

# Philippine primer

The **Expats'** Guide to the **Philippine Lifestyle**



# Cafés

Find Your Urban Haven



## STREET

Stop, Sip and Savor:  
The Metro's Must-Visit Cafes

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# The smallest good deed is better than the grandest good intention.



**Dr. George S.K. Ty**  
**Metrobank Founder &**  
**Chairman Emeritus**

**conferred**  
**The Order of the Rising Sun,**  
**Gold and Silver Star**  
**by the Government of Japan**



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Sell flour. Start a bank. Help build a nation. That's what Dr. George Ty did. Like all good entrepreneurs, the Founder and Chairman Emeritus of Metrobank Philippines started small and built a group of companies that helped shape and enhance multiple industries - from banking to real estate, extending to his contributions to philanthropy and the arts.

On November 7, 2017, Dr. George Ty was conferred with the Order of the Rising Sun, Gold and Silver Star by Japanese Prime Minister Shinzo Abe on behalf of Emperor Akihito at the Matsukaze-no-Ma, Imperial Palace in Tokyo, Japan. The award is a testament of Dr. Ty's contributions to the country's economic development and the strengthening of the Philippines and Japanese economic relations.

At Metrobank we seek to follow our Founder, constantly reminding ourselves that if we go beyond grand intentions and take action, we can truly be of service and change the world.

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- THE PODIUM, MANDALUYONG CITY
- STRATOSPHERE BUILDING, MAKATI CITY





4



20



28



36

On the cover: Single Origin

[ Feature Stories ]

**4** Cover Story

Stop, Sip, and Savor:  
The Metro's Must-Visit Cafes

**20** Japan Special

Essential Tokyo: Hottest Spots for Every Tourist

**28** Local Travel

Top of the World in 1 Hour:  
Antipolo Travel Guide

**36** Special Feature

All About Oktoberfest &  
Where to Celebrate It

**42** Medical Doctors 101

Medical Professionals in Manila

**46** Business Talk

Interview with Antonio A. Turalba Sr.,  
Founder & Chairman of  
Active Group of Companies

**48** Business Talk

Extended

Interview with Satoshi Kato,  
President of Chodai Philippines Corp.

**50** Maps

Guide to Local Businesses in Makati

**52** What's New

in the Metro?

Concerts, Festivals, Family Events, and More



**Features of the Issue**

**COVER** – Coffee places have become a place for friends' hearty catch-ups, an extension of workspace for businessmen, and a haven for people who simply want to spend a quiet time while savoring a cup of coffee and eating good food. In this issue, Philippine Primer goes on a coffee spree to introduce some of the best cafes in and around Metro Manila for every type of café-goer.

**JAPAN SPECIAL** — Just when you think you have seen enough of it—in books, travel programs, or personal visits—Tokyo keeps on surprising. There is always something new to discover, and no visit is ever the same. Join Philippine Primer as we take you around some of the hottest spots and restaurants that every visitor, especially the first-timer, needs to experience in this lifetime.

**TRAVEL** – For the many busy bees of the metro, one of the best places to do a day trip is Antipolo City. Located only an hour east of Metro Manila, it's a place brimming with culture, food, and adventure—if you know where to look. It's a good place for weekend trips thanks to its cool climate, and the distance makes it easy for anyone to get there without taking too much time from their day.

**PLUS!** Learn about where and how Oktoberfest began, how it has been adapted in the Philippines, and where to celebrate it in Metro Manila!

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# STOP, SIP, AND SAVOR: MUST-VISIT Cafes



Metro Manila, as in other parts of the Philippines, has witnessed an amazing transformation in how people treat their coffee. Coffee has become people's companion, preferred to be savored in a cozy place, sometimes together with good food or a good companion and sometimes treated as the saving grace to one's hectic or gloomy day. This outlook has given rise to the many cafes in the metro, which exist to showcase coffee as a gourmet item while at the same time catering to every coffee drinker's need. Whether you look for a place to catch up with friends, to catch up on work, or to catch up on some alone time, Philippine Primer has gathered some of the cafes in and around Metro Manila that are worth the visit not only for their coffee but also for the delicious food.



Caffe Latte (P180 tall, P195 grande)



**Starbucks Reserve® | PP**

Global coffee brand Starbucks elevates one's coffee experience by bringing Starbucks Reserve® to select stores in Metro Manila. It offers an "ultra-premium coffee experience" centered on process, product, engagement, and presentation as its four pillars. The coffees offered are exclusive, exotic, and rare in quantity, shedding light on the small-lot farms and the people behind them. Each Starbucks Reserve® showcases such manual brewing methods as Pour-Over, Chemex, and Siphon, which highlight different flavor profiles.

There is a new level of experience achieved by watching the manual brewing process and getting a sip of the coffee, all while having a conversation with the Starbucks Coffee Master. You learn about the coffee, the process, and the origin, and ultimately share their passion. There are currently 12 Starbucks Reserve® stores, four of which are housing a Black Eagle Espresso Machine which offers Reserve® espresso based beverages such as Caffe Latte and Vanilla Bean Latte.

📍 R1-162, Power Plant Mall, Rockwell Center, Makati City  
 ☎ 02-211-8699  
 🕒 7 am to 12 am  
 🌐 starbucks.ph  
 🇵🇭 Starbucks Philippines



## Food, Coffee & Catch-ups

A sweet cacophony of coffee brewing, friendly chatters, and hearty cheers usually fill these cafes—a nice environment to bond with your best friends.



Cafe Latte (P160), Spanish Latte (P180)



Paella Mariscos (P820)



### Cafe del Mar | PP

This cafe was inspired by Cafe Del Mar in Ibiza, although the concept is not exactly the same. Cafe Del Mar Ibiza is a bar hangout oozing with great music and delicious food and drinks. While the one in Ibiza is a bar by the beach, Cafe Del Mar in Mckinley Hill is a cafe and restaurant by the grand canal, exuding an atmosphere that is in contrast with the beach vibe. This cafe is more laid-back, casual, and romantic.

Cafe del Mar features about 20 kinds of proudly local coffee, nicely matched with Spanish and Mediterranean-inspired dishes like paella, risotto, pizzas, and salads.

- 📍 G/F Venice Grand Canal Mall, Mckinley Hill, Taguig City
- ☎ 02-810-1066
- 🕒 9 am to 1 am (Sun to Thu); 9 am to 2 am (Fri to Sat)
- 🌐 cafedelmarphilippines.com
- 📍 Cafe Del Mar Restaurant

### % Arabica | PP

Hailing from Kyoto, Japan, % Arabica is a vibrant welcoming cafe emanating Japanese simplicity. The coffee menu of % Arabica is straightforward—timeless coffee options like Caffe Latte and Americano, and the smooth and milky-sweet Spanish Latte. The disguised complexity hits you at the first sip. % Arabica uses 100-percent Arabica coffee beans from Guatemala, Japan, and Brazil, embracing the company's slogan: "See the world through coffee."

- 📍 Unit 1, G/F, W City Center, 7th Ave. cor. 30th St., BGC, Taguig City
- ☎ 02-821-6744
- 🕒 6 am to 10 pm (Mon to Fri); 10 am to 5 pm (Sat to Sun)
- 📍 Arabica Philippines



USDA Prime Bone - In Rib Eye (P1,950/400g)



Chashu Alfredo (P865) and Latte (P155 medio; P175 grande)



Gambas Al Ajillo (P300)



### Harlan + Holden Dine | PP

Rockwell has plenty of interesting establishments but this charming glasshouse cafe is pretty hard to miss. A design company was hired all the way from Copenhagen just to achieve the chic minimalist look of its interiors. Many diners rave about their Home Made Corned Beef Rice Bowl, made with tender corned beef and red rice, making it a perfect choice for health-conscious eaters. They also offer healthy drink options like Kombucha tea.

- 📍 R1-GH, The Glasshouse, Rockwell Center, Hidalgo Dr., Rockwell, Makati City ☎ 0917-109-2156
- 🕒 11 am to 9:30 pm (Mon to Thu); 11 am to 10:30 pm (Fri); 7:30 am to 10:30 pm (Sat to Sun) 📍 Harlan+holden dine

### Hops & Brews | PP

Situated on the ground floor of I'M Hotel, the first 5-star hotel in Poblacion, Makati, Hops & Brews is a café at daytime and an energetic party place at night where the DJ quickly switches the atmosphere as if with one flick of the hand.

Popular among guests are Hops & Brews' intercontinental dishes like the Chashu Alfredo, made more delicious as the pasta is served with egg. There are also sandwiches, various meat dishes, and all-day breakfast perfect with a classic like Latte. They also offer specialty coffee like Cold Brew and Pour Over.

- 📍 G/F I'M Hotel, 7862 Makati Ave., Poblacion, Makati City
- ☎ 0916-785-0568
- 🕒 10 am to 1 am (Mon to Sun)
- 📍 Hops & Brews





Maple Vanilla Cold Brew (P220)



### Single Origin | PP

Single Origin is not just a place for a special coffee experience but also a one-stop stomping ground for people who seek to enjoy comfort food, wine, beer, and cocktails with friends. Its trademark interiors that incorporate strong industrial elements with upscale furnishings engender warm and cozy feelings.

If you need a stronger boost for the day, try the refreshing Maple Vanilla Cold brew. It's stronger than your regular iced coffee. If you want something creamy and delicious, sip on a hot cup of Vanilla Latte.

📍 G/F Greenbelt 3, Makati City

☎ 02-772-6259

🕒 7 am to 12 am (Sun to Tue); 7 am to 12:30 am (Wed); 7 am to 1 am (Thu); 7 am to 2 am (Fri to Sat)

📍 Single Origin



Calamansi Chicken Rice Bowl (P450)



Pork Cheek Confit (P118)



### Little Flour | PP

A sister cafe of the well-known Wildflour Cafe + Bakery, Little Flour Cafe offers a cozy and inspiring setting for enjoying good coffee and all-day breakfast meals while catching up with friends or colleagues. You may find many of your favorite Wildflour menu items here, but Little Flour notably stages a selection of breakfast meals that celebrate the Filipino taste. Their Calamansi Chicken Rice Bowl proves that native lime is just as good as lemon on chicken. Meanwhile, their Vietnamese Latte is incredibly smooth and easy to drink for a kind of coffee that's known to pack a lot of caffeine.

📍 G/F World Plaza, 31st St. cor. 4th Ave., BGC, Taguig City

☎ 02-777-7383

🕒 5 am to 2 am (Mon to Sat); 6 am to 4 pm (Sun)

🌐 wildflour.com.ph/littleflour

📍 Little Flour

### Vengo + The Neighborhood Cafe | PP

Vengo + The Neighborhood Cafe marries a taqueria and a coffee shop into one. One of the few cafes in Makati that are open late, Vengo caters to millennials, businessmen, and salarymen looking for a good latte, a nightcap or good food after a late-night walk.

Their tacos have been a favorite of both regulars and new customers. Their Pork Cheek Confit is served on a 6" tortilla freshly made in-house every day. Their most attractive coffee item, Love, Rosie features a bittersweet combination of coffee, milk, and boba with rose syrup.

📍 105 C. Palanca St., Legaspi Village, Makati City

☎ 0917-164-6655

🕒 7:30 am to 12 am (Mon to Wed); 7:30 am to 2 am (Thurs to Fri); 7:30 am to 12 am (Sat); 7:30 am to 10 pm (Sun)

📍 Vengo



## Ikamai and Tochi Desserts | PP

Ikamai is known as a stylish bar where people enjoy wine and street food pairings. While it is one of the best places to drink at night, Ikamai is also a nice place to enjoy some coffee and tea with desserts during daytime.

A must-try is the Afternoon High Tea, served from 1 to 5 pm. The multi-tiered high tea stand consists of cute pastries, made by part-owner and patissier James Antolin, and mouthwatering sushi and sandwiches from these snacks. There are four types of tea to choose from.

📍 G/F ACI Bldg., 147 H.V. Dela Costa St., 1227, Salcedo Village, Makati City  
 ☎️ 02-816-4588 / 0999-887-0297  
 🕒 11 am to 10 pm (Mon to Sat)  
 📍 Ikamai



Afternoon High Tea (P895)



Wagyu Burger (P770)



Dirty Latte Hot: (P150) / Cold: (P160)



## Secorsa | PP

Makati's favorite sports bar, Buggy's, keeps a nice little cafe tucked at a corner of its chill and cozy interior. The coffee station, called Secorsa, is open as early as 7 am, at a time when the bar is quiet and placid. Their coffee creations are an indispensable part of Buggy's breakfast menu. One of their best sellers, and a unique drink to try at Secorsa, is the Dirty Latte which combines tea and coffee in one drink. It is made with tea steeped for three to five minutes before being mixed with an espresso shot.

📍 Unit 1, Paseo Park View Tower, Sedefio St. cor. San Agustin St., Salcedo Village, Makati City (inside Buggy's)  
 ☎️ 02-817-3381 / 0917-320-5691  
 🕒 7 am to 2 am (Mon to Thu); 7 am to 3 am (Fri); 7 pm to 6 am (Sun)  
 📍 Secorsa Specialty Coffee

## TWG Tea Salon and Boutique | PPP

A high-end tea shop from Singapore, TWG Tea Salon and Boutique's gold-decorated interior is a perfect venue to appreciate fine tea. They have an impressively long list of teas from all over the world. Although they are best known for their tea selection, they also offer wines and champagnes.

Their food menu is composed of European dishes, including salads, meats, pasta, and desserts like crepes and macarons.

📍 G/F Greenbelt 5, Makati City  
 ☎️ 02-720-8667  
 🕒 11 am to 9 pm (Sun to Thurs), 11am to 10 pm (Fri to Sat)  
 🌐 twgtea.com  
 📍 TWG Tea Philippines



Espresso with Milk (P154 dine-in; P140 to-go)



## The Curator Coffee and Cocktails | PP

Masters of both coffee and cocktails, the team at The Curator offers drinks that are an art, science, and craft. The place fronts a bright café and conceals an intimate and cozy bar behind an obscure sliding door at the back. The Curator attracts both the young and the brave cocktail lovers and caffeine fiends. The coffee bar stays open until 7 pm, and after that, The Curator transforms into a bar where people can also have friendly conversations with the bartenders.

📍 Unit 2, 1/F, Legaspi Park View Condominium, C. Palanca St. cor. Legaspi St., Legaspi Village, Makati City  
 ☎️ 0916-355-4129  
 📍 The Curator



## Food, Coffee & Me

It's all about you, good food, and a comforting cup of coffee. These cafes have a cozy, solitary atmosphere that beckons.

### Hineleban Cafe | PP

Hineleban Cafe takes coffee on a seed-to-cup journey from local farms in Bukidnon, Mindanao. You will find the cafe co-occupying the first floor of 830 Arnaiz with a sporting goods store, giving it a somewhat hip and groovy backdrop.

They elevate local coffee with creatively simple drinks like the zesty iced Kape Laranja, which uses orange juice and apple dices, and the deliciously thick Coco Mocha. All their rice dishes use Adlai rice, a healthy rice option that is gluten-free and rich in protein.

- 📍 830 Arnaiz Ave. (former Pasay Rd.), San Lorenzo, Makati City
- ☎ 02-816-4772
- 🕒 7 am to 9 pm (Mon to Fri); 9 am to 7 pm (Sat to Sun)
- 🌐 hineleban.org
- 📍 Hineleban Cafe



Chicken Chorizo, Cream and Egg (P250)



Strawberry Waffle (P200)



Iced Mocha (P60)



### Café Libertad | PP

Amid the rows of bars and bustling restaurants along Amorsolo Street lies a little mecca for creative people. Cafe Libertad offers a genuine refuge for people seeking creative inspiration and a diversion from a maddening adult life. The cafe has simple yet sincere offerings of sandwiches, cookies, coffee, and booze. In support of the local industry, they use local beans from Mt. Apo for their coffee. The coffee they serve is mild and smooth but provides a distinct caffeine kick that's enough to reinvigorate you.

- 📍 G-IV, The Gallery Building, Amorsolo St., Legaspi Village, Makati City
- ☎ 0917-890-7771
- 🕒 7 am to 9 pm (Mon to Fri)
- 📍 Café Libertad



### Blue Wonder Coffee and Blue Roastery | PP

Inspired by the idea that "coffee is a wonder from the water"—hence the name—Blue Wonder emphasizes that drinking coffee is a wonderful thing to do on any given day. This third-wave cafe presents premium blends of beans and single-origin coffee from different countries like Kenya, Guatemala, and the Philippines. You can choose your brew: Kalita Drip, Hario Drip, French Press or Aeropress. It's also an experience to brew it yourself once you learn from the barista on your first visit.

- 📍 2/F, #4 E. Rodriguez Jr. Ave., Brgy. Bagong Ilog, C5, Pasig City
- ☎ 02-535-7825 / 0917-146-6803
- 🕒 9 am to 5 pm (Mon to Sat)
- 🌐 cookoacademy.ph/bluewonder.html
- 📍 Blue Wonder Coffee & Bean Roastery



Chia Bowl (P380)



### St. Louis | PP

Serving mouth-watering pastries, desserts, and ice cream creations that are best enjoyed with hot coffee or chocolate on the side, St. Louis takes pride in sourcing local produce made lovingly by local farmers. Each selection is freshly made with the use of real pasteurized milk and cream—plus, their sorbets are dairy-free and 100% fat-free. A good dish to go for health buffs is the fruity and refreshing Chia Bowl, a combination of strawberries, bananas, blueberries, almonds, and chia seeds.

- 📍 104A-C3 BGC High Street Central, 7th Ave., BGC, Taguig City
- ☎ 02-625-4121
- 🕒 8 am to 12 am
- 🌐 stlouis.ph
- 📍 St. Louis House of Fine Ice Cream & Desserts, High Street





Mushroom Truffle Pasta (450)



## Caffeined by Artesania | ☕☕

Caffeined by Artesania is a dual concept store that underscores the total experience of food and coffee, and furniture. You can retreat to this cafe-slash-showroom and enjoy good food on quality furniture which elevates the experience. Championing local craft, Artesania serves coffee by Kalsada, a producer of coffee from local farms in provinces like Benguet and Bukidnon. Meanwhile, a good dish to try is their Mushroom Truffle Pasta which lets you have a good enjoyment of flavors minus the guilt that comes with heavy-calorie ingredients like cream and cheese.

- 📍 910 Arnaiz Ave., San Lorenzo, Makati City
- ☎ 02-896-3303
- 🕒 7 am to 9 pm (Mon to Fri); 9 am to 5 pm (Sat to Sun)
- 📍 Artesania



Woke Cold Brew (P120)



Butifarra Con Salsa Funghi e Tartufo (P470)

## Kape Granos | ☕

If you want to take your coffee appreciation a little farther away from the metro, we found a good place for you: Kape Granos, an hour drive from Alabang, the southernmost part of Metro Manila. Some of their coffee include beans from the volcanic soil of Mt. Apo, the chocolately Atok Arabica, acidic coffee from Mt. Kitanglad, nutty coffee from Mt. Matutum, and hybrid coffee from Daguma Range. They also have ready-to-drink homemade coffee bottles called Woke Cold Brew.

- 📍 San Antonio Exchange Terminal, Magsaysay Rd., San Pedro, Laguna
- ☎ 0939-183-4858
- 🕒 10 am to 7 pm
- 📍 Kape Granos



## Dean and DeLuca | ☕☕☕

Named after owners Joel Dean and Giorgio DeLuca, this cafe has a passion for food of incomparable quality and taste—obviously seen in their foods such as the Butifarra Con Salsa Funghi e Tartufo. Sprinkled with parsley and topped with basil, the pasta is made more delicious with Butifarra sausage, fresh mushroom, and truffle cream.

- 📍 G/F ETON Tower Makati, Dela Rosa St. cor. VA Rufino St., Legaspi Village, Makati City
- ☎ 02-944-6802 / 0917-302-0297
- 🕒 7 am to 10 pm (Mon to Sat); 7 am to 4 pm (Sun)
- 🌐 deandeluca.com/philippines
- 📍 Dean and DeLuca Philippines



Iced Coffee (P180)



## Narrative Coffee Co. | ☕

At Narrative Coffee Company, the baristas hand-grind the coffee, prepare the filter and the coffee dripper, then proceed to steep a wonderful cup of coffee. Simple, pure, and very intimate—you get to drink your coffee without inhibition. The high chairs allow customers to interact with the baristas for a wholesome conversation and appreciate the art of coffee preparation. Another interesting thing is that the owners source whole coffee beans from their travels, gifts from friends, and from specialty coffee shops in Manila.

- 📍 G/F, Philam Life Building in 126 L.P. Leviste, Makati City
- ☎ 0956-493-3920
- 🕒 9 am to 7 pm (Mon to Fri); 9 am to 6 pm (Sat)
- 📍 Narrative Coffee Company



## Coffee, Inspiration & Productivity

When the office has become too dark and dreary, bring your work to these cafes that encourage productivity and inspire creativity.



Traviatta (P385) and Flat White (P160)



Croque Madame (P225)



### Toby's Estate | PP

A specialty coffee shop from Sydney, Australia, Toby's Estate has a relaxing ambiance due to its bright and stylish interior. It is designed to be spacious so guests can enjoy having conversations with friends or co-workers. They get their beans from farms in countries such as Panama and Singapore. These beans undergo "coffee cupping" or coffee tasting to check the quality, taste and aroma. In their Slow Bar coffee menu, they have the so-called "Brew Flight" wherein customers can taste a single-origin coffee using Aeropress, Kalita Wave, and French Press brewing processes.

📍 G/F V Corporate Center, L.P. Leviste St., Salcedo Village, Makati City  
 ☎ 02-507-6174  
 ⌚ 7 am to 10 pm (Mon to Tue); 7 am to 12 am (Wed to Sat); 8 am to 10 pm (Sun)  
 @tobysestateph.com

### Commune | PP

Commune is a cool and chic cafe that showcases latte art in the morning and doubles as a bar that hosts artsy events at night. Once you enter the cafe, you will know that it's a good place to catch up on work or catch up with colleagues and friends. They have an extensive menu for those who want food with their coffee. A good way to kick-start your day is with the Croque Madame sandwich, if you want cheesy and eggy with a touch of ham, or the Poblacion salad, if you want healthy yet exciting (it has smoked fish and salted egg).

📍 36 Polaris St. cor. Durban St., Poblacion, Makati City  
 ☎ 02-275-6324 / 0919-859-5848  
 ⌚ 8 am to 12 mn (Mon to Sat); 11 am to 7 pm (Sun)  
 @commune.ph  
 ① Commune



Wagyu Burger Steak (P140)



### Bluesmith Coffee and Kitchen | PP

While the café has artistic industrial elements, the place overall evokes a cozy atmosphere because of the presence of wood furniture and plant décor. It is easy to get comfortable in and concentrate on one's work. One of the best sellers is Wagyu Burger Steak, which provides a consistent tender chew in the mouth. As to their coffee, Bluesmith roasts their own beans, which come from around the globe, at their roast store in Pasong Tamo, Makati. They feature different coffees every few months.

📍 3/F Greenbelt 3, Makati City  
 ☎ 02-729 0284  
 ⌚ 11 am to 11 pm (Sun to Thu); 11 am to 12 mn (Fri to Sat)  
 ① Bluesmith Coffee & Kitchen



Iced White (P140), Spiced Sugar Toast (P120)



### Habitual Coffee | PP

Habitual Coffee is a hole-in-the-wall cafe that specializes in Aeropress hand-brewed coffee. Hidden away at a warehouse along Chino Roces Ave., the cafe provides a perfect refuge for people who need a peaceful space to concentrate on work or studies. Inside, Habitual Coffee stands out with its industrial theme and high ceilings. Besides the local coffee they showcase, they are now offering new items on the menu, like the Spiced Sugar Toast made with sumac spice, cardamom, and sugar, an ideal match with a good hot cup of Flat White.

📍 2135 Chino Roces Ave., Legaspi Village, Makati City  
 ☎ 02-833-9556  
 ⌚ 8 am to 9 pm (Mon to Sat), 8 am to 7 pm (Sun)  
 ① Habitual Coffee



Frittata with Salsa Brava (P345)



### Kuppa Roastery and Cafe | PP

Handpicked coffee beans are roasted in their own machine weekly. You may choose your preferred extraction method among many, such as by Aeropress. The cafe has around 100 seating capacity and sees a lot of people working on their laptops or having meetings. A good morning pick-me-up is Ben's Cappuccino, while a good energy booster is Frittata with Salsa Brava, a potato and bacon omelet with arugula garnish.

📍 G/F Commercenter, 31st St. cor. 4th Ave., BGC, Taguig City  
 ☎ 0917-879-6447  
 ⌚ 7 am to 11 pm (Sun to Fri); 7 am to 12 am (Sat)  
 kuppa.ph  
 ① Kuppa Roastery & Cafe



Yardshake (P180)

### Yardstick | PP

This cafe is spacious and vibrantly lit, which naturally helps you to focus more on your laptop work or studies. They have a wide selection of comfort food and pastries on their menu and they also feature different coffee brews. A must-try is their Yardshake, an easy-to-drink coffee smoothie with a frothy and creamy texture.

📍 G/F 106 Esteban St. Legaspi Village Makati City  
 ☎ 02-845-0073 / 0917-840-8168  
 @yardstickcoffee.com





Half Grilled Cheese - Half Tomato Soup (P250)



Braised Asian Eggplant (P340)

### Local Edition | PP

Local Edition's ambiance, conducive to some me-time, musings, and conversations, has made it into a hub for young professionals. Local Edition serves one of the best grilled cheese sandwiches that is best enjoyed with its classic partner, the tomato soup. Their best-selling coffee drinks are the milky sweet Azucarado and the bittersweet Caramelo.

- 📍 116 Perea St., Legaspi Village, Makati City
- ☎ 02-556-9655 / 0905-444-8797
- 🕒 7:30 am to 7:30 pm (Mon to Fri); 10 am to 6 pm (Sat to Sun)
- 🌐 localedition.ph
- 📍 Local Edition Coffee and Tea

### Caravan Black Coffee | PP

Caravan Black serves a blend of Brazilian and Colombian coffee called Maverick to accompany you as you do your work. The beans are roasted in a way that produces a balance between its natural bitterness and acidity. They also have Nitro Cold Brew where nitrogen gives the brew a beer-like tang and frothy texture, suiting the taste of many. For snacks, trying a plate of Hot Turkey & Chicken Sandwich with a workmate or friend might just whet your appetite.

- 📍 Net Park, 1634, 4th Ave., BGC, Taguig City
- ☎ 02-946-3610
- 🕒 7 am to 10 pm (Mon to Fri); 10 am to 9 pm (Sat); 9 am to 6 pm (Sun)
- 📍 Caravan Black

## Pastries & Coffee



Strawberry Shortcake (P135)



Boston Cream (P70), Salted Dark Chocolate, Vanilla Glazed, Garam Masala, Blueberry Glaze (P50/pc.)

### Bebe Rouge | PP

Beyond being a tasteful pâtisserie that serves as a stopover for sweets and pastries, Bébé Rouge is also a nice place to hang and pass the time. Unbeknown to some people, the pâtisserie also has a dining area and a menu of delicious meals, coffee, and tea. The food menu of Bébé Rouge is composed of breakfast toasts, pasta, and Japanese rice meals like the rich and savory Beef Hayashi Rice. Coffee, tea, and smoothies are also offered at Bébé Rouge. For tea lovers, a must-try is their Mango Manila.

- 📍 7602 Sacred Heart St. cor. Metropolitan Ave., San Antonio Village, Makati City
- ☎ 02-833-2826 / 0917-851-9636
- 🕒 8 am to 7 pm
- 📍 Pâtisserie BEBE Rouge

### Poison Coffee & Doughnuts | P

Poison Doughnut isn't your usual neighborhood shop; it packs a venom of flavors and an extraction of wit and creativity. They use a hybrid of sourdough and brioche, making the dough fluffier and fuller compared to a regular doughnut. For adventure-seekers in food, don't miss out on their Garam Masala doughnut. All doughnuts are best paired with their coffee by The Yardstick, giving a bittersweet affair in your mouth.

- 📍 The Alley, Karrivin Plaza, 2316 Chino Roces Ext., Makati City
- ☎ 02-752-0327 / 02-752-0325
- 🕒 10 am to 10 pm
- 📍 Poison Coffee and Doughnuts
- 📱 @poisondoughnuts



Bruschetta Ham (190)



Mango Mille Crepe Slice (P225)

### Cartel Coffee & Deli | PP

Cartel is not your usual cafe. It's a coffee shop, a bakery, and a market all rolled into one: Cartel brings you Yardstick for coffee, Txanton PH for quality Spanish jamón, Pablo Bistro for continental food, Bonton Bakery for baked pastries, Holy Carabao for salad bowls and dressings and carabao's milk, Belge and Co. for chocolates, and Calidad Espanola for Spanish chorizo. The place itself is a warm and cozy hangout where you can peacefully enjoy these fine offerings.

- 📍 G/F Picasso Boutique Serviced Residences, 119 L.P. Leviste St., Salcedo Village, Makati City ☎ 02-772-8270
- 🕒 7 am to 12 am 🌐 cartelldeli.com
- 📍 Cartel Deli

### Paper Moon Cafe | PP

Paper Moon Cafe offers mostly dessert, with Mille Crepe as its prime offering and an original recipe. This best seller is made up of 20 layers of paper-thin crepes with flavorful filling, finishing off with a caramelized top. Pair it up with their Japanese blended coffee or fresh fruit drinks for a total dessert treat.

- 📍 LG/F SM Aura Premier, 26th St. cor. Mckinley Pkwy., BGC, Taguig City
- ☎ 02-625-4740
- 🕒 10 am to 10 pm
- 🌐 papermoon.com.ph
- 📍 Paper Moon Caf\*e\* PH





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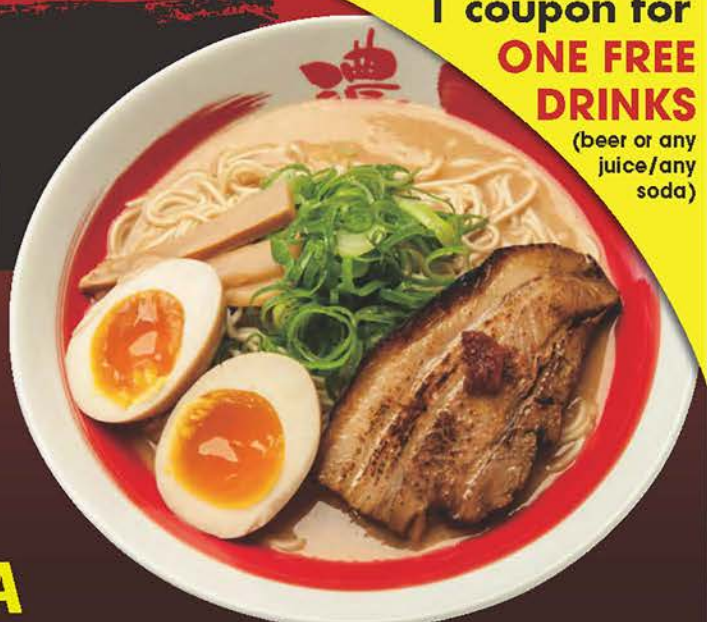


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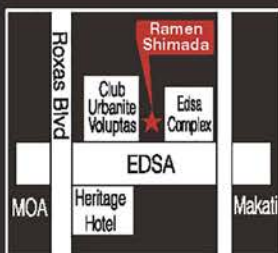
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Being one of, if not the, greatest cities in the world, Tokyo has infinitely been on books and magazines and travel shows. We have read and watched so much about Japan's bustling capital that it has seemed to be all too familiar and any feeling of anticipation is toned down. But prints and programs are a mere 10-second preview to a full-length play—you never really see it until you do. And there will always be sequels.

This year alone has seen the rise of many new attractions—places that tourists even of the

previous year have surely not seen. Tokyo's innovation is reflected not only in its infrastructure and technological landscape but also in the many themed attractions and restaurants that continuously sprout up. In this issue, we re-introduce you to Tokyo through fresh spots that have served as coal to the blazing city. New attractions that will soon occupy magazine covers and TV features. Places that are the new requisite on every traveler's itinerary. The essential Tokyo trip of the now.

---

Written by: Rei Leaño

# Essential TOKYO

**“Japan's capital city keeps on surprising—there is always something new to discover, and no visit is ever the same. These are the city's hottest attractions and dining spots, the new essential trip to Tokyo.”**





**T**OKYO SKYTREE is an architectural marvel that has been ruling the skies of Eastern Tokyo Metropolis since it was publicly opened in May 2012. Standing 634 meters, it is the world's tallest independent broadcasting tower and the tallest structure in Japan to date.

TOKYO SKYTREE has three major floor groups, each symbolizing the past, the present, and the future of Japan. The **Lower Levels** serve as an introduction to TOKYO SKYTREE's structure and the culture of "shitamachi" (downtown Tokyo). Up at 340-350 meters is the three-level **Tembo Deck**, which offers 360-degree views of the city, with facilities like the SKYTREE CAFE, THE SKYTREE SHOP, and the Sky Restaurant 634 (musashi) which serves "new Japanese cuisine," a fusion of traditional Japanese and French culinary techniques.

At 445-450 meters is the spiral **Tembo Galleria**, where you go on a walking tour from floor 445 up to the Sorakara Point at 451.2m, with views so overwhelming that it might indeed give you a sense of the hopeful future.



Sky Restaurant 634 (musashi)



Tembo Galleria

📍 Oshiage 1-1-2, Sumida Ward, Tokyo City  
 🕒 8 am to 10 pm (Last admission: 9 pm)  
 🌐 [tokyo-skytree.jp](http://tokyo-skytree.jp)

**TIPS:**

- For international tourists, you can skip the line at the main ticket counter by heading to the Fast Skytree Ticket Counter (open from 10 am). Just present your passport or other valid IDs.

**Tickets (Same-Day Purchase):**

- Tembo Deck: ¥2,060 (adults); ¥1,540 (12-17 y/o); ¥930 (6-11 y/o); ¥620 (4-5 y/o); free for 3 y/o below
- Tembo Galleria: ¥1,030 (adults); ¥820 (12-17 y/o); ¥510 (6-11 y/o); ¥310 (4-5 y/o); free for 3 y/o below
- For advance-purchase rates, visit: [tokyo-skytree.jp/en/ticket/](http://tokyo-skytree.jp/en/ticket/) (translation via Google Translate)

**GETTING THERE:**

- Nearest stations: TOKYO SKYTREE Station and Oshiage Station
- From Asakusa Station or Kita-senju Station, take the TOBU SKYTREE Line going to TOKYO SKYTREE Station.
- Skytree Shuttle (¥220/adult; ¥110/child) pickup points: Tokyo Station, Ueno-Asakusa Area, Haneda Airport, Tokyo Disney Resort, Odaiba, Wakoshi Station, Asakadai Station, and Shiki Station (Tobu Tojo Line)



Hinode – Japanese-Style Room Boat



Standard course meal

📍 Azumabashi-sanbashi, Asakusa, Tokyo  
 🌐 [amitatsu.jp/english/](http://amitatsu.jp/english/)  
 Rate: ¥10,800 (tax inclusive)\*Minimum Reservation for 2 pax

**O**ne's TOKYO SKYTREE experience does not end in reaching the topmost observation deck and taking photos of the views. After all, the tower itself is an attraction that should be captured in one's photos, apart from the city scenery viewed from inside the tower.

Yakatabune Amitatsu is a great way of taking in the overall beauty of TOKYO SKYTREE from the outside. "Yakatabune" is a tradition of cruising along Sumida River that has lasted since the Edo period, and Yakatabune Amitatsu is a provider that is almost as old as the tradition, operating for a hundred years already.

Yakatabune Amitatsu offers the Odaiba Skytree Course which cruises around Asakusa, Tsukiji and Odaiba, and runs for about 2.5 hours. The highlights of the cruise are TOKYO SKYTREE, Rainbow Bridge, and DECKS Tokyo Beach. The cruise includes a standard course meal that lets you try a variety of Japanese dishes like simmered conger eel, assorted sashimi, assorted tempura, hot pot, and more. A vegetarian course is also available.



1. Foie Gras Miso Ramen (¥1,480)
2. Tomato Collection Cold Ramen (¥1,200)
3. Ramen Ham Fromage (¥1,180)

**D**ue Italian is a famous Japanese-Italian fusion restaurant that has been listed as a Michelin Bib Gourmand restaurant in Tokyo for three consecutive years. It has a few branches around the Japan, and Ramen Due Edo Japan is the only branch that takes on the "Edo" concept. While the other branches have a strong Italian feel in the interiors, Ramen Due Edo Japan feels more natural and rustic because of its focus on wood.

Due Italian/Ramen Due Edo Japan's most sought-after specialty, Ramen Ham Fromage is perhaps the best illustration of Japanese and Italian fusion. The soup, made with tasty chicken broth, has the perfect chemistry with the creamy cheese blend made with cheddar and gorgonzola. Another must-try is the original Foie Gras Miso Ramen, where the rich delicate taste of foie gras goes very well with the robust flavor of the soup.

📍 B1/F Hibiya Parkfront, 2-1-6, Uchisaiwaicho, Chiyoda-ku, Tokyo  
 🕒 11 am to 3 pm, 5 pm to 10 pm (Mon to Fri)  
 🌐 [dueitalian.jp](http://dueitalian.jp)



Chef Kazuo Ishizuka





# teamLab Borderless

In June 2018, digital art collective teamLab together with Mori Building launched "Mori Building Digital Art Museum: teamLab Borderless," the collective's first permanent exhibition in Tokyo, which aims to transcend boundaries between artworks, art and people, and oneself and others. Like a galaxy contained in a 10,000-square-meter building, the museum consists of different worlds with no boundaries, each world transitioning seamlessly as you step into the next. In total, there are around 50 digital artworks to experience within the five zones.

In the **Borderless World**, flowers bloom at your feet, elephants and lions live as floral creatures, and lights dance around you. People challenge themselves at **Athletics Forest**, where play areas are three-dimensional, galactic, and colorful. The **Future Park** meanwhile is where ocean creatures are brought to life by children who draw them and where playful little people move on tables and walls.

In the **Forest of Lamps**, as you stand still close to a lamp, light spreads through the nearby lamps, a different color each time. The more people there are in the room, the more colorful and magical it becomes. Lastly, the **EN Tea House** shows that even gastronomy can be digitized and integrated with digital art. You can get a glimpse of the universe in your tea cup, where lights seem to have a life of their own. The tea house serves hot and cold teas at ¥500.



📍 Odaiba Palette Town 1-3-8 Aomi, Koto-ku, Tokyo (Beside the Ferris wheel)  
🕒 10 am to 7 pm (Mon to Thu, Sun & Holidays); 10 am to 9 pm (Fri to Sat & Holiday eve)

*\*Images courtesy of teamLab Borderless*



### TIPS:

- High heels and sandals are not allowed in certain areas, so it is recommended to wear comfortable closed shoes. There is also a shoe counter where you can borrow a pair for free.
- Some areas have mirrored floors, so it is best for women to wear pants.
- There is a locker room where you can leave your bags for free.
- You can interact with the lights at the Crystal World (part of the Borderless World) through the teamLab Exhibition App available on Google Play and iTunes.
- If you want to avoid the crowd, it is ideal to visit late in the afternoon, after 3 pm.

### Tickets:

- ¥3,200 (adults); ¥1,000 (children 4-14 y/o)
- \*Reservation is recommended.

### Nearest stations:

- Nearest stations: Tokyo Teleport Station and Aomi Station (5-minute walk)
- From Tokyo Station / Shibuya Station to Tokyo Teleport Station: 20 minutes





## Takoyaki Museum



Imo Tako's Torotama  
(¥680/6 pcs; ¥860/8 pcs; ¥1,040/10 pcs)



3 Selections Takoyaki 12-piece (¥1,200)

📍 4/F DECKS Tokyo Beach, 1-6-1 Daiba, Minato-ku, Tokyo

🕒 11 am to 10 pm

🌐 [odaiba-decks.com/en/takoyaki](http://odaiba-decks.com/en/takoyaki)



**F**rom walking the maze-like hallway, interacting with waitresses dressed as Alice and browsing the creative menu up to enjoying the whimsical food presentations, Alice in a Labyrinth is hugely sought after not just for the food but for the overall fantasy-like experience. The dining experience is greatly enhanced by the visual feast presented before one's eyes.

Their British Style Tea Party Set brings to mind the popular encounter of Alice and the Mad Hatter. This two-tiered dessert stand is made up of various desserts like macarons, strawberry and cream, pudding, and cake. Ironically, the British Style Tea Party Set does not include tea, so have a

cocktail instead! Alice in a Labyrinth features ten original themed cocktails. Non-alcoholic cocktails are also available.



British Style Tea Party Set (¥1,580)

📍 5/F Taiyo Building, 8-8-5 Ginza, Chuo-ku, Tokyo

🕒 5 pm to 11:30 pm (Mon to Fri); 11:30 am to 3 pm, 4 pm to 11:30 pm (Sat to Sun & Holidays)

🌐 [alice-restaurant.com](http://alice-restaurant.com)

**A**t first look, Takoyaki Museum is more like a food court. In a sense, the name is fitting—as a museum, it has nicely curated Osaka's well-established takoyaki shops in one place, showcasing takoyaki as a local delicacy that has penetrated not only Japan but also the whole world.

There are currently five takoyaki shops. One is **Tenuuji Abeno Takoyaki Yamachan**, known simply as Yamachan. Yamachan has found itself in the Michelin Guide for Kyoto and Osaka consecutively from 2015 to 2018, which is enough of a good reason

to check it out. Yamachan takes pride in their flavorful original batter recipe made with various ingredients that include 20 kinds of fruits and vegetables boiled for 4 hours.

Another shop is **Imo Tako**, which puts in a generous amount of a variety of ingredients for their takoyaki. Besides the meaty chunks of octopus, they also put dried ebi, green onions and ginger. Imo Tako's takoyaki is soft and creamy inside out, and while there are more ingredients, the taste is slightly lighter than Yamachan, whose flavors are heavily packed in the batter.



Maiko Special (¥1,060 medium; ¥1,330 large)

📍 1/F YURAKUCHO ITOCIA, 2-7-1 Yurakucho, Chiyoda-ku, Tokyo

🕒 12 pm to 7 pm 🌐 [matchacafe-maiko.jp](http://matchacafe-maiko.jp)

**A** Japanese-owned business, Matcha Stand Maiko was first launched in Waikiki, Hawaii in 2016, then opened in various parts of the USA before finding its way back home to Japan earlier in 2018.

Their Maiko Special is a luscious matcha dessert with a variety of ingredients that help you get introduced to the goodness of matcha as a dessert. The sweetness and chewy texture of the jelly, water chestnuts, and red bean paste somewhat help the potency of matcha be more approachable, and the chewy and crunchy texture of the mochi, jelly, and corn flakes add more fun.



Tokudai Soft Cream (¥550)

## Daily Chico

**A**t this little ice cream shop at Nakano Broadway, ice cream is the dessert of all seasons, drawing flocks of ice cream lovers every day and all year round. Daily Chico's ice cream is homemade, low in calorie, and rich in probiotics.

Started by a small businessman 50 years ago, Daily Chico is now a staple at Nakano. The main crowd puller is the Tokudai Soft Cream, a towering soft serve made with layers of soda pop, green tea, Muscat grape, chocolate, vanilla, coffee milk, strawberry, and dessert cheese. It is served together with a mini spoon, and you have to lightly scoop from the bottom up, so you can also enjoy the unique combination of flavors. If you got your eyes on one flavor, just scoop gently sideward. You can also aim for certain flavors and get a small serving (¥280/1-3 flavors) or a medium serving (¥380/2-4 flavors).

📍 B1/F Nakano Broadway, 5-52-15 Nakano, Nakano-ku, Tokyo

🕒 10 am to 8 pm





# Pokémon Cafe

Opened in March 2018, the Pokémon Cafe at Takashimaya Nihombashi is the world's first permanent Pokémon Cafe. Tucked away on the fifth floor of Takashimaya's East Building, accessible through an exclusive elevator, Pokémon Cafe is a haven for all kids and adults who grew up following every episode and every season of Pokémon.

Pokémon Cafe is spacious and vibrant, oozing with youthful energy and sunshine streaming in through the glass walls. Japanese minimalism is at the heart of the design that leaned towards the use of wood. The place is rather simple except for shelves filled with Pokémon toys and memorabilia. Real Pokémon fans would surely not miss the faux plant decor shaped like Poké Balls.

All of the dishes are "kawaii" (Japanese for cute) and snapping a photo always precedes getting a bite—everything is just picture-perfect! One of the best-selling dishes is **Pikachu's Variety Plate** which is overloaded with Pikachu cuteness. For dessert and refreshment, swim in the **Lapras' Marine Wave Parfait** or get a zing from **Gengar's Confuse Ray Smoothie** served in a glass with Gengar's notorious grin.

On each table, there is a tablet computer used to place your order. These tablets can be switched to English, and you can easily browse through the list of menu items with photos.



Photo courtesy: Pokémon Center Tokyo DX



**TIPS:**

- It is highly recommended to make a reservation on their website one month prior to your planned visit.
- There are various exclusive items available at the cafe, like mugs, plush dolls, and tote bags. Additional exclusive merchandise is also available to purchase when you make your online reservation.
- Pokémon Cafe shares the floor with Pokémon Center Tokyo DX, a treasure trove of Pokémon collectibles, so die-hard Pokémon fans better get their wallets ready because there is a lot to find at the Tokyo DX!

---

**GETTING THERE:**

- Nearest stations: Nihombashi Station (3 to 5-minute walk) and Tokyo Station (10-minute walk)
- From Shibuya Station to Nihombashi Station: 20 minutes

📍 5/F East Bldg., Nihombashi Takashimaya Shopping Center, 2-11-2 Nihombashi, Chuo-ku, Tokyo  
 🕒 10:30 am to 10 pm (Last order: food & sweets at 9 pm, drinks at 9:30 pm)  
 🌐 [pokemoncenter-online.com/cafe](http://pokemoncenter-online.com/cafe)  
 Reservation: [reserve.pokemon-cafe.jp](http://reserve.pokemon-cafe.jp)

1. *Pikachu's Variety Plate* (¥1,706)
2. *Lapras' Marine Wave Parfait* (¥1,274)
3. *Gengar's Confuse Ray Smoothie* (¥864)



📍 2/F Daikyo Shibuya Bldg., 1-13-5 Shibuya, Tokyo  
 🕒 12 pm to 8 pm  
 🌐 [hedgehoghome.cafe/en](http://hedgehoghome.cafe/en)  
 Rates: ¥1,300/30 minutes; ¥2,500/1 hour



**C**hiku Chiku Cafe has around ten dollhouses with different themes, each with one or two spiky tenants that you can visit, interact, and take photos of. The hedgehogs have different personalities but these nocturnal animals are all the same in the middle of the day... Sleepy. Still, they can open their eyes for you and wiggle their tiny little toes when

you pick them up. Gloves are provided if you are reluctant to hold them with bare hands. The cafe does not have a food and drinks menu, only a self-service coffee and tea machine. Outside food and drinks are allowed inside, but refrain from bringing food with strong smell.

Chiku Chiku Cafe



# Mandarake



4A - Henya

📍 Nakano Broadway, 5-52-15 Nakano, Nakano-ku, Tokyo  
 🕒 12 pm to 8 pm  
 🌐 mandarake.co.jp



3C - Honten

**E**stablished in 1987 in Nakano Broadway, Mandarake is one of the longest-standing and largest anime and manga stores in the whole world. It currently has 32 stores, which occupy most of the 2nd, 3rd, and 4th floors of Nakano Broadway (there is one store on 1F-Mon which displays Mandarake's featured products and auction items).

Housing a melange of stores, 2F gives a good jumpstart to your shopping spree. There are a lot of collectible toys, new and retro video games and consoles, DVDs, Blu-ray, and CDs of movies and animes, and more. Manga lovers should head straight to 3F, where there are two Honten sections with large collections of various manga, anime magazines, and artbooks. Meanwhile, on 4F is where you can find a lot of vintage items, from toys to comics and magazines. The entrance to the vintage shop Henya, lined with symbolic torii gates, is the most famous landmark of Mandarake.

## TIPS:

- Mandarake is filled with temptation. The budget you should prepare depends on your level of obsession with anime and manga.
- Foreign customers who shop above ¥5,000 in total are exempt from paying tax. There is a Tax Free Counter on the 4th floor where you can get your tax refund. Just present your receipts and passport.
- For convenience, refer to their flyer, which has a map and list of shops, as you go around Mandarake looking for specific items.

## GETTING THERE:

- Nearest station: Nakano Station (5-minute walk from North Exit)
- From Tokyo Station / Shibuya Station to Nakano Station: 20-23 minutes



**C**onveniently located on the basement of Tokyo Station, **Tokyo Character Street** is the perfect destination for fans of anime, manga, and other cute Japanese characters. Some of the hottest stores are the world-famous Pokémon Store, Hello Kitty Shop, and Rilakkuma Store, as well as Jump Shop, where you can find various characters of manga serialized in Weekly Shonen Jump like One Piece and Naruto. For Studio Ghibli fans, there is Donguri Republic which seems to be dominated by people's best-loved Totoro.

After shopping, fill yourself up at **Tokyo Ramen Street** which is just a short walk from Tokyo Character Street. It consists of eight ramen shops with their own various specialties. The diners that flock to Tokyo Ramen Street are diverse—Japanese businessmen, young people and foreign tourists, some still with their luggage.

You have to use a ticket machine to select your order and get a food ticket. Most of the ticket machines are in Japanese but each menu item is accompanied by a photo so you can pretty much get an idea of what you could get and what each dish is made of. One of the shops, Soranoiro, is a great choice for the health-conscious. If healthy were an actual taste, it would be their Veggie Soba, which is made with different vegetables from broth to noodles.



- 📍 B1/F First Avenue Tokyo Station, 1-9-1 Marunouchi, Chiyoda-ku, Tokyo
- 🕒 Tokyo Character Street Hours: 10 am to 8:30 pm  
Tokyo Ramen Street Hours: 8:30 am to 11 pm

1. Soranoiro's Ajitama Chuka (¥930)
2. Soranoiro's Veggie Soba (¥1,100)



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### DAY 1

- Arrive ..... Haneda Airport
- Check-in ..... 3-star hotel in Nihonbashi/Ginza area
- Lunch ..... Tokyo Ramen Street
- Shopping ..... Tokyo Character Street
- Dinner ..... Alice in a Labyrinth themed restaurant

### DAY 2

- Breakfast ..... Hotel
- Lunch ..... Pokémon Cafe
- Shopping ..... Pokémon Center Tokyo DX,  
Takashimaya Shopping Center
- Tour/Shopping --- teamLab Borderless & Palette Town
- Dinner ..... Japanese Restaurant at VenusFort

### DAY 3

- Breakfast ..... Hotel
- Tour ..... Tokyo Skytree
- Lunch ..... Tokyo Skytree restaurant  
\*Advance reservation required
- Shopping ..... The Skytree Shop
- Dinner ..... Yakatabune Amitatsu Dinner Cruise  
\*Advance reservation  
required

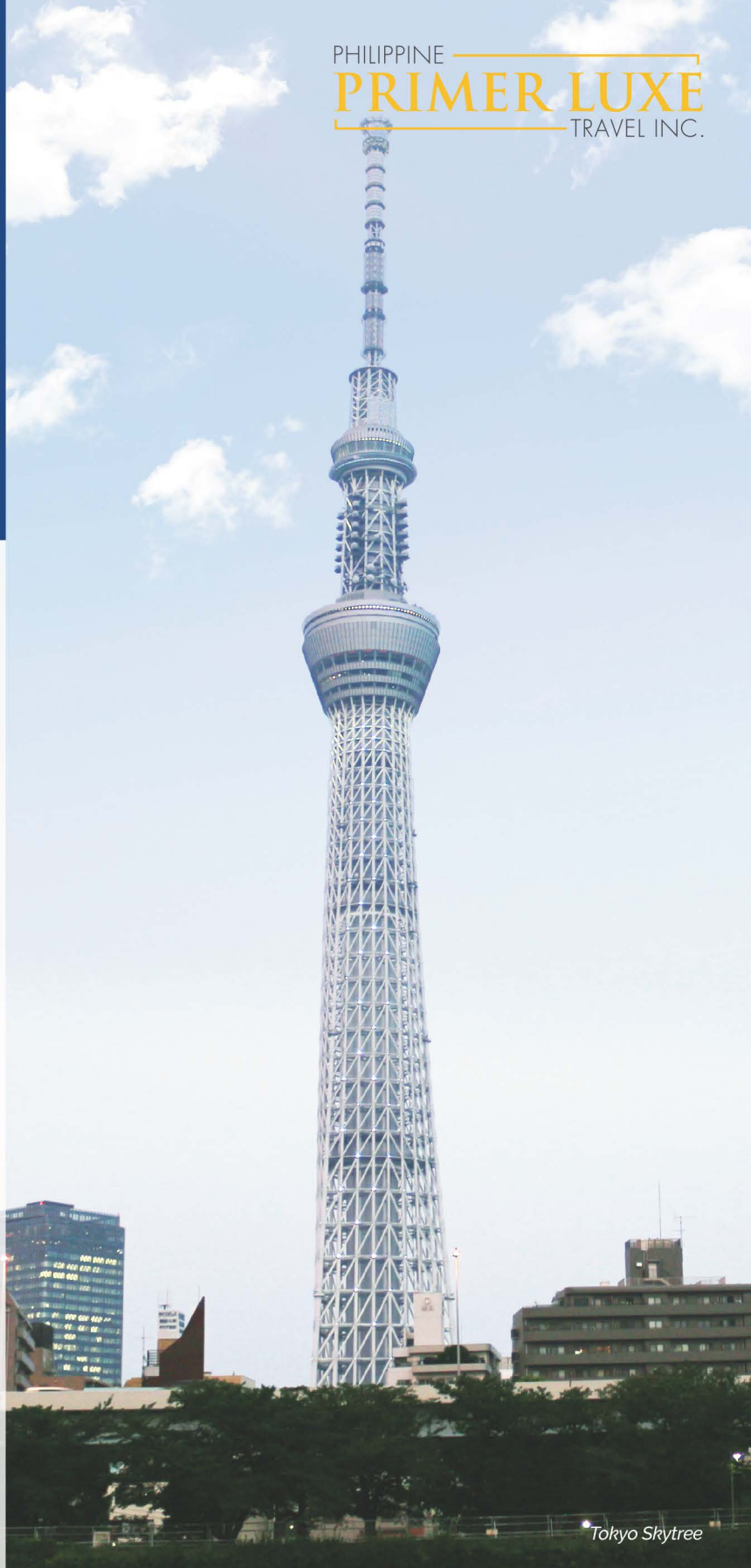
### DAY 4

- Depart ..... Haneda Airport

**INQUIRE  
NOW!**

For booking and tour assistance.

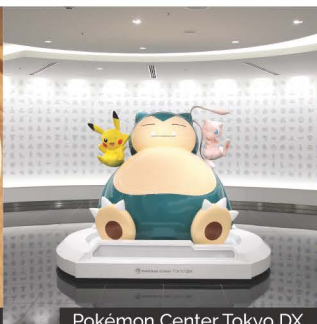
PHILIPPINE  
**PRIMER LUXE**  
TRAVEL INC.



Tokyo Skytree



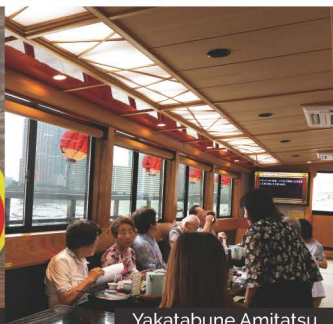
Tokyo Ramen Street



Pokémon Center Tokyo DX



Pokémon Cafe



Yakatabune Amitatsu



Alice in a Labyrinth





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# ANTIPOLO

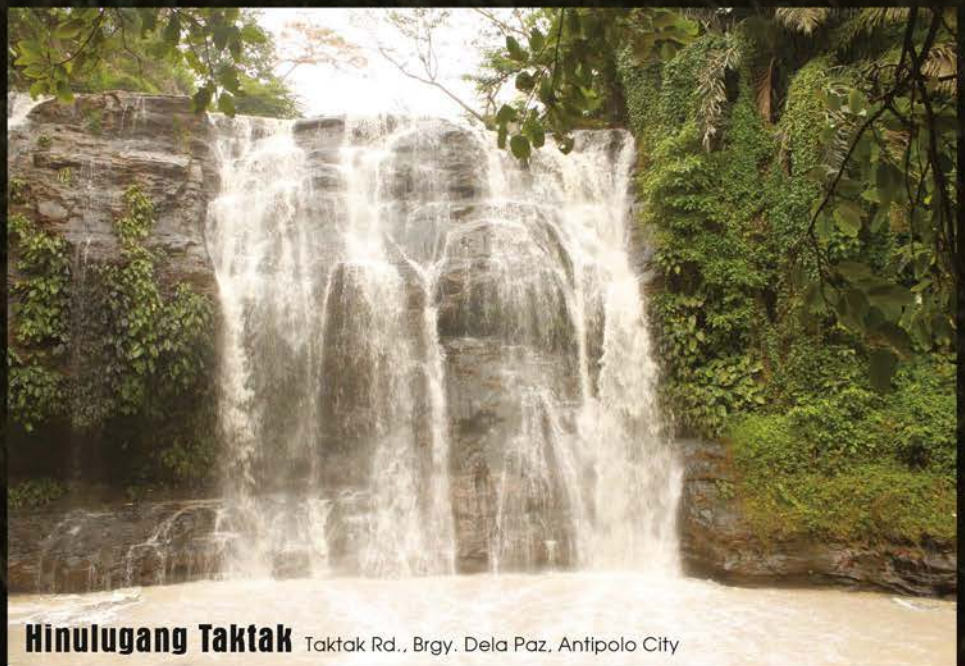
## City

Written by Katherine Zaballa & Andronico del Rosario

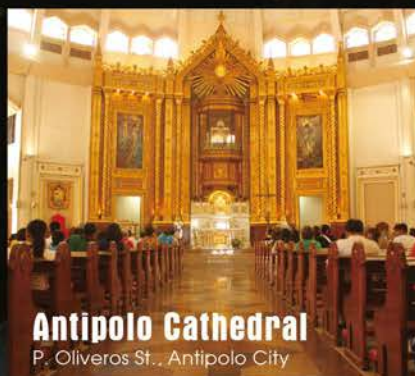
Antipolo City is known as the pilgrimage capital of the Philippines thanks to its history as a Christian mission town. It has kept that title intact owing in large part to the iconic Antipolo Cathedral, which continues to bring in pilgrims from far and wide.

Antipolo is also home to two spots that have endeared the city and the province to its visitors: the once-majestic Hinulugang Taktak, arguably the closest waterfall from anywhere in Metro Manila, and Mystical Cave, said to contain “healing water” because of its ties to local Christian beliefs. These two may be the crown jewels of Antipolo, but the city has a lot more to offer, especially if you are willing to venture outside the city limits and explore its neighboring towns within the province of Rizal.

Antipolo is home to more than just these three tourist destinations. It has restaurants to satisfy almost every palate, resorts that cater to weary travelers and weekend warriors, and access to some of Rizal’s best tourist destinations. Join Philippine Primer as we once more unravel the sights and sounds of Antipolo City!



**Hinulugang Taktak** Taktak Rd., Brgy. Dela Paz, Antipolo City



**Antipolo Cathedral**  
P. Oliveros St., Antipolo City



**Mystical Cave**  
Puting Bato, Antipolo City





## Sun Valley Golf Club

Touted as one of the best in the country, Sun Valley Golf Club is a public 18-hole, 72-par golf course with additional three holes that serve as a practice venue for a proposed golf academy. Situated in the mountainous terrain of Antipolo, it also offers some of the best views while playing a round of golf.

The terrain at Sun Valley can be challenging even to most experienced golfers. Tricky putts and fairways are in store for anyone who goes to try a round at the golf club. If you're not keen on taking your talent to the course, you can also take advantage of Sun Valley Golf Club's driving range and practice putting greens. They also have tee houses, locker rooms, function rooms, a restaurant, and an infinity pool at Sun Valley Clubhouse, where you can enjoy panoramic views of the course from the view deck.

Rates are at P1,200 for 18 holes on weekdays and P2,000 on weekends and holidays. There is a mandatory golf cart fee of P800 and a caddy fee of P400.



**Brgy. San Juan, Antipolo City**

☎ 02-344-5323 / 02-401-3589 to 90



## Avilon Zoo

When in Antipolo, Avilon Zoo would make a good side trip especially for families and animal lovers. Spanning 7.5 hectares, Avilon Zoo is the largest zoological institution in the Philippines. More than 3,000 live specimens of over 500 species of exotic wildlife call it home. Thanks to the zoo's conservation programs, most of the fauna have been bred successfully in captivity. Some of the crowd favorites are the lions, Philippine falconet, spotted hyenas, and Rothschild's giraffes. It also houses a diverse collection of plants, about half of which are native to the Philippines.

It is ideal to go here from Antipolo City when you bring your own vehicle. Avilon Zoo is open from 8 am to 5 pm every day. The entrance fee is P700 for adults and P400 for children 3 feet and below.

**9003 GP Sitio Gulod, San Isidro, 1860 Rodriguez, Rizal**

☎ 02-948-3986 / 02-948-9866



## Pinto Art Museum

Opened in 2010, Pinto Art Museum houses the private collection of Dr. Joven Cuanang and is dedicated to exhibiting and studying Philippine contemporary art. Dr. Cuanang began collecting to support the careers of artists from the group The Salingpusa. Over the years, his collection grew and has amassed works from subsequent generation of artists, many of which work in the figurative tradition. His collection now numbers around 200 sculptures, paintings, and installations.

The building itself is architecturally charming—its clean white structure and exterior stairs are reminiscent of Greek architecture. The museum is situated in the Silangan Gardens, a two-hectare garden complex that is home to birds and local fauna.

Pinto Art Museum is open from 9 am to 6 pm, from Tuesday to Sunday. Entrance fee is P200 for adults and P100 for students.



**Sierra Madre St., Grand Heights Rd., Antipolo, Rizal**

☎ 02-697-1015



## Casa Santa

Casa Santa is a year-round Christmas exhibit located in Jardin de Miramar. It gets its name from the collection of Santa Claus-related décor displayed throughout the house, which was started in 1994 by Jardin de Miramar's president, Edna Del Rosario. The collection now has over 3,000 pieces and has a value of P6 million.

Casa Santa is an ideal destination for families with kids and people with the same fervor for Christmas. You can book a private tour for a minimum of five persons or check their open schedule with them. Tours start at P180/person.

**Jardin de Miramar, 276 San Jose Ext., Brgy. San Isidro, Antipolo City**

☎ 02-697-4077



# DINE & PLAY

## Masungi Georeserve

Less than an hour away from Antipolo City lies Masungi Georeserve. Climbing its many peaks, one can feel just how insignificant humans are compared to Mother Nature, putting more gravity in the lessons that this georeserve hopes to pass. There are 3 trails to experience. The original trail called the **Discovery Trail**, defined by sharp rock formations and numerous peaks, is home to more than a dozen flora and fauna with more to be discovered. Adrenaline junkies will enjoy the famous Sapot (Spiderweb) with stunning views of Sierra Madre and Laguna de Bay, as well as the many rope bridges and the 84-foot drop via cargo net. **Night Trail** guests may have a higher chance of encountering animals in the georeserve since many of them are nocturnal.

The newest **Legacy Trail** lets you experience the day-to-day conservation efforts as you participate in tree planting and other nurturing activities. For each group that visits Masungi, a tree is planted in their honor at the Legacy Trail.

After a 3-4 hour hike, **Silayan Dining Room** awaits on top of a hill for an unforgettable dining experience. Under Chef Ezekiel Macadangdang, the restaurant offers food both familiar and new, made from ingredients sourced from the georeserve or independent farmers. They offer seasonal set menus for trail and non-trail guests, with prices ranging from P850 to P1,800. Reservation at least 3 days in advance is required.

**KM 47, Marcos Highway, Baras, Rizal**

☎ 0929-132-3531 / 0995-186-9911

🌐 [masungigeoreserve.com](http://masungigeoreserve.com)

📍 Masungi Georeserve

**Rates:** Discovery Trail - P1,500-P1,800;

Night Trail - P1,800; Legacy Trail - P1,000;

Discovery Trail & Silayan Dining - P2,350-P2,650

(By Reservation)



Seared Maya-Maya with Sweet Potato Puree



69° Sous Vide Chicken with Mashed Ube & Pepper Sauce





# DINE & STAY

Due to its proximity to Metro Manila, Antipolo is favored as a quick getaway. The place isn't short of hotels and inns that all boast of fantastic views of the city skyline, complemented by their delicious food offerings.

## Cloud 9

PP

The restaurant of Cloud 9 offers delectable dishes all made better by the scenic views. They mostly serve Filipino dishes, created by a homegrown chef who has long perfected the art of home cooking. Some of their must-try dishes are the Cloud 9 Beef Kare-Kare, a native beef stew with fresh vegetables and a thick savory peanut sauce, and Cloud 9 Grilled Chicken, juicy and flavorful from skin to meat.



Cloud 9 Beef Kare-Kare (P372)

As a hotel, what makes Cloud 9 stand out is its terrace where one can go up through a hanging bridge or through a steel bridge and find a panoramic view of Antipolo, Laguna de Bay, and the Metro Manila skyline in all its glory.

Cloud 9 has different accommodation options for families, groups, and even solo and budget travelers. The rooms range from dormitory and simple budget rooms to more intricately designed rooms and suites that are rather nostalgically old-fashioned.



Brgy. Sta. Cruz, Sumulong Highway, Antipolo City

☎ 02-584-3011 to 14

🕒 7 am to 12 am (Sun to Thu); 7 am to 1 am (Fri to Sat)

🌐 [cloud9hotelresort.yolasite.com](http://cloud9hotelresort.yolasite.com)

## Cafe Lupe

PP

People come to Cafe Lupe for two things: The food and the view. Lucky diners who get to sit on the balcony can get stunning views of the Metro Manila skyline.



Beef Kansil (P450)

One of their Filipino offerings is the Beef Kansil, an Ilonggo dish that combines bulalo (beef shank soup) and sinigang (sour soup). Cafe Lupe's kansil is sour without being overly so, which gives a balance to the bulalo taste. The meat is also tender, making this dish easier to eat.

Cafe Lupe also operates as a bed and breakfast, offering homey accommodation to people who find themselves attached to Antipolo's stunning views. Room rates range from P2,200 to P5,830. Accommodation includes breakfast for two and access to their infinity pool, which commands a view of Antipolo and the Metro Manila skyline. While waiting to eat or be checked in, guests can also wander into their art gallery which features works from ARTipolo. All works on display are for sale and profits will be donated to chosen beneficiaries.



Lot 2-B & C, Brgy. Mambugan, Sumulong Highway, Antipolo City

☎ 02-470-3201

🕒 6 am to 12 am (Mon to Fri); 6 am to 2 am (Sat to Sun)

🌐 [cafelupeantipolo.com](http://cafelupeantipolo.com) 📌 Cafe Lupe Antipolo - Restaurant, Events, KTV, Hotel

## Luljetta's Place Bed and Breakfast

PPPP

Resting along the ridge of Antipolo and offering unparalleled views of Antipolo's lush greenery, Metro Manila, and Laguna de Bay, Luljetta's Place comprises the Hanging Gardens Spa, Garden Suites, Luljetta's Cafe, and event spaces. The Garden Suites has different kinds of accommodation, from white rustic rooms to Santorini-inspired suites that are all well-appointed. The Hanging Gardens meanwhile is famous for its infinity pool and Jacuzzi among others. Accommodation and spa amenities are charged separately.



For dining, a must-try is The Sumaa at Luljetta's Cafe, which combines three of Antipolo's famous delicacies, suman (sticky rice), mango, and cashew. If you're looking for something a bit more filling, try their Salad or the Tomato & Herbed Pasta.

Sitio Loreland, Brgy. San Roque, Antipolo, Rizal

☎ 02-534-2517, 02-633-3494

🕒 7 am to 10 am,

12 pm to 8 pm

(Mon to Fri);

7 am to 10 am,

12 pm to 9 pm

(Sat to Sun)

🌐 [luljettas.com](http://luljettas.com)

📌 Luljetta's Hanging Gardens Spa



Mixed Garden Salad (P220)



# DINE

Although known as the Pilgrimage Capital of the Philippines, religion isn't the only reason people keep coming back to Antipolo. Over the years, it has made a name for itself as a foodie haven capable of catering to just about every craving.

## Yellow Bird x Kichen

PP

The high windows overlooking the greenery can make one forget that Yellow Bird Cafe x Kitchen is just a few meters away from a busy street. For a café, they've got an extensive drink menu. Budding coffee connoisseurs can try their flavoured lattes such as Salted Caramel, Macadamia Nut, and Coconut.

One of the newest dishes to try at Yellow Bird is their sweet and savory Baby Back Ribs that are slow cooked for eight hours, resulting to fall-off-the-bone meat. For dessert, the must-try White Chocolate Sans Rival is a nice spin to its classic counterpart. The white chocolate gives an aftertaste that isn't as sweet as one would think.

Lot 3 Blk 2, Mission Hills Blvd., Mission Hills Subd., Dalig, Upper Antipolo

☎ 02-876-0310 / 0923-966-5050 / 0917-812-0826

🕒 7 am to 10 pm

🌐 yellowbird.cafe 📘 Yellow Bird Cafe x Kitchen



Baby Back Ribs (P375)



## Yellow Lantern Café

PP

Once you enter the place, you'll find an interior that makes a positive and sunny impression, perfect if you want a chill hangout to unwind and enjoy a feast of dishes. The café is backdropped by a view of the Metro Manila skyline and the windy weather makes it all better.



Umaapaw (P389)

Offering both continental and local cuisine, Yellow Lantern takes great pride in their food. Their dishes are not the usual restaurant food—chefs Carl Bautista and Robel Pumarada, and owner Emilie Cruz collaborate to produce unique food concepts and surprise the guests' palate by how flavorful their dishes are.



American BBQ Ribs (P589)

One of their best sellers is American BBQ Ribs, a classic American dish made with tender rib meat bathed in smoky and savory BBQ sauce. Another must-try, Umaapaw in Paellera, is a heaping skillet of Spanish paella with a Filipino twist.



G/F Comodaville, Brgy. Mambagan, Lower Antipolo

☎ 02-631-5648

🕒 11 am to 12 am (Tue to Sun)

📘 Yellow Lantern Cafe

## Crescent Moon Café

PP

Crescent Moon is a gem on its own—a place that seeks to stand out by its vibrance and natural beauty. Entering the place, you'll feel as if you've entered a world of color as various hues dominate the place that speaks largely of vibrant art.

When it comes to their food, Crescent Moon makes sure to produce creative recipes. Since the beginning, staple favorites Alagaw, and Mangga't Suman (mango and rice cake) has become a hit to its loyal customers. The Alagaw Appetizer is composed of Alagaw herbal mint leaves with eight stuffings, namely, onion, basil, chili, ground shrimp, dried ginger, coconut, kamias, and peanut sauce.

Sapang Buho Rd., Brgy. Dalig, Antipolo City

☎ 02-234-5724 / 0917-523-2356

🕒 9 am to 5 pm (Wed to Sun)

📘 Crescent Moon Cafe and Studio Pottery



Alagaw Appetizer (P300)



## Ban bè Cà phê

PP

The restaurant features three themed dining areas. One is outside at the small patio garden, while the inside has two sections—the usual chairs-and-tables setup and the colorful floor-dining setup that is typical of Vietnamese homes.

Anyone eating Vietnamese food cannot miss their Pho. The combination of hot soup and white noodles is perfect for the chilly Antipolo weather. You can choose the type of meat that goes with your noodles and some Sriracha sauce for an added depth of flavor.

Bankers Village II, Sumulong Highway, Dela Paz, Upper Antipolo

☎ 0908-780-9350 / 0977-428-8035

🕒 2 pm to 11 pm (Mon to Fri); 11 am to 11 pm (Sat to Sun)

📘 Ban Be Ca Phe



Mi Xao Gion (P200)





## Eggs for Breakfast

PP

Situated a good distance away from the highway, Eggs for Breakfast is perfect for people looking to enjoy a quiet meal. Their wall also attracts a lot of customers, with people coming from far and wide just to get their photo taken on the green wall.

The One Pan Breakfast is their take on a classic English breakfast: two sausages (Hungarian and Shublig), thick-cut honey cured bacon, baked beans, sliced tomatoes, roasted potatoes, shiitake mushrooms, and double sunny side up eggs.

**Velada Estate, #21 Don Juan St., Villa Cecilia Subd., Sumulong Highway, Brgy. Mambagan, Lower Antipolo**

☎ 02-213-2434

🕒 7 am to 5 pm

📍 Eggs for Breakfast



One Pan Breakfast (P470)



## Vieux Chalet

PPP

Vieux Chalet is a little slice of Switzerland hidden in Antipolo. The restaurant is small, perfect for losing one's self in intimate conversations. The window tables also give a great view of the city down below.

They have an extensive menu, spanning more than 5 pages, and changes from time to time, though they have a couple of mainstays. They offer course meals for diners who want to sample a bit of everything. For a la carte, a must-try is their Sausage Festival, which lets you get a taste of assorted European sausages served with house fries, organic micro greens, bread and butter, and homemade sauerkraut.

**456 Takatak Rd., Sitio Sampaguita, Brgy. Santa Cruz, Antipolo City**

☎ 02-697-0396 / 0908-825-0549

🕒 9 am to 10 pm (Mon to Tue, Fri to Sun)

🌐 [vieuxchaletswissrestaurant.com](http://vieuxchaletswissrestaurant.com)



Sausage Festival (P450)



## Tahanan Bistro

PPP

As you step into the all-wood contemporary Filipino home that is Tahanan Bistro, feelings of warmth and fond memories of childhood permeate the air. Guests are asked to remove shoes upon entering, which is a known practice in Filipino homes.

Tahanan Bistro offers different set menus of Filipino and international fares, which change every three months. Each five-course meal is priced P1,200 (inclusive of VAT). One set menu is strictly for one person only. It is highly recommended to make a reservation through their website or by calling them.

**22 Loresville Dr., Lores Farm Subd., Brgy. San Roque, Antipolo City**

☎ 0925-880-1487

🌐 [tahananbistro.com](http://tahananbistro.com)

📍 Tahanan Bistro



Lauan Set Menu in 2017



## Filio Bistro

PP

Filio Bistro is a café that specializes in American comfort food such as ribs, burgers, and pasta. The main bistro can comfortably sit anywhere between 20-25 people, with several more tables outside. At night, Filio Bistro lives up to its name with live performances from local bands.

One of the crowd favorites, Filio's Cheeseburger, has a patty made from premium sirloin steak flame-grilled and topped with cheese, and tomato slices, sandwiched between lightly toasted buns.

**Hi-5 Arcade, Sumulong Circle, Brgy. San Jose, Antipolo City**

☎ 0905-553-4546

🕒 10 am to 11 pm (Sun to Thu); 10 am to 12 am (Fri to Sat)

FILIO Bistro

📍



Filio Cheeseburger (P199)



## Marison's

PP

Marison's is one of the homegrown restaurants that brought Antipolo from being a quick getaway to a full-fledged tourist destination. The restaurant sources its ingredients from Antipolo's local markets. It highlights one of Antipolo's famous food souvenirs, cashew nuts, in its signature Crispy Tripe Kare-Kare, with a sauce made from cashews and peanuts giving it more flavor. They also use a combination of tender tripe and crispy tripe in the dish.



Crispy Tripe Kare-Kare (P400)



**UG/F Robinsons Place Antipolo, Sumulong Highway, Antipolo City**

☎ 02-656-0194 / 0943-272-3930

🕒 10 am to 9 pm

🌐 [marisonsp.com](http://marisonsp.com) 📍 Marison's

## Noodle House Tamagoya

PP

Popular to both locals and tourists alike, Noodle House Tamagoya has made a name as an affordable ramen shop run by a Japanese businessman and his wife. With such great-tasting ramen, one can really afford their dish and get their money's worth. A recommended dish is Tamagoya Ramen, a soy sauce-based ramen with nibuta (simmered pork shoulder), and ajitama (seasoned egg).



Tamagoya Ramen (P228)



**2 Soliven Ave., Mayamot, Antipolo City**

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# Oktoberfest

## History

It was in October, year 1810, when a wedding in Munich, Southern Germany, was so richly celebrated it transcended all other festivities in the kingdom.

That the weather teases of winter's approach did not hinder the Crown Prince Ludwig of Bavaria and Princess Therese of Saxony-Hildburghausen from inviting the whole citizenry of Bavaria to celebrate their royal matrimony at an open field called the Theresienwiese in Munich. 14 humongous tents peppered the field, with the biggest tent housing over 10,000 people! A band and a brewery, exclusive only to Munich, graced each tent, serving entertainment accompanied by great beers to those in attendance. Meanwhile, outside was a fun fare of horse races and cross-bow competitions, witnessed by all and sundry.

Fueled as the celebration was by German beer made only with malt, hops, and water to heed the king's orders, no warmth given by these drinks could ever extinguish the cold of October, which created put the tradition in a quandary. Compelled by the citizens' plea to continue the celebration year after year on a weather much more forgiving than October's, it was only in the last 50 years that Oktoberfest was pushed back to mid-September until the 1st Sunday of October, in time for what the Germans call an "Old Wives' summer," attended by over six million people each year!



Photo courtesy: oktoberfest.de

## Oktoberfest in the Philippines

Fueled by authentic German beer, fired up by camaraderie, and inflamed by long-standing royal traditions from Bavaria, Oktoberfest seemed to have travelled from the city of Munich to different parts of the world, including Manila whose longest-running Oktoberfest celebration is attributed to German Club Manila.

Celebrating its 113th anniversary in January 2019, German Club Manila is one of the oldest clubs catering to the expats in the Philippines. From 30 club members to a staggering 7,200 people joining in the celebration, German Club Manila's Oktoberfest counts its 80th this year, laden as it is with great German food and, for the first time, authentic Bavarian beer Weihenstephaner.

Through the years, Oktoberfest has been locally adapted to showcase not only German and international beers but also local craft beers, and to foster Filipinos' love for beer and festivities. Besides German Club Manila, the Philippines' biggest commercial brewery San Miguel has been holding one of the biggest Oktoberfest events since 2008.



German Club Manila, 1934

German Club Manila, 1917

Special thanks to German Embassy Manila and German Club Manila



# Prost! Take a Swig at Oktoberfest

Metro Manila is a treasure trove of restaurants, bars, and clubs united in the celebration of one of the most awaited festivities of the year! This October, Philippine Primer gives you a list of restaurants reliving, Germany's historical Oktoberfest in Manila!

## GERMAN CLUB MANILA

In celebration of the biggest and longest-running Oktoberfest here in the Philippines, German Club Manila will be partying all the way with their 80th Oktoberfest at Solaire Resort and Casino from October 4 to 6, starting at 6 pm until 2 am!



A 2,400-square-meter tent will house the 3-day event, filled with great Bavarian food care of Solaire's Vice President of Culinary, Chef Michael Dinges, and 25,000 liters of Oktoberfest beer from the oldest brewery in the world, Weihanstephan. Traditional and contemporary music courtesy of a 12-man band, the Bavarian Sound Express, will also fill Solaire with the greatest party vibe you could ever witness.



Tickets can be purchased from ticketworld.com, the German Club in Makati, Solaire Box Office or TicketWorld counters. Tickets are also sold at the venue and are inclusive of a one-day entry, a German beer mug, and free-flowing German beer and food!



Event Date: October 4 to 6, 6pm to 2am  
**Solaire Resort and Casino, Entertainment City, 1 Aseana Ave., Parañaque City**  
 ☎ 02-818-4236  
 📍 German Club, Manila Philippines

## BROTZEIT

After their much-celebrated ceremonial Keg Tapping led by German Club Manila's President, Tobias Rast, on September 15 at the Shangri-La Plaza in Mandaluyong, and their party at the Shangri-La Plaza Mall on September 29, Oktoberfest is still underway at Brotzeit this October 13, at Brotzeit Shangri-La at The Fort!



Continue to celebrate the historical festivity the Brotzeit way with "Oktoberfest," starting at 4 pm. Revel in great 80s music from Kudos Loves Eighties and mixes from DJs Allan Corpus and Brock Donald, while savoring Brotzeit's Oktoberfest Menu comprised of Meter-Wurst Sausage and Oktoberfestplatte with oven-roasted pork knuckle among other dishes, paired with the ever-fabled Weihanstephan Festbier and Paulaner Oktoberfestbier!

Also prepared by Brotzeit for the Oktoberfest celebration are special menus with seasonal draft beer, now available at every Brotzeit branch in the metro. Also, as part of the historical occasion, enjoy all Fridays and Saturdays of October with a chance to win instant prizes by purchasing any item from their Oktoberfest menu and spend P3,000 worth for more chances of winning special gift items from Brotzeit and their sponsors.



Event Date: October 13, 4pm  
**Shangri-La at the Fort, GF6 Retail Arcade, Shangri-La at the Fort, 5th Ave., BGC, Taguig City**  
 ☎ 02-815-9338  
 📍 BrotzeitPhilippines

## The Grove Weekend Brews

Celebrate the amazing taste of local with The Grove Weekend Brews' Your Local Craft Beer Festival, featuring 12 local breweries: Santiago Brewery, Beer Bros., Stanford and Shaw, Barik Supreme Lambanog, Craft Point Beer, The PCK (Philippine Craft Kings), Mitchell's Backyard Brew, 63 North Brewery, Crazy Carabao, Weekend Craft Ales, Elias Wicked Ales and Spirits, and Bel Ale Beer. The taste of local craft beer will be complemented by the sound of local music featuring local artists, as well as delicious food offerings.



Event Date: October 12-13, 5 pm to 1 am  
**The Grove by Rockwell, E. Rodriguez Jr. Ave., Pasig City**  
 ☎ 02-571-8151  
 📍 The Grove by Rockwell

## WURSTY WURSTY

Have fun this October at Wursty Wursty with an array of promos! Play "Drop Ball" and "Poke Me" games with bonny models in German costume. You can avail of the San Miguel Buy 1 Take 1 promo (Thu to Fri) or their Mulefest Bucket at P230/bucket of Smirnoff (Fri to Sat). Every day, they also offer Buy-3-Bottles-Get-1-Bottle-for-Free Heineken promo for P240.



Event Date: Whole month of October, 10 am to 3 am  
**Tuscany, Upper Mckinley Road, Mckinley Hill**  
 ☎ 02-847-0306  
 📍 Wursty Wursty

## OKTOBERFEST PROMOS AROUND THE METRO



### SAN MIGUEL OKTOBERFEST

📍 Buy 1 Take 1 Beer at participating bars in Metro Manila  
 Every Fridays of October, 7 to 9 pm  
 \*See list of bars on San Miguel Oktoberfest Facebook page



### THE PERFECT PINT

📍 PERFECT HOPPY HOUR PROMO (Every Sundays to Wednesdays from 4 pm to 7 pm)  
 📍 Launch of Bratwurst Sausage Coil

### 📍 THE PERFECT PINT

Molito Commercial Center, Alabang / Greenbelt 2, Makati City  
 • Perfect Hoppy Hour Promo: 2 + 1 Beers (Sundays to Wednesdays of October, 4 pm to 7 pm)  
 • Launch of Bratwurst Sausage Coil

### 📍 TAPELLA

G/F Greenbelt 5, Makati City  
 • 5 Beers (SML or SMB Pale) + Choice of Appetizer for P550 (Whole October, 3 pm to 9 pm)



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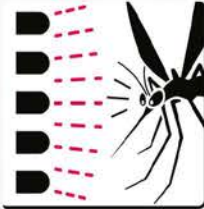


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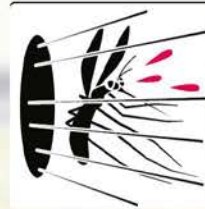
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02 287 1080  
0915 747 7470 (Globe)  
0921 723 5079 (Smart)  
Business hour: 11:00a.m. - 8:00p.m.  
Closed on Monday

junca beauty label

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0956 912 3266 (Globe)  
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# MEDICAL PROFESSIONALS

For an expat, there are basic necessities that you need to know to have a comfortable stay in the Philippines. Apart from food, means of transportation, and emergency hotlines, it is important to be aware of health services around the Metro. This includes finding a physician you can talk to about your health condition as you live in the Philippines.

To help you out, here are 4 trusted medical professionals in Manila, who are highly-experienced and trained to provide the best care for their patients. Get to know them as you read their profile and each of their specializations.



## Ma. Celi Rico-Tantianpact, MD

### General Pediatrics, subspecialty in Pediatric Dermatology

Even though she came from a family of lawyers, the interest didn't rub off on Dr. Tantianpact as she already knew what she wanted — to be a doctor. Eventually, the calling for medicine just fell into place for her and being a doctor for kids is exactly what she would love to become. She took Medicine at University of the East Ramon Magsaysay Memorial Medical Center and had her internship and residency at the Department of Pediatrics in Makati Medical Center. She took her subspecialty of Pediatric Dermatology at KK Women's and Children's Hospital, Singapore, and is now handling cases such as atopic dermatitis or eczema, skin infections, as well as congenital skin conditions such as hemangioma and nevi or moles. She has been a pediatrician for five years now and, even in such a long year of practicing, she never fails to acknowledge that each child is fascinating and special in their own way.

---

#### Make an appointment:

- ✓ Makati Medical Center / Room 359, Tower 1, 2 Amorsolo St., Legaspi Village, Makati City  
Mondays, Wednesdays, Fridays, Saturdays: 9 am to 12 pm  
Tuesdays: 9 am to 12 pm, 1 pm to 3 pm,  
Thursdays: 9 am to 12 pm, 3pm to 5 pm  
Contact no.: 02-888-8999 loc. 2359



## Keith Brian Ong Gensolin, MD

### General Surgeon

Dr. Gensolin is a cancer surgeon by profession who specializes in liver diseases, and liver transplantation. He took his residency at the United Doctors Medical Center and did his subspecialty training for liver diseases and liver transplantation at the Queen Mary Hospital in Hong Kong. Dr. Gensolin has been a surgeon for 12 years and believes that surgery is the best field to specialize in because you can cover all bases, from diagnosis to actual surgery. He approaches cases presented to him holistically. He doesn't treat his patient solely on laboratory findings and symptoms; rather, he treats the cause of their sickness. He believes that if you treat the cause, then you can take out all the possible symptoms of the disease or sickness his patients face. His advice for people who would want to venture in the field of medicine: "Patience, because being a physician and achieving your dream does not occur overnight."

---

#### Make an appointment:

- ✓ United Doctors Medical Center, Quezon City  
Mondays, Wednesdays, Fridays: 1 pm to 8 pm  
Contact No.: 02-731-5870, 0917-833-1274
- ✓ The Medical City South Luzon, Sta. Rosa, Laguna  
Tuesdays, Thursdays: 2 pm to 4 pm  
Contact No.: 0917-833-1274



## Gia B. Sison, MD

### Occupational Medicine

Dr. Gia Sison is not just your ordinary doctor—aside from being a healthcare provider, she is also a mother, breast cancer survivor, cancer and mental health advocate, and the Chief Medical Officer at Global TeleHealth Incorporated, which runs the KonsultaMD: a 24/7 health hotline service. In this field, Dr. Sison works in the digital health sphere that provides accessible and affordable health service through technology. She manages a pool of licensed Filipino doctors providing medical assistance such as primary healthcare over the phone.

Prior to her work in the digital health field, Dr. Sison is an occupational physician that deals with workplace-related health issues. She handles health programs, formulates safety guidelines, and ergonomics in the corporate sector. Dr. Sison is also a part of HealthXPh, a collaboration among healthcare professionals pushing for healthcare improvement and participatory medicine in the Philippines by utilizing social media and emerging technologies. You may follow her on Twitter @giasison and read her blog at giasison.com.

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## Mitsy Navales-Antolin, DMD

### Pediatric Dentistry and Cosmetic Dentistry

Dr. Mitsy Navales-Antolin is a certified pediatric dentist, who deals with children's oral health from infancy to teenage years. She practices her profession at Navales Dental Clinic, which provides a complete line of dentistry services for children and expats including preventive and restorative procedures. Dr. Navales-Antolin took her postgraduate degree of Pediatrics in Aichi-Gakuin University in Nagoya, Japan. She also teaches postgraduate studies in Pediatric Dentistry at the Philippine Children's Medical Center. Moreover, she is a member of the Philippine Pediatric Dental Society, Philippine Academy of Aesthetic Dentistry, and the Philippine Dental Association.

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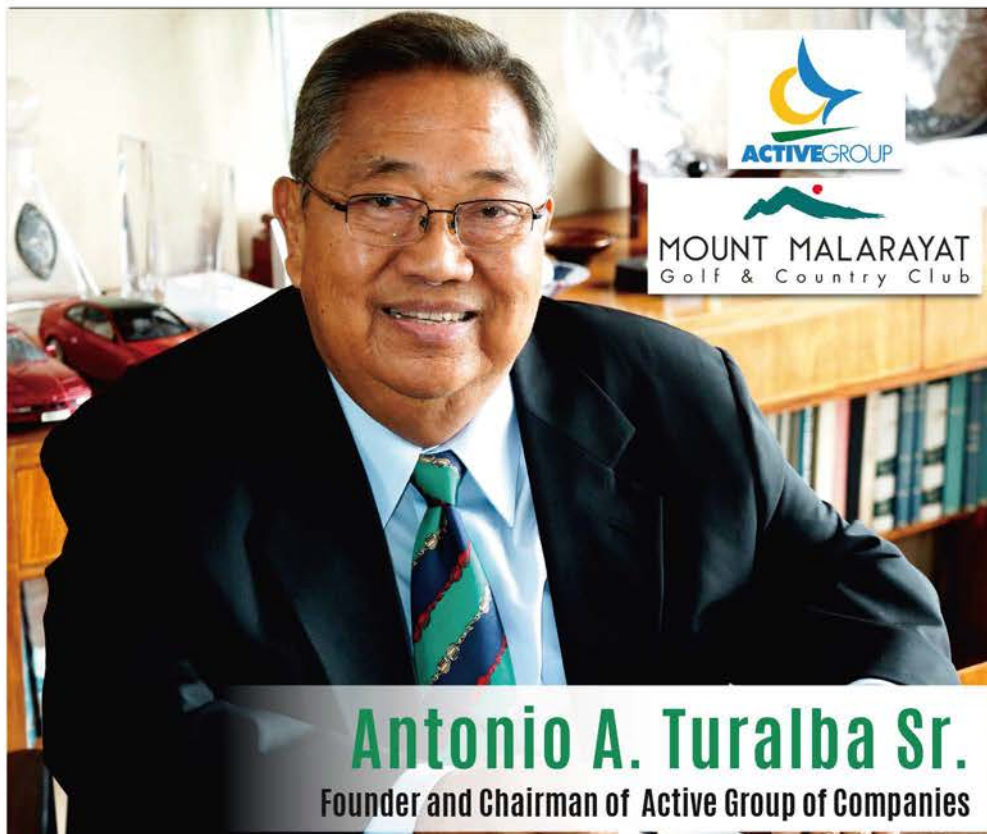
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# Business Talk

An interview with the top executives in the Philippines  
Get a first person point of view when it comes to business



**Antonio A. Turalba Sr.**  
Founder and Chairman of Active Group of Companies

*Antonio A. Turalba, Sr. is the founder and chairman of the Active Group of Companies. He holds a degree in Architecture from the University of the Philippines and placed fifth in the 1970 licensure examination for architects.*

*He is a noted environmental planner, holding the distinction of being the first private sector representative to the Housing and Urban Development Coordinating Council (HUDCC) in 1978. He is a recipient of the U.P. Alumni Association Award in Architecture (1989) and was named "Outstanding Professional in Architecture" by the Professional Regulatory Commission (PRC) in 1996. He is also Fellow of the United Architects of the Philippines, the country's leading association for architects, and is a past president for the Chamber of Real Estate Brokers Associations (CREBA) and Rotary Club of Makati East.*

## How long have you been involved in real estate? How did you get into architecture?

I've been in real estate for 48 years, with our 50th anniversary coming up in 2020. Initially, the University of the Philippines (UP) College of Architecture used to be a part of the UP College of Engineering, alongside Civil Engineering. With that exposure, I pursued a degree in architecture. As far as business goes, I've been in business since I was 13 years old. I've been involved in many kinds of businesses like buy and sell.

## What separates the Active Group of Companies from other real estate developers in the country?

I think what separates us is our experience. If you look at the competition, we've lasted longer than any of them. The Active Group was started by me and my wife.

I've been in business since I was 13, received a degree in Architecture, and have received many awards through the course of my career, especially from the university (UP) and regulatory commission (PRC). These already separate me and my company from other businesses.

Some businessmen hire architects, while others hire

business consultants. They might hire those with postgraduate degrees (Master's degree and PhD holders), but I have the option of not doing so. I've been exposed to both sides (architecture and business) that even if I do hire someone, I can still share my experience with them and guide them in improving our business.

## Tell us more about Mount Malarayat Golf and Country Club.

We came up with that project because of the qualities of the site. When we were offered the property, we saw its potential as a golf course. The cool climate and topography made it ideal for golf. The quality of the soil and the constant source of water made it easy to maintain, and the breathtaking backdrop of Mount Malarayat made it all the more special. Being architects, we took full advantage of what the site had, and, as a businessman, I converted it into a business venture.

The way you see it now in terms of natural beauty, it reflects how it came about from the get-go. It shows how it has been managed from the beginning. We did not need to do any major interventions or alter the landscape in any way; all we did was work with what nature had provided and improve on it.

It is also a testament to how we run the business. Imagine how much the landscaping, specifically the plants, cost our company; that money can already go towards building another golf course!

We're proud to call Malarayat "the first all-weather course in the country." Other courses that came after us may claim to be all-weather courses, but Malarayat was the first. You can play even after a heavy downpour, and it has been proven. We invested in the well-constructed drainage system that lies beneath the course, which has made this possible. The result is that members and guests can play on the course in mere minutes after a downpour. Walking on the course after the rain will not leave a single patch of mud on your shoes.

We have even issued a challenge to anyone who plays at Malarayat. We will waive your green fees if you play and get mud in your shoes after it rains on our course. This challenge still stands to this day, and it hasn't been taken advantage of since.

## What were some of the challenges you faced while developing Mount Malarayat?

We didn't have any partners for Mount Malarayat Golf and Country Club. It was a joint venture, but there were no major partners for the development of the course. We've had to finance that project using our own resources. There were still other variables to consider like the design, but having to fund the development by ourselves proved to be the biggest challenge.

We were also hit by the Asian Financial Crisis in 1997. We were almost done with construction when that happened. We formally opened the golf course in 1998 even as we faced the tail end of the financial crisis. To have Malarayat be the way it is now was the biggest challenge we've ever faced.

## What challenges are you facing as the Active Group Chairman?

Being the chairman is challenging in itself. You have to come up with the direction of the entire group. You also have to make sure that everybody is happy, as well as ensure that the company goes on even after I'm gone.

## What are your plans for Mount Malarayat Golf and the Active Group for the foreseeable future?

The Active Group has a big project that it will be taking on within the next two years. Our 50th anniversary is just around the corner and we're looking to celebrate it with something big. We can't say much, but we're preparing for that right now.

Malarayat, on the other hand, will be celebrating its 20th year and we're preparing activities for both members and guests this October. It's a way for us to show guests that we're still the best course in the country and that they are assured of having the best, even if it is for a price. We want to continue to deliver a quality of life that goes beyond shelter and beyond golf.

## How would you describe the way you manage the Active Group of Companies?

Each of our companies may have its own head, but I still check in from time to time as the chairman of the Active Group. I always keep my guard up.

I also made sure that my children will be exposed to the company at a young age. Most of them are already involved in real estate. Only one of my children, my youngest, didn't follow in my footsteps, and is now a physician in the United States. They're also supported by some of the best and most experienced people I know. I want to make sure that the quality of our work remains at its highest level even without me being directly involved.

## What moment has made the biggest impact in your career as an architect and businessman?

The most memorable, by far, is where the company is right now. At this point, we're practically debt-free. To me, that is the biggest. We've been through many ups and downs. We've faced three global financial crises in the history of our company.

The way I've looked at things and how I achieved what I have has been through hard work and focus. The most important things for me have always been honesty, integrity, dedication, and sincerity. These are the things that will help you sell. People will know who you are and will only lend you something if you have these qualities. That's how I grew myself and the Active Group to what it is today. My friends have helped me along the way because of my integrity.

If your clients see how sincere you are in doing your job, you will survive. We do not want to lose face if we don't deliver on our promises, something that's very Japanese.

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# Philippine primer

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# Business Talk *Extended* Interview with the top executives of Japanese Companies that have penetrated the Philippine market



**Satoshi Kato**  
President of Chodai Philippines Corp.

## “Kato joins forces with local partners to undertake regional development in Mindanao island.”

*Born in Tokyo in 1974, Satoshi Kato graduated from Waseda University and joined a major educational material publisher, Obunsha Group, in 1997. In 2004, he joined Australia’s biggest investment bank, Macquarie Group, then in 2009, he joined Chodai Co., Ltd.*

*He holds an MBA, Master of Economics, and Ph.D. in Regional Development Studies.*

*He is the President of Chodai Philippines Corporation as well as General Manager of Finance & Legal Division, Corporate Planning Group of Chodai Co., Ltd.*

*While celebrating their 50th anniversary this year, Chodai partnered with Equi-Parco Construction Company among others, to develop a hydro power plant in Caraga region of Mindanao, and oversaw completion of construction in May 2018. Chodai is now focusing on economic development under a private-sector initiative to create employment in Mindanao through over 10 projects in a wide range, from infrastructure, agriculture and aquaculture, to industrial parks. And, Satoshi Kato is the one who has been managing these projects right from the start, back in 2011.*

## You joined Chodai in 2009. When did you first come to the Philippines?

It was September 2011. I was taking a postgraduate university course at the time, and coming to the Philippines to conduct a field study was part of the course. The course itself was designed for business people specializing in PPP (Public-Private-Partnership). One of their lectures included a “PPP Project” which involved choosing one municipality and studying their methods of problem-solving and economic development or revitalization through PPP. Then, Butuan City in Mindanao was chosen as the municipality to study in the second semester 2011 of the lecture.

## Mindanao was where you started?

That’s right. Butuan city appears in a Japanese business novel, “炎熱商人” (Ennetsu Shonin) published in 1982 by Yusuke Fukada, and the city once thrived with forestry, exporting timber to a number of countries including Japan. But the timber industry fell into decline, and shrimp farming began to develop in its place. It quickly became the main industry of the area, but in the late ‘90s, due to repeated cultivation and disease, this also fell into decline. After that, with the help of JICA (Japan International Cooperation Agency) and ODA (Official Development Assistance), construction became the main industry. But, ODA projects do not last forever.

## So the city needed a new industry?

Well, Butuan lies in northeastern Mindanao, a central city of Caraga region. There are several colleges and universities, so it needed, and still needs, new industries to provide employment for the development of the region. Our partner, Equi-Parco, is headquartered in Butuan, and one of its founders, the COO at that time and now the mayor of Butuan, Mr. Lagnada, was worried about Butuan’s future. He was concerned that there was nowhere continuously creating employment that would attract talented workers and convince them to stay in the region, which is vital for regional development.

## Your first visit to Butuan was during the Aquino administration, is that right?

That’s correct; “Financial Reform” and “Anti-Corruption” were the main slogans at that time, and they lead to the Philippines being rated, for the first time in its history, as an investment grade country by three major credit rating agencies. This was obviously a good sign; however, for financial reform, the budget for public investment needed to be repressed, while infrastructure is a substantial basis for the development of the economy. Therefore, to accommodate both financial reform and infrastruc-

ture development simultaneously, the Aquino administration took PPP seriously. Because budgets were limited, they had to bring in money and know-how from the private sectors by using PPP, and then develop the necessary infrastructure rapidly and extensively.

## How did Butuan get involved in the project?

President Duterte, a previous mayor of Davao City in Mindanao, has overseen a change in the situation of Mindanao in the sense that more people are paying a closer interest to the region, and yet, the priority for public investment was first Manila, then Cebu, and finally Mindanao at that time. And so, things were not likely to change if they just wait and hope for the best. So, Mr. Lagnada came up with an idea, “Why don’t we use PPP to develop Butuan?” He started to seek some advice, and reached out to Toyo University, the only graduate school in the world with a master course specializing in PPP. From that moment, Toyo University began their study, and I was lucky enough to come to Butuan as one of the team members in September 2011.

## From that research, how did Chodai come to be involved?

As to the PPP study, a report was drawn up and submitted, and then everything was finished as a series of lectures. However, we were allowed to utilize the report for business, or for anything we wished.

Meanwhile, Chodai was looking at ways to explore new business opportunities domestically and internationally, and hydro power business in Asian countries was one of the main targets. The reason for this was that 60 to 70 percent of the total project cost relates to civil engineering works, which is Chodai’s strong point, so we were able to utilize our workers, engineering skills, years of experience, and so on. During the study, I heard that Equi-Parco was planning to move into the hydro power business for the first time, and then, as soon as I returned to Japan from the PPP research, I spoke to my colleague in charge of new business development. The following month, I revisited Butuan, this time as an employee of Chodai, no longer as a graduate student.

These days, we are seeing wide expansions in other businesses, not only hydro power, including: renewable energy such as wind and biomass; basic infrastructures such as water supply; primary industries such as farming, aquaculture; and development and management of industrial parks. These are all managed as private businesses, and through equity investment, Chodai is hoping to contribute to them on a long-term basis.

## What are your plans and dreams for the future?

Our company name, “Chodai,” comes from the Japanese “長大橋” (Chodai-Kyo), which means “long and large bridge,” as we started out as a bridge design company. Bridges are something that connects “people to people” and “region to region,” or “now and the future.” In this way, through our ongoing business, I hope to be someone who connects Japan and the Philippines, and Japan and Mindanao while contributing to the economic development of Mindanao, as well as the Philippines.

Scan the code to view the full interview. Read more on business at

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# Chodai Group: Supporting the Philippines' development by building infrastructure

## Chodai Co., Ltd.

Founded in 1968, is listed in the first section of the Tokyo Stock Exchange.



Head of Chodai Manila Representative Office



美濃部 順一郎  
(Junichiro MINOBE)

## Chodai Philippines Corp.



Vice President of Chodai Philippines Corp.



大浦 雅幸  
(Masayuki OURA)

CHODAI CO., LTD.  
Business Promotion / Business Planning Division Manager

### ●What role does the Manila Office play?

Chodai was established in 1968 with a focus on designing the Seto-Ohashi Bridges in Japan. Since then, we have provided not only bridge structural engineering services but also other civil engineering technology in many fields, and based on this, we have expanded to what we are today.

Our international business does not only focus on Japanese ODA loans but also includes investigations, design, and construction management of bridges and roads ordered by governments and private companies. In recent years, we have accumulated a track record in the railway engineering field as well.

With this experience, we are confident that the Philippines would benefit from our technical expertise in bridges, roads, and railways to develop the country. That's why in 2011, we established the Manila representative office.

### ●Tell us about your current projects.

Our current projects are all Japanese ODA loan projects, such as the Central Luzon Link Expressway: CLLEX (Phase 1), which connects Tarlac City (North of Manila) with Cabanatuan City, and another project involves the detailed design for rehabilitating Lambingan Bridge, which crosses the central west part of the Pasig River in Manila.



Lambingan bridge – image

### ●Tell us what you think about the future development of the Philippines.

For the Philippines to develop further, we think that logistical and transportation infrastructure that connects each island is becoming more essential. Infrastructure is indispensable for economic growth, so with our technical capabilities, we would like to develop the country and witness the growth of the Philippines together.



Akashi-Kaikyo Bridge, the world's longest suspension bridge (Japan)

### ●What role does Chodai Philippines Corp. play?

Chodai Philippines was founded in 2017 in order to promote several investment projects which Chodai is developing in Mindanao especially in terms of effective use of investment funds, aiming at expanding projects within the Philippines.

### ●Please tell us about your projects in Mindanao.

In 2011, as the first step of our business activities in Mindanao, we signed a memorandum with local partners to develop three hydro power projects in Caraga Region. Since then, we have been expanding projects there such as biomass power, wind power, water supply and agriculture, forestry and aquaculture projects as well as hydro power projects.

We are also undertaking the development of industrial parks, and with steady supply of electricity and water, we are planning to attract enterprises to add high value to agricultural, forest and fishery products.

We are hoping these projects will create more employment.

Some businesses are already running, and we would like to support the key elements that make them successful by offering advanced technologies, experiences, knowledge, and funds which Japanese entities have to the fullest extent possible.



Water supply project (water intake facility)



Asiga River small hydroelectric plant - Water turbine generators

### ●Tell us about your plans for future development.

In Mindanao, we are planning projects up to a total value of JPY 140,000,000,000 (approx. P67 billion). As you can imagine, we cannot do everything ourselves, so we are undertaking each project with many partners and thus committing ourselves to Regional Economical Development.

In Mindanao, we continue to undertake the abovementioned projects. Butuan City, the biggest city in Caraga Region, has a population of 400,000 and is a model city for Regional Development, and we would like to expand development to both other regions in the Philippines and other countries.



<http://www.chodai-group.com> | <http://www.chodai.co.jp>

#### Inquiry

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TEL: 02-552-8238

CHODAI CO., LTD (Headquarters) 20-4, 1-chome,  
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A

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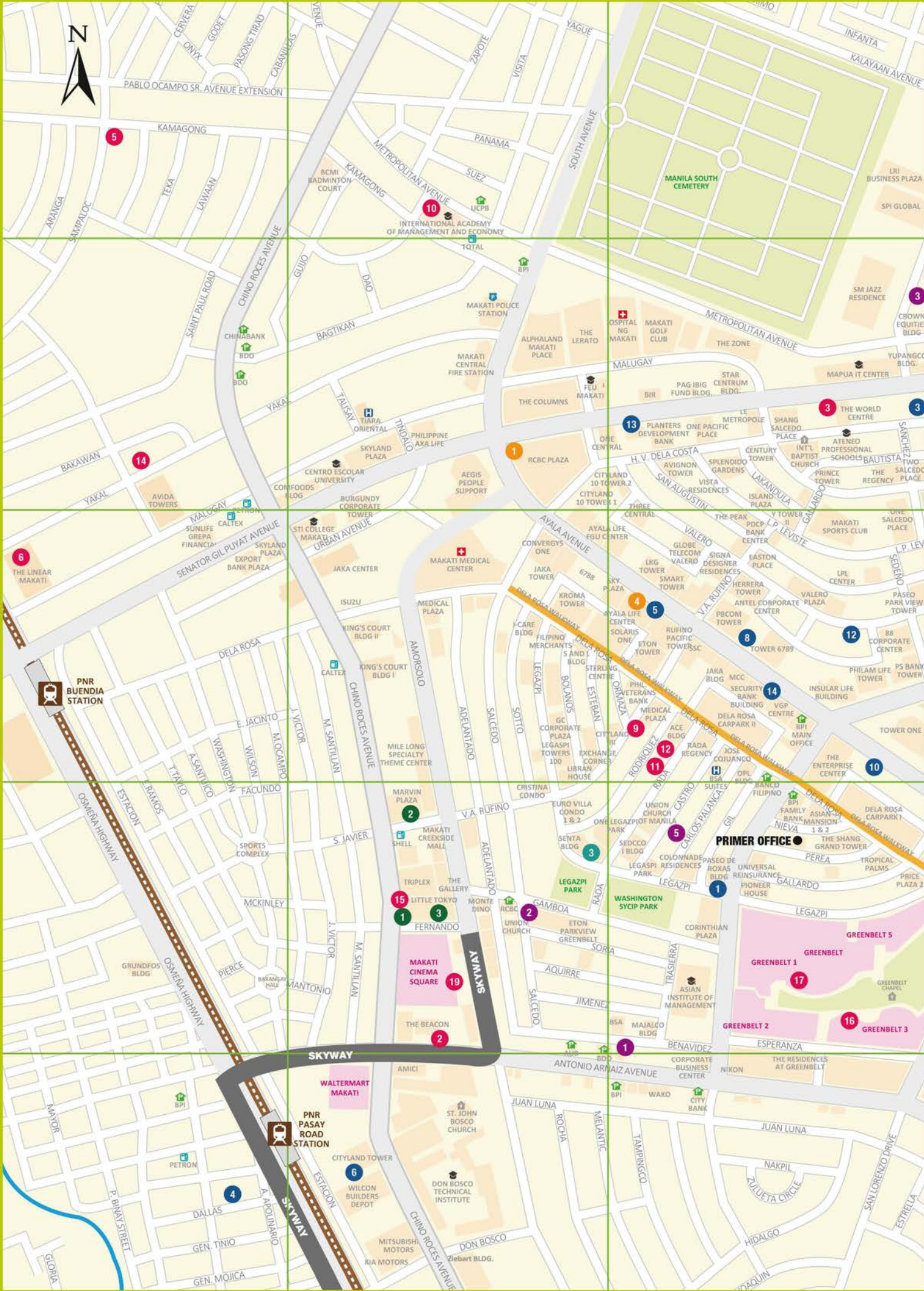
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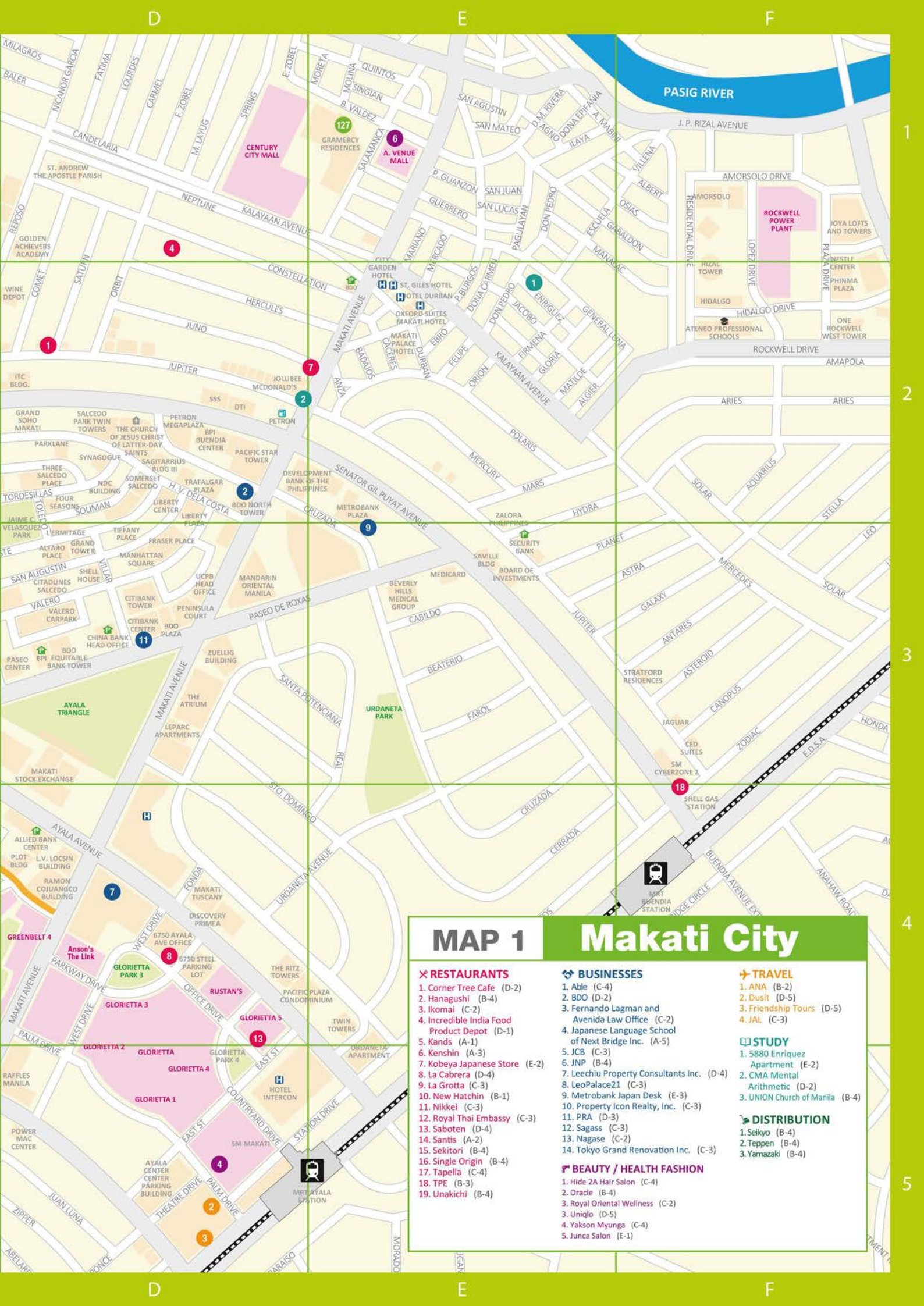


A

B

C





# MAP 1 Makati City

- ✂ RESTAURANTS**
  - 1. Corner Tree Cafe (D-2)
  - 2. Hanagushi (B-4)
  - 3. Ikamai (C-2)
  - 4. Incredible India Food Product Depot (D-1)
  - 5. Kands (A-1)
  - 6. Kenshin (A-3)
  - 7. Kobeya Japanese Store (E-2)
  - 8. La Cabrera (D-4)
  - 9. La Grotta (C-3)
  - 10. New Hatchin (B-1)
  - 11. Nikkei (C-3)
  - 12. Royal Thai Embassy (C-3)
  - 13. Saboten (D-4)
  - 14. Santis (A-2)
  - 15. Sekitori (B-4)
  - 16. Single Origin (B-4)
  - 17. Tapella (C-4)
  - 18. TPE (B-3)
  - 19. Unakichi (B-4)
- 🏢 BUSINESSES**
  - 1. Able (C-4)
  - 2. BDO (D-2)
  - 3. Fernando Lagman and Avenida Law Office (C-2)
  - 4. Japanese Language School of Next Bridge Inc. (A-5)
  - 5. JCB (C-3)
  - 6. JNP (B-4)
  - 7. Leechiu Property Consultants Inc. (D-4)
  - 8. LeoPalace21 (C-3)
  - 9. Metrobank Japan Desk (E-3)
  - 10. Property Icon Realty, Inc. (C-3)
  - 11. PRA (D-3)
  - 12. Sagass (C-3)
  - 13. Nagase (C-2)
  - 14. Tokyo Grand Renovation Inc. (C-3)
- ✈ TRAVEL**
  - 1. ANA (B-2)
  - 2. Dusit (D-5)
  - 3. Friendship Tours (D-5)
  - 4. JAL (C-3)
- 📖 STUDY**
  - 1. 5880 Enriquez Apartment (E-2)
  - 2. CMA Mental Arithmetic (D-2)
  - 3. Union Church of Manila (B-4)
- 📦 DISTRIBUTION**
  - 1. Seikyo (B-4)
  - 2. Teppen (B-4)
  - 3. Yamazaki (B-4)
- 💄 BEAUTY / HEALTH FASHION**
  - 1. Hide 2A Hair Salon (C-4)
  - 2. Oracle (B-4)
  - 3. Royal Oriental Wellness (C-2)
  - 3. Uniqlo (D-5)
  - 4. Yakson Myunga (C-4)
  - 5. Junca Salon (E-1)



# What's New in the Metro?

## PASAY CITY



**All Out of Love: The Musical ft. The Music Of Air Supply**  
Relive the iconic music of soft rock duo, Air Supply, at the highly anticipated "All Out of Love: The Musical." Witness Air Supply's musical genius take center stage at the Newport Performing Arts Theater this coming October 18!

Newport Performing Arts Theater, Resorts World Manila, Pasay City



**Lea Salonga The 40th Anniversary Concert**  
This year, the Miss Saigon star reaches a new milestone in history as she reaches her 40th anniversary in the industry. Join Lea Salonga as she celebrates with a two-night concert at the PICC Plenary Hall, on October 19 and 20.

PICC Plenary Hall, Vicente Sotto St., Pasay City



**Panic! At the Disco**  
Panic! At the Disco takes their pop rock magic in the Philippines for the third time as they grace the Mall of Asia Arena on October 20! Take part in the Grammy-nominee's world tour and head over to the Mall of Asia Arena for their "Pray for the Wicked Tour."

Mall of Asia Arena, Pasay City



**Kygo: Kids in Love Tour Manila 2018**  
Get ready as Kygo brings his hot electronic dance beats to get Manila on its feet with his Kids in Love live at the Mall of Asia Arena on October 25. Witness as the chart-topping musician works wonders on stage with masterpieces from his latest album "Kids in Love", known to smash the "Billboard's Top Dance/Electronic Album" chart.

Mall of Asia Arena, Pasay City



**Electronic Sports and Gaming Summit 2018**  
Watch, play, and catch the biggest games of the year at the largest gaming convention in the Philippines—the Electronic Sports and Gaming Summit! Be one with Filipino gaming enthusiasts this October 26 to 28 at the SMX Convention Center.

SMX Convention Center Manila, Mall of Asia Complex, Pasay City

## QUEZON CITY



**A1 Live in Manila 2018**  
Fans of A1 unite as our favorite British Norwegian band comes back to Manila on October 21! Get ready to feel nostalgic as Ben Adams, Christian Ingebrigsten, Paul Marazzi, and Mark Read come together to sing their classic tracks on stage.

Kia Theater, Quezon City



**Mariah Carey: Live in Concert 2018**  
After Mariah Carey's "The Elusive Chanteuse Show" in 2014, the Songbird Supreme is back with "Mariah Carey: Live in Concert" this October 26 at the Araneta Coliseum! Watch out as Mariah gives her fans, the Filipino "Lambily," a grander tour this time around.

Araneta Coliseum, Quezon City



**Calum Scott: Only Human Asia Tour**  
The man behind one of the world's most recognizable and loved renditions of Robyn's "Dancing on My Own" will be staging his first ever Philippine show this year. Witness Calum Scott as he graces the Kia Theater on October 30 for his "Only Human Asia Tour!"

Kia Theatre, Quezon City

## SPOTLIGHT

**WORLD TRAVEL EXPO 2018**  
October 26-28, 2018  
10:00am - 7:00pm  
SMX Convention Center Manila

Convention

World Travel Expo 2018

October 26 - 28

Following its laudable success last year, the much-awaited World Travel Expo returns for its third year this October 26 to 28, 2018 at the SMX Convention Center Manila.

With the theme "Wanderers Unite," the three-day exposition will showcase 278 booths of Inbound and Outbound Travel Operators, Travel Agencies, Cruise Lines, Hotel/Resorts/ Serviced Apartments Accommodations, Themed Tours, Business Travel, Travel Gears, and Industry Partners.

\*Tickets are priced at P50 for walk-ins. Register online to get discount! Visit [worldtravelexpo.com.ph](http://worldtravelexpo.com.ph) for more details.

SMX Convention Center Manila, Mall of Asia Complex, Pasay City

**ANG ARTE NG PILIPINAS**  
Celebrating A Decade of Artistic Excellence  
October 17 - 21  
SMX Aura, Taguig City

Convention

Ang ARTE ng Pilipinas

As the Philippines' "national art fair," ManilaArt encourages you to appreciate the nation's local cultural heritage and build a consciousness for national art by joining them at their 10th anniversary at SMX Aura in BGC from October 17 to 21.

SMX Aura, Taguig City

Philippine primer  
The Expats' Guide to the Philippine Lifestyle

For more events, please visit [primer.com.ph/events](http://primer.com.ph/events)



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