

FREE

Vol. 39  
JUNE 2019

Philippine  
**primer**  
The **Expats'** Guide to the **Philippine Lifestyle**

the new  
**boracay**



**STREET**

Alabang: The South's Amicable Community

**TRAVEL**

Boracay: Reawakened Tropical Paradise

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On the cover: Station 3 Boracay / By Coach RM Lobaton

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and More



### Features of the Issue

**COVER** — Distinct from the other lovely cities in the southern metro, Alabang is loved by its patrons for its relaxed atmosphere that melds modernity with nature. As Muntinlupa City's commercial center, Alabang boasts high-end lifestyle and wellness centers and corporate towers, balanced out by spacious walkways and lush greeneries and parks. Turn immediately to the Street section and discover the many reasons to love Alabang.

**TRAVEL** — Boracay has been and always will be the Philippines' prime beach destination, pulsating with life and passion. For a while, the life pulse was momentarily interrupted—the beach was closed to save what local leaders perceived to be a dying Boracay. The beach was re-opened just last October, radiating with a renewed energy and reawakened soul—and this is what we have all been waiting to experience. Join Philippine Primer as we get to know the new and reawakened island paradise of Boracay!

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Street: Amicable Alabang

# Alabang

Once you get used to the amicable atmosphere in Alabang, you might never want to leave.



[bit.ly/Primer-Alabang](https://bit.ly/Primer-Alabang)



Perhaps hearing the word Alabang would spark different images, either of a big urban city or a quaint town of greeneries. But if you know Alabang like a real Southerner, you'd know it's both.

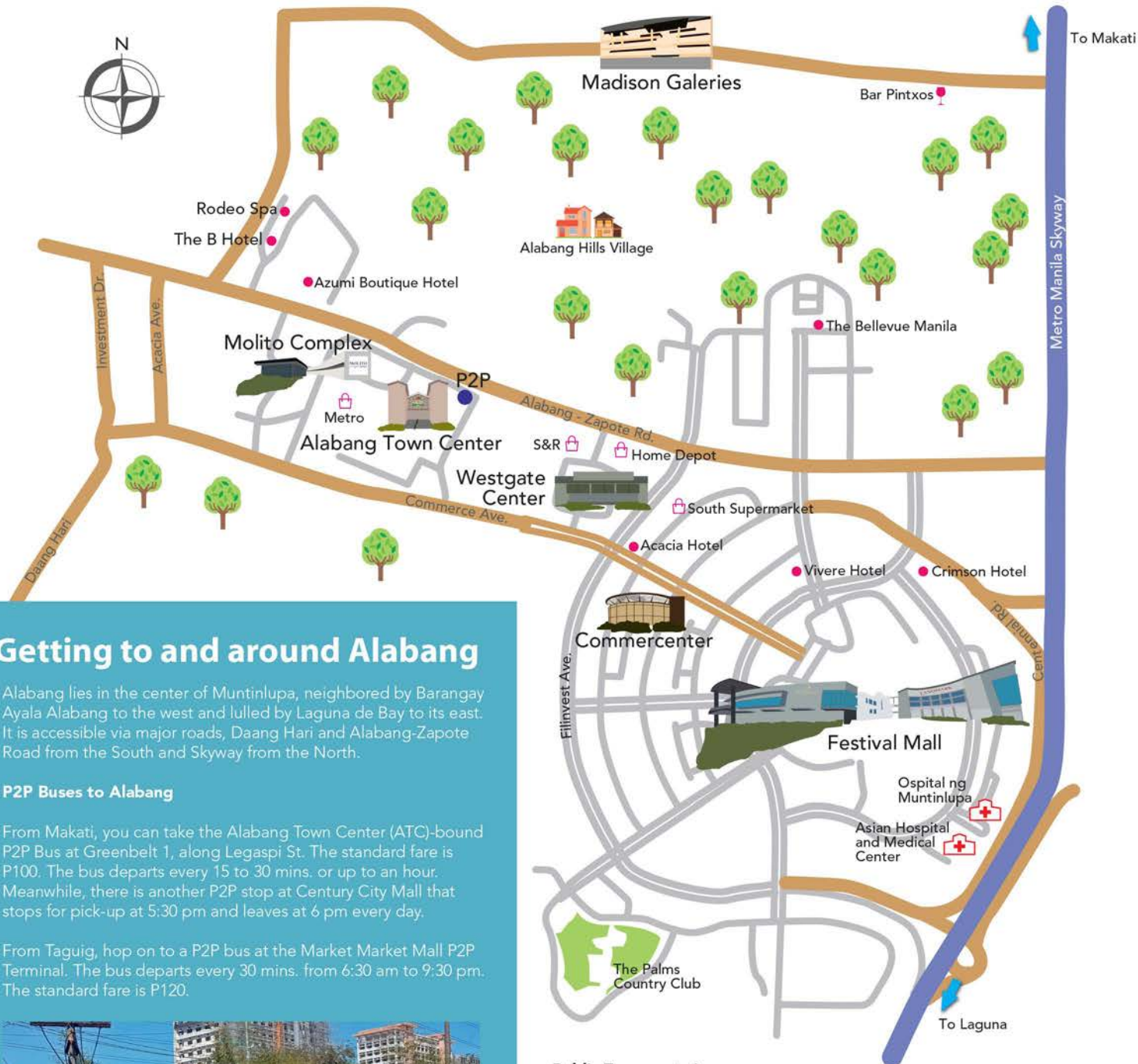
This busy central business district of Muntinlupa can still provide everyone avenues to unwind and feel refreshed every now and then. You won't see many businessmen with briefcases running after time compared to the other CBDs in Metro Manila. Instead, you will see people with a laid-back aura, enjoying a simple yet sophisticated crowd.

The sight of Alabang residents will make you feel warm. Families and friends bond over coffee and comfort food in the myriad of cafés in Alabang Town Center, Molito, and Westgate, all adjacent to one another on Commerce Avenue. Kids and even pets have ample space to play and make friends.

Alabang is also a place that inspires healthy living at no cost. Parks and open areas are a convenient go-to for fitness and outdoor enthusiasts. Cyclists come together at Filinvest Mountain Bike (MTB) Trail, while joggers have the freedom to set their course as nearly every trail and every road in Filinvest City are spacious and well-paved.

Further, tons of restaurants and establishments in Alabang are birthed from people's passion and unique stories. The best part is that these people strive to provide authenticity matched with a local touch for everyone to experience. May it be arts or businesses, you'll find people supporting each other to build a community—a family, even.

Beware, though—once you get used to the amicable atmosphere in Alabang, you might never want to leave.



## Getting to and around Alabang

Alabang lies in the center of Muntinlupa, neighbored by Barangay Ayala Alabang to the west and lullied by Laguna de Bay to its east. It is accessible via major roads, Daang Hari and Alabang-Zapote Road from the South and Skyway from the North.

### P2P Buses to Alabang

From Makati, you can take the Alabang Town Center (ATC)-bound P2P Bus at Greenbelt 1, along Legaspi St. The standard fare is P100. The bus departs every 15 to 30 mins. or up to an hour. Meanwhile, there is another P2P stop at Century City Mall that stops for pick-up at 5:30 pm and leaves at 6 pm every day.

From Taguig, hop on to a P2P bus at the Market Market Mall P2P Terminal. The bus departs every 30 mins. from 6:30 am to 9:30 pm. The standard fare is P120.



From Pasig, there are P2P buses bound for ATC at Ayala Malls The 30th, but the departure time are only 6 pm and 7 pm. From ATC to Ayala Malls the 30th, buses leave only at 6:30 am and 7:30 am. The standard fare is P140.

From Manila, there is a P2P station in Lawton. The bus departs every 30 mins. to one hour and the standard rate is P180.

There are also P2P stations at NAIA Terminals 1, 2, 3 and 4 bound for ATC. Buses run every three hours from 3:30 am to 9 pm for all terminals except Terminal 3, which starts from 4:30 am until 11 pm. The standard fare is P110.

From Cavite, there are also P2P buses at Vista Mall Daang Hari in Bacoor going to Sarmall Alabang. The standard fare is P40, and buses depart every 20-30 mins.

### Public Transportation

Other options for public transportation are jeepneys and vans. Alabang South Station is the central station where you can find jeepneys serving Pasay, Bicutan, Sucat, Baclaran, and Zapote. Jeepneys also pass by different subdivisions such as Alabang Hills, Intercity Homes, and Hillsborough.

There are also vans bound for parts of Cavite and Laguna stationed at Alabang South Station, Festival Mall, and Alabang Town Center. Depending on your destination, fares range from P50 to P100.

### Parking

Sufficient parking space is provided in malls like Alabang Town Center, Festival Mall, and Molito. The standard rate for the first 3 hours is P40, while overnight parking ranges from P500 to P600.



# FESTIVAL MALL

Operating for two decades already, Festival Mall is a one-stop recreational destination for all kinds of people. Its most popular facility is X-Site, a cyber playground home to the biggest indoor coaster ride in the country. Experience the heart-pounding roller coaster drop of the X-treme Coaster, the spin and thrills of X-plo Drive bump car, and the adrenaline rush of the Xyber Trax go kart!

Kids can also surely enjoy exploring the mall on The Rail, a train that goes around the lower ground floor. You can ride it with your kids at the Festival Grand Station located near the Food Junction. Meanwhile, the newest feature is River Park, its centerpiece a creek surrounded by lush gardens and dining options. This romantic landscape is best experienced at night when it is lit up by colorful lights.



River Park



The Rail



X-Site

## Soga Miga PPP

From Molito, Soga Miga transferred to Festival Mall with a new and bigger location, which lets them cater to more Korean food lovers. The new interiors are inspired by hanok, the traditional Korean house, that lets you experience a piece of Korean culture. Soga Miga takes pride in their premium marbled wagyu beef cuts that many diners love because of the tenderness, juiciness, and exceptional flavor. While some of their ingredients are locally sourced, most of the spices and herbs used in their dishes are imported from Korea.

- UG/F Expansion Wing, Festival Supermall, Alabang, Muntinlupa City
- 02-403-8853
- 10 am to 11 pm
- Soga Miga - 소가미가



Wagyu Anchoisal (P1,400)



Soga Miga



Top Blade Wagyu (P1,000-P1,400)

## Hakata Ikkousha PP

Hakata Ikkousha was first opened in Japan in 2004 by a ramen fanatic and Hakata native, Kousuke Yoshimura, with one aim: to make everyone happy one bowl of Hakata ramen at a time. This restaurant is known for its Hakata ramen, which is made with 100% tonkotsu soup that's rich, thick, and creamy, with a strong aroma that would instantly make you drool. For first-timers, a highly recommended dish to try is the Tonkotsu ramen (Php 320), which is the original Hakata style, full-bodied and collagen-rich.

- UG/F Expansion Wing, Festival Supermall, Alabang, Muntinlupa City
- 0918-647-6042
- 11 am to 10 pm
- Ikkousha Ramen Manila



Tonkotsu ramen (P320)

## RED Kitchen + Bar PP

You can do three things in RED. Relax to live music dished out by resident DJs. Eat heartily from a selection of local and international dishes. And drink coffee, beer, wine, cocktails, and more.

- Bldg. D-3, River Park, Festival Supermall, Alabang, Muntinlupa City
- 0998-245-4300
- 11 am to 12 am (Sun to Tue); 11 am to 1 am (Wed to Sat)
- RED Kitchen + Bar



Triad Churrasco (P685)

## The Cook by Honglepark PPP

The Cook by Honglepark boasts such unique dishes with generous servings, which is especially ideal for groups. They offer classic Italian like pasta and salad, but you'll be surprised by how they can make it look like a regular Korean meal.

- LG/F Water Garden, Festival Supermall, Alabang, Muntinlupa City
- 02-821-9270
- 10 am to 9 pm
- The Cook by Honglepark
- @honglepark



Shrimp Pilaf (P699 good for 2-3 pax)



## Kuya J's **PP**

From the humble beginnings of a carinderia (local eatery) back in Cebu, Kuya J's has emerged into a high-class homegrown restaurant promoting the Filipino tradition of *salosalo* or dining together. The familial atmosphere begins from the restaurant name itself, Kuya J, which translates to big brother J, suggesting that the restaurant is all about a homey dining experience. The food, meanwhile, is a much-enhanced representation of Filipino cuisine.

📍 LG/F Festival Supermall Expansion, Alabang, Muntinlupa City  
☎ 0998-587-9192  
🕒 10 am to 9 pm (Mon to Fri); 10 am to 10 pm (Sat to Sun)  
🌐 kuyaj.ph 📍 Kuya J Restaurant



Kare - Kare (P435)

## Market Basket **PPP**

Market Basket is a modern *dampa*, a seafood restaurant where guests can buy fresh seafood and have it cooked the way they want it. Guests can dine al fresco by the river park or inside the air-conditioned dining area.

📍 Unit C3, River Park, Festival Mall Corporate Ave., cor. Civic Drive, Muntinlupa City  
☎ 02-843-3230  
🕒 10 am to 11 pm  
📍 Market Basket - Alabang



## Petit Bistro **PPP**

Petit Bistro offers classic French dishes with strong Asian flavors. While typical French cuisine would taste mild, this "small restaurant" adds stronger flavors, an Asian twist. Their popular dishes are Egg Mimosa, Foie Gras in Mango Chutney, French Lamb Stew, and Salmon Gravlax.

📍 G/F Water Garden, Festival Supermall, Alabang, Muntinlupa city  
☎ 02-821-5294  
🕒 10 am to 10 pm  
🌐 petitbistromanila.com  
📍 Petit Bistro  
📍 @petitbistro.ph



Salmon Gravlax (P290)



## Grand Duchess Cafe **P**

For those looking for a hangout place in the south that's both cozy and budget-friendly, Grand Duchess Cafe is the perfect place to grab some donuts with a cup of coffee. They are famous for their twisted yet perfectly round donuts that boast a variety of flavors like caramel and chocolate.

However, one that is most talked about in this cafe is their YO.GE or yogurts.

📍 G/F Water Garden, Festival Supermall, Alabang, Muntinlupa City  
🕒 Hours: 10 am to 9 pm



## JOSE **PP**

JOSE is the home of sizzling seafoods and unlimited wagyu steaks in the south. They also boast an extensive menu of Filipino classics with a twist, like the Crispy Pasta, served sizzling with a kick of chili.

📍 LG/F Expansion Wing, Festival Supermall, Alabang, Muntinlupa City  
☎ 0915-417-2957  
🕒 Hours: 10 am to 11 pm  
📍 JOSE Filipino Sizzling Seafood and Unlimited Wagyu Steak



Unlimited Wagyu Steak (P1,145)

Credit: JOSE Facebook



## Hukad **PPP**

Unlike the traditional Hukad branches, Hukad in Alabang is a haven of white and greens, accented with puso or light fixtures inspired by rice wrapped in leaves. Since seafood is popular in Cebu, one should try their Baked Bantayan Scallops. It is topped with special cheese, bursting with flavors from the sea.

📍 UG/F Water Garden, Festival Supermall Expansion, Filinvest City, Alabang, Muntinlupa City  
☎ 02-403-8853  
🕒 10 am to 11 pm  
🌐 alwaysafeast.ph  
📍 Hukad Festival Mall



Baked Bantayan Scallops (P265)

## Blugré Coffee **PP**

Established in 1998 in Davao, Blugré Coffee is the proprietor of Davao's famous durian coffee and tea. Its 15th branch in Alabang offers various drinks infused with the fruit, as well as delicious comfort food that goes well with them. Try a combination of their must-try Durian Coffeiccino and Salmon Honey Lemon.

📍 UG/F Expansion Wing, Festival Supermall, Alabang, Muntinlupa City  
☎ 02-551-2966 / 0998-576-0788  
🕒 10 am to 10 pm  
🌐 blugre.ph  
📍 Blugré Coffee



Salmon Honey Lemon (P350)



# MOLITO

Molito may look like a simple establishment from the front, but once you enter, you'll see a serene complex of shops and restaurants concealing a vast green space with wooden benches and a refreshing fountain area.

A safe getaway located amid the bustling streets of Alabang-Zapote Road and Madrigal Avenue, Molito serves as a hangout for families with kids, friends, and pet owners looking for a quick refuge. Aside from the restaurants, cafes, and a few bars, there are establishments that cater to active individuals of all ages such as Habitat CrossFit, Titan basketball concept store, and The Playground for kids.



## Wooden Horse Steakhouse PPP

Founded in 2010, The Wooden Horse Steakhouse is a unique restaurant for any cowboy at heart. It is owned by Chef Koichi Tabe, which is quite uncommon for a Japanese since this is a very Texas type of restaurant. The winning concept of the cowboy salon-inspired interior was also by Chef Tabe himself. Check out their succulent Rib-Eye Steak 8 oz. best paired with the Japanese sauce. You can request the steak to be served on a sizzling plate.



Rib-eye Steak 8 oz. (P1,430)



Unit 2-3, Molito Lifestyle Center,  
Alabang-Zapote Rd., Alabang  
02-659-7522  
11 am to 2 pm; 6 pm to 10 pm  
whsteakhouse.wixsite.com/whsh  
Wooden Horse Steakhouse  
@woodenhorse\_steakhouse

## Ramen Yushoken PPP

You'd be surprised by how Ramen Yushoken gets packed when the clock strikes 11, which is exactly its opening time. It's as if right from the start, diners already know what to order as they've been there for the Nth time in a row.

Their best sellers are Shio and TanTanMen, but there are other lesser-known dishes that are worth the try! Take the Bonito Tsukemen, for instance, which is not in the menu and yet everyone keeps coming back for more. The noodles are served cold, sipping the flavors of the nori flakes on top.



Ebi Shio (P400)



Unit 20, Cluster 3 Molito Lifestyle  
Center, Alabang  
02-808-7424  
11 am to 11 pm  
Ramen Yushoken



Class President (P320)

## Burger Geek PP

Burger Geek dishes up burgers in a way that brings ornate perfection out of simplicity just as alchemists bring gold out of ordinary metals. Their Class President is a best seller that has a bunch of rich and savory ingredients stuffed in one burger.

Molito 4 Lifestyle Bldg., Cluster 3, Unit  
16A Molito Lifestyle Center, Alabang  
02-801-2903  
11 am to 11 pm  
Burger Geek  
@burgergeekph



Thailand's Crunch Salad (P269)

## Designer Blooms Cafe PP

What started out as a flower shop in Alabang Town Center has blossomed into an industrial chic cafe with a refreshing garden vibe and great comfort food offerings.

Cluster 2, Unit 11A Molito Lifestyle Center, Alabang  
02-808-9569  
10 am to 9 pm (Mon to Thu); 10 am to 12 am  
(Fri); 8 am to 12 am (Sat) and 8 am to 10 pm (Sun)  
Designer Blooms Cafe



Roast Salmon (P465)

## Draft Restaurant & Brewery PPP

Aside from a myriad of wines, beers, and other spirits, Draft offers four styles of their own craft beer, Compadre Craft, which are brewed in The Brewery in the Palace.

Molito Lifestyle Center, Alabang  
11 am to 2 am  
DRAFT Restaurant & Brewery  
@ilovedraftph

## L'Epicerie Gourmande **PP**

L'epicerie Gourmande is a French gourmet grocery, wine bar, and restaurant in one. Following the theme of casual and communal dining, L'epicerie Gourmande has servings for sharing such as the Le Plateau du Traiteur. Originally based in Festival Supermall, L'Epicerie will move to their new home in Molito in June.

- 📍 Molito Lifestyle Center, Alabang
- ☎ 02-810-2570
- 🕒 10 am to 11 pm (Sun to Thu); 10 am to 12 am (Fri to Sat)
- 🌐 [epicerie-gourmande.net](http://epicerie-gourmande.net)
- 📱 L'Epicerie Gourmande
- 📧 @epicerie.gourmande



Le Plateau du Traiteur (P590)



Le Plateau du Traiteur (P590)

## Thomson Road **PPP**

Thomson Road Chinese Bistro is your neighborhood Asian fusion restaurant serving Cantonese cuisine with Singaporean and Filipino twists. Timeless favorites, siomai and dim sum, are definitely something to try here.

- 📍 G/F Unit 5-6 Molito Lifestyle Center, Alabang
- ☎ 0917-160-8722
- 🕒 11:30 am to 10 pm
- 📱 Thomson Road Chinese Bistro
- 📧 @thomsonroadcb



Thomson Road Roasted Pork Platter (P1480)



## Exchange Alley **PP**

Exchange Alley has its own roastery, so you know their coffee is all about quality and freshness. They source their beans from Brazil, and local farms like Benu coffee from Bukidnon and Liberica from Batangas.

- 📍 Unit 3 Molito Lifestyle Center Bldg., Alabang
- ☎ 02-809-1009
- 🕒 7 am to 11 pm
- 📱 Exchange Alley Coffee House
- 📧 @each.coffee



Pork and Beans (P380)



## Parmigiano **PPP**

Parmigiano Ristorante Pizzeria has over 20 kinds of pizzas and an extensive menu of pasta plates. They offer over 90 dishes including a version of Italian Paella. Some ingredients are sourced from Italy and recipes are passed on from generations to generations.

- 📍 Unit 10 Lifestyle Extension, Molito Lifestyle Center, Alabang
- ☎ 02-776-72-95
- 🕒 11 am to 11 pm
- 📱 PARMIGIANO Ristorante Pizzeria
- 📧 @parmigiano\_ph



Pepperoni E Burrata (P595)

Credit: PARMIGIANO Facebook

## The Perfect Pint **PPP**

With their wide array of fresh craft beers paired with delicious food, you will never run out of options at The Perfect Pint. Apart from having brews supplied by local craft breweries, they also have their signature home brews done in small batches to ensure the quality of flavor.

- 📍 Molito Lifestyle Center, Alabang
- ☎ 02-815-9973 or 75
- 🕒 11 am to 2 am
- 📱 The Perfect Pint: Craft Beer + Fine Food
- 📧 @thepperfectpintph



Oyster Sea-sig (P420)



## Souv! By Cyma **PPP**

The restaurant name was derived from souvlaki, a well-known Greek dish made with skewered meat and vegetables. Their menu consists of a variety of sinfully healthy dishes that cater to every customer's choice from chicken, pork, lamb, or vegetable dish.

- 📍 G/F Molito Lifestyle Extension Bldg., Madrigal Ave., Alabang
- ☎ 02-253-4144
- 🕒 11 am to 11 pm (Sun to Thu); 10 am to 12 am (Fri to Sat)
- 📱 Souv



Angus Beef Short Ribs (P1,250)



Wagyu Noodles Soup (P480)

## Chairman Wangs **PP**

The star of the show is their Wagyu Noodles Soup, with rich, thick stock with an earthy flavor. The hand-pulled noodles has just enough spring to keep you going for days.

- 📍 Bldg. 4, Cluster 3, Unit 18 Molito Lifestyle Center, Alabang
- ☎ 02-828-8477
- 🕒 11 am to 10 pm
- 📱 Chairman Wang's Prime Beef Noodle House
- 📧 @chairmanwangs



Tomahawk (P1,700)

## Brera Delicatessen **PPP**

This Italian gourmet deli has a spacious dining area where you can enjoy fresh bread, sandwiches, cold cuts, and steaks. They are undergoing a quick makeover and will reopen on July 4.

- 📍 Molito Lifestyle Center, Alabang
- ☎ 02-776-0845
- 🕒 11 am to 11 pm (Sun to Thu); 11 am to 2 am (Fri to Sat)
- 📱 Brera Delicatessen, Molito Alabang
- 📧 @breradeli



## Real Food **PPPP**

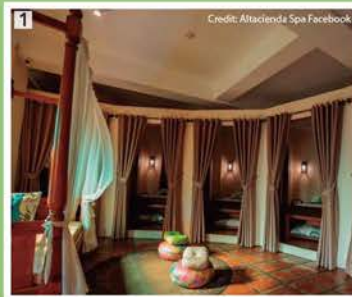
Staying true to their motto, "eat good, feel good," this grocery of good food carries brands and products that are locally and naturally grown, raised, and prepared.

- 📍 Unit 13A Molito Lifestyle Center, Alabang
- ☎ 02-772-0131 / 0917-678-0158
- 🕒 10 am to 10 pm
- 🌐 [realfoodph.com](http://realfoodph.com)
- 📱 Real Food

# WESTGATE

Westgate Center is a rising lifestyle and recreation center that houses a relaxed community of restaurants, lifestyle and leisure shops, and beauty and wellness centers. With its open areas and walkable roads snaking around low-rise commercial buildings, Westgate echoes the airy and laid-back ambiance of an American main street.

It is an ideal go-to for every member of the family—for dad who's on the lookout for the latest cars, for mom and big sis seeking a good massage, for the big brother who's looking for sports gears, and even for the little ones who are eager to play. After all these, the whole family can get together in one of the many restaurants in Westgate with a variety of specialties.

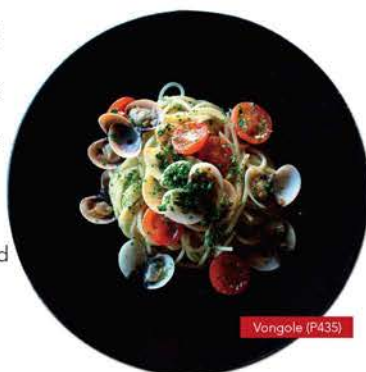


1) Altacienda Spa offers Spanish-Filipino inspired treatments in a luxurious facility; 2) Trader Juan's is one-stop shop for dining and cycling needs; 3) Fun Ranch is a barn-themed playground with various facilities where not only kids but also the whole family can enjoy.

## Da Gianni PPP

Da Gianni Cucina Italiana is co-owned by Filipino-Italian celebrity Matteo Guidicelli. A tribute to Guidicelli's late grandfather, the restaurant offers authentic Italian dishes that follow the farm-to-table concept.

Their Vongole, a must-try, has a mild seafood taste complemented by the robust aroma and flavor of olive oil and herbs.



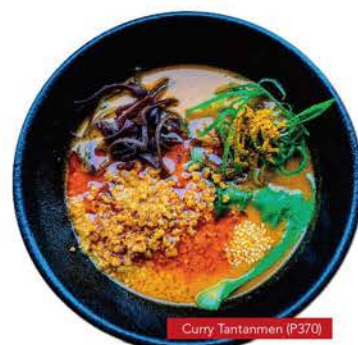
Vongole (P435)



📍 Westgate Hub, Westgate Center, Alabang  
☎ 0917-167-8350  
🕒 11 am to 10 pm  
🍴 Da Gianni  
@dagiannimanila

## Butamaru PPP

The story of how they have reached the pinnacle of their quest in Kyushu, Japan when they met a master artisan and put together the ramen that they would later be known for is like that of a kung-fu-disciple-and-master kind of movie. The ramen bowls of Butamaru will make your stomach dance and your palate belt out oooh. The noodles are made with three kinds of grain right in the kitchen of Butamaru. You can choose the level of spiciness—mild or spicy—and the kind of noodles—regular, soft or hard.



Curry Tantanmen (P370)



📍 CE 405, Westgate Hub, Westgate Center, Alabang  
☎ 02-887-4255  
🕒 11:30 am to 10 pm  
🍴 butamaruramen.com  
🍴 Butamaru - Alabang  
@butamaruph

## Caviar P P P P

The interior of Caviar has a homey lounge that looks like a cross between a living room and a bar. On another side is a luxurious dining area. Separating the two sections is a magnificent wine cellar made of glass. Privacy is given to those who will get seats close to the wall, perfect for a date. Get your fill with the Meat and Game choices from their Dinner Menu. The tender and irresistible Venison Saddle is served with creamy lime polenta, charred onions, mushrooms, and Prune Au Jus.



Roast Venison Loin and Lamb Shoulder Torchon (P1,850)

📍 Lot A-206 Westgate Center, Alabang  
☎ 02-552-7930 / 0917-868-3080  
🕒 5:30 pm to 10 pm (Mon to Sat); 10 am to 2 pm, 5:30 pm to 10 pm (Sun); Bar/Lounge open until midnight  
🍴 caviarrestaurant.com  
🍴 Caviar restaurant

## Bean and Yolk PP

Bean & Yolk was first established in Poblacion, Makati, with the initial plan of putting up a go-to counter of coffee and quick snacks. But when more customers came for dine-in, the owner decided to expand and bring the cafe to a bigger area—thus the birth of Bean & Yolk in Alabang. The new Bean & Yolk defines simplicity, playing with soft hues of white, marble, and oak for the interior.

The menu, meanwhile, has been expanded. They combined their signature sandwich and coffee offerings with a new selection of rice meals and other healthy options.



B & Y Mocha (P175)



B & Y Tapa Bowl (P295)

📍 Westgate Hub, Westgate Center, Alabang  
☎ 02-851-6558  
🕒 7 am to 10 pm  
📍 Bean & Yolk

## Zong P P P P

Zong has been around for more than 10 years, serving Cantonese cuisine. It exudes a laid-back ambiance perfect for a casual hangout with family or friends. Plus, the dishes are budget friendly.

You are up for a gastronomic treat when you try Whole Roast Duck or Honey Glazed Roast Pork. You can enjoy such exquisite dishes in a bright and cozy dining area with wide windows that let you see the greeneries outside.



One Whole Roast Duck (P1,888)

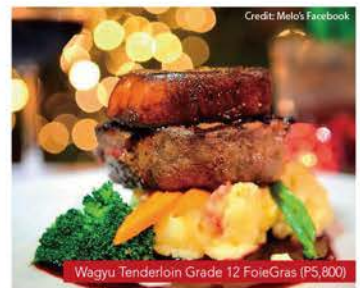


📍 Westgate Hub, Westgate Center, Alabang  
☎ 02-771-1428  
🕒 9 am to 11 pm  
📍 ZONG  
@ @zongph

## Melo's P P P P P

Aside from being known as one of the best places to savor authentic wagyu beef, Melo's also provides the freedom to choose your preferred meat cut and thickness from the steak cart, which is presented to you before grilling.

The menu showcases the renowned Saga beef and Kagoshima black beef from Japan as well as Australian wagyu and Certified Angus Beef.



Wagyu Tenderloin Grade 12 Foie Gras (P5,800)



📍 C 41, Westgate Hub, Westgate Center, Alabang  
☎ 02-771-2288  
🕒 11:30 am to 11 pm  
📍 Melo's Steakhouse Westgate Alabang  
@ @melos\_alabang

## Tus' Claypot and Skillets P P P

Tus' Clay Pots and Skillets boasts exquisite European cuisine that will make a mark on your palate. To start an authentic European experience, be sure to try their meaty Bacon Croquettes and Herbed Butter Skillet Steak. The interior itself will give you some relaxation.



Herbed Butter (P689)



📍 D1, Westgate Hub, Westgate Center, Alabang  
☎ 02-828-3178  
🕒 11 am to 10 pm (Sun to Thu);  
11 am to 10:30 pm (Fri to Sat)  
🌐 tusrestaurant.com  
📍 Tus' Restaurant  
@ @tusrestaurant

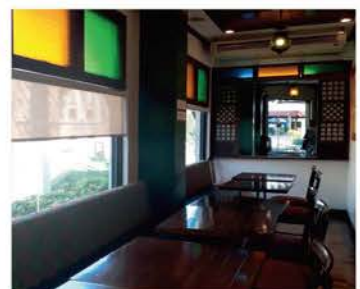
## Kanin Club P P P

Kanin Club will surely bring out the kanin or rice lover in you, all thanks to their sumptuous Filipino rice dishes. The name comes from the desire to uphold the one staple food that most Filipinos seem to agree on (and possibly cannot live without).

Designed with wooden furnishings, the interior is reminiscent of a traditional Filipino home so it's perfect for family affairs. Be sure to try their Crispy Dinuguan and Sisig—they're among the best sellers!



Sisig (P250)



📍 605, Westgate Hub, Westgate Center, Alabang  
☎ 02-771-1400  
🕒 11 am to 11 pm  
📍 Kanin Club

# COMMERCENTER

Surrounded by lush greeneries and a peaceful atmosphere, Commercenter is a relatively small lifestyle center but is a perfect go-to for those who are not fans of big mall crowds. It is home to high-quality shops and restaurants as well as a number of fitness and wellness brands. It also has its own cinemas that offer premier cinematic experience.



## Launchpad Coworking

The biggest coworking space in the south, Launchpad Coworking is designed to be homey and comfortable. Solo rates start at P500/day and P4,500/month. The coworking space is open to members for 24 hours.



- 📍 Unit 214-215, 2/F Commercenter, Commerce Ave. cor. Filinvest Ave., Alabang
- ☎ 02-776-3321 / 0956-395-8065
- 🕒 9 am to 7 pm (Mon to Fri); 10 am to 5 pm (Sat)
- 🌐 www.launchpadcoworkingph.com
- 📌 Launchpad Coworking

## Asian Eye Institute

The Asian Eye Institute's specialized medical services, state-of-the-art facilities, and advanced procedures make them one of the best in Asia. Their main clinic is in Makati, where surgeries are done. The clinic in Commercenter offers comprehensive eye exams, and tests for eye diseases like glaucoma and cataract. They also have an optical shop.



- 📍 G/F Commercenter, Commerce Ave. cor. Filinvest Ave., Alabang
- ☎ 02-403-9013 / 0917-628-2807
- 🕒 10 am to 9 pm
- 🌐 asianeyeinstitute.com
- 📌 Asian Eye Institute (Philippines)

## A-Won PPP

A-Won is a Korean restaurant owned and overseen by a Korean *eomoni* or mother. It is a spacious and cozy place to enjoy various Korean delicacies that are centered on Korean home cooking. The best items to enjoy here are the Korean meat barbecue. Despite the modern design of their grill tables, A-Won upholds the traditional way of cooking Korean barbecue which is with the use of charcoal.

- 📍 2/F Commercenter, Commerce Ave. cor. Filinvest Ave., Alabang
- ☎ 02-893-6519
- 🕒 10:30 am to 10 pm



## Sigekiya PP

With its roots in Japan, there is no doubt diners can get a taste of the same thing the Japanese have loved for years. Their signature, the Sigekiya Ramen is the restaurant's own take on shoyu ramen. It is unusually spicy, and the grilled chashu adds a unique taste.

- 📍 G/F Commercenter, Commerce Ave. cor. Filinvest Ave., Alabang
- ☎ 02-805-0400
- 🕒 11 am to 10 pm
- 📌 Sigekiya Ramen PH
- 📌 @sigekiyaramenph



## The Pig Pen PPP

The Black Pig's little brother, The Pig Pen distinguishes itself by giving a modern take on Asian and European comfort food. The restaurant aims to be a "pen" for friend and family gatherings—pun intended. A crowd favorite is their Pork Belly Rice Bowl, featuring soft and juicy meat that mixes well with kimchi.

- 📍 G/F Commercenter, Commerce Ave. cor. Filinvest Ave., Alabang
- ☎ 0977-839-5061
- 🕒 11 am to 10 pm
- 📌 The Pigpen Restaurant & Bar



## The Black Pig PPP

Judging from the name, you might expect all-pork meals but there's surprisingly more that The Black Pig offers. Besides their best-selling Pork Belly and Tapas Platter, they also have charcuterie, fish, steaks, and even vegan and vegetarian menus as well as drinks and snacks at the bar.

- 📍 2/F Commercenter, Commerce Ave. cor. Filinvest Ave., Alabang
- ☎ 02-808-1406
- 🕒 5 pm to 12 mn (Mon); 10 am to 12 mn (Tue to Sun)
- 🌐 [www.theblackpigbar.com](http://www.theblackpigbar.com)
- 📱 The Black Pig



Charcuterie Board (P520 half; P990 whole)



## The Farm Organics PPP

The Farm Organics will not make you regret that big serving of delicious burger. They are among the first to offer domestically produced organic beef—free-range, no antibiotics, no added hormones. Their Certified Organic New York Rib Eye Steak is served with mushroom gravy and blue cheese butter.

- 📍 2/F Commercenter, Commerce Ave. cor. Filinvest Ave., Alabang
- ☎ 02-831-7107
- 🕒 11 am to 10 pm
- 📱 The Farm Organics
- 📧 @thefarmorganics



Certified Organic New York Rib Eye Steak (P630 regular; P740 large)



Gyros (P400)



Ham and Cheese Panini (P250) / Churizo Pasta (P285)



Spaghetti Alla Vongole (P450)

## Akrotiri PPP

Inspired by Santorini's exceptional beauty and exotic flavors, Akrotiri serves modern Mediterranean cuisine for those who are looking for authentic Greek flavors.

- 📍 Unit 103, G/F Commercenter, Commerce Ave. cor. Filinvest Ave., Alabang
- ☎ 0926-732-0279
- 🕒 Check-in: 2 pm / Check out: 12 pm
- 📱 akrotiri.ph
- 📱 Akrotiri PH

## Coffee Syndicate PP

Coffee Syndicate sources local coffee mainly from Benguet. Their slightly strong, regular brewed coffee alone is enough to get a grasp of what the cafe offers. Meanwhile, the food menu is conceptualized by a "silent partner" who also acts as the food consultant.

- 📍 Unit 107, G/F Commercenter, Commerce Ave. cor. Filinvest Ave., Alabang
- ☎ 0945-610-4164
- 🕒 8 am to 9 pm (Mon); 8 am to 10 pm (Tue to Sun)
- 📱 Coffee Syndicate

## Mona Lisa P P P P

The concept of Mona Lisa Ristorante goes back to a restaurant of the same name in California where the owners frequently dined. Now, this restaurant in Alabang offers tasteful Italian dishes with a Filipino touch.

- 📍 2/F Commercenter, Commerce Ave. cor. Filinvest Ave., Alabang
- ☎ 02-556-0708 / 0917-836-5472
- 🕒 11 am to 3 pm, 5:30 pm to 10:30 pm
- 📱 Mona Lisa Ristorante, Philippines
- 📧 @monalisaristorante

## Hanamaruken PPP

The Signature Happiness Ramen is made from soy sauce pork bone soup, which is carefully and slowly stewed. This item is very popular and highly recommended. Drunken Bowl and Salaryman Fried Rice are just some of the peculiar-sounding items that are worth the try.

- 📍 Unit 3013 New Wing, The Garden, Alabang Town Center, Alabang
- ☎ 02-869-9857
- 🕒 11 am to 9 pm
- 📱 Hanamaruken Ramen Philippines
- 📧 @hanamaruken\_ph



Signature Happiness Ramen (P445 half; P580 whole)



## Manila Creamery PP

Manila Creamery is a local gelato brand established in 2016. They aim to introduce gelato to Manila by using mostly locally-sourced ingredients and turning well-loved Filipino snacks into gelato flavors.

- 📍 G/F ATC Corporate Center, 2294 Access Rd., Alabang
- ☎ 0917-599-7963
- 🕒 11 am to 11 pm
- 📱 Manila Creamery



(P100/single scoop)



# ALABANG TOWN CENTER

Despite its contemporary Mediterranean vibe, Alabang Town Center is one of the oldest shopping and lifestyle centers in Alabang open since the early 1980s. It is located at the heart of Alabang's laid-back community, near Ayala Alabang and Alabang Hills Village and conveniently holding the P2P Alabang-Makati Bus Terminal. Its premier retail stores and world-class restaurants blend well with nature through its open-air structure similar to parks, perfect for weekend bondings and hangouts.

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Aside from your usual seafood cravings, explore other exciting eats at Isla Sugbu like their Steamed Pompano with Tausi. Dive your fork on the steamed pompano's soft and light fish meat topped with the savory flavors with a hint of spice of the sauce from the combination of chili garlic, soy sauce, and crushed tausi. It's one of the best seafood dishes to order when you dine at Isla Sugbu.

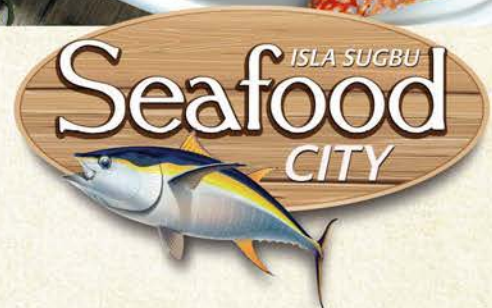
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[www.liquor.ph](http://www.liquor.ph) | [f Akashi Philippines](https://www.facebook.com/Akashi-Philippines)

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Maharlika Quezon City



## Restaurant Guide

### MAKATI

#### Azuthai

☎ 02-813-0671/02-817-6252

☎ G/F, Milkyway Building, 900 Arnaiz  
Avenue cor. Paseo de Roxas, Makati City

#### Cave Werdenberg

☎ 02-892-0128 / 02-817-1217

☎ 7431 Yakal St., San Antonio Village, Makati City

#### Chesa Bianca

☎ 02-815-1359/02-892-7524

☎ 7431 Yakal St., San Antonio Village, Makati City

#### Hanagushi

☎ 02-744-1966

☎ G/F, The Beacon Don Chino Rocas Ave. cor.,  
Arnaiz Ave. Makati City

#### I'm Angus

☎ 02-892-5852/02-275-5938

☎ 7431 Yakal St., San Antonio Village, Makati City

#### iTrulli

☎ 02-832-9600

☎ Suites 102/104, LRI Design Plaza,  
210 Nicanor Garcia, Bel Air 2, Makati City

#### Kenshin

☎ 0917-535-1046

☎ Beacon Makati G/F, A. Arnaiz Ave. Makati City

☎ 0917-551-4605

☎ The Linear Makati G/F, Yakal St. cor Mayapis St.,  
Makati City

#### La Cabrera

☎ 02-833-8946/0905-290-0703

☎ G/F 6750 Ayala Ave. Business Tower  
Glorietta Complex Ayala Ave., Makati City

#### MilkyWay Café

☎ 02-843-4124/02-843-7124

☎ 2/F Milkyway Bldg, 900 A. Arnaiz Avenue  
(Pasay Road) cor. Paseo de Roxas, Makati City

#### Sekitori

☎ 02-425-9030/894-387/02-894-3876

☎ Little Tokyo, Chino Rocas Ave., Legaspi Village, Makati City

#### Nikkei

☎ 02-541-6689 / 0916-636-9817

☎ G/F, One Rockwell, Rockwell Center, Makati City

☎ 02-880-0231 / 0927-273-0114

☎ 111 Rada St., Legaspi Village, Makati City

☎ 02-637-2206 / 0995-908-3145

☎ G/F The Podium, Ortigas Center

#### Single Origin

☎ 02-728-2467 / 0977-390-0429

☎ G/L, Greenbelt 3 Ayala Center, Makati City

☎ 02-772-6259 / 0995-914-4137

☎ G/F, Edades Tower & Garden Villas, Amorsolo  
cor. Rockwell Dr., Rockwell, Makati City

#### Tapella

☎ 02-757-2711

☎ G/F, Greenbelt 5, Makati City

#### Tsukiji

☎ 02-843-4285/02-812-2913

☎ 900 A. Arnaiz Avenue (Pasay Road) cor. Paseo de Roxas, Makati City

#### Unakichi

☎ 02-728-2072

☎ G/F, Makati Cinema Square, Amorsolo St., Makati City

### BGC

#### Chao Chao Gyoza

☎ 02-232-7804

☎ G/F One McKinley Place, BGC, Taguig City

#### Crystal Jade

☎ 02-808-5233 / 0915-543-1862

☎ 7th Avenue., Bonifacio High Street, BGC, Taguig City

#### Fukudaya

☎ 0927-264-0171 / 0998-805-6859

☎ Unit 7 The Plaza, Arya Residences, McKinley  
Parkway cor. 8th Ave., BGC, Taguig City

#### Isla Sugbu

☎ 0998-966-2990

☎ 2/F Venice Grand Canal Mall, McKinley Hill,  
Taguig City

#### NIU by Vikings

☎ 02-478-3888/0917-586-6888

☎ 6/F SM Aura Premier, 26th St., BGC, Taguig City

#### Single Origin

☎ 02-894-4042 / 0906-268-8902

☎ 2/F, C3 Building, Bonifacio High Street Central, BGC, Taguig City

### OTHERS

#### Chi Em Gai

☎ 02-845-2613/0928-262-2839/0916-793-3747

☎ Cluster 2, #13 Eton Centris Walk, EDSA cor. Quezon  
Ave., Brgy. Pinyahan, Quezon City

#### Epilogue

☎ 02-816-7088

☎ S Maison, Conrad Manila, Seaside Boulevard Cor., Coral Way, Pasay City

#### Kenshin

☎ 0917-120-0672

☎ G/F Vistamall Las Pinas CV Starr Ave., Las Piñas

#### La Vita

☎ 0917-576-0888

☎ Esplanade Seaside Terminal, Seaside  
Boulevard, Mall of Asia Complex, Pasay City

#### Rossini

☎ 800-8061

☎ 2/F S'Maison Conrad Hotel, Seaside Blvd., Pasay City

#### The Beer Factory

☎ 02-845-2613 / 0917-149-6288

☎ The Hub Greenfield District, Shaw Blvd., Mandaluyong City

### GROCERY / SPECIALTY STORE

#### DrinkZy Liquor Delivery

☎ 0905-525-5449

#### Hotei Japanese Premium

☎ 0917-723-9126

#### Kands

☎ 02-463-8437/0926-038-2717

☎ Unit 1F, Benrosi V Makati, 9746 Kamagong St.,  
San Antonio Village, Makati City

#### Kobeya

☎ 02-807-1107

☎ G/F, 1 Juno corner Makati Ave., Bel-Air, Makati City

#### McAsia Foodtrade

☎ 02-990-5141/02-413-8893

☎ 158 Apo St, Sta. Mesa Heights, Quezon City, NCR

#### Santis Delicatessen

☎ 02-844-1154

☎ 7431 Yakal Street, San Antonio Village Makati City

#### Sharaku Food, Inc.

☎ 02-541-9877/0905-415-0056

☎ Stall # 111 Cartimar Shopping Center, Pasay City

#### TPE

☎ 02-551-7522

☎ G/F, Jaka Center Chino Rocas Ave., Makati City

# the new boracay

the freshness of a reawakened tropical paradise

Written by Chin Sanigan & Faye Almazan  
Layout by Jowinie Doma



**B**oracay Island is one of the Philippines' own jewels, located in Western Visayas. Shaped like a sand shovel, its form is a fitting image to the island's pristine, fine White Sand Beach.

While Boracay is yet to be fully reawakened from its recent restoration, remnants of new constructions may still be seen. Nevertheless, the island is quickly being brought back to life with young restaurants that serve the freshest and the most sumptuous food, resorts that face the most beautiful sunset, activities that awaken the adventurous soul in you, and a nightlife slowly rising into being one of the best in the country.

Join Philippine Primer as we take you to *the new Boracay* we have all been waiting for.



[bit.ly/PrimerInBoracay](https://bit.ly/PrimerInBoracay)

## Getting to Boracay

• **There are two ports of entry for visitors of Boracay:**

### **Manila (MNL) to Caticlan Airport (MPH)**

Caticlan Airport is usually preferred than Kalibo Airport because it is closer to Caticlan Jetty Port. However, airfares are usually higher.

### **Manila (MNL) to Kalibo Airport (KLO)**

From KLO, you have to take a 2 to 3-hour van ride to Caticlan Jetty Port, which costs P200/head.

• **Once at Caticlan Jetty Port, have the following ready:**

1. Hotel booking confirmation
2. Confirmation voucher from the hotel
3. Aklan Terminal Fee: P100/head
4. Environmental & Admission Fee: P75/head
5. Boat Fee: P25/head

• You will land on Cagban Jetty Port in Boracay Island. It is best to arrange your transfers with your hotel. Otherwise, there are e-tricycles and vans outside the port that can bring you to your hotel.



Photo courtesy: Coach RM Lobaton

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2/F Sunflower Resort, Station 2,

Brgy. Balabag, Boracay

0918-941-6239 / 0917-869-7776

boracayadventures.com

info@boracayadventures.com

Boracay Adventures Travel & Tours Inc.

@boracayadventures





## 1 Los Indios Bravos PP

Los Indios Bravos, meaning The Brave Natives, is an English pub-restaurant established in November 2014. The restaurant is not only popular for its deliciously curated menu but also for its selection of locally-made alcohols and spirits. They are especially known for being the only pub on the island offering craft beers on tap.



Sausage and Mash (P440)

📍 White House Beach Resort, Sitio Pinaangon, Station 1, Brgy. Balabag, Boracay  
 ☎ 036-288-2803 / 0917-176-4294  
 ⌚ 11 am to 11 pm  
 🌐 indiosbravosboracay.com  
 📘 Los Indios Bravos Boracay  
 📷 @losindiosbravosboracay

## 9 The Sunny Side Cafe PP

The Sunny Side Cafe is one of the best places to have breakfast all day in Boracay. Upon entering the cafe, its fashionable interiors of yellow, white, and gray colors will evoke a bright smile. What's more is that The Sunny Side Cafe serves equally sunny dishes, starting from a popular Boracay favorite, The Sunny Side Chori Burger (P325) made with chorizo or pork sausage patty. The café serves specialty-grade coffee, which makes it the best option for enjoying breakfast with the right brew.



Latte (P160) and Vietnamese - Style Iced Coffee (P160)

📍 Boracay Sands Hotel, Station 3, Boracay  
 ☎ 036-288-2874 ⌚ 7 am to 9 pm  
 🌐 thesunnysideboracay.com  
 📘 The Sunny Side Cafe  
 📷 @thesunnysideboracay

## D Lemoni Cafe and Restaurant PP

Once you enter Lemoni Cafe, the first thing you would notice is its lovely interior. The lemon yellow and moss green walls are just the right and inviting colors for a breakfast scene. People come here not only because of the stylish interior but also because of the great quality of service and, of course, the appetizing dishes they offer. In fact, they have been known for their breakfast, hearty lunch, salads, pasta, and their detox juices and pastries since 2005!



Crispy Bacon Poached Eggs on Toast (P288)

📍 Stall 117, D'Mall, Station 2, Boracay  
 ☎ 036-288-6781 / 036-288-6782 / 0998-535-1709 / 0977-857-7155  
 ⌚ 7 am to 11 pm  
 🌐 lemonicafeboracay.com  
 📘 Lemoni Cafe & Restaurant, Boracay  
 📷 @lemonicafe.boracay

## 2 Mayas Filipino & Mexican Cuisine PP

Mayas Filipino & Mexican Cuisine goes alongside Jony's Fruit Shakes in serving Chef Jun Salme's timeless dishes. The restaurant's history can be traced back to 1982, the same year when Jony's Fruit Shakes was established. Try a hearty serving of tender and flavorful Mayas Chicken Inasal, best dipped in soy sauce with calamansi. Be sure to pair this with Jony's original and famous fruit shakes!



Mayas' Chicken Inasal (P398)

📍 White Beach, Station 1, Brgy. Balabag, Boracay  
 ☎ 036-288-6325 / 0917-773-3783  
 ⌚ 7 am to 10 pm (Last order 9:30 pm)  
 📘 Mayas Filipino and Mexican Cuisine  
 📷 @mayasboracay

## 6 Dos Mestizos PP

Founded more than a decade ago, Dos Mestizos was literally named after two mestizos, Jose Carlos Remedios and Jose Ramon Nieto, who came to the island to establish a restaurant that specializes in Spanish cuisine. To cover a medley of classical flavors, the mestizos added an island touch to favorites such as Paella Valenciana, made with mixed meat and seafood.



Paella Valenciana (P900 for 2-3 pax)

📍 Calle Remedios, Sitio Manggayad, Station 2, Brgy. Manoc-Manoc, Boracay  
 ☎ 036-288-5786  
 ⌚ 11 am to 11 pm  
 🌐 dosmestizos.com 📘 Dos Mestizos Boracay  
 📷 @dos\_mestizos

## 3 Sacapaño Restaurant PP

Formerly known as PauPatri, Sacapaño is one of the secret foodie spots in Boracay. The restaurant is hidden beside Boracay Summer Palace and draws its customers in with both its mysterious vibe and international cuisine. Their Garlic Prawns, for example, is cooked perfectly so as to be tender. Even without sauce, the prawn meat is flavorful and zesty.



Garlic Prawns (P240 per 100 grams)

📍 Beside Boracay Summer Palace, Station 2, Brgy. Balabag, Boracay  
 ☎ 036-288-2477  
 ⌚ 10 am to 10 pm

## D Bistro Valhalla PP

With its name derived from Norse mythology, Bistro Valhalla sports a strong ambiance and an even braver menu with an army of ribs, steaks, and grills to suit your palate. They are best known for their Tomahawk Viking Steak, but their Fillet Mignon is also a must-try. Bistro Valhalla also has a Middle Eastern menu for those craving for chicken and steak skewers.



Fillet Mignon (P745)

📍 D'Mall, Station 2, Boracay  
 ☎ 036-288-5979  
 ⌚ 8 am to 11 pm  
 📘 Valhalla Bar & Restaurant  
 📷 @valhallabistroboracay

## 5 Sensi

PP

After exploring the island, it is best to have your lunch at Sensi inside Calypso Beach & Dive Resort, just along the White Beach Path. Some of their must-try items include the hearty Sensi Pizza, generously polished with tomato sauce, drizzled with mozzarella, bacon, mushroom, onions, bell peppers, and black olives, and best paired with a glass of your favorite wine, available in the restaurant.



Sensi Pizza (P650)



Watermelon with Lychee Cream Bingsu (P250) from Sugar Cloud



Fresh Aklan Oysters (P295 half dozen; P450 dozen) from Percy

Calypso Beach & Dive Resort, White Beach, Station 2, Boracay

036-288-3206

7 am to 1 am

calypso-boracay.com/restaurant

Sensi The Italian Restaurant

## 6 SteamPunk

PP

SteamPunk started out as Bite Club in Katipunan in Quezon City, but it was renamed to SteamPunk after being brought to the island. The restaurant initially specialized only in burgers and sandwiches, but they recently started offering rice meals and chicken wings as well. They're most known for their Triple X Burger, which is made with half a kilo of pure Brazilian beef patty.



Triple X Burger (P695)

Chori Burger (P255)

D'Mall, Station 2, Boracay

036-288-5947

11 am to 11 pm

steampunkburgersandshakes.com

SteamPunk Boracay

@steampunkboracay

## 4 Real Coffee & Tea Cafe

P

The cafe's bamboo concept makes up for really interesting features: nothing too grand; just pure natural beauty. Real Coffee is best known for its Calamansi Muffin, best paired with a steaming cup of freshly brewed coffee—or an Iced Cafe Mocha if you're retreating from the summer heat. For meals, what they offer are mostly local products and all-day breakfast, with American-style home cooking.



2/F Sea World, Station 2, Boracay

036-288-5340

7 am to 7 pm

Real Coffee & Tea Cafe, Boracay Island

@realcoffeeboracayoriginal

## 8 Streetmarket

PP

Streetmarket is the first and only food hall on the island. It features seven stalls, each specializing in a specific cuisine, providing an array of options for visitors. Percy offers fresh seafood dishes, Fat Rice highlights the best of Southeast Asian cuisine, while Diavolo has brick oven pizzas, and Winner Winner has fried chicken combinations.

Those craving for Japanese dishes should give Poketo a go. Santa Peligrosa, meanwhile, has a good variety of Mexican favorites. The food hall also has something for those looking for sweet refreshing treats as Sugar Cloud serves desserts like the popular bingsu (Korean shaved ice).

Station X, Hue Hotels and Resorts Boracay, Main Rd. cor. Boracay Food St., Station 2, Boracay

036-288-9348

11 am to 11 pm

Streetmarket Boracay

@streetmarketboracay



Santa Peligrosa Short Rib Chili (P350) from Santa Peligrosa

## 7 Nonie's

PP

A young Filipino-inspired restaurant with a healthy twist, Nonie's is couple Patrick and Shria Florencio's passion project. They aim to highlight Filipino ingredients by sourcing 90% of their ingredients from local farmers in Visayas. They also make sure to get their local specialty coffee from Kalsada, which works with communities mainly in the north but also in Mindanao.

Some of their must-try dishes include the Tempeh Kare-Kare, made with seasonal greens, organic black rice with soybeans, cashew, and coconut milk. It is served with homemade vegan bagoong.

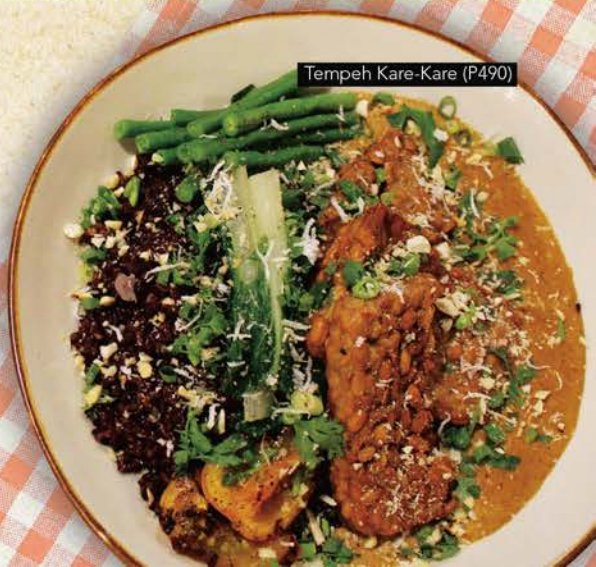
Station X, Hue Hotels & Resorts, Station 2, Boracay

0912-394-8948

9 am to 10 pm

nonies.com.ph

Nonie's



Tempeh Kare-Kare (P490)

## 9 Asya Premier Suites P P P P P

Luxury and privacy are the two main things Asya Premier Suites is known for. This is evident in its architecture and interior design care of National Artists Leandro Locsin and Rachy Cuna, respectively. Its landscape also draws you in with a combination of raw elements such as stone, wood, and touches of native design. One of the most sought-after features of Asya Premier Suites is the Infinity Pool with volcanic rocks that keep the water warm even at night.

The resort has 28 sophisticated rooms, each with its own bathtub, complete bathroom amenities, and a spacious bedroom. The Presidential Suite also has a private wading pool to enjoy.

📍 Sitio Cagban, Brgy. Manoc-Manoc, Boracay  
☎ 036-288-1790  
🕒 Check-in: 2 pm / Check out: 12 pm  
🌐 [asyapremier-boracay.com](http://asyapremier-boracay.com)  
✉ [reservations@asyaresorts.com](mailto:reservations@asyaresorts.com)  
📱 Asya Premier Suites Boracay  
📷 @asyapremiersuites



Infinity Pool

## 6 The District Boracay P P P P P

The District Boracay is a contemporary boutique hotel with a minimalist style. It offers 48 well-appointed rooms divided into four types—Deluxe Room, Premier Room, Deluxe Suite, and Premier Suite. The hotel takes conscious steps towards being a waste-free and environmentally-friendly establishment as they have over 100 solar panels installed on their rooftop and are minimizing plastic usage.

📍 White Beach, Station 2, Brgy. Balabag, Boracay  
☎ 02-986-1075 / 036-288-1448 / 036-288-2324 to 27  
🕒 Check-in: 2 pm / Check out: 12 pm

🌐 [thedistrictboracay.com](http://thedistrictboracay.com)  
📱 The District Boracay  
📷 @thedistrictboracay



## 8 Mandala Spa and Resort Villas P P P P P

As it is located far from the bustling part of the island, Mandala is a perfect choice for travelers looking for a serene place to stay in. A unique accommodation is the Digital Detox Villa, which promotes reconnecting with nature and self by ridding of TV and Wi-Fi. Meanwhile, Mandala Spa offers luxurious massage treatments, nail and foot care, facial treatments, healing baths, detox, and yoga using all-natural products.

📍 Station 3, Brgy. Manoc-Manoc, Boracay  
☎ 036-288-5858 / 036-288-5857 / 0917-624-4790  
🕒 Check-in: 1 pm / Check out: 11 am

🌐 [mandalaspaboracay.com](http://mandalaspaboracay.com)  
📱 Mandala Spa and Resort Villas  
📷 @mandalaspaboracay



## 1 The Lind Boracay P P P P P

The Lind Boracay is a boutique hotel resort that showcases the finest Filipino hospitality. They have a total of 199 rooms with rates starting at \$390/night during regular season. Each room gives a refreshing feeling brought by the surrounding trees and the sound of crashing waves at the beach. Guests may also enjoy three restaurants: Tartine, an all-day dining restaurant, Crust, a beach bar and café, and +36, a lobby lounge serving a fine cocktails.

📍 White Beach, Station 1, Brgy. Balabag, Boracay  
☎ 02-8835-8888  
🕒 Check-in: 2 pm / Check out: 12 pm  
✉ [reservations@thelindhoteles.com](mailto:reservations@thelindhoteles.com)

🌐 [thelindhoteles.com](http://thelindhoteles.com)  
📱 The Lind Boracay  
📷 @thelindhoteles





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### 3 Discovery Shores Boracay P P P P P

Awarded as the Best for Families in Asia at the Condé Nast Johansens Awards for Excellence in 2018, Discovery Shores Boracay is an iconic resort with 99 luxury suites. The Signature Suites feature high ceilings, a spacious dining area, and a separate living room. The resort also has three restaurants, the Forno Osteria Italian restaurant, Sands with view of the beach, and Indigo Restaurant serving coastal cuisine. Two bars, Sand Bar and 360 Roof Lounge, also await you for a nightlife experience.

📍 White Beach, Station 1, Brgy. Balabag, Boracay  
☎ 02-719-8888 / 02-720-8888 / 036-288-4505  
🕒 Check-in: 2 pm / Check out: 12 pm  
🌐 discoveryshoresboracay.com | Facebook | Discovery Shores Boracay

### 2 Fridays Boracay P P P P P

Fridays Boracay stands out with an architectural design that is truly native and tropical. Its first two cottages were built back in 1982, but they've expanded to 50 rooms since then. Each cottage proudly shouts local as they resemble a native nipa hut with interiors that combine wood and abaca. Fridays has a restaurant and beach bar that overlook the white sand beach, a perfect spot to drink and dine while watching the sunset on the island.

📍 White Beach, Station 1, Brgy. Balabag, Boracay  
☎ 036-288-6204 to 05 / 0945-799-3482 / 0999-832-6869  
🕒 Check-in: 2 pm / Check out: 12 pm  
🌐 fridaysboracay.com  
Facebook | Fridays Boracay

### 7 COAST Boracay P P P P P

COAST Boracay is the perfect island accommodation for the hip and the trendy. Each of its 71 minimalistic rooms incorporate Mindanao hand-woven tapestries that give the modern space a local touch. Guests can take a dip in any of their three swimming pools while enjoying free servings of ice cream and popcorn every day. COAST also takes pride in serving good quality food through Cha Cha's Beach Cafe.

📍 White Beach, Station 2, Brgy. Balabag, Boracay  
☎ 036-288-2634 / 02-576-4555  
🕒 Check-in: 2 pm / Check out: 12 pm  
🌐 coastboracay.com  
Facebook | COAST

### 10 Tirta Spa Home Stay P P

Tirta means holy water in Hindu, a truly fitting name as this spa and accommodation provides a sacred sanctuary for people seeking total relaxation and rejuvenation. Tirta has two rooms that serve as a quiet and meditative place on the island. Both rooms are spacious and feature a breathtaking view of the white sand beach.

📍 Tirta Spa, Sitio Malabunot, Brgy. Manoc-Manoc, Boracay  
☎ 036-288-6841 / 036-288-6481 / 0920-918-4857 / 0922-892-8696  
🕒 Check-in: 2 pm / Check out: 12 pm  
🌐 tirtaspa.com  
Facebook | Tirta Spa Boracay

### 4 Ambassador in Paradise P P P P P

Ambassador in Paradise, classified as an AAA resort, blends modern architecture and native styles together. It has a total of 60 rooms divided into nine room types, one of which is the Premier Room (P12,900/night in the peak season) which has its own balcony. They also have their own Al Fresco restaurant, which lets guests dine amid palm trees and the sea breeze.

📍 Sitio Pinaongon, Station 1, Brgy. Balabag, Boracay  
☎ 036-288-5598 / 0977-337-0583  
🕒 Check-in: 2 pm / Check out: 12 pm  
🌐 ambassadorinparadise.com  
Facebook | Ambassador in Paradise Resort

### 5 Sur Beach Resort Boracay P P P

Sur Beach Resort reserves a serene and personal space for its guests. It has open spaces like gardens, and clean, cozy rooms for your comfortable stay. They have a total of 45 rooms and 6 room types including the Superior Beach Front (P6,200 to P10,400/night), fitted with one king size and one single bed. It has a private veranda overlooking the White Beach.

📍 Sitio Pinaongon, Station 1, Brgy. Balabag, Boracay  
☎ 036-288-6844 / 0928-781-1233 / 0922-897-0037  
🕒 Check-in: 2 pm / Check out: 12 pm  
🌐 surboracay.com  
Facebook | Sur Boracay Page

# NIGHTlife

## epic

### 1 Club Galaxy P P P

Club Galaxy is one of the youngest and hottest nightclubs on the island. It is also the biggest in Boracay, with a capacity of 2,000 people. You may stay in the club's many VIP areas and cocktail tables.

Clubbers dance to the beat of popular electronic dance music (EDM) by some of the most famous DJs to touch down at Club Galaxy. Famous international and local DJs who have performed in the club are WolfPack, MAD M.A.C, Marc Marasigan, and Ian Sanderz.

📍 Sitio Manggayad, Station 2, Boracay  
 ☎ 0915-544-7949  
 ⌚ 8 pm to 5 am  
 📱 Club Galaxy  
 📧 @club\_galaxy\_boracay



Galaxy (P300)

### 2 Epic Boracay P P P

Epic is brought to the shores of Boracay by the creators of Metro Manila's hottest clubs, Republiq, Revel, and The Island. An all-day dining restaurant, Epic transforms into a dynamic clubbing venue at night and is known to have one of the longest happy hour on the island, beginning at 12 noon. Try some of the best from their Epicurean Beach Cuisine, including The Epic Burger made with US Angus beef patty, and Roast Beef Sandwich made with slow-roasted beef.



The Epic Burger (P300)

📍 Beachfront, D'Mall, Station 2, Boracay  
 ☎ 036-288-1477 / 0917-809-8149  
 ⌚ 11 am to 3 am  
 📱 Epic Boracay  
 📧 @epicboracay

### 3 OM Bar P P

OM Bar steals the night scene with its neon lights and heart-pumping music care of their resident DJs. They are known for their drinks, the Flaming Shots and the Pyramid Shot, which is a mix of beer and tequila. You also get to relax on their multi-colored bean bags while smoking shisha.



📍 White Beach, Station 2, Boracay  
 ☎ 0956-582-3618  
 ⌚ 5 pm to 5 am  
 📱 OM Bar

### 4 Aplaya The Beach Bar P P P

For special pairings of Italian and Mediterranean cuisine and cocktails, Aplaya The Beach Bar is the place to go. The al fresco bar offers one of the best views for sunset as they are just along the White Beach, perfect for when you want to laze around with good house music in the background.



📍 White Beach, Station 1, Brgy. Balabag, Boracay  
 ☎ 7 am to 1 am  
 ☎ 036-288-2851  
 📱 Aplaya Beach Bar Boracay



### 5 +36 P P

Situated inside The Lind, +36 is a lobby lounge and bar offering a myriad of eats and drinks that can be enjoyed with an exquisite beach view. The hotel's infinity pool is also easily accessible from the bar. Try some of their locally-inspired signature cocktails like the Baller Manhattan and the sweet La Presa Slush.

📍 Lobby, The Lind Hotel Boracay, White Beach, Station 1, Brgy. Balabag, Boracay  
 ⌚ 8 am to 10 pm (drinks only from 6 pm to 10 pm)  
 📱 The Lind Boracay @thelindhoteles



### 6 Adlaw P P

Asya Premier Suites boasts having an extended happy hour on the island through the Adlaw Bar, open from 3 pm to 10 pm. Adlaw sits beside the resort's Infinity Pool, making it perfect to have a laid back afternoon swim with cocktails at the ready.

📍 Sitio Cagban, Brgy. Manoc-Manoc, Boracay  
 ☎ 036-288-1790  
 ⌚ 3 pm to 10 pm  
 📱 Asya Premier Suites Boracay



### 7 Star Lounge P P

On the roof deck of The District Boracay is Star Lounge, an al fresco bar and restaurant that serves cocktails and grilled grub. Pair their popular Boracay Island Tea or the refreshing Liquid Sunshine with a serving of their tender and flavorful Angus Beef Fillet.

📍 The District Boracay, Station 2, Brgy. Balabag, Boracay  
 ⌚ 5 pm to 12 am  
 📱 The District Boracay  
 📧 @thedistrictboracay

# Activities



## Parasailing (Activity level: Easy)

Parasailing might be an extreme activity for those with fear of heights, but it's actually one of the easiest and most relaxing water activities in Boracay. All you have to do is ride a colorful chute attached to a moving motorboat and enjoy the views. If you want to get a really good view of the island, there is nothing better than to admire it from above!

Parasailing can be done solo (P3,000) or in pair (P2,500 per person). It is most recommended to try between 9 am and 5 pm.

### Boracay Adventures Travel & Tours, Inc.

**Rates:** Solo (P3,000/15 minutes); Pair (P2,500 per person/15 minutes)

**Schedule:** 9 am to 5 pm (best time for Parasailing Adventure)

**Pick-up:** D'Mall McDonald's

**Drop-off:** Station 1, 2, or 3



## Kiteboarding (Activity level: Moderate to Extreme)

Kiteboarding or kitesurfing is in some ways like a cousin to surfing, wakeboarding, and paragliding. You hold on to a control bar attached to a flying parachute-type kite as you ride and jump in the waves or just drift across flat water. Boracay is now known internationally as a prime destination for this water sport and is said to be the first kitesurfing spot in the Philippines. It may seem like an extreme activity, but even those without prior experience can learn the basics in just a few hours!

A Discovery Course on kiteboarding costs P3,200 per person (Private: 1 hr. 30 mins/ Group Lesson: 2 hrs.). Private lessons are also available at P2,800 per person (1 hr with school equipment).

### Habagat Kiteboarding Center

📍 Bulabog Beach, Boracay Island, Malay Aklan

☎ 0917-328-6684

🌐 kiteboracay.com

✉ book@kiteboracay

📍 Aissatou Beach Resort

### Rates:

P3,200 per pax (Private: 1 hr. 30 mins/ Group Lesson: 2 hrs.)

P2,800 per pax (1 hr. with school equipment)

**Schedule:** November to April (Best season for kiteboarding; varies according to wind)

**Kitesurfing Venue:** Bulabog Beach, Boracay



## Paddleboarding (Activity level: Moderate)

For a balance between fun and fitness, paddleboarding in Boracay can be one of the best options to try. Unlike surfing that requires more time to learn, this water sport allows you to glide leisurely on water by paddling as you stand (or kneel) on a paddleboard. This makes your core muscles worked up all while having fun in no time.



### Boracay Adventures Travel & Tours, Inc.

**Rates:** P900 per adult for 1 hour (min. 2 pax)

**Schedule:** 9 am to 5 pm (best time for Paddle Board Adventure)

**Pick-up:** Resort lobby along Station 1, 2, or 3; or D'Mall McDonald's

**Drop-off:** Station 1, 2, or 3



## Island Hopping & Snorkeling (Activity level: Easy)

Puka Beach is one of the most magnificent beaches on Boracay island known for its powdery sand, where "Puka" shells are scattered, and its raw and serene character. It is the perfect jump-off to more of Boracay's precious gems such as Bulabog Beach, and the island's many snorkeling sites such as the Crocodile Island, Coral Garden, and Ilig-Iligan. Boracay Adventures' island hopping tour also includes a buffet lunch at Paradise Garden Resort.



### Boracay Adventures Travel & Tours, Inc.

**Rates:** P3,000 per adult (min. 2 pax)

**Schedule:** 9:30 am to 12:45 pm

**Pick-up:** D'Mall McDonald's

**Drop-off:** Paradise Garden Resort

**Inclusions:** E-tricycle service, snorkeling gear, tour coordinator



## Scuba Diving (Activity level: Moderate)

For a fun and safe scuba diving experience, make your way to Calypso Dive Center along the White Beach to register for Boracay Scuba Dive's diving courses care of Boracay Adventures. Here, you will meet Mr. Peter Tay, a PADI Master, whose over two decades of teaching over 5,000 students made him a Master of the underwater sport. He will dutifully teach you the basics of Scuba Diving, its do's and don'ts, and how to effectively communicate with your instructor underwater.

### Boracay Adventures Travel & Tours, Inc.

**Rates:** P3,500 (5 hours, pool & dive, max depth of 12 meters)

**Schedule:** 7 am to 10 am (best time for Discover Scuba Diving)

**Pick-up & Drop-off:** D' Mall McDonald's or Starbucks Boracay Station 1





**Go Kyushu**

Kyushu is a beautiful island region located south of Japan blessed with breathtaking nature and scenery, World Heritage sites, and wonderful delicacies like black pig pork, red cattle meat, and seafood. There are direct flights from the Philippines to Kyushu (Fukuoka Airport), which only take about 3.5 hours. Come experience the natural beauty of Japan through Kyushu!

Experience beautiful *Japan* in Kyushu!

## GoKumamoto

### DAY 1

- ✧ Depart via Cebu Pacific Airways: Manila to Fukuoka Airport (Arrive at 17:30)
- ✧ Transfer: Fukuoka International Airport to Kumamoto Traffic Center (high-speed bus)
- ✧ Stay: Hotel in Kumamoto City

### DAY 2

- ✧ Kumamoto City sightseeing
- ✧ Kumamoto Castle (Sakura viewing)
- ✧ Suizenji Park
- ✧ Tram tour (1-day ticket)
- ✧ Walking around the arcade
- ✧ Stay: Hotel in Kumamoto City

**\$1,000**  
per person

### DAY 3

- ✧ Free time (options below)
- A: Healing time at Kurokawa Onsen
- B: Rapid-speed train tour to Amakusa - World Cultural Heritage - Sakizu Village
- C: Hitoyoshi Onsen and Aoi Aso Shrine (Sakura viewing)
- D: Tour of Aso Volcano (one of the world's largest active volcanoes) and a magnificent view of Kusasenri
- ✧ Stay: Hotel in Kumamoto City

### DAY 4

- ✧ Departure day
- ✧ Free time until departure
- ✧ Transfer: Kumamoto Traffic Center to Fukuoka International Airport (high-speed bus)
- ✧ Depart via Cebu Pacific Airways: Fukuoka Airport to Manila (Depart at 13:35)

\*Package rate may be modified according to the fluctuation of flight prices.

### CONTACT US:

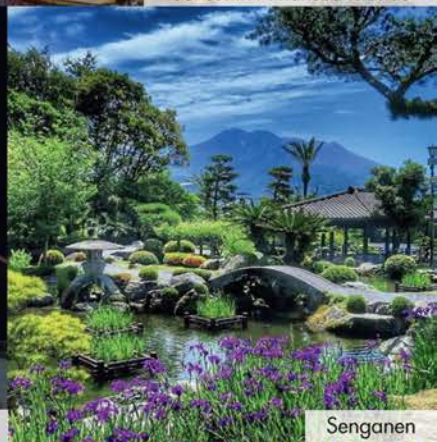
☎ (02) 805-3616 / 0920-949-7950 / 0916-302-2176  
✉ [travel@primer.ph](mailto:travel@primer.ph)



Sunset in Amakusa Islands



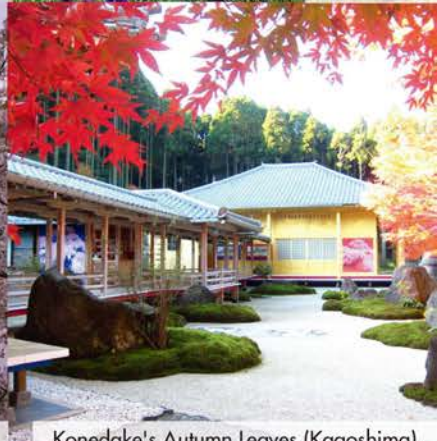
Sakizu Church



Senganen



Nishihei Tsubaki Park



Konedake's Autumn Leaves (Kagoshima)



Dolphin Watching

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### VISIT/CONTACT US:

#### MANILA OFFICE

3F Dusit Thani Manila Ayala Center  
Makati City  
02-893-8180 / 810-9622  
visa@friendshipmanila.com

#### CEBU OFFICE

Unit 214a, Business Center b, Oakridge Business  
Park, 880 A.S. Fortuna St., Banilad, Mandaue  
032-345-3459 / 344-4825  
info@friendshipcebu.com  
http://friendshipcebu.com



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**P5,000 P8,000 P600/hr.**

### NEW HIACE



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**P6,000 P9,000 P600/hr.**

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**P10,000 P16,000 P1,000/hr.**

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CONTACT NO. (02) 8230291 & 5869552

CONTACT PERSONS: KOKI BEECH mobile. 0917-5366969  
CATH LIM mobile. 0917-5980291

## Travel Guide

### AIRLINES

#### All Nippon Airways

☎ 02-553-8000 / 02-553-7000  
✈ 15/F, Tower 2, RCBC PLAZA,  
6819 Ayala Ave. Cor Sen Gil Puyat  
Ave., Makati City

#### Cebu Pacific

☎ 02-802-7000  
✈ Terminal 4, Domestic Rd., Pasay City

#### Japan Airlines

☎ 02-403-2486  
✈ 2/F, 6788 Ayala Ave.,  
Oledan Sq., Makati City

#### Philippine Airlines

☎ 02-855-8888 /  
02-832-2939 **Baggage Tracking**  
✈ Mezzanine Floor, PNB Financial  
Center, President Diosdado  
Macapagal Ave., CCP Complex,  
Pasay City

### TRAVEL & TOURS

#### Attic Tours Philippines, Inc.

☎ 02-556-6301 to 05  
✈ Unit 203 COKO Building 1, Patio Madrigal  
2550 Roxas Blvd., Pasay City

#### HIS

☎ 02-822-4496  
✈ Shopping Arcade 2F, Serendra,  
Bonifacio High Street, BGC, Taguig City

#### JTB Asia Pacific Phil. Corp.

☎ 02-832-5626  
✈ Unit 2, 18th Floor, RCBC Savings  
Bank Corporate Center, 26th &  
25th Sts, BGC, Taguig City

#### Philippine Primer Luxe Travel, Inc.

☎ 0920-949-7950 / 915-404-8367 /  
805-3616  
✈ Unit 807 7/F Greenbelt Mansion, 106  
Perea St. Legaspi Vill., Makati City

#### Universal Holidays, Inc.

☎ 02-859-3833 / 39  
✈ Mezzanine Floor, Dusit Thani Hotel, Makati City

### HOTELS & RESORTS

#### Club Paradise

☎ 02-719-6971  
✈ Dimakaya Island, Coron, Northern Palawan

#### Discovery Shores

☎ 02-720-8888  
✈ Boracay Highway Central, Malay, Aklan

#### KL Tower

☎ 02-845-0084  
✈ 17 Gamboa St., Legaspi Village,  
Makati City

#### La Chevrerie Resort and Spa

☎ 0998-556-7357 / 0917-703-3320  
✈ Ligaya, Anilao, Mabini, Batangas

#### Makati Shangri-La, Manila

☎ 02-813-8888  
✈ Ayala Ave. cor. Makati Ave., Makati City

#### Pan Pacific Hotel Manila

☎ 02-318-0788  
✈ M. Adriatico cor. Gen. Malvar Street, Manila

#### Raffles Makati

☎ 02-555-9777  
✈ 1 Raffles Drive, Makati Ave., Makati City

#### Seda BGC

☎ 02-845-8888/02-588-5700  
✈ 30th St. cor. 11th Ave., BGC, Taguig City

### OTHERS

#### AccessTrip Transport Service

☎ 0917-536-6969/0917-598-0291  
✈ 2744-A Faraday St., San Isidro, Makati City

#### Friendship Tours(Visa)

☎ 02-840-1060  
✈ 3/F, Dusit Thani Hotel, Makati City

#### New World Makati Hotel

☎ 02-811-6888  
✈ Esperanza St. cor. Makati  
Ave., Ayala Center, Makati City

#### Philippine Retirement Authority

☎ 02-848-1412~16  
✈ 29/F, Citibank Tower, Paseo De Roxas, Makati City

#### Sarah Rent A Car

☎ 02-307-7875 / 0927-816-6080



# MEDICAL PROFESSIONALS

For an expat, there are basic necessities that you need to know to have a comfortable stay in the Philippines. Apart from food, means of transportation, and emergency hotlines, it is important to be aware of health services around the Metro. This includes finding a physician you can talk to about your health condition as you live in the Philippines.

To help you out, here are 4 trusted medical professionals in Manila, who are highly-experienced and trained to provide the best care for their patients. Get to know them as you read their profile and each of their specializations.

## Marianne J. Yee, PTRP

### Physical Therapy – Musculoskeletal Conditions

Marianne J. Yee is the TRD (Training, Research and Development) Manager of the Almario Physio Team. In choosing her career, she was inspired by the therapists that helped her mother recover from an accident. She aspired to be someone who could support and help people during their time of need. In practice for seven years now, Ms. Yee is in charge of developing new programs that combine the latest technology, manual techniques, and exercises to maximize the recovery and potential of their clients. Her main focus for this year is the development of a gene-guided physical therapy to help patients maximize their recovery and potentials. The conditions that they specialize in treating are musculoskeletal conditions, which include back pain, knee pain, shoulder pain, weight management, and other conditions that involve joints, ligaments and muscles. Ms. Yee advises those who consider venturing into her field to never stop learning and to always look for better ways to treat patients. She also adds that one should consider the patient's goals when planning treatments.

### Make an appointment:

- ✓ Unit 808 The Infinity, 26th St. cor. 11th Ave., BGC, Taguig City  
Tuesdays and Fridays: 10 am to 5 pm  
Contact Nos.: 02-776-4977 / 0977-831-3424
- ✓ Unit 210 McKinley Park Residences, 3rd Ave. cor. 31st St., BGC, Taguig City  
6 am to 9 pm  
Contact Nos.: 02-519-8338 / 0917-634-0226
- ✓ Unit 902 Medical Plaza Makati, Amorsolo cor. Dela Rosa St., Legaspi Village, Makati City  
9 am to 5 pm  
Contact Nos.: 02-621-9249 / 0917-706-2069



## Mark Christian R. Rivera, MD, DPBO

### Cornea and Refractive Surgery, Cataract and Comprehensive Ophthalmology

Asian Eye Institute Cornea and Refractive Specialist Dr. Mark R. Rivera chose to become a doctor for two main reasons—he comes from a family of doctors, and he loves the feeling of seeing and helping patients to have healthy vision. Dr. Rivera took up his medical degree at the University of Santo Tomas (UST), where he also obtained his post-graduate internship and residency training in ophthalmology. He then underwent fellowship training in Cornea and Refractive Surgery at Asian Eye, under Harvard-trained and multi-awarded surgeon Dr. Robert Ang. A diplomate of the Philippine Board of Ophthalmology (PBO), he has been invited to give lectures and has published and received recognition for several scientific papers. He performs LASIK surgeries to correct eye grade and eliminate the need for eyeglasses, and cataract surgeries to help the elderly have a clearer vision and have a better quality of life. He recommends everyone to have comprehensive eye exams because prevention is always better than the cure.



#### Make an appointment:

- ✓ Asian Eye Rockwell, 8th, 9th, 10th floors, Pinma Plaza, Rockwell Center, Makati City  
Wednesdays: 8 am to 5 pm; Thursdays: 12 pm to 7 pm (By appointment)  
Contact Nos.: 02-898-2020 / 0918-898-2020
- ✓ Asian Eye Alabang, G/F Commercenter, Commerce Ave. cor. Filinvest Ave., Alabang, Muntinlupa City  
Fridays: 10 am to 3 pm  
Contact Nos.: 02-403-9013 / 02-403-8996 / 0917-628-2807

## June Paul Ayache Garcia, MD

### Dermatology and Aesthetic Medicine

Dr. June Paul Ayache Garcia is a dermatologist who focuses on aesthetic medicine. A nine-year professional, he took his pre-medical degree of BS Biology at the De La Salle University in Manila and his MD at the De La Salle University Health Sciences Institute in Cavite. He completed his post-graduate training at the Cardinal Santos Medical Center and passed the Physician Licensure Examination in 2004. He also trained at the Medical Skin Health Training Foundation Inc. and at the National Skin Centre in Singapore. He earned a Dr. Albuquerque C. Lopez Sr. Excellence Award in the field of aesthetic medicine in 2012 and served as a member of the board of the Philippine Association of Primary Skin Health Physicians Inc. As a dermatologist, his services include plastic surgery, botox treatments, fillers, laser skin rejuvenation, laser tattoo removal, chemical peel, mole removal, laser hair reduction, pigmentation treatment, skin tightening, and body contouring among others.



#### Make an appointment:

- ✓ Wilson and Ayache Clinic, LG/F Legaspi Park View Condominium, Legaspi Village, Makati City  
Tuesdays to Sundays: 11 am to 8 pm (By Appointment)  
Contact No.: 02-846-6725

## Orlando S. Serafico, MD FPOA

### Orthopedic Surgery

Dr. Serafico is an orthopedic surgeon by profession. The scope of his practice includes the following: arthritis and osteoporosis management, treatment of fractures and handling of the spine, hand, and pediatric orthopedic cases. He finished his pre-medical degree at the University of Sto. Tomas. He took his MD at the Fatima College of Medicine, had his internship at Jose R. Reyes Memorial Medical Center, and completed his residency training at the Department of Orthopedics in the same institute. His approach to treating patients is somewhat unique. He earns the patients' trust by thoroughly explaining to them their conditions, possible treatment options, and expectations during their recovery in the simplest interpretation possible by layman's terms. He has been practicing as an active fellow of the Philippine Orthopedic Association for the past 17 years.



#### Make an appointment:

- ✓ Room 206, St. Clare's Medical Center, 1838 Dian St., Palanan, Makati City  
Mondays and Wednesdays: 10 am to 12 pm  
Contact No.: 02-831-6511 loc. 154
- ✓ Room 943, United Doctors Medical Center, 6 N. Ramirez St., Quezon City  
Mondays to Saturdays: 2 pm to 5 pm  
Contact No.: 02-425-2325

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It separates dust and air to avoid blockage on filters.

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Equipped with a large capacity turbo motor that powerfully suck-up fine dust from the floor and other surfaces.

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Duster Nozzle



Crevice Nozzle



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## Mattress Cleaner



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Brush rotation helps the cleaner to move forward on its own.



### Easy-to-Empty Dust Cup

Dust can be quickly disposed from cup detached from the cleaner. Dust cup and filters are washable.



### Floor Wiping Brush

It wipes surface of wooden floor to make it spick-and-span.



### Easy Hook

It's easy to hook the cleaner anywhere and start cleaning at any time.



### Rubber Grip Handle

Even when you hold the cleaner upward to clean high places, it is stable in your hand.



### Maximum Operation Time\*2

Standard mode: 30 min

High mode: 8 min

**EC-A1RAS-P**

Cordless Vacuum Cleaner



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more info @juncasalon  
[www.junca-beauty.com](http://www.junca-beauty.com)

**junca salon**  
Treatment & Color Total Beauty Salon

58, Sgt. Esquerro Avenue, Quezon City  
02 287 1080  
0915 747 7470 (Globe)  
0921 723 5079 (Smart)  
Business hour: 11:00a.m. ~ 8:00p.m.  
Closed on Monday

**junca beauty label**

Cityland Pasong Tamo Tower, 2210 Chino Roces Ave, Makati  
02 810 3314  
0956 912 3266 (Globe)  
0928 908 4639 (Smart)  
Business hour: 11:00a.m. ~ 8:00p.m.  
Closed on Monday

**junca BEAUTY LABEL**  
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Unit 108 7441 M. Santillan St. Corner Fernando St. Pio Del Pilar, Makati City  
02 541 8146  
0977 214 5850 (Globe)  
0920 676 4718 (Smart)  
Business hour: 11:00a.m. ~ 8:00p.m. Monday - Thursday  
1:00p.m. ~ 9:00p.m. Friday and Saturday

**junca BEAUTY LABEL**  
HAIR AND BEAUTY LIFE STYLE SALON

A. Venue Mall, 7829 Makati Ave, Makati  
02 621 3460  
Business hour: 11:00a.m. ~ 8:00p.m.  
Closed on Monday

## Elite Nails

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# Business Talk

An interview with the top executives in the Philippines  
Get a first person point of view when it comes to business



**Ernani Omar Cruz**  
Founder and CEO of Stash

Ernani Omar Cruz is the founder and CEO of Stash, a healthcare management system. He has experience in the industries of IT, finance, and airlines, working with large multinational companies. In 2015, Cruz was the only Filipino to get accepted into the Australian startup accelerator program, muru-D. With Cruz at the helm, Stash is on a mission to connect doctors, hospitals, insurance companies, and pave the way for a better healthcare system in the Philippines.

## Can you tell us about your company and how it started?

Stash is a health technology company that aims to integrate and offer technology solutions in the healthcare industry. Currently, our focus is in claims management for hospitals and health insurance companies.

Back in 2013, I was working on an idea, "How can I make the doctor and patient interaction faster, more efficient?" Right now, we are still paper-based; when you go to the doctor, the doctor sees you, writes on a paper, then the staff indexes it. This is inefficient and insecure. The initial idea was to provide an app for doctors and patients—somewhat like a practice management software. However, scalability was a challenge as doctors have different needs and with so many variables.

In 2015, I got into a 6-month program by muru-D Accelerator, a Telstra-backed accelerator program. There, we pivoted to a more strategic approach, which is catered to health institutions. We went from a B2C standpoint with doctors and clients to B2B with hospitals and the health insurance companies, HMOs, and PhilHealth for the most part.

## How did you get into the industry?

I had been working as a technology head for a firm and we were working on a startup idea. In 2013, I was a new dad. Whenever we went to the doctor, the time we spent there was ridiculous.

When I was single and used to be active in sports, I got injuries and went to the hospital often. There was a doctor that made me wait for three hours and when he finally examined me, he told me to buy a pain reliever and charged me P800.

It made me think of the people who can't afford doctors, actually dying in wait for medical attention if we have this kind of practice. Coming from the IT industry, we are not used to waiting. There are fast transactions and connection so I saw the need to change. There are so many points in the healthcare industry, especially in the systems, that need solutions. For Stash, we want to impact a lot of people and we utilize technology to improve the lives of many.

## How do you convince the hospitals, address the cynicism, and tell them that you are actually trying to help?

The first thing that we did was to get credibility. To convince them, there are mainly two parts: first, is we educate them on digital transformation; and second is we ride on what the government is pushing for. Now, PhilHealth will only pay claims that are sent digitally and since we are able to do that, it opened a lot of doors for us. We use multiple avenues to convince customers.

## How big is your team now?

Currently, we are 15 but we started with only one, me. So far, most of the people here have been with us for three years, they've been with me since the start. They know what it's like and they know that this is bigger than us, the mission.

What sets us apart is our mission mindset and it is also being respectful of your roots, the purpose. Healthcare is really difficult in itself, so one of the things we try to avoid is internal conflict, losing our identity and why we do

things. We guard ferociously our core values like integrity, action, respect; things that could make or break a company.

## What kind of people do you hire?

As a technology company, we put more people in the software and engineering department.

## Do you have anyone with a medical background?

Yes. Mostly in the advisory role. We have eight advisors mostly based in Singapore. The one here is Dr. Ted Herbosa, former Undersecretary of the Department of Health and Noemi Azura, the CEO of Insular Health Care Inc., to name a few. We may not be doctors but we are surrounded by doctors. Our main focus is technology, so we have the freedom of seeing things in a way that people from the medical field may not understand.

## What can you say about the healthcare industry in the Philippines? Do you have any data on healthcare for expats in the country?

It's getting better. I'm glad about the recent passage of UHC (Universal Health Care) law, the push of the government to modernize the healthcare system especially in claims processing (through e-claims). But I wish that the turnaround time of decision-making becomes faster.

## How would you describe your management style?

It's mostly diplomatic as I like people to take ownership of what they do. I dislike micromanaging as that is inefficient. I believe that people work best on something if they can make full use of their own intellectual facilities. I tell the guys what we need to do, the big vision, and I let them do what needs to be done to get to the vision.

## What book would you recommend to businessmen or aspiring entrepreneurs?

Zero to One by Peter Thiel. I think it drives the focus as a startup, what it is that really matters. There are a lot of killers of productivity so the founder needs to have a very small focus that needs to be something that will generate the business. If your focus is too spread out, with the limited resources, you will not be able to do anything.



**TECH  
SHAKE**

X

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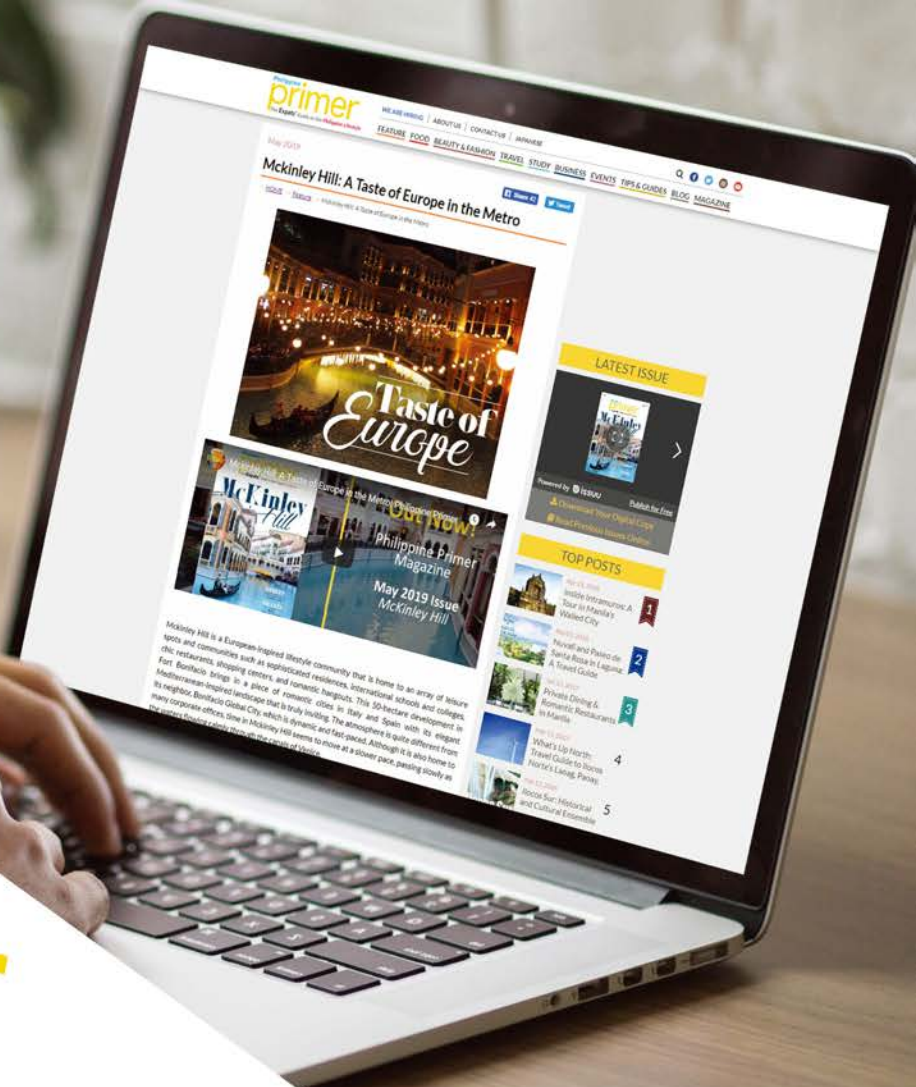


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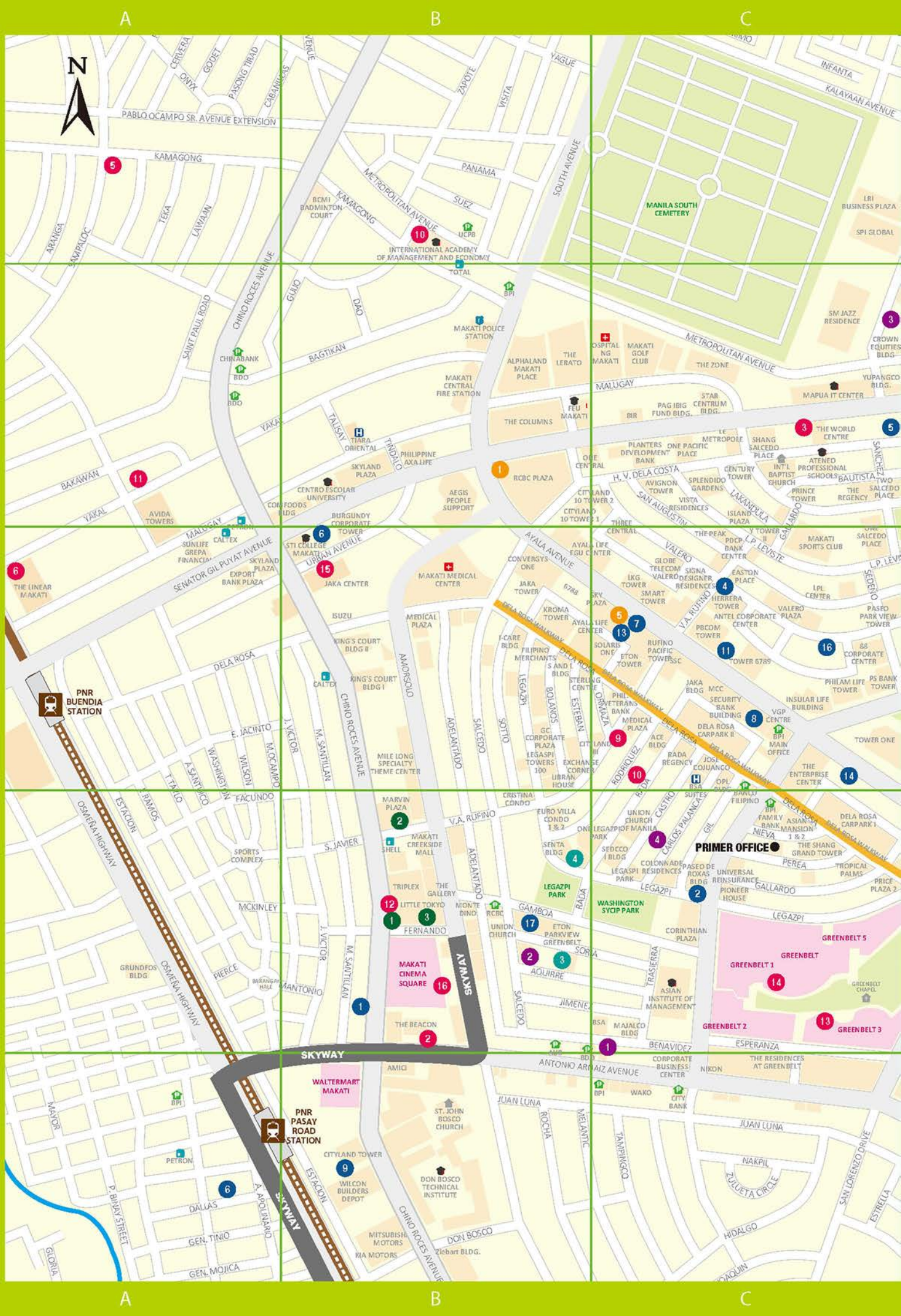
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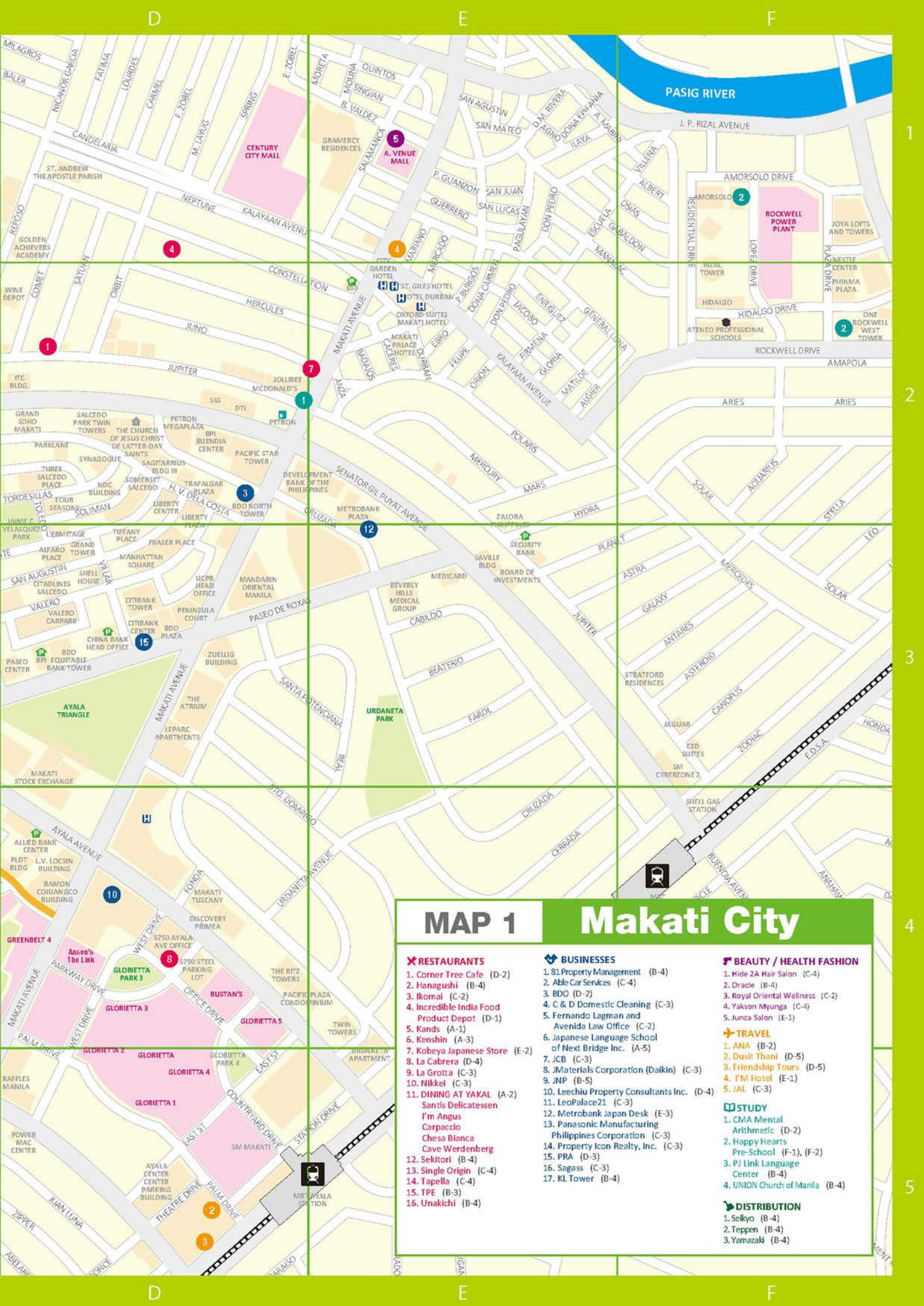
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## MAP 1

# Makati City

### ✖ RESTAURANTS

1. Corner Tree Cafe (D-2)
2. Hanagushi (B-4)
3. Ikomal (C-2)
4. Incredible India Food Product Depot (D-1)
5. Kands (A-1)
6. Kenshin (A-3)
7. Kobeya Japanese Store (E-2)
8. La Cabrera (D-4)
9. La Grotta (C-3)
10. Nikkei (C-3)
11. DINING AT YAKAL (A-2)  
Santis Delicatessen  
I'm Angus  
Carpaccio  
Chesa Bianca  
Cave Werdenberg
12. Sekitori (B-4)
13. Single Origin (C-4)
14. Tapella (C-4)
15. TPE (B-3)
16. Unakichi (B-4)

### 🏢 BUSINESSES

1. 81 Property Management (B-4)
2. Able Car Services (C-4)
3. BDO (D-2)
4. C & D Domestic Cleaning (C-3)
5. Fernando Lagman and Avenida Law Office (C-2)
6. Japanese Language School of Next Bridge Inc. (A-5)
7. JCB (C-3)
8. JMaterials Corporation (Daikin) (C-3)
9. JNP (B-5)
10. Leechiu Property Consultants Inc. (D-4)
11. LeoPalace21 (C-3)
12. Metrobank Japan Desk (E-3)
13. Panasonic Manufacturing Philippines Corporation (C-3)
14. Property Icon Realty, Inc. (C-3)
15. PRA (D-3)
16. Sagass (C-3)
17. KL Tower (B-4)

### 💇 BEAUTY / HEALTH FASHION

1. Hide 2A Hair Salon (C-4)
2. Oracle (B-4)
3. Royal Oriental Wellness (C-2)
4. Yakson Myunga (C-4)
5. Junca Salon (E-1)

### ✈ TRAVEL

1. ANA (B-2)
2. Dusti Thani (D-5)
3. Friendship Tours (D-5)
4. I'M Hotel (E-1)
5. JAL (C-3)

### 📖 STUDY

1. CMA Mental Arithmetic (D-2)
2. Happy Hearts Pre-School (F-1), (F-2)
3. PJ Link Language Center (B-4)
4. UNION Church of Manila (B-4)

### 🚚 DISTRIBUTION

1. Seikyo (B-4)
2. Teppen (B-4)
3. Yamazaki (B-4)

# What's New in the Metro?

## PASAY CITY



### Noli Me Tangere, The Opera

Now on its the 50th anniversary, the Cultural Center of the Philippines (CCP) and J&S Productions Inc. welcome new cast additions to the smash-hit Noli Me Tangere, The Opera for their limited run at the CCP Tanghalang Nicanor Abelardo, Pasay City from June 21 to 23.

📍 CCP Tanghalang Nicanor Abelardo, Pasay City



### Boyzone: Farewell Tour

Irish group Boyzone is coming back to Manila for their Thank You & Goodnight Farewell Tour on June 23, at the SM Mall of Asia Arena in Pasay. Don't miss out on this night of nostalgia as you walk on memory lane with Boyzone's iconic hits!

📍 SM Mall of Asia Arena



### ToyCon PH

Unleash your inner child once again as the Philippine Toys, Hobbies, and Collectible Convention (TOYCON PH) returns this June 28-30, 2019 at SMX Convention Center Manila in Pasay.

📍 SMX Convention Center, Pasay City



### Twice in Manila: Fancy You World Tour

Here's some good news for K-Pop fanatics! After recently announcing their newest mini-album "Fancy You," K-Pop girl group Twice will be making a stop in Manila as part of their world tour. Be sure not to miss this heart-stopping performance on June 29 at the SM Mall of Asia Arena!

📍 SM Mall of Asia Arena

## TAGUIG CITY



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📍 Enderun Tent and Atrium, Taguig City



### Manila Mini Maker Faire

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📍 The Mind Museum, BGC



### Trinity Taylor and Monét X Change

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📍 XYLE at The Palace, BGC

## QUEZON CITY



### Swan Lake

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📍 New Frontier Theater, Cubao

## SPOTLIGHT



Expo

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📍 World Trade Center, Pasay City

## MARIKINA CITY



### Metro Manila Pride 2019

March together with the community at the Metro Manila Pride Parade at Marikina Sports Center this coming June 29. The event is held every year to bring together the LGBTQIA+ and allies to march for equality.

📍 Marikina Sports Center

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