot of opportunities. Right now, our main focus is solar energy—providing clean energy while helping our clients save money.

What can you say about the energy industry in the Philippines?

People in general were not aware of renewable energy. Now, our citizens are becoming more conscious in terms of sustainability, as well as with their personal finances. If you combine those two, it's the perfect market for us because you have people who are willing to contribute to the environment and people who want to save money. So, we provide cleaner energy and at a cheaper price.

There is a plan by the UN together with the Department of Energy to provide access to clean energy to everyone in the Philippines by the year 2030, so we want to keep creating a ripple of change and contribute to that. We cannot leave everything up to the government, so the private companies have to contribute a lot to this.

Among the experiences you had, what has made the most impact on your role?

I came from a big corporation, and it took me a while to adjust to a much smaller company. But what I like about being here is, while everyone hates Mondays, I always look forward to it. I like coming here to the office because you can take whatever opportunity you see, and you can solve whatever problem you see right away. If I were in a big corporation and I needed a laptop, it would take months before I could get it. But here, when someone needs a laptop, I can personally go to the store and get it in 30 minutes. Our company is smaller, but we move faster. We react faster. It's all about collective effort.

Describe your typical day at the office.

My typical day isn't typical. Every day is different.

I don't have my own office. I use the desk by the entrance, where anyone can drop by anytime when they have a problem or need something. I like solving problems. I like being useful to other people. I can consider that my typical day.

What can you say about working with Filipinos?

Filipinos are very hardworking people. I like how we work together; otherwise, I wouldn't be here. They enjoy doing what they do. They will always do it with a very good attitude.

Scan the code to view the full interview. Read more on business at

www.primera.com.ph



Business Guide

BUSINESS

AAB Philippines Inc.

☎ 02-218-3535/0915-660-0152
 ☎ Unit 409 Cattleya Bldg., 235 Salcedo St., Legaspi Village, Makati City

Canon

☎ 02-884-9090
 ☎ 7/F and G/F, Commerce and Industry Plaza (CIP) Bldg., Campus Ave. cor. Park Ave., McKinley Hill, Taguig City

LBC

☎ 02-851-2649
 ☎ LBC Aviation Center, General Aviation Compound, Domestic Airport, Pasay City

Leechiu Property Consultants

☎ 02-888-8111
 ☎ 2/F Makati Shangri-La Retail Arcade, Ayala Ave., Makati City

MCCCK Consulting Group

☎ 02-893-1100/02-893-1200/
 02-893-1300/816-4312/02-816-4312
 ☎ 2/F, Asia Tower, Benavidez St. cor. Paseo de Roxas, Legaspi Village, Makati City

Mitsubishi Motors

☎ 02-892-0331 to 42
 ☎ Don Bosco cor. Pasong Tamo St., Makati City

NGS & ARK Manila Lending Corp

☎ 02-451-2837
 ☎ One San Miguel Ave., Condo, San Miguel Ave., Pasig City

Nippon Express

☎ 02-844-1111
 ☎ Unit 2701 Yuchengco Tower RCBC Plaza, Ayala Ave., Salcedo Village, Makati City

OCS

☎ 02-817-8282
 ☎ First Cityland Condominium Bldg., Rada St., Legaspi Village, Makati City

Philippine Retirement Authority

☎ 02-848-1412
 ☎ 29/F Citibank Tower, 8741 Paseo de Roxas, Makati City

Safety Service Kindness Philippines Incorporated

☎ 911-6154/02-911-6154
 ☎ Unit G, 189 Katipunan Ave., Project 4, Quezon City

Sagawa

☎ 02-822-9911 to 15
 ☎ Suite 102, CTC Bldg., 2232 Roxas Blvd., Pasay City

Sharp

☎ 02-807-4991
 ☎ Km. 23 West Service Rd., South Superhighway, Alabang, Muntinlupa City

Spectrum Investment

☎ 0917-823-2612/02-217-3034
 ☎ Unit 1031-10A, The Net Lima Tower, 5th Ave., cor. 26th St., Crescent Oak West, BGC, Taguig City

Transtech

☎ 02-772-2705
 ☎ Unit 2204 Tower 1 Entrata Urban Complex, 2609 Civic Dr., Filinvest City, Muntinlupa City

Value Asia

☎ 0917-817-6549
 ☎ 2/F, COCOFED Bldg., 144 Amorsolo St., Legaspi Village, Makati City

BANKS

Asia Development Bank

☎ 02-632-2444
 ☎ 6 ADB Ave., Mandaluyong City

BDO

☎ 02-840-7000
 ☎ 7899 Makati Ave., Makati City

BPI

☎ 02-818-5541 to 48
 ☎ BPI Head Office, 6768 Ayala Ave., Makati City

Deutsche Bank

☎ 02-894-6900
 ☎ Deutsche Bank AG, Manila Branch, Tower One, Ayala Triangle, Makati City

Metrobank

☎ 02-857-5319
 ☎ Metrobank Plaza, Sen. Gil J. Puyat Ave., Makati City

RCBC

☎ 02-887-4941
 ☎ Yuchengco Tower, RCBC Plaza, 6819 Ayala Ave., Makati City

World Bank

☎ 02-465-2500
 ☎ 26/F, One Global Place 5th Ave., Cor. 25th St., BGC, Taguig City

RECRUITMENT

Dencom

☎ 0919-6775-493/02-813-6977
 ☎ Unit 3009, 30/F, Cityland Pasong Tamo Tower, 2210 Don Chino Rocas Ave., Makati City

J-K Manpower

☎ 02-245-2829
 ☎ Unit 3 JKLM 3/F, Crissant Plaza Bldg. No.272, Commonwealth Ave., Old Balara, Quezon City

NOSPHIL Consultancy & Manpower Systems

☎ 02-687-1978
 ☎ 3/F, OAC Bldg., 27 San Miguel Ave., Ortigas Center, San Antonio, Pasig City

Reeracoen Recruitment Co., Ltd

☎ 02-893-7282/02-843-2986/
 0942-462-4174
 ☎ Unit 6A, 6/F Sotto Wing, First Life Center, Salcedo St., Legaspi Village, Makati City

Sagass

☎ 02-893-8815/0932-893-8815
 ☎ 139 Valero St., Salcedo Village, Makati City

LAW OFFICES

Baker & McKenzie

☎ 02-819-4700
 ☎ 12/F, Net One Center, 26th S. cor. 3rd Ave., Crescent Park West, BGC, Taguig City

Ingles Laurel Calderon Law office

☎ 02-812-9419/02-812-9333
 ☎ Suite 7B, The Valero Tower, 122 Valero St., Salcedo Village, Makati City

Quasha, Ancheta, Peña & Nolasco

☎ 02-892-3020
 ☎ Don Pablo Building, 114 Amorsolo St., Makati City

Puyat Jacinto & Santos Law Office

☎ 02-840-5025 to 28
 ☎ 10/F, 8 Rockwell, Hidalgo cor. Plaza Dr. Rockwell Center, Makati City

Sicangco & Sicangco Law Office

☎ 02-813-4967/02-856-4658
 ☎ 1205 Security Bank Centre, 6776 Ayala Ave., Makati City

Venture Hub

☎ 02-789-9001
 ☎ 40/F, PBCOM Tower, 6795 Ayala Ave., V.A. Rufino St., Bel-Air, Makati City

OTHERS

Signal

☎ 02-888-5555

Destiny Cable Inc.

☎ 02-728-2168
 ☎ Solid House, Pasong Tamo Ext., Makati City

Dream Cable

☎ 02-889-8292
 ☎ 11/F, DPC Place Office Bldg., 2322, Chino Rocas Ave., Makati City

Globe

☎ 02-730-1000/0915-895-9923
 ☎ 2/F, Greenbelt 4, Ayala Center, Makati City

Globe Telecom DSL

☎ 02-919-8888
 ☎ 2/F, Greenbelt 4, Makati City

PLDT

☎ 02-888-8171
 ☎ RC Bldg., 7895 Makati Ave., cor. Dela Rosa St., Makati City

Sky Cable

☎ 02-636-7591
 ☎ G/F, Benpres Building, Meralco Ave., Pasig City

Smart

☎ 02-888-1111
 ☎ 6799 Ayala Ave., Makati City

Real Estate Guide

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☎ 0925-333-3333/ 0925-777-7777 /
 02-636-0888
 ☎ Pedro Gil, Mabini, Malate, Makati City

Avida Towers, Alabang

☎ 0917-8472-849
 ☎ Alabang Zapote Rd. cor. Prime St., Madrigal Business Park

Eton Parkview Greenbelt

☎ 02-548-4082 / 02-755-3090 /
 0905-308-9632
 ☎ Gamboa St., Legaspi Village, Makati City

La Verti Residences

☎ 02-403-7368
 ☎ Taft Ave., Pasay City

Two Lafayette Square

☎ 02-887-4964
 ☎ 105 Tordesillas St., Salcedo Village, Makati City

CONSULTANTS

JNP Real Estate Corp.

☎ 0915-332-1555
 ☎ Unit UG21, Cityland Pasong Tamo Tower, Makati City

Leechiu Property Consultants

☎ 02-888-8111
 ☎ 2/F Makati Shangri-La Retail Arcade, Ayala Ave., Makati City

Property Icon

☎ 02-861-8960
 ☎ Unit 407, 4/F Vicente Madrigal Bldg., 6793 Ayala Ave., Makati City

SHARED OFFICE

A SPACE

☎ 02-542-7842
 ☎ A SPACE Greenbelt, 110 Legaspi St., Makati City

Eton Centris

☎ 02-548-4058
 ☎ Eton Centris, Pinyahan, Diliman, Quezon City

KMC Mag Group

☎ 02-403-5519
 ☎ Rufino Pacific Tower, 6784 Ayala Ave., Makati City

Leopalace 21

☎ 02-801-3417
 ☎ 23/F, Tower 6789, 6789 Ayala Ave., Makati City

Marimo Real Estate Philippines Inc.

☎ 02-864-4100
 ☎ 26/F, Twenty-Four Seven McKinley, 24th St. cor. 7th Ave., BGC, Taguig City

NOSPHIL Consultancy & Manpower Systems

☎ 02-687-1978
 ☎ 3/F, OAC Building, 27 San Miguel Ave., Ortigas Center, San Antonio, Pasig City

One E-com

☎ 02-451-8243
 ☎ 4/F Unit 2C, One E-com Center Building, Ocean Drive, Mall of Asia Complex, Pasay City

VILLAGES

Ayala Alabang Village

☎ 02-809-2282
 ☎ Ayala Alabang Village, Muntinlupa City

Forbes Park Village

☎ 02-624-3115
 ☎ Talisay Street, Forbes Park Village, Forbes Park North, Makati City

Greenmeadows Village

☎ 02-637-3311 / 02-637-3399
 ☎ Greenmeadows Ave., Greenmeadow Village, Quezon City

McKinley Hill Village

☎ 02-815-1888 / 0917-887-8696
 ☎ Upper McKinley Hill Village, Taguig City

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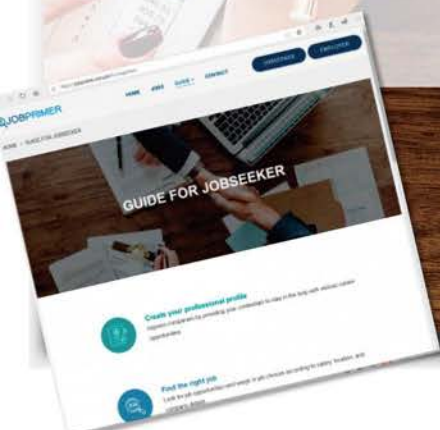
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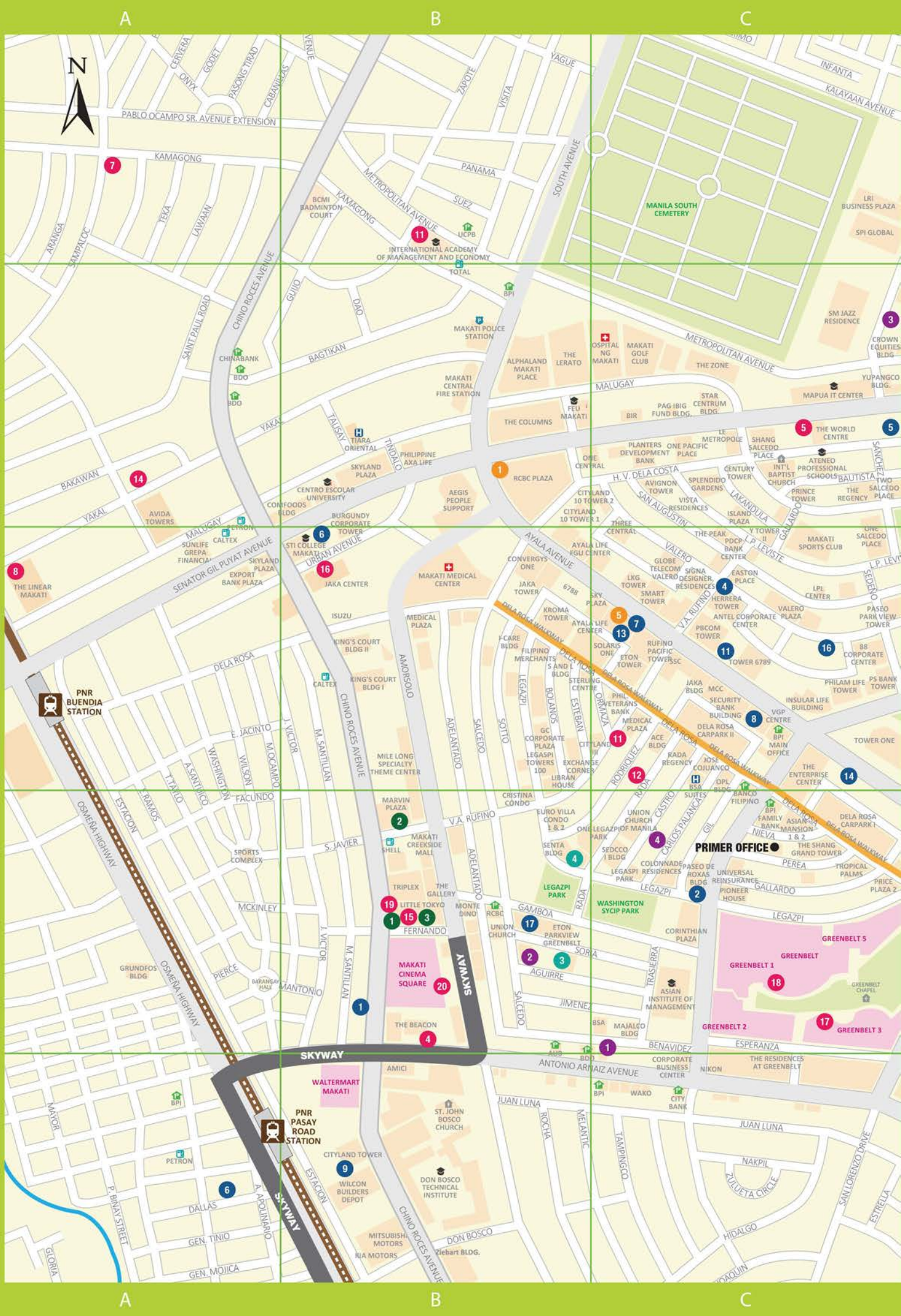


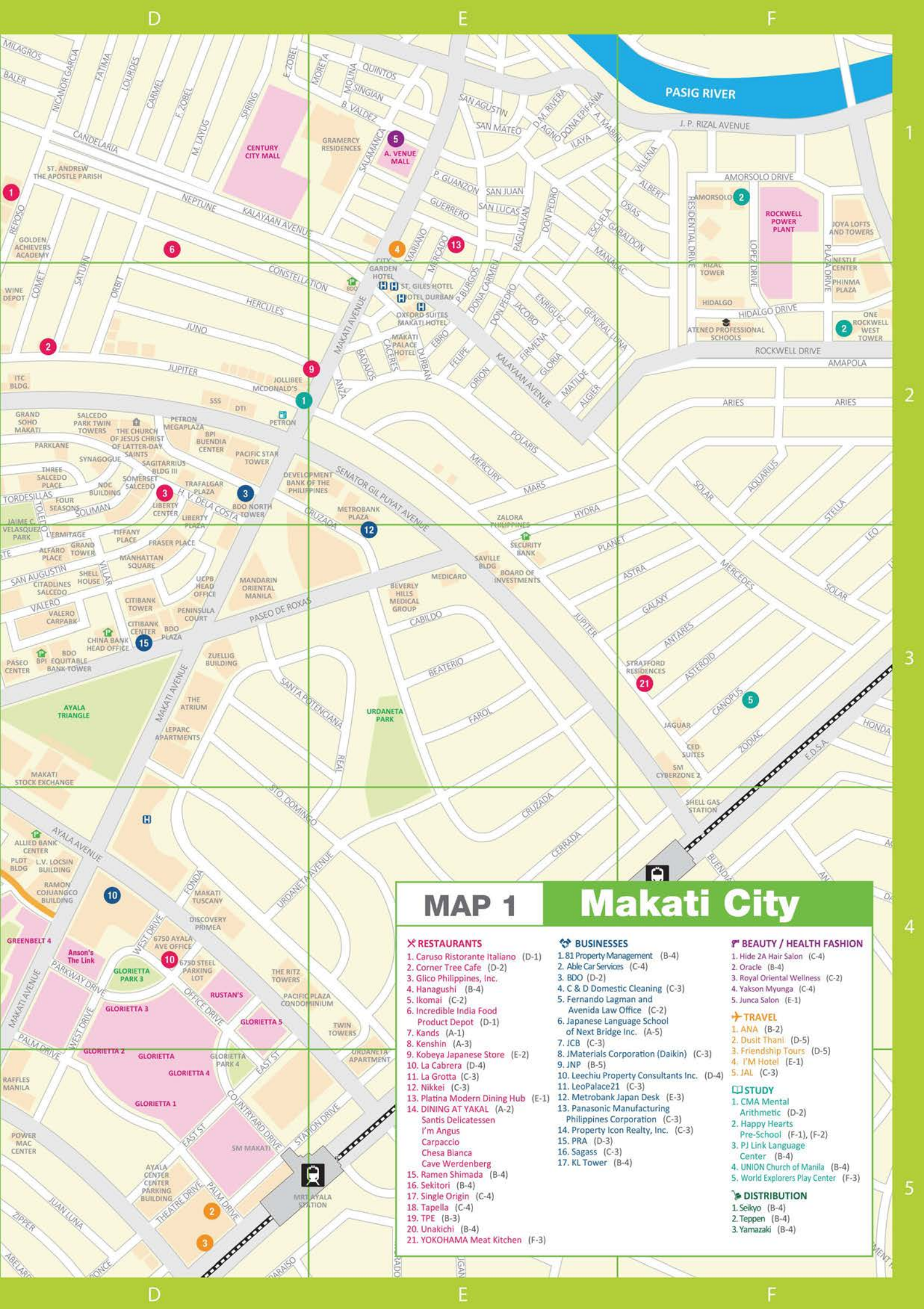
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<https://jobprimer.com.ph/how-to-use>







MAP 1

Makati City

✂ RESTAURANTS

1. Caruso Ristorante Italiano (D-1)
2. Corner Tree Cafe (D-2)
3. Glico Philippines, Inc. (B-4)
4. Hanagushi (B-4)
5. Ikomal (C-2)
6. Incredible India Food Product Depot (D-1)
7. Kands (A-1)
8. Kenshin (A-3)
9. Kobeya Japanese Store (E-2)
10. La Cabrera (D-4)
11. La Grotta (C-3)
12. Nikkei (C-3)
13. Platina Modern Dining Hub (E-1)
14. DINING AT YAKAL (A-2)
15. Santis Delicatessen
16. I'm Angus
17. Carpaccio
18. Chesa Bianca
19. Cave Werdnberg
20. Ramen Shimada (B-4)
21. Sekitori (B-4)
22. Single Origin (C-4)
23. Tapella (C-4)
24. TPE (B-3)
25. Unakichi (B-4)
26. YOKOHAMA Meat Kitchen (F-3)

🏢 BUSINESSES

1. 81 Property Management (B-4)
2. Able Car Services (C-4)
3. BDO (D-2)
4. C & D Domestic Cleaning (C-3)
5. Fernando Lagman and Avenida Law Office (C-2)
6. Japanese Language School of Next Bridge Inc. (A-5)
7. JCB (C-3)
8. JMaterials Corporation (Daikin) (C-3)
9. JNP (B-5)
10. Leechiu Property Consultants Inc. (D-4)
11. LeoPalace21 (C-3)
12. Metrobank Japan Desk (E-3)
13. Panasonic Manufacturing Philippines Corporation (C-3)
14. Property Icon Realty, Inc. (C-3)
15. PRA (D-3)
16. Sagass (C-3)
17. KL Tower (B-4)

💆 BEAUTY / HEALTH FASHION

1. Hide 2A Hair Salon (C-4)
2. Oracle (B-4)
3. Royal Oriental Wellness (C-2)
4. Yakson Myunga (C-4)
5. Junca Salon (E-1)

✈ TRAVEL

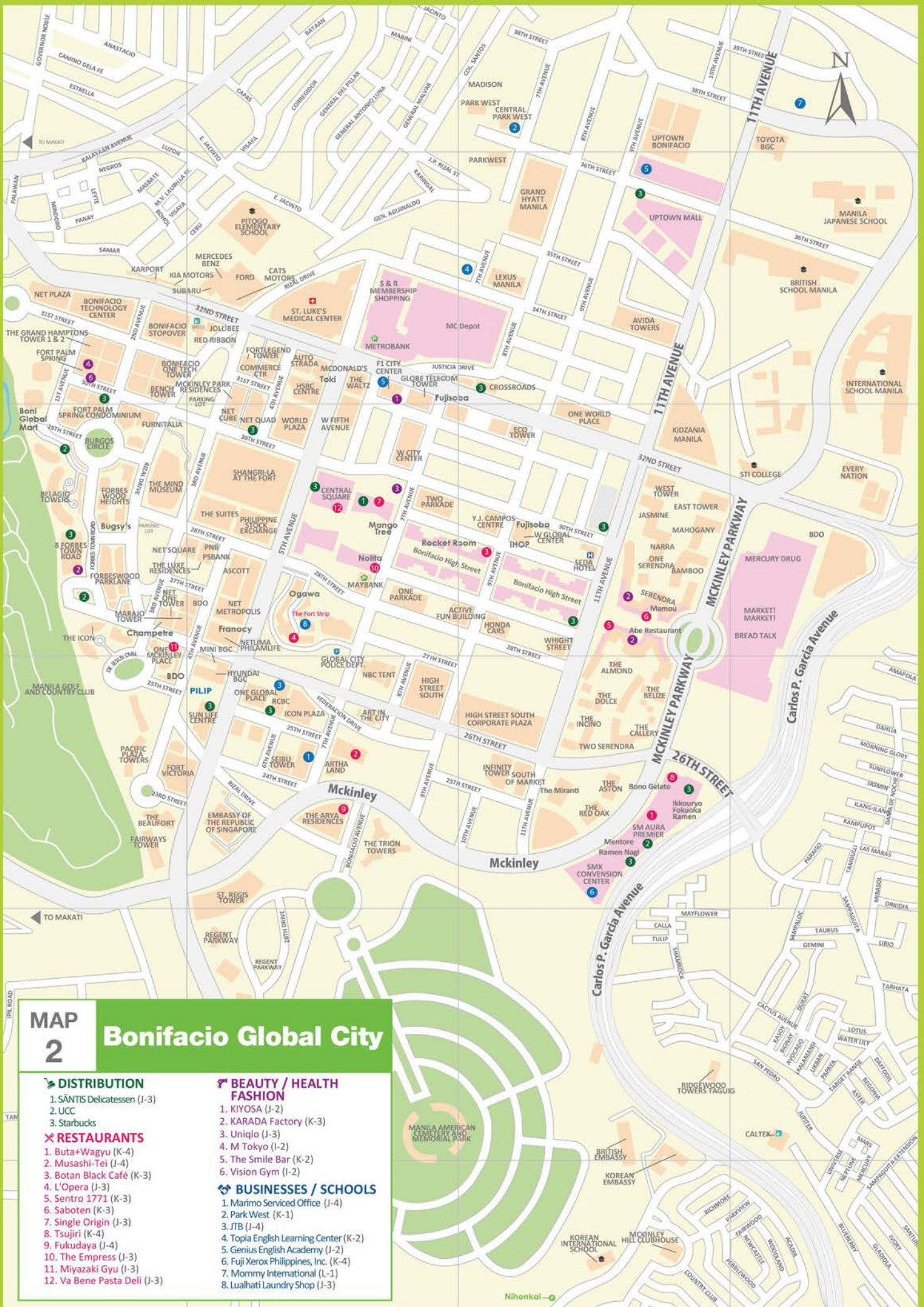
1. ANA (B-2)
2. Dusit Thani (D-5)
3. Friendship Tours (D-5)
4. I'M Hotel (E-1)
5. JAL (C-3)

📖 STUDY

1. CMA Mental Arithmetic (D-2)
2. Happy Hearts Pre-School (F-1), (F-2)
3. PJ Link Language Center (B-4)
4. UNION Church of Manila (B-4)
5. World Explorers Play Center (F-3)

🍷 DISTRIBUTION

1. Seikyo (B-4)
2. Teppen (B-4)
3. Yamazaki (B-4)



MAP 2

Bonifacio Global City

DISTRIBUTION

1. SÁNTIS Delicatessen (J-3)
2. UCC
3. Starbucks

RESTAURANTS

1. Buta+Wagyu (K-4)
2. Musashi-Tei (J-4)
3. Botan Black Café (K-3)
4. L'Opera (J-3)
5. Sentro 1771 (K-3)
6. Saboten (K-3)
7. Single Origin (J-3)
8. Tsujiri (K-4)
9. Fukudaya (J-4)
10. The Empress (J-3)
11. Miyazaki Gyu (I-3)
12. Va Bene Pasta Deli (J-3)

BEAUTY / HEALTH FASHION

1. KIYOSA (J-2)
2. KARADA Factory (K-3)
3. Uniqlo (J-3)
4. M Tokyo (I-2)
5. The Smile Bar (K-2)
6. Vision Gym (I-2)

BUSINESSES / SCHOOLS

1. Marimo Served Office (J-4)
2. Park West (K-1)
3. JTB (J-4)
4. Topia English Learning Center (K-2)
5. Genius English Academy (J-2)
6. Fuji Xerox Philippines, Inc. (K-4)
7. Mommy International (L-1)
8. Luahati Laundry Shop (J-3)



P2P / UBE

P2P BUS ROUTES

MAKATI

Routes	Fare
Greenbelt 1 to Alabang Town Center	(P100.00)
Greenbelt 5 to Ayala Malls South Park	(P100.00)
Glorietta 3 to Robinsons Galleria	(P30.00)
Glorietta 3 to Robinsons Novaliches	(P100.00)
Glorietta 3 to UP Town Center	(P80.00)
Ayala Center - SM Megamall - Trinoma - SM North (Saturdays)	(P100.00)
Makati Circuit Lane to Nuvali Transport Terminal	(P150.00)
Park Square to Trinoma	(P95.00)
Greenbelt 5 to SM City Masinag	(P80.00)
Makati to Eastwood	(P100.00)
Greenbelt 3 to Sucat interchange	(P100.00)
Greenbelt 5 - SM Cherry Antipolo	(P80.00)

QUEZON CITY

Routes	Fare
Robinsons Galleria to Clark International Airport	(P250.00)
Araneta Cubao - NAIA	(P100)

ORTIGAS

Routes	Fare
Robinsons Galleria to Antipolo Triangle Mall	(P50.00)

- Robinsons Galleria to Robinsons Place Antipolo (P60.00)
- SM Megamall to SM North EDSA (P65.00)

ALABANG

Routes	Fare
Alabang Town Center to Market! Market!	(P100.00)
Starmall Alabang - Central Mall Dasmariñas	(P50.00)
Starmall Alabang to Robinsons Galleria - Starmall Shaw	(P80.00)
Starmall Alabang to Vista Mall Daang Hari, Bacoor	(P35.00)
ATC to Ayala Malls 30th	(P80.00)
ATC to Greenhills Shopping Center	(P80.00)
Alabang South Station (Muntinlupa) - Market! Market!	(P100 / P80.00)
ATC - Greenbelt 1	(P180.00)
ATC - Ayala Malls the 30th	(P80.00)
ATC - Lawton	(P180.00)

BULACAN

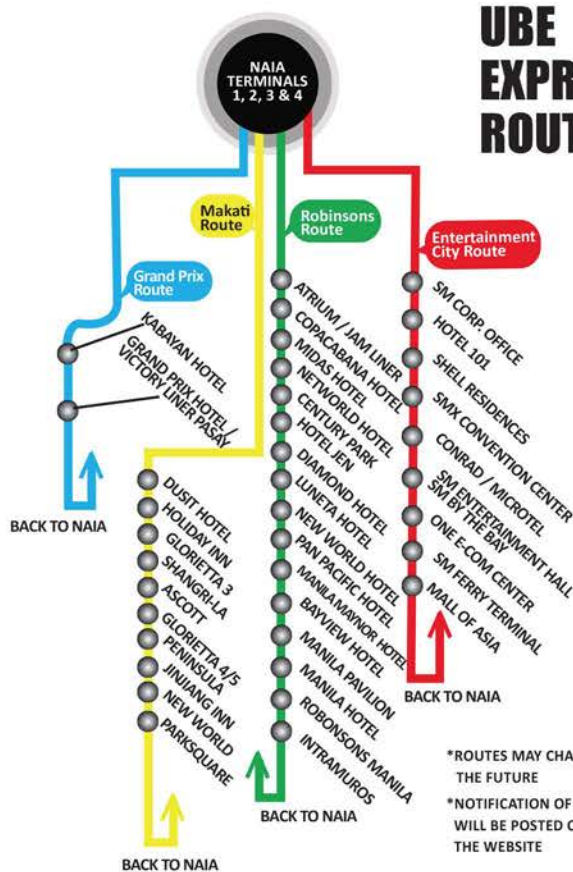
Routes	Fare
Sta. Maria Bulacan - Trinoma	(P70.00)
Robinsons Place Malolos - North Ave. (QC)	(P80.00)

Others

Routes	Fare
NAIA - Clark Airport	(P350.00)
Camella Dasma Highway - San Lorenzo Place Makati	(P150.00)

STANDARD FARE: Php 300.00

UBE EXPRESS ROUTES



* ROUTES MAY CHANGE IN THE FUTURE
* NOTIFICATION OF CHANGES WILL BE POSTED ON THE WEBSITE

LRT / MRT ROUTES

QUEZON CITY



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LRT / MRT



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LRT1 - Php 15.00 to Php 30.00
LRT2 - Php 15.00 to Php 25.00

MAKATI

	LRT 1
	LRT 2
	MRT 3

What's New in the Metro?

PASAY CITY



Manila FAME

Established as the Philippines' premier design and lifestyle event, Manila FAME will once again showcase artisanal, innovative products from a collaboration between Filipino manufacturers and renowned Filipino designers! Don't miss it from October 17 to 19 at the World Trade Center Manila.

World Trade Center, Pasay City



World Travel Expo 2019

World Travel Expo 2019 is yet to fulfill every traveler's dream at the SMX Manila. Get ready to be taken around the globe with cheap travel deals and finds from October 25 to 27 to get you geared up for your next travel plans.

SMX Convention Center, Pasay City



GOT7 Keep Spinning 2019 World Tour

The wait is over, K-pop fans! South Korean boy group, GOT7, has announced their return in Manila for their "Keep Spinning 2019 World Tour" at the SM Mall of Asia Arena. Be sure not to miss JB, Mark, Jackson, Jinyoung, Youngjae, BamBam, and Yugyeom as they rock the stage on October 26, 7 pm.

Mall of Asia Arena, Pasay City



Backstreet Boys: DNA Tour

Calling all the '90s kids! Iconic boy band, Backstreet Boys, will land in Manila for the DNA Tour this coming October 28. VIP Meet & Greet Upgrade to your tickets are still up for purchase, so don't miss the chance of taking a snap with the boy group and getting limited edition merchandise after the show.

Mall of Asia Arena, Pasay City

TAGUIG CITY



Miguel at The Island

Catch the Grammy award-winning singer, songwriter, and record producer, Miguel, as he performs his top hits live at The Island at The Palace Manila, happening this October 9. Take note that minors are not allowed inside The Palace, so don't forget to bring your valid ID.

The Palace Manila, Taguig City



Pinoy Playlist Music Festival 2019

Filipino music lives on as the BGC Arts Center together with Sun Life Foundation celebrate Original Philippine Music (OPM), spanning across genres and generations at the Pinoy Playlist Music Festival 2019! The music festival is happening this October 11 to 13 and 18 to 20 at the BGC Arts Center.

BGC Arts Center, Taguig City



Coslandia 2019

Japanese culture enthusiasts unite! Coslandia is back with yet another outstanding celebration at the SMX Convention Center in SM Aura! Don't miss your favorite international and local idol performers as well as the latest manga, cosplay, anime, and gaming. Mark your calendars from November 1 to 3.

SMX Aura, Taguig City

CUBAO CITY



Lee Seung Gi Asia Fan Meeting

With almost 15 years in the industry, Korean celebrity Lee Seung Gi is scheduled to meet his Filipino fans for the first time since his debut. The Manila leg of his series of Asian Fan Meetings, Vagabond Voyage, is happening on October 12 at the New Frontier Theatre in Araneta Center, Cubao.

New Frontier Theatre, Cubao

SPOTLIGHT



Event

Japan Fiesta 2019

November 9 - 10

The first-ever Japan Fiesta is here— get a sneak peek of what it's like to tour the Land of the Rising Sun! Don't miss some of the most-awaited travel opportunities, sumptuous Japanese food, and cultural performances at the SMX Convention Center in SM Aura from November 9 to 10. Plus, admission is FREE!

Visit <https://japanfiesta.ph> for more information.

SMX Convention Center, SM Aura Premier, Taguig City



MANDALUYONG CITY



2nd Ascott Golf Cup

The leading international lodging owner-operator, The Ascott Limited, is set to hold the 2nd Ascott Golf Cup on October 29! Wack Wack Golf and Country Club in Mandaluyong City is expected to be filled with the presence of 100 golfers and 50 companies including business partners and clients of the highly-esteemed Singaporean company.

Wack Wack Golf and Country Club, Mandaluyong City

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