

FREE

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ENGLISH
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Philippine primer

The **Expats'** Guide to the Philippine Lifestyle

PRIVATE DINING PLACES

SPECIAL FEATURE

Level up your celebrations
and drinks: Wines for every
occasion

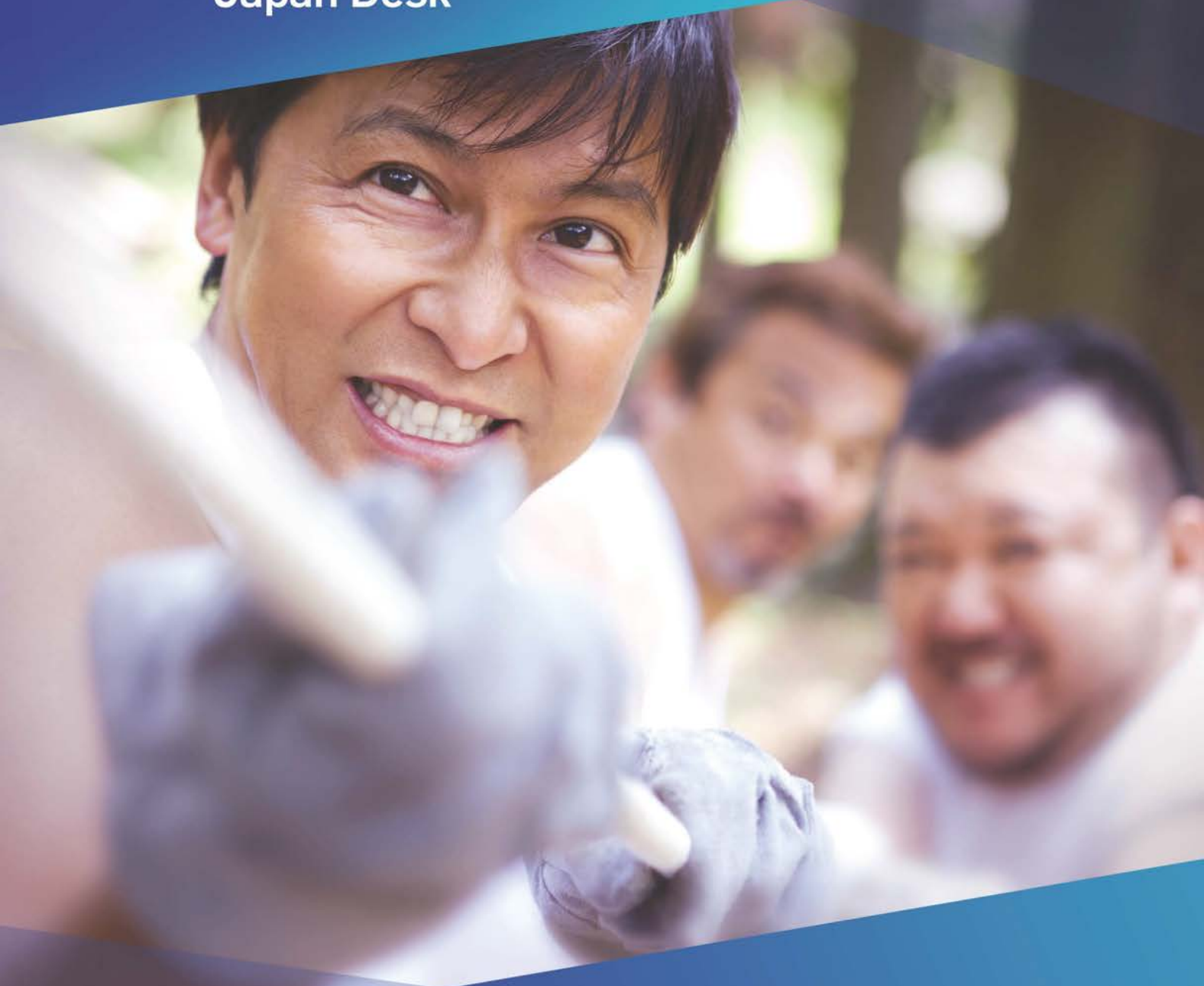
TRAVEL GUIDE

Where to Next:
Visit North and
South Cebu

PLUS!

The Milan of Asia:
See the best of the
local furniture
industry in the
country

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STANDARDS





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Feature of the Issue

Philippine Primer's June issue is giving you a lot of reasons to dine in secrecy and travel to the best spots outside the Queen City of the South.

COVER – Turn your special day into a lasting memory with Reservation Only and Intimate Dining restaurants. Reservation Only restaurants are not as well-known and rely mostly on word of mouth for publicity. Since a lot of them are located outside the metro, visiting them means going on a trip. The interiors are beautiful while still being cozy, and the service is very personalized. Some allow you to reserve the whole place, so you can treat it as a second home as you relax and bond with family and friends (p4).

TRAVEL – Refuel your passion for travelling and take our Cebu guide for your next adventure! Come with us as we visit North and South Cebu in the Visayas region and explore its rich culinary creations, budget-friendly and luxury accommodations, and must-see spots. (p22)

SPECIAL FEATURES – Check out the selection of wines picked to match different kinds of celebration, all at a reasonable price (p18). Plus! We have collaborated with H&M to feature a collection of fashion forward styles in this month's Fashion Feature (p28). Happy reading!



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プライマー

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Philippine
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June Vol.15

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Private Dining

— RESERVATION ONLY —

Dining experience made more intimate

Everyone loves a good meal, but most of today's restaurants aren't exactly ideal for meetings, events, and special occasions. Private rooms are available in some restaurants, but nothing beats the aura of a private dining or reservations-only restaurant. Let Philippine Primer be your guide in choosing the ideal private dining restaurant for that special occasion.



Pio's Kitchen

PPPPP

Located in a quiet residential area of Quezon City, Pio's Kitchen serves the best paella in town. The place is the home of Pio's Kitchen's owner and she opens her dining kitchen for guests. As if it is a portrait of interior design magazine, the open-concept dining kitchen is beautifully displayed so guests will surely feel relaxed as if when they're having dinner at their grandparents' home. There are three kinds of set menus that you can choose from and it can be customized for those who have food allergies or special diets.



📍 96 Sct. Reyes Cor. Sct. Fuentebella Brgy. Laging Handa, Quezon City
 ☎ 0917-532-2892 / 02-509-4529
 🕒 Lunch, 12pm to 3pm, Dinner, 7pm to 10pm



The Purple Owl

PPPPP

Situated in the beautiful city of Tagaytay, The Purple Owl is an events place that's perfect for marriage proposal, wedding, romantic date, anniversary, or even family celebration. They serve Asian fusion, Filipino, and Spanish cuisine made from Mrs. Gee's family heirloom recipes. They offer three fix packages such as Simple Romantic for P6,000, Movie Date for P10,000, and Live Music for P15,000. If you wish to experience The Purple Owl, a 3-day advanced booking through email is required. They don't accommodate inquiries in Facebook or any of their social media sites; shoot them an e-mail at thepurpleowltagaytay@gmail.com instead.

📍 Gardenia Loop, Villa Pura, Tagaytay City
 ☎ 02-523-3497 / 0917-870-5760
 🕒 Open 24 hours
 ✉ thepurpleowltagaytay@gmail.com
 📱 ThePurpleOwlTagaytay



Tahanan Bistro

PPP

Tahanan Bistro is a private dining restaurant located at Lores Farm Subdivision in Antipolo City. The 17-year old structure is originally the ancestral home of Filipino Sculptor Benji Reyes before it was turned into a casual fine dining restaurant by his daughter Keesha Reyes and her partner Kevin Tuason. Their bill of fare is composed of different set menus which change every three months. Each five-course meal is valued at P1,200 inclusive of VAT. The bistro is open only during the weekends.



Tahanan Bistro offers fusion cuisine based on Filipino dish. The dishes have a very refreshing taste that bring the best out of the ingredients. There are three kinds of course menu that you can choose from and it can be customized for those who have food allergies or special diets, with advanced notice.

📍 22 Loresville Dr. Lores Farm Subdivision, Brgy. San Roque, Antipolo
 ☎ 0925-880-1487
 🕒 Open hours: Lunch, 11am to 4pm and Dinner, 6pm to 10pm (on Sat. and Sun.)
 Closed from Mon. to Fri.



Nanay Cirilas' Kapeng Barako

PP

Nanay Cirilas' Kapeng Barako, though being very unassuming by its name, is a beautiful private dining situated in a quiet place in Tagaytay City. Owned by Medi Sarmiento, who also prefers to be called 'Tita Medi', you'll love how this place is so welcoming that you'll instantly feel like you're at home the moment you step inside. The menu is also quite extensive. You can choose from two different categories which are the Native Favorites and the International Dishes. They offer ala carte, set dinner plates, all-day breakfast, and lunch and dinner set for four. They also accept private events for 28-50 persons indoor, 18 guests for the al fresco and balcony, and up to 100 guests on roof deck.

📍 Mayor's Drive, Tagaytay City, Cavite
☎ 0922-291-3869
🕒 Open Daily 8am to 8pm

✉ nanaycirilas@gmail.com
🌐 www.nanaycirilas.com
📘 nanaycirilas



Kyo-to

PPPP

Kyo-to is the first authentic Kaiseki cuisine restaurant in Manila. Located quietly on the first floor of the building, it is a hidden gem in the city. Stepping into the entrance will make you feel like you have just been transported to Japan because of wooden interior and Japanese arts on the wall. They have 4 private function rooms and counter seats. Kyo-to's resident chef Kawamoto, who is in-charge of their culinary offerings, used to work for the former Japanese ambassador for three years and half in Manila, and had trained at Japanese long-established restaurant "Kitcho" for ten years, creates a taste of authentic Japanese dishes. Enjoy true Kaiseki cuisine which are beautifully displayed on Japanese artistic plates.



📍 G/F 119 C. Palanca Jr. St., Legazpi Village, Makati City
☎ 02-805-7743
🕒 5pm-last call 9:30 am (Tues. to Sun.); Tues. to Sun.
🌐 www.ryoteikyoto.ph

Antonio's

PPP

When you are in Tagaytay, you cannot miss Antonio's. Between 2008 to 2012, they ranked in top 10 in Asia in The Miele Guide, so people come from far to dine here. Their Colonial-style interior is based on white, wooden furniture. They also have a quiet beautiful garden, where you can enjoy your meal surrounded by greenery. They mainly offer European and Mediterranean dishes, and a bit of Filipino too. You will definitely enjoy their food and atmosphere. They also have sister restaurants, one of which, Balay Dako offering Filipino dish, and Breakfast at Antonio's offering all-day breakfast located also in Tagaytay.



📍 Purok 138, Barangay Neogan, Tagaytay City
☎ 0917-899-2866 / 0918-899-2866
🕒 Tues. to Sun., 11am- 9pm / reservation hours from 9am- 6pm
🌐 www.antoniosrestaurant.ph/antonios

Damaso Residencia

PPPP

At first glance, Damaso Residencia looks like a large mansion along Ortigas Ave. But inside is an elegant, antique-style restaurant that offers a mix of traditional Spanish and Filipino cuisines. Because of its unique interior and personalized service, this restaurant is a top choice for diners who come to celebrate their special moments. Reservation is advisable since the place is usually full during lunch and dinner.



📍 Greenhills 311 Ortigas Ave. Swiss Chalet House, San Juan
☎ 0917-848-0620

Purple Yam Malate

PPP

If you're not a fan of crowded restaurants, particularly those that are too noisy and have too many things going around, it's time for you to discover Purple Yam.

Purple Yam is an ancestral home turned restaurant that is a local branch of the popular Filipino restaurant Purple Yam NYC. Only takes reservations, Purple Yam is described as something different compared to the usual Filipino restaurants in Manila. The place can seat around 20 people, and can also accommodate 10 to 12 persons in their private function area.



📍 603 Julio Nakpil St., cor. Bocobo, Malate, Manila
☎ 02-523-3497 / 0917-870-5760
⌚ 12am - 11pm (Monday to Sunday)
(Reservations are required 2 days prior to ensure slots)
✉ acbesa49@gmail.com
🌐 www.purpleyamph.com



Gallery Vask

PPPPPP

The Gallery VASK by Chef Chele Gonzales offers an intimate gastronomic experience built around conceptual cuisine. The prestigious bistro is known for serving "anthropological cuisine" and using fresh, indigenous products from the farmers and fishermen of the Philippines.

The Gallery VASK team is composed mostly of local Filipino chefs who collaborate and create together with Chele Gonzalez.

📍 5th Floor, CLIPP Center, 11th Avenue corner 39th Street, Bonifacio Global City, Taguig City
☎ 0917-546-1673
⌚ 6:30 pm to 12am
Tuesdays to Saturday
📘 Gallery VASK



Restaurants *for* ROMANTIC DATES

Looking for the perfect restaurant on date night, but don't have the time for a reservation? Perhaps a place where you can be alone without actually being alone? Here is Philippine Primer's list of restaurants that will give you a bit of privacy without the need to book ahead of time.



The Nest

PPP

Rooftop venues always make a great dining place for hotels, especially if it offers a spectacular view of a landscape setting. Check out The Nest at Vivere Hotel at the South, where you can have a pleasurable dining in the sky, day and night. Located at the topmost floor of Vivere Hotel in Alabang, The Nest takes pride of its 360 degree scenic view by the bay. It is known as the tallest building among the hotels nestled in Alabang. In its veranda, you can have an early evening sunset as a backdrop for a visual delight. Many guests love to go here to witness a great view while having a luxurious dining experience.



📍 5102 Bridgeway Avenue, Filinvest City, Alabang, Muntinlupa City
☎ 02-771-7777 / 0917-804-3257
🕒 Mon. to Sun. 5pm to 12am
✉ thenest@viverehotel.com.ph
🌐 www.viverehotel.com.ph

Sala

PPP

Opened in 1997 by Scottish Chef Colin Mackay, Sala is a fine restaurant offering European dishes. They moved from Malate to Makati Avenue where it meets Ayala crossing, and ever since, it became popular among gourmets from its food, vibe and services—everything is top class—definitely one of the restaurants perfect to spend a special day. They renew their menu every three months, so you will never get tired of it! On weekdays, they offer lunch menu of P780 and P980, so it is a good place to have a lunch date. À La Carte menu is good for you if you want to try a bit of everything.



📍 Podium Level, L.V. Locsin Bldg., 6752 Ayala Ave. cor. Makati Ave., Makati City
☎ 02-750-1555 / 02-893-0242
🕒 Lunch time Mon. to Fri. 11am to 2pm / Dinner time Sun. to Sat. 6pm to 11pm
🌐 www.salarestaurant.com

Blackbird

PPP

Located at The Nielson Tower in Ayala Triangle, Blackbird is making a smooth landing as a dining and leisure destination in Makati. This Aviation-themed restaurant is spearheaded by Chef Colin Mackay, who is also the man behind the popular Sala and People's Palace restaurants. The 2nd floor has a 22-seating function room that can be booked for private dining for a consumable amount of P30, 000 for lunch and P65, 000 for dinner. Blackbird menu was inspired by international cuisines that were suitable to the airport theme.



📍 The Nielson Tower, Ayala Triangle, Makati
☎ 02-828-4888 / 0917-889-2782
🕒 Mon. to Sun. 11am to 12am

Lemuria Gourmet Restaurant PPPP

Lemuria Gourmet Restaurant is a French & Mediterranean cuisine restaurant that is quietly located in Quezon City. Since opening in 2006, it has become a popular private restaurant among locals. Overlooking the beautiful garden is the spacious dining area which features a classical European interior. You'll surely enjoy your visit day and night. The dishes they create are very delicious and artistic. Try high quality wine from their well-controlled wine cellar. Since it is a fine dining restaurant, there is a formal dress code. This place is perfect for special occasions because it is located away from the bustle of Makati City.



📍 #5 Julieta Circle Horseshoe, Village, Quezon City
☎ 02-724-5211 / 02-722-2185
🕒 Open hours: 6pm to 22:30 pm

Ruby Jack's Steakhouse & Bar PPP

Ruby Jack's Steakhouse & Bar is the country's supreme fine-dining restaurant featuring a premium menu of imported meats and a stunning glass-cased wine cellar holding 900 bottles of over 150 iconic and cult labels. It was established by Matthew Crabbe, Nathan Smith, and Edward Baffoe. Here in Manila, the first franchise outside Tokyo can be found at the City of Dreams Manila in Parañaque City. It opened last August 2015.



📍 UG/F, City of Dreams Manila, Aseana Ave. cor. Roxas Blvd., Entertainment City, Parañaque City
☎ 02-801-8888
🕒 Mon. to Thurs. 10am to 12am, Fri. to Sat. 10am to 2am, Sun. 10am to 12am
✉ contact_cod@rubyjacks.ph 🌐 www.rubyjacks.ph 📱 rubyjacksmanila

Cru Steakhouse PPPP

Located at Marriott Hotel near resort world Manila, Cru Steakhouse is a well-known steak house among meat lovers because it serves a wide selection of meat such as Australian Wagyu Beef, U.S. Angus Beef and French Charolais beef. These steaks are well-seasoned and carefully prepared. The dining area has a romantic atmosphere with sophisticated shady lights, and the kitchen is surrounded by big glass wall so that guest can watch the chef grill or cook the steaks. The other foods besides the steak are all delicious, but their steak is worth to try.



📍 G/F Marriot Hotel, No.10 Newport Blvd. Newport City Complex, Pasay City
☎ 02-988-9990
🕒 Mondays- Thursdays & Sunday: 6pm to 10:30 pm
Friday & Saturday: 6:30 pm to 11:30 pm

Sky Deck PPP

Sky Deck is located on the rooftop of the Bayleaf Hotel in the historical city of Intramuros. It is a restaurant that serves sumptuous buffet with the panoramic view of Manila. Overlooking both old and new towns of Manila, you'll have a fantastic dining experience especially with the view of Manila bay sunset. They have live music on weekend. Besides the buffet, they also offer a wide variety of dishes in their ala carte menu at reasonable price. Cocktails and tapas are also available.



📍 The Bayleaf Intramuros, Muralla corner Victoria Street, Intramuros, Manila
☎ 02-318-5000
🕒 5pm to 1am

Caviar Restaurant and Champagne Bar PPPP

Caviar Restaurant and Champagne Bar is a high-end French-Mediterranean restaurant handled by a pair of Dutchmen: Bastiaan and Frank van der Walle. Bastian acts as the general manager and sommelier while his brother Frank is the executive chef. You'll feel right at home when you dine at Caviar. It is divided into a homely lounge like a living room and a bar area, and a luxurious dining area. Privacy is given to those who will get seats close to the wall, perfect for a date.



📍 Westgate Center, Commerce Avenue cor., Filinvest Ave. Alabang
☎ 02-552-7930 / 0915-623-7277
🕒 Monday to Friday: 11:30 am to 2pm and 5:30 pm to 1 pm
Sunday: 10am to 2pm and 5:30 pm to 10pm

22 Prime PPPP

22 Prime is Discovery Suites Ortigas' flagship restaurant that's known for its excellent selection of choice cuts and alternative seafood options. It opened in September 2008 and was listed in Philippine Tatler's "Philippine's Best Restaurants" in 2015. 22 Prime serves premium quality steaks with meats USDA certified. The restaurant also imports fishes from Australia and Wagyu from Snake River Farms. Enjoy top-notch dining experience at 22 Prime while admiring the view of the Ortigas skyline perfect as a romantic background for special occasions.



📍 22/F, of Discovery Suites at 25 ADB Avenue Ortigas Center, Pasig City
☎ 02-719-8888
🕒 11am to 11pm

JCB Deals!

BUTAMARU 15% OFF  Westgate, Alabang, Muntinlupa City (02) 887-4255 11:30AM~10PM <small>*Discount valid for dine-in only.</small>	CHAIRMAN WANG'S 15% OFF  Molito Lifestyle Complex, Alabang, Muntinlupa City (02) 828-8477 11AM~11PM facebook.com/chairmanwangs <small>*Discount valid for dine-in and take-out only.</small>	COCO ICHIBANYA 15% OFF  Estancia Mall (02) 696-1649 One Rockwell (02) 815-4087 Greenhills (02) 277-6528 Burgos Circle (02) 720-9779 Eastwood Mall (02) 372-4687 Robinson's Ermita (02) 247-0093 facebook.com/CoColchibanyaPH <small>*Discount valid for dine-in only. *Discount not valid for set meals.</small>	KICHITORA 15% OFF  2/F, SM Megamall, Mandaluyong City (02) 775-1100 2/F, Glorietta 5, Makati City (02) 555-1288 3/F, Bonifacio High Street, Central Square, Taguig City (02) 946-3835 <small>*Discount valid for dine-in only.</small>
MITSUYADO SEI-MEN 15% OFF  22 Jupiter St., Bel Air, Makati City (02) 511-1390, (02) 511-1759 11AM~11PM Blue Bay Walk, Pasay City (02) 843-4329 11AM~11PM G/F, Venice Grand Canal Mall, McKinley Hill, Taguig City (02) 813-8917 11AM~11PM (Mon~Fri); 10PM~11PM (Sa~Sun) <small>*Discount valid for dine-in only.</small>	MOTORINO 15% OFF  2/F, Greenbelt 3, Makati City (02) 754-8018 11AM ~ 11PM (Sun~Thu), 11AM ~ 12AM (Fri~Sat) G/F, Net Park, Taguig City (02) 962-4445 11AM~11PM <small>*Discount valid for dine-in and take-out only.</small>	PEPPER LUNCH 15% OFF  SM Megamall (02) 637-3889 Power Plant Mall 0917-512-5989 Shangri-la Plaza Mall (02) 634-3231 Alabang Town Center (02) 556-8498 Greenbelt 5 (02) 501-3759 Eastwood Mall 0917-794-8482 UP Town Center (02) 990-0305 <small>*Discount valid for dine-in and take-out only.</small>	CARUSO 10% OFF  LRI Bldg., 210 Nicanor Garcia St., Poblacion, Makati City (02) 895-8790, (02) 895-2451 11:30AM~2:30PM, 6PM~11PM <small>*Discount valid for dine-in and take-out only.</small>
FUKUDAYA 10% OFF  Unit 7, The Plaza, Arya Residences, McKinley Parkway, Fort Bonifacio, Taguig City (02) 800-3563, 0927-264-0171 11AM~3PM, 6PM~11PM Facebook: @FukudayaPhilippines <small>*Discount valid for dine-in and take-out only.</small>	HATSU HANA TEI 10% OFF  Herald Suites, Makati City (02) 759-6270 6PM~10:30PM (Mon~Fri), 5:30PM~10PM (Sat~Sun) <small>*Discount valid for dine-in and take-out only. *Discount valid during dinner time only.</small>	KENJI TEI 10% OFF  3/F, Greenbelt 5, Ayala Center, Makati City (02) 745-3098 G/F, Alabang Town Center, Service Road, Filinvest City, Muntinlupa City (02) 246-9069 ext:730 Solenad 3, Nuvali, Don Jose, Santa Rosa, Laguna (049) 258-0727 Facebook: @kenjitei <small>*Discount valid for dine-in and take-out only.</small>	MANGETSU 10% OFF  38 Jupiter St. Bel-Air Village, Makati City (02) 478-3292, (02) 576-5034 11:30AM~2PM, 5:30PM~11PM (Mon~Sat), 11:30AM~3PM, 5:30PM~10PM (Sun) <small>*Discount valid for dine-in and take-out only.</small>

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G/F, Glorietta 5, Makati City
(02) 625-0909
11AM ~ 11PM

G/F, Serendra, Taguig City
(02) 625-2000, (02) 625-2888
11AM ~ 11PM

※Discount valid for dine-in and take-out only.

SUGI **10% OFF**



G/F, Greenbelt 2, Esperanza Street, Ayala Center, Makati City
(02) 757-3678 to 79
11AM ~ 2PM, 6PM ~ 10PM

Facebook: @SUGIJapaneseRestaurant

※Discount valid for dine-in and take-out only.

TAPELLA **10% OFF**




G/F, Greenbelt 5, Makati City
(02) 757-2710, (02) 757-2711
11AM ~ 12MN

facebook.com/TapellaByGaudi

※Discount valid for dine-in and take-out only.

THE COOK BY HONGLEEPARK **10% OFF**



G/F, The Forum, South Global, 7th Ave. cor. Federation Drive, Bonifacio Global City, Taguig City
(02) 273-0520
11AM ~ 11PM

facebook.com/thecookbyhongleepark

※Discount valid for dine-in and take-out only.

WOODEN HORSE **10% OFF**



G/F, Molito Complex, Alabang, Muntinlupa City
(02) 659-7522, 0927-460-2495
11AM ~ 2PM, 6PM ~ 10 PM (Mon ~ Thu),
11AM ~ 2PM, 5PM ~ 10PM (Fri),
11AM ~ 3PM, 5PM ~ 10PM (Sat ~ Sun)

※Discount valid for dine-in only.

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Eton Mini Suites Tower
Venice Grand
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SM Megamall
SM North
SM Mall of Asia
Eight Forbes

www.karada.com.ph/
facebook.com/Karada.Philippines

※Prior reservation is recommended.

ISLAND SPA **15% OFF**



2/F, Jupiter Place, Jupiter St., Makati City
(02) 899-1234, (02) 751-8296

5/F, Resorts World Manila, Pasay City
(02) 823-3212

5/F, Rustan's, Makati City
(02) 710-8588

※Prior reservation is recommended.

REGENT SPA **15% OFF**



G/F, SM Jazz Mall, Makati City
(02) 843-3426

5/F, Pan Pacific Hotel, Malate, Manila
(02) 522-8490, (02) 522-8497

※Prior reservation is recommended.

SM KENKO SPA **15% OFF**



5/F, Jipang Building, Network Hotel, Pasay City
(02) 536-7777, (02) 536-5830
11AM ~ 7PM

NAIA Terminal 3
(02) 846-7193
24 Hours

※Prior reservation is recommended.

THE WINGS **15% OFF**



4/F, NAIA Terminal 3, Paranaque City
(02) 886-9464, (02) 833-7299
24 Hours

http://jipang-group.com/

※Prior reservation is recommended.



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Teppan Miso Katsu(Pork Loin)
Teishoku P480

Pork Loin Katsu with Miso Sauce in Iron Plate

かつ丼
(豚汁、漬物付)

Katsu Don
w/Miso Soup
Rice Bowl Topped
w/Tonkatsu with Miso Soup

P450

海老玉丼
(ミニうどん、漬物付)

Ebi Tama Don
w/Mini Udon
Rice Bowl Topped
w/Simmered Shrimp Fry(2pcs)
with Mini Udon

P500

天丼
(ざるうどん、漬物付)

Ebi Ten Don
w/Mini Zaru Udon
Rice Bowl Topped
w/Shrimp Tempura(2pcs)
and Mini Zaru Udon

P500

ラーメン博士 内田
Ramen master UCHIDA

ラーメン博士 前田
Ramen master MAEDA

ごちそうとんかつ 30年
達人 山下
Amazing Tonkatsu
master Yamashita

ごちそうとんかつ 30年
達人 山口
Amazing Tonkatsu
master Yamaguchi

辛とんこつ
Shin Ramen
P350

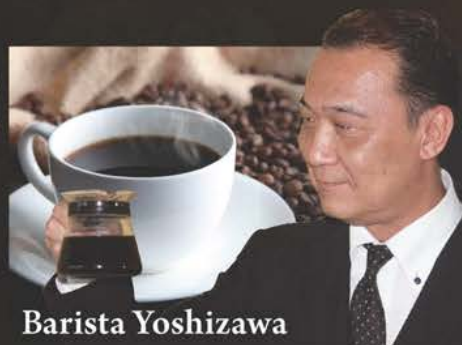
Spicy Ramen in Pork Based Soup
w/Flavored Ground Pork

三河とんこつシーフード
あじ玉ラーメン

Seafood Ajitama Ramen P460
Seafood Ramen in Milky Pork Based Soup
w/Flavored Half Boiled Egg

三河とんこつ
特上ラーメン
Mikawa Tonkotsu
Tokujo Ramen P530

Ramen in Pork Based Soup
w/ Roasted Pork Belly,
Flavored Half Boiled Egg and Nori



Barista Yoshizawa



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🕒 11:00 am - 10:00 pm (Daily)
🌐 cornertreecafe.com/
📱 Corner Tree Cafe



Falafel sandwich (P290)



Salted Caramel Chocolate Torte (P190)



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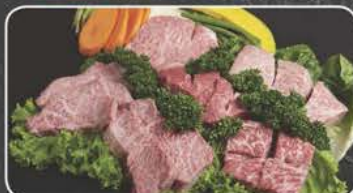
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Mix Adobo Platter (P200)



Taiwan Braised Beef with Radish (P399)

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Examples of
food prepared
from our
ingredients



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BEET HUMMUS & AVOCADO TOAST

Butter toasted Multigrain with home-made beet hummus topped with arugula, roasted almonds, chia seeds & passion fruit vinaigrette

Yield: 175g, Prep time: 15 to 20 minutes

Ingredients:

1 pc(75g)	Multigrain Bread	7.5ml	Passion fruit syrup
100g	Chickpeas (Garbanzos)	6.25ml	Lemon juice
124ml	Olive oil	6.25ml	Honey
4g	Garlic	1g	Salt
18g	Tahini paste	1g	Pepper
6g	Sugar beets	5g	Roasted almond slices
40g	Fresh Avocado	15g	Tomato
15g	Arugula	5g	Butter
1g	Chia seeds		



Chef Kalel Chan

Corporate Chef Kalel Chan of The Raintree Group is at the top of various innovative concept restaurants such as Chelsea Grand Cafe, Chelsea Kitchen, Stella, Rocketroom, Saboten, Providore, Chotto Matte, Izakaya-Sensu, Kabila, and Museum Café where he started.

Embodying creativity, Chef Kalel's innovative kitchen flair continues to evolve. For a young culinary artist who's never afraid to experiment, he still manages to value cherished dining traditions from his family.

Chef Kalel never fails to cook with heart; this is evident in the happy and contented diners who find more reason to come back for his well-loved dishes.



Procedure:

1. Place your beets in a saucepan or stockpot with water. Allow them to simmer for 15 to 20 minutes. Pierce 1 beet with a table knife to check for tenderness. If it pierces easily, remove the pot from the stove then set aside to cool.
2. Combine tahini, garlic, chickpeas, cooled sugar beets and 62ml of Olive oil in the blender, and blend until mixed. Duration depends on the consistency desired, chunky shorter, creamy is longer. If too thick, then add additional water until desired consistency is achieved. Salt & pepper to taste. Set aside.
3. Also combine passion fruit syrup, lemon juice and honey to make a passion fruit vinaigrette.
4. Brush or spread the butter on both sides of the bread and toast it until golden brown.
5. Spread a generous amount of beet hummus on your toast. Then add some sliced tomatoes.
6. Drizzle some passion fruit vinaigrette on the arugula then top it on the toast, add the sliced fresh avocado and roasted almond slices and finish with chia seeds on top.

Want your easy home-cooked recipe to be featured in Philippine Primer magazine?

Send your recipe via email at information@primer.ph. (Subject: Feature my Recipe)



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Total Japanese Cooking Solution

Mc Asia Foodtrade Corporation is the leading supplier of food items, kitchen utensils, industrial cookware, and commercial kitchens in the Philippines. They have been wholesaling products to restaurants, hotels, caterers, and grocery stores in Metro Manila. They are also open to inquiries even if you are in Visayas or Mindanao. Available products are basic seasonings such as soy sauce, wasabi powder, mayonnaise, wheat flour, cooking wines, etc. Mc Asia also sells high quality Japanese equipment like kitchen and dining wares. Customers can buy anything necessary for restaurants such as dried goods, cans and seasoning. There is also a wide variety of Japanese sake for sale, just name the brand that you want.



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Restaurant Guide

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Siam Thai

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📍 Pioneer Center Brixton, Kapitolyo Pasig City

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📍 G/F, Milkyway Building, 900 Arnaiz Avenue corner Paseo de Roxas, Makati City

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📍 2/F, Herald Suites, Don Chino Roces Ave., Pio del Pilar, Makati City

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☎ 02-832-9600

📍 Suites 102/104, LRI Design Plaza, 210 Nicanor Garcia, Bel Air 2, Makati City

Corner Tree Cafe

☎ 02-897-0295

📍 150 Jupiter St., Bel-Air, Makati City

KENSHIN

☎ 0949-883-1200 / 0917-551-4605

📍 G/F The Linear Makati Yakal St., corner Mayapis Street, Makati City

Motorino

☎ 02-754-8018

📍 2/F, Greenbelt 3, Ayala Center, Makati City

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☎ 02-625-0909

📍 G/F, Glorietta 5, Makati City

Sekitori

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📍 Little Tokyo, Chino Roces Ave., Legaspi Village, Makati City

Tapella

☎ 02-757-2711

📍 G/F, Greenbelt 5, Makati City

Unakichi

☎ 02-728-2072

📍 G/F, Makati Cinema Square, Amorsolo St., Makati City

Yokohama Meat Kitchen

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📍 16 Jupiter St., corner Antares St., Bel-Air, Makati City

BGC

Salvatore Cuomo & Bar

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📍 G/F, Uptown Parade, 9th Avenue Corner 38th Street, Bonifacio Global City, Taguig City

Buta + Wagyu

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📍 5/F, Sky Park, SM Aura Premier, Bonifacio Global City, Taguig City

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Musashi-Tei

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Ruby Jack's Steakhouse & Bar

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Wooden Horse Steakhouse

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Santis Delicatessen

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📍 7431 Yakal Street, San Antonio Village Makati City
🌐 www.santis-deli.com

TPE

☎ 02-551-7522

📍 G/F, Jaka Center Chino Roces Ave., Makati City

The Wine Guide

For Every Occasion

Whether it's a weekday fun with your colleague or a Saturday-night crowd pleaser, there's always a wine that is available for any kind of celebrations.

For those of us who are far from being seasoned sommeliers, picking up wines can be a daunting experience. This feature will encourage readers to be more adventurous about wines without spending a fortune - you just have to know where to look for them.

Here's a guide to the finest sparkling, white, and red wines that are not only budget-friendly but also perfect for any occasions. The wines featured here were suggested by these wine sommeliers:



Mr. Adriano Stefanutti of iTrulli Fashion, Food and Wine
Address: Suite 102/104, G/F, LRI Design Plaza, 210 Nicanor Garcia Street, Bel-Air, Makati City
Tel No: 02-832-9600 / 0915-418-1407



Mr. Werner Berger of Santis Delicatessen
Address: 7431 Yakal St., San Antonio Village, Makati City
Tel No: 02-844-1154



Mr. Mike Reyes of The Wine Club
Address: Cacho Gonzalez Building, 101 Aguirre, Legazpi Village, Makati City
Tel No: 02-893-7784



Dine out with friends

Finca Flichman Gestos Cabernet Sauvignon

(Argentina)

Gestos, created to enhance the unique vertical expression from two different terroirs in Mendoza. Elaborated with identical percentages of grapes from two different regions, the vines located at 700 meters above sea level, provide maturity, color and body; while the vines from 1100 meters above sea level, adds freshness, structure and complexity.

Vintage year: 2014

Best food pairing: red meats

Alcohol Percentage / Volume: 14%

"Quota 29" Primitivo IGP Salento

(Puglia)

Soil: shallow red soil on layers of calcareous rock

Wine making processes: pre-fermentary maceration, temperature controlled fermentation, partial refining in oak barrels / Colour:

strong ruby red with a violet tint / Flavor: pleasant, fresh, clear and expressive / Bouquet: ripe morello cherries, mint and blackberries

Best food pairing: salted meat, cold cuts, bacon fat ham, ragout of

mixed meat, roast lamb, grilled potato, partially matured cheeses

Grape Varietal: 100% Primitivo

Vintage year: 2013

Alcohol percentage/Volume: 14%

Cartlidge and Browne Cabernet Sauvignon

(North Coast, California)

Cartlidge and Browne is the original garage winery! Like

a classic muscle car, C&B Cabernet Sauvignon's sleek lines belie its power and endurance. Sure this bold dark

beauty is racy. But though it is quick to accelerate, it

downshifts into a smooth finish. Revved up and ready

to go now, you can trust that a little age won't slow it

down. True high performance. Vintage year: 2014

Best food pairing: Rib Eye Steak, Roast Lamb, Pasta

Bolognese

Alcohol Percentage / Volume: 13.5%



Santis Delicatessen
P612



iTrulli
P780



The Wine Club
P1040

Family events

Charles de Fere Chardonnay Brut

(France)

Made exclusively from Chardonnay grape variety, Charles de Fere Chardonnay is made using the traditional method. This wine has a golden yellow color, develops complex reflections honey aromas evolving into fruity notes, the bounce has a nice size and good persistence serve chilled between 6°-8°
Best food pairing: as an aperitif or with light appetizers, seafood, cheeses etc.

Alcohol Percentage / Volume: 12%

Lambrusco DOC i Quercioli Reggiano Dolce

(Emilia Romagna)

Colour: bright ruby red / Bouquet: fruity and persistent with violet scent / Taste: sweet, fruity, fresh, lively, pleasantly harmonious / Froth: fine and rich when poured
Classification: sparkling sweet red wine at natural fermentation

Vintage year: 2015

Best food pairing: Suitable with fruits, desserts and pizza.

Alcohol Percentage / Volume: 8.5% vol.

Navigator Cabernet Sauvignon

(Lodi, California)

A saturated ruby color fills the glass on this Cabernet, while concentrated aromas of ripe blue fruits, cherries, black raspberry, and cassis envelop the nose. Sweet jam, raspberry coulis, and candied berries blend seamlessly on the velvety soft palate, and carry this wine through to a bold yet luxurious finish without a hint of bitterness or bite.

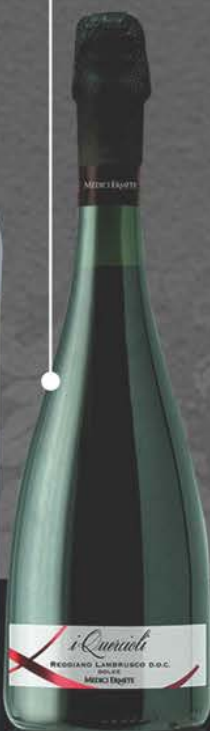
Vintage year: 2014

Best food pairing: Adobo, Teriyaki, Beefsteak Tagalog

Alcohol Percentage / Volume: 14.4%



Santis Delicatessen
P898



iTrulli
P510



The Wine Club
P920



Santis Delicatessen
P707



iTrulli
P1.200



The Wine Club
P890

Date night

Bernard Magrez Mon Seul Reve "My Only Dream"

(France)

Mon Seul Reve 2001 is the first and foremost red wine produced from Carignan, Syrah, Grenache, Mourverde grapes. Blending is done after fermentation and aging are complete.

Vintage year: 2011

Best food pairing: red meats

Alcohol Percentage / Volume: 14.5%

Prosecco Marai De Marai Extra Dry

(Veneto)

Capacity: 0,75-1,5-3 liters / Type: white

Colour: light straw yellow / Flavor: savory and fresh notes supported by discrete soft and pseudo caloric feelings with a persistence rather bitter / Grape: Prosecco / Bouquet: aromatic and fruity, with recognition of pear and white fruit matures

Vintage Year: Non Vintage

Best food pairing: Ideal with dishes of fish and appetizers

Alcohol Percentage / Volume: 11 % vol

Ca'Rosa Frizzante

(California)

Refreshing but not overpowering. This complex blend lends layers of flavors. Ca'Rosa's off-dry character & acidity are perfectly balanced, making this bubbly excellent by itself or with a broad range of dishes. Perfect for that special date.

Vintage year: Non Vintage

Alcohol Percentage / Volume: 11.5%

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Samantha Gonzales-Mendoza

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🏠 Boracay Highway Central, Malay, Aklan

Hotel Jen

☎ 02-795-8888
🏠 3001 Roxas Blvd, Pasay City

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🏠 Lizada Village, Lanang, Pearl Farm Marina, Davao City
🌐 www.pearlfarmresort.com

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🏠 7912 Makati Avenue, Makati City

Makati Shangri-La, Manila

☎ 02-813-8888
🏠 Ayala Ave. Corner Makati Ave., Makati City

Okada Manila

☎ 02-555-9777
🏠 New Seaside Dr, Parañaque City

Pan Pacific Hotel Manila

☎ 02-318-0788
🏠 M. Adriatico corner, Gen. Malvar Streets, Manila

Raffles Makati

☎ 02-555-9777
🏠 1 Raffles Drive, Makati Avenue, Makati City

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☎ 02-945-8888/02-588-5700
🏠 30th Street corner 11th Avenue, BGC, Taguig City

OTHERS

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Cebu

NORTH & SOUTH

Cebu is more than just the resorts within Mactan Island or the luscious lechon served in its restaurants. It's also home to secluded beaches, diving, and a lot of unique experiences. Here's Philippine Primer's guide to the northern and southern tips of Cebu.

CEBU North MAP



Maldito Grill and Restobar
Kokay's Maldito Dive Resort

Angelina Pizzeria
Ristorante Italiano



Oscar's

GUINTACAN ISLAND

zoom

Malapascua Island

Malapascua Exotic Island Dive & Beach Resort

Malapascua Legend Water Sports and Resort

Malapascua Island

Kandaya Resort



Wow!

Kalanggaman Island

Bantayan Island

Ogtong Cave

HILANTAGAAN ISLAND

Santa Fe Beach Club

The Coral Blue Oriental Villas & Suites

Amihan Beach Cabanas

GIBITNGIL ISLAND

CEBU ISLAND

3 Bantayan Island

Even after being hit by Super Typhoon Haiyan in 2013, Bantayan Island is still considered as one of Cebu's best destinations if you want the best beaches with world-class accommodations and a myriad of activities.



Photo by BCN Sports via Flickr



Photo by Jo Brown via Flickr

4 Ogtong Cave P

Ogtong Cave Resort has several pools, own stretch of beach, and a small yet picturesque Ogtong Cave. It has crystal-clear waters perfect for a short dip, though the cave is not big enough for swimming.



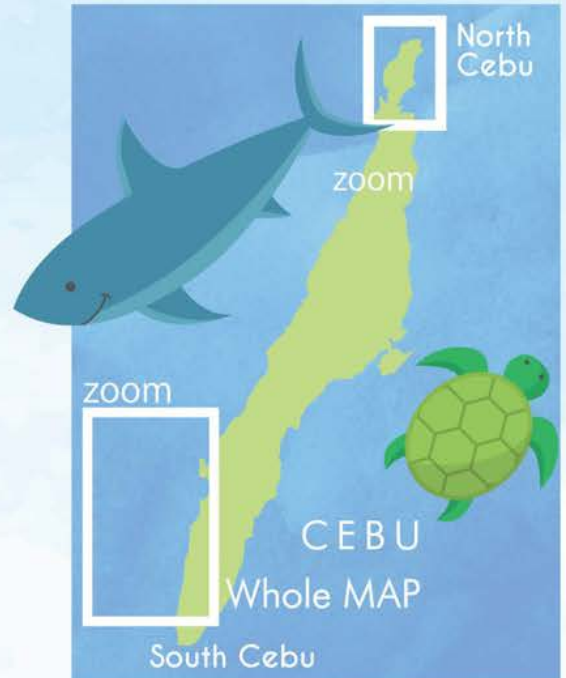
1 Malapascua Island

Malapascua Island is an underwater paradise, known for being a diving destination. Its name was derived from "mal" a Spanish word for "bad," and "Pascua" for Easter. According to locals, the island was named by Spaniards when they arrived there during a stormy Easter.



2 Kalanggaman Island

Kalanggaman Island is just one of the Philippines' natural riches located in the municipality of Palompon in the province of Leyte. Though the island is geologically positioned in Leyte, it is just one to two hour boat ride from Malapascua Island in Cebu.



North Cebu

PPP

1 Malapascua Legend Water Sports & Resort



Apart from the wondrous natural beauty of Malapascua Island, Malapascua Legend Water Sports and Resort aims to provide guests with the convenience and the best of leisure time. They offer free WIFI access for guests and their elegantly designed swimming pool, which is the biggest in Malapascua Island.

📍 Malapascua Island, Daan Bantayan, Cebu, Philippines
☎ 032-406-8384
🌐 malapascualegend.com
📌 Malapascua Legend Watersports and Resort

PPPP

2 Kokay's Maldito Dive Resort



Kokay's Maldito is a popular resort in Malapascua. It stands out not only because of its bright exterior but also because of its accommodation and other services. They have nice and affordable rooms; some with a view of the beach; a grill and resto which is also a disco and music lounge; and they have available diving courses with their SSI Diamond Dive Center that provides intermediate and expert diving courses for individuals and groups.

📍 Daanbantayan, Malapascua Island, Cebu
☎ 0929-149-2017 or 0916-588-4503
🌐 <http://kokaysmalditodiveresort.com/>
📌 Kokays Maldito DiveResort

PPPPPP

3 Kandaya Resort



Located in the northern tropical landscape of the island of Cebu, Kandaya Resort is an emerging luxury destination nestled on a white sandy beach. With 22 villas and 18 contemporary-styled rooms and suites, Kandaya provides an intimate and personalized opportunity to recharge and rejuvenate while enjoying a retreat from the pressure of every day challenges.

📍 Agujo, Daanbantayan, Cebu, Philippines
☎ 032 260 6006 / 260 3150 / 260 2513
📧 info@kandayarresort.com or reservations@kandayarresort.com

5 Santa Fe Beach Club

PP



Guests love how welcoming and very accommodating the people of Santa Fe Beach Club are. Although the picturesque coastline is enough for you to love the resort, Santa Fe Beach club is not for those who wants a luxurious stay at a grand hotel. They have rooms that are simple and affordable yet very clean and cozy. If you're hungry and you don't feel like going out, they have room food service wherein kitchen staff would knock directly to your room and ask for your orders.

📍 Sta. Fe Beach Club, Brgy. Talisay, Santa Fe, Cebu
☎ 032-438-9090, 032-438-9107
🕒 Check-in Time: 1:30 pm, Check-out: Time 11:30 nn
📌 Santa Fe Beach Club & Ogtong Cave Resort

6 Malapascua Exotic Island Dive & Beach Resort

PPP



Malapascua Exotic Island Dive and Beach Resort is the pioneer dive resort in Malapascua Island Cebu. Since it is the first one to open in 1998, it has become the most-trusted and leading dive resort because of its outstanding service in giving the needs of the divers. With 6 dive boats, nitrox facilities, everyone who wants to visit the resort to learn how to dive professionally will truly love the experience which will exceed expectations.

📍 Malapascua Island, Daanbantayan, Cebu
☎ 0917-307-0150 or 0999-997-6601
🕒 6 am to 11 pm / Check in: 2 pm, Check out: 12 pm
🌐 <http://malapascua.net/>
📌 Malapascua Exotic Island Dive Resort

7 The Coral Blue Oriental Villas & Suites

PPP



Fronting White Sands Beach on Bantayan Island, The Coral Blue Oriental Villas gives you a taste of rural living with the comforts of modern technology. The resort has straw and bamboo houses to give its guests that rural feel while still keeping them in touch with the outside world through free Wi-Fi and a DVD player.

📍 The Coral Blue Oriental Villas, Sta. Fe, Bantayan Island, Cebu
☎ 02-823-8249
🕒 Check-in: 2 pm, Check-out: 12 pm
🌐 coralblueoriental.net
📌 The Coral Blue Oriental Beach Villas & Suites

Where to eat

1 Angelina Pizzeria Ristorante Italiano

PP



Tagliatelle Seafood



Interior



Super Angelina

Serving real Italian home cooking, Angelina offers simple and original recipes from her homeland, Emilia Romagna, a world famous food capital. Choose to feel the cozy interior of the restaurant or have a romantic, al fresco dinner date along the main beach. Angelina also offers 4 spacious and beautifully designed rooms for those who want to stay overnight.

📍 Angelina Beach, Malapascua Island, Daan Bantayan, Cebu
☎ 0977-469-5801, 0917-865-6217
🕒 8 am – 10:30 pm, Mon – Sun
🌐 <http://angelinabeach.com/>
📌 Angelina Beach - Malapascua Italian Restaurant Resort

2 Oscar's

PP



Oscar's Famous Paratha Curry Roll



Interior



Fish 'n Chips

Oscar's is a relaxing rooftop bar and restaurant nestled high amongst the palm trees on Malapascua Island's beachfront. Started in 2008, it is a new concept in dining on Malapascua with top quality dishes at a reasonable price. The menu is an eclectic mix of international dishes that changes every day based on today's freshest ingredients.

📍 Angelina Beach, Malapascua Island, Daan Bantayan, Cebu
☎ 0977-469-5801, 0917-865-6217
🕒 8 am – 10:30 pm, Mon – Sun
🌐 <http://angelinabeach.com/>
📌 Angelina Beach - Malapascua Italian Restaurant Resort

3 Maldito Grill and Restobar

PP



Gallows Grill Pork Steak



Interior



Puff Pastry

Maldito, which means "naughty," has been igniting curiosity amongst their guests and this is exactly the reason why the owner chose the name for his restaurant; he wanted people to notice and recognize it first because of its quirky name. The menu is like a gastronomic trip around the world.

📍 Logon, Daanbantayan, Malapascua Island, Cebu
☎ 0929-149-2017 or 0916-588-4503
🕒 7 am - 9:30pm, bar stays open until it is empty
🌐 <http://kokaysmalditodiversort.com/>
📌 Kokay's Maldito Dive Resort

South Cebu

5 Sumilon Island

Sumilon Island is a secluded white sand beach located in Cebu. Its breathtaking pristine white sand and crystal blue waters make it a destination to be, especially that it is a perfect hideaway from the stress that the hustle and bustle of city life offers. Sumilon offers so much more than its natural beauty: it also has a sand bar, kayaking lagoon, lighthouse, and a hiking path which will be enjoyed by the sporty and adventurous ones.



4 Moalboal

Known for being a diving destination in Cebu is the town of Moalboal. Since it is a peninsula, the place is surrounded by water. It is a popular tourist spot especially for divers because of the rich marine life found underwater.



7 Oslob

Oslob is a place where you can enjoy a relaxing atmosphere as you swim against the waves and enjoy a perfectly fine afternoon. It is a place where tourists go to see real-life whale sharks. There are various island hopping tours which do whale sharks encounter and guarantee that you will be seeing them from sunrise to noon.



8 Kawasan Falls

In Badian, Cebu, just about a three-hour bus ride from Cebu City, is where you will find one of the most beautiful waterfalls in the Philippines. Kawasan Falls, a paradise-like place in Cebu, is known for its natural spring water that's as clear as a crystal, making it one of the top travel destinations when in Cebu.

Photo Credit: Cebu Trip Tours

4 Amihan Beach Cabanas

PP



What makes Amihan Beach Cabanas a stand out among other resorts is that it has a tropical chill vibe, far from the usual hotel setups you'd find in the city. In here, you will feel relaxed as you admire the clear blue waters surrounding the resort—perfect way to relax on a weekend. With this tropical paradise, you are sure to love the beauty of nature as you stay at a comfortable and affordably-priced accommodation in Bantayan Island.

📍 A. Batobalonos St., Santa Fe, Bantayan Island, Cebu

☎ 032-319-0767

🕒 Check in: 11 am, Check out: 2 pm

🌐 [http://www.amihan-beach.com/Amihan Beach Cabanas](http://www.amihan-beach.com/Amihan%20Beach%20Cabanas)

📌 Amihan Beach Cabanas

Price Range: P P2,000

PP P2,000 - P4,000

PPP P4,000 - 7,000

PPPPP P7,000- P10,000

PPPPPP P10,000 & above

CEBU South MAP



Photo by Laz Harris via Flickr

9 Lambug Beach (Free)

It's the closest beach resort to Cebu International Golf and Resort, and is located about 15 minutes from the town of Badian, the same town that serves as the jump-off point for Cebu's Kawasan Falls Canyoneering experience. It's a relatively untouched beach save for a couple of resorts that serve as places for you to stay in.



Photo by Alladin Darryl Ramos via Flickr

10 Mahayahay Beach P

Kids will love swimming in Mahayahay Beach's crystal-clear waters, while those who are a bit adventurous will fall in love with skim boarding, a popular pastime among the children living here. It's not as crowded as White Beach in Basdako, Moalboal, yet it's also not as secluded as other beaches in southern Cebu.

11 Tingko Beach P

Tingko beach is one of Southern Cebu's underrated beach destinations. Located in the town of Alcoy, it's famous among locals for its white sand beach and clear blue waters. Its mile-long white beach is perfect for those who are looking for an escape from Southern Cebu's usual go-to beaches.



Photo by Jose M. Ragina via Flickr

8 Bluewater Sumilon Island Resort P P P P P



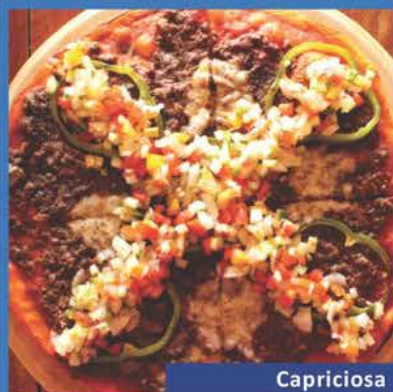
Opened in 2005, Sumilon Island has the first Philippine marine sanctuary and is touted as one of Cebu's best kept secrets, with shifting white sand, breathtaking views, clear water, and great diving spots. The island resort offers 29 rooms that offer inspiring view of the surrounding ocean. Its tranquil and natural surroundings offer a great escape from the hassles of urban living.

📍 Sumilon Island, Bancogon, Oslob, Cebu
☎ 032-318-3129 / 032-318-9098 / 0917-631-7512 / 0999-885-8337
🌐 www.bluewater.com.ph
📌 Bluewater Sumilon Island Resort



4 The Pleasure Principle Resto-Bar

P P



Capriciosa

A huge Spanish influence combined with food unique to the restaurant made The Pleasure Principle Resto-Bar the top restaurant in Moalboal according to TripAdvisor. Using only the freshest imported ingredients, they're known for their pizzas more than anything else. One of their best is the Capriciosa (P290). Tomatoes, mozzarella cheese, farmer's ham, salami, mushroom, and green peppers are combined in a thin crust pizza that's cooked to perfection. They also present their pizzas a little different from what you're used to.

• The Pleasure Principle Resto-Bar Panagsama Beach, Moalboal, Cebu
☎ 0947-747-1838
🕒 9 am – 3 pm, 5 pm onwards
f The Pleasure Principle



Facade



Interior

6 Lantaw Restaurant

P



Red Hot Chicken Curry

Lantaw Restaurant is the only restaurant in Panagsama Beach that focuses on Asian cuisine. It's not a perfect replica of Asian (except for Filipino), but the variety they offer is enough to keep Moalboal's foreign tourists coming back for more of their unique menu. Two of their most popular dishes are the Red Hot Chicken Curry (P220) and the Garlic Buttered Shrimp (P200).

• Lantaw Restaurant Panagsama Beach, Moalboal, Cebu
☎ 0915-278-5388 or 032-495-0643
🕒 7:30 am to 10 pm
f Lantaw Restaurant



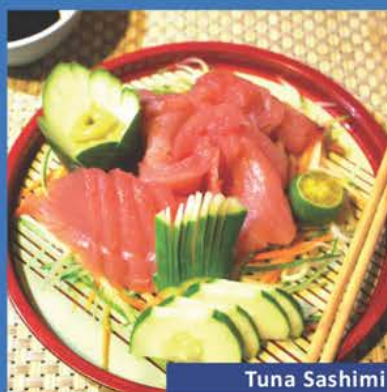
Garlic Buttered Shrimp



Interior

5 Café Cebuano

P



Tuna Sashimi

Known for serving the best coffee in Moalboal, Café Cebuano is one restaurant to visit in the Panagsama Beach area. This native hut-looking restaurant is a place where most of customers go to after a day trip of diving adventure at the nearby islands. Here, you will feel relaxed as you get a magnificent sunset view as you dine in here for dinner. The restaurant is built by the waters so you will get a view of divers freely roaming around at the area.

• Moalboal, Pangsama, Cebu
☎ 032-474-3059
🕒 8 am to 12 mn, Mon - Sun
f Cafe Cebuano



View



Sizzling Gambas

7 Mayas Native Garden Restaurant

P



Single Beef Burrito

Mayas Native Garden Restaurant is the in house restaurant of Mayas Native Garden, a native house accommodation in the Panagsama area in Moalboal, Cebu. This is one of the popular restaurants in the area as they are the ones who only serve local version of Mexican dishes. Mayas Native Garden also serves international cuisine as many of their guests are mostly foreigners who stay at their accommodation.

• Panagsama, Moalboal, Cebu
☎ 032-474-3053
🕒 11 am – 12 mn
🌐 <http://mayasnativegarden.com/>
f Mayas Native Garden



Interior



Chicken Taco Plate

9 Badian Island Wellness Resort

P P P P P



Badian Island Wellness Resort is located about 100 km south of Cebu City. It is an idyllic place where you can totally seclude yourself and just enjoy the company of nature and peace as you stay in this resort. This resort offers a breathtaking view of South Cebu, making your stay a lot better with the resort's amenities.

• Badian Island, Cebu
☎ 032-401-3303 to 05/ 032-475-0010
🕒 2 pm, Check out: 12 mn
🌐 <http://badianhotel.com/>
f Badian Island Wellness Resort



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In this feature, we're giving you outfit ensembles that will get your everyday attire on track. These wardrobe essentials from H&M are every women's timeless pieces. Steal these styles and save yourself from the daily hassle of finding the perfect mix and match!

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Review and Testimony

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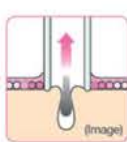
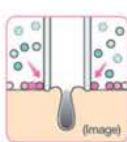
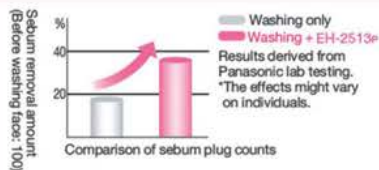


Pore Cleanser
EH-2513
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Product Feature

Pore cleanser vs. washing



Micro-fine mist allows for smooth movement of the suction cup that is gentle yet effective.

- The sealing effect of the fine mist spray enhances suction power for clean, healthy pores.
- Feels light and refreshing.

*When to use:

Use two or three times a week for more effective results.

Review

The black spots in the nose that could not be removed with a facial cleansing disappeared with this product!

There are a lot of people having difficulty in removing black spots on their nose. I have also tried face packs, but my skin got itchy and it was prone to dirt, so I stopped using it. After that, I just learned to ignore it. I was surprised to know that Panasonic has finally released an item for pore care.

The appeal of PORE CLEANSER is that it doesn't damage the skin and removes dirt thoroughly. The micro-fine mist that comes out from the cleanser cleans the pores in a gentle yet effective way. When using it, I recommend that you first apply an absorbing unit before moistening your

nose with the mist. Although PORE CLEANSER has a considerable absorbing force, it is possible to minimize the pressure on the skin by applying mist. It definitely fits the skin, and gets dirt firmly. I have sensitive skin, but I was able to use it comfortably with no trouble unlike using a face pack. When using, apply the unit vertically to the skin. If you twist the tube diagonally upwards when you release it, it seems to be easier to remove dirt and black spots than straight away. It is effective to use two or three times a week. After use, apply lotion to effectively tighten open pores. Using a steamer together with the pore cleanser will result to a cleaner and more refreshed skin.

Voice



Yuka Shimodaira

I've been living in the Philippines since June 2016 because of my husband's work. I began looking for cosmetics that fit my sensitive skin, and I am interested in items related to beauty. I am happy to find beauty items that fit me.

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Contact details for inquiries: **Japanese:** Mr. Satoshi Kono (satoshi.kono@ph.panasonic.com)
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The models, creative team, and logistics team flew from Manila to Brisbane, Australia for David's Salon's very first out-of-the-country shoot. The real-life mermaids for the shoot are four of the most beautiful Bb. Pilipinas winners – UAAP Courtside reporter Laura Lehmann, top models Yvette Santiago and Hannah Ruth Sison, and Janicel Lubina. Affinage Australia's creative team, headed by Creative Director Nadine Johns-Alcock and Training Director Shellie Dinsdale, worked together with David's Salon Creative Director Laura Charlton, Senior Stylists and Academy Educators Armand Bonhoc, Ricci Conde, and Affinage Philippines Brand Ambassador Nick Manalo. Together they achieved hues reminiscent of colors of mermaid fins and the sea. CEO and Founder Mr. David Charlton joined the team, as well as Project Head and Marketing Manager Lotte Villarosa-Agraviador, and Marketing Associate Fei Balquin.

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Business Talk

An interview with the top executives in the Philippines
Get a first person point of view when it comes to business

Mark is the co-founder and CEO of PULS. He was previously the founder and CIO of Development Principles Group (DPG), which is a successful private equity firm in China with 4 offices and US\$ 250 million in assets under management. He also co-founded MicroSourcing (www.microsourcing.com) in 2004, a successful Manila-based BPO company.



Mark Arellano Kooijman

Founder & Chief Executive Officer
Philippine Urban Living Solutions (PULS)

What exactly is PULS and what is it all about?

We develop dormitories for young professionals who live in BGC mostly, and also in Makati. We try to fill in a gap where a lot of young people can't live where they work. There's a big discrepancy between the salaries of the people who are working there and the prices to live there. The average salary, for example, in BGC is around P22,000 for a young professional while the average, or let's say the smallest studio (type apartment) in The Fort is around P25,000.

What we try to do is to develop dormitories along the BGC perimeter so that everybody can still walk into The Fort and make use of the facilities that are in The Fort but create a product that is much, much cheaper. We've also tried to differentiate ourselves from other dormitories by offering a more luxurious and tailored product.

PULS was established in 2011. During that time, you kind of focused on corporate clients only. Now you've focused on individuals...

It's actually the reverse. We started with individuals. Our first project was a small project in Brgy. Pembo where we created a dormitory for the nurses of Ospital ng Makati.

That's where we first did our experiment with different sized units. We did a 7-square-meter unit, a 10-square meter unit, and a 12-square-meter unit just to see if seven was too small or if 12 was too large. What we got in the end was the most accessible size and price point in the market.

We then started developing our London project and that's when we got interest from a corporate client, a software developer, who said "Look, we need to take the entire building." That's when we started to think we can maybe tap into a corporate demand instead of just individuals for foreign and domestic companies.

What we want is to get the optimal balance between individuals and corporate clients. We're looking for something around two-thirds or 70% corporate clients

and 30% individuals. We also hope to have a waiting list of individuals so that in case a corporate or individual leaves, we can immediately (have that unit occupied). What you want to achieve as an operator is to have 100% occupancy, and to do that we believe it's best to have that mix of individuals and corporate clients.

What made you decide where to put them within BGC or Makati? What was the process?

We really wanted to focus on The Fort. We kind of see BGC as the Manhattan of the Philippines, so we expect major corporations to have a presence there.

There are, I think, at the moment 200,000+ young professionals working there and it's expected to grow to 380,000 in the coming years. We expect there would be a huge shortage of living space for all these young professionals working there.

One of our criteria has always been that it should be at most a seven-minute walk to the entrance gates of BGC. That's why we focused on the perimeter wall of BGC, then there are the entrance points. (The area) Around those entry points is where we buy land and put up our dormitories.

With MyTown, are you planning to expand outside of BGC? If so, where is your target location?

We're looking at the Makati area. We're also looking at the Pasay area, but not just in the BPO space; we're also looking at the entertainment industry. There are a lot of people working for the casinos who cannot afford to live near Mall of Asia. We're also looking at North Edsa and Ortigas.

We focus our efforts on BGC and then we expect to spread ourselves to the other business hubs in Manila and, maybe at a later stage go to places like Alabang, where there are major BPOs, and also to major cities like Cebu and Davao.

In essence, we just follow where the same problem exists. You have business and technology parks where

nobody can afford to live close by so they have to commute, so we offer a product that's beneficial to employees and to the employers as well.

What's been the toughest challenge for PULS to date?

I think (it's) to find the best product offering. The market here in the Philippines is very price sensitive. Our tenants range from a nurse who earns P14,000 to, let's say, a manager at a BPO company who earns P30,000.

As a developer, we need to determine all the time how luxurious do we make our units and how many amenities do we have such that we are better than the market but we don't increase our prices that we price ourselves out of the market. If we priced our beds at P6,000 a month, then no nurses or starting employees at a BPO could afford it anymore.

Finding the perfect balance where we can say we offer a superior product compared to the market but then we don't price ourselves out of the market has always been a little bit of a challenge to our company and we will continue to calibrate our product offering.

How would you describe the way you manage PULS? Are you a strict boss or...

How am I as a boss? I'm fun, jolly... I would say the corporate culture is quite fun and it's only performance-driven.

We care very little about formalities, hierarchy, everything you expect in a normal corporate life. We're driven but we have fun. People will find that it's fun to work here and that they want to excel here. We also provide the incentives for them to do that.

What inspires you to be the best company can be?

We're driven by mainly two things: (one is that) we set up this company with an idea to affect social change here in the Philippines. There are many problems in the country: environmental, social, and everything else. These are difficult problems to solve, and the government is the one trying to solve these problems.

My personal philosophy is that you can never solve all these problems if you're only reliant on government or institutional funding. You need to create a commercial product or company where the returns are so attractive that private capital will go into that.

That was always the idea behind PULS: we would create a product that is for young professionals that will also fulfill a social need in the country because we can also divert into making small condos for young families and things like that.

What's a typical day of work like for you here at PULS?

I usually arrive between 9:30 to 10. I usually work out in the morning, and I'd usually leave at five. I would have, on average, two to three meetings in a day.

We're a data-driven company so we do a lot of data analysis and financial modeling to determine the direction of our company.

What quote or phrase do you live by?

I would say my motto in life, and it is what I live by, is success will always come if you pursue excellence in all aspects of your job. I want to be excellent in everything I do. I want to understand all the bits and pieces of my company.

This is something that's a little bit lacking in the Philippines. Here, people would rather get something done exerting 80% of the effort than give it their all. I think if you want to be successful, you have to be excellent in everything that you do. Once you're excellent, the money will come by itself. You don't need to beat other companies.

For the complete interview, please visit www.primera.com.ph



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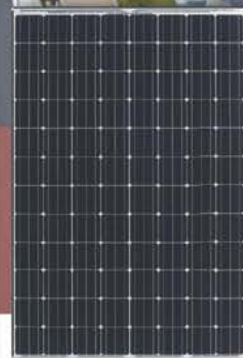


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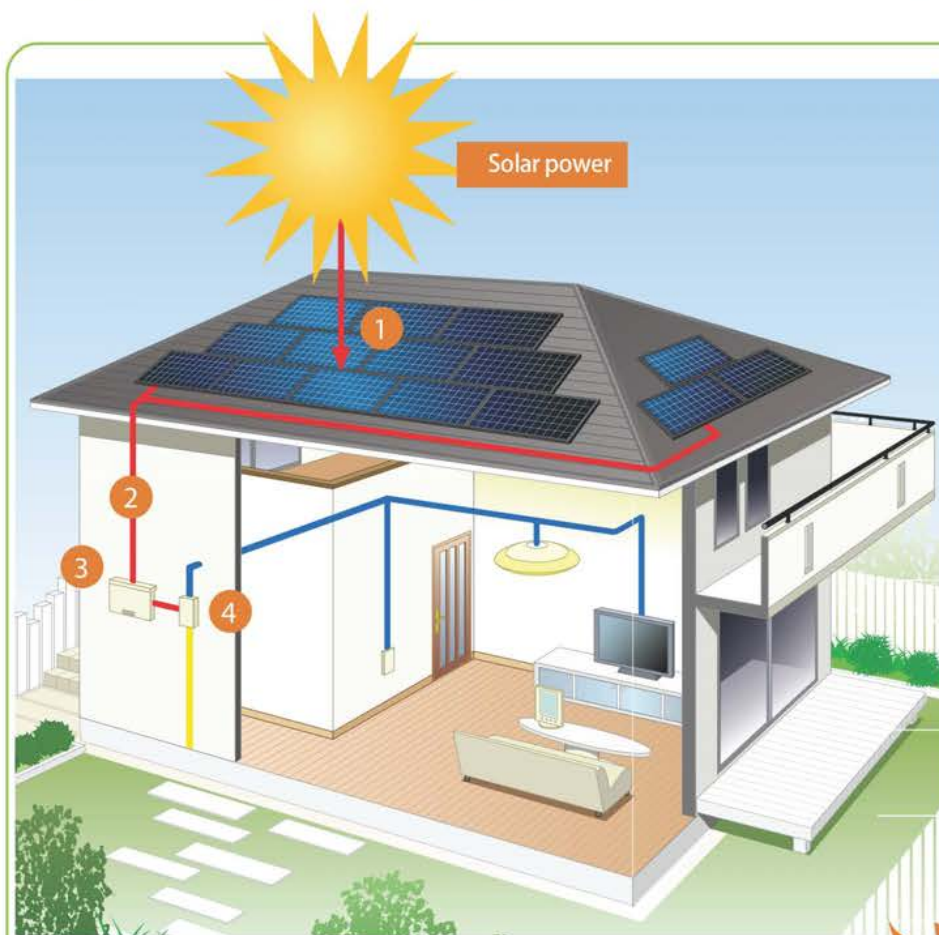
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Venue: BGC Arts Center, 26th Street corner 9th Avenue, Bonifacio Global City, Taguig City

Expo



June 9-11

International Health and Wellness Fair

International Health and Wellness Fair is a 3-day event to be held on June 9-11 at the SMX Convention Center in Manila. It is proof of the growing demand for healthy alternatives to food, fitness, and lifestyle in the wellness, health & fitness industry.

Venue: SMX Convention Center, Pasay City

Music Festival



June 11

Neverland Manila Presents Young Gunz

Get ready for the most awesome party of the year as Neverland Manila presents the newest festival to hit Manila featuring Young Gunz!

Venue: Circuit Makati, Makati City

Kids



June 23-25

Toruk - The First Flight

TORUK - The First Flight is a live immersive multimedia spectacle that brings to the stage the breathtaking world of James Cameron's Avatar like you have never seen it before.

Venue: SM Mall of Asia Arena, Pasay City

Concert



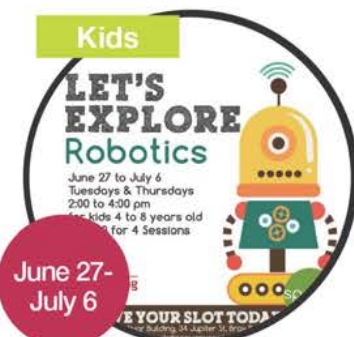
June 24-25

A Pop Punk Weekend with The Maine & State Champs Live in Manila

It's going to be an awesome weekend with two great pop punk groups in the industry today. The Maine on the first night for their Lovely Little Lonely World Tour, and State Champs, who will headline their very first Manila concert on the second night. Both shows will be held on June 2017 at the Skydome.

Venue: SM Skydome, SM City North EDSA, Quezon City

Kids



June 27-July 6

LEGO Robotics Class

Spark Discovery Center's WeDo Lego Robotics class is a perfect mixture of fun and learning, using LEGO® WeDo™ Robots. Using LEGO® bricks, students can build a rescue airplane, a giant escape, and a sailboat storm. They can also learn how to program and operate their creations using a laptop computer.

Venue: 2/F, Montivar Building, 34 Jupiter St., Bel Air, Makati City

Theatre



July 7-20

NEWSIES (The Broadway Musical)

Tony Award®-winning musical NEWSIES is heading to Manila on July 7-20 2017, at the Globe Iconic Store, Bonifacio High Street in Taguig.

Venue: Globe Iconic Store, Bonifacio High Street, Taguig City

ARIANA GRANDE DANGEROUS WOMAN TOUR



Spotlight

Ariana Grande Dangerous Woman Tour

August 21, 2017

Ariana Grande is coming back to Manila for her Dangerous Woman Tour on August 21, 2017 at the Mall of Asia Arena.

The 23-year-old American pop singer and actress is known for her hit songs "Problem", "One Last Time", "Dangerous Woman", and "Into You". All three of her albums have been certified platinum or better by the RIAA. She was also named as one of the 100 most influential people in the world on the annual Time 100 list in 2016.

She first performed in Manila in 2015 for her Honeymoon Tour. Tickets are available at SMTickets.com or call 02-470-2222.

Venue: SM Mall of Asia Arena, Pasay City



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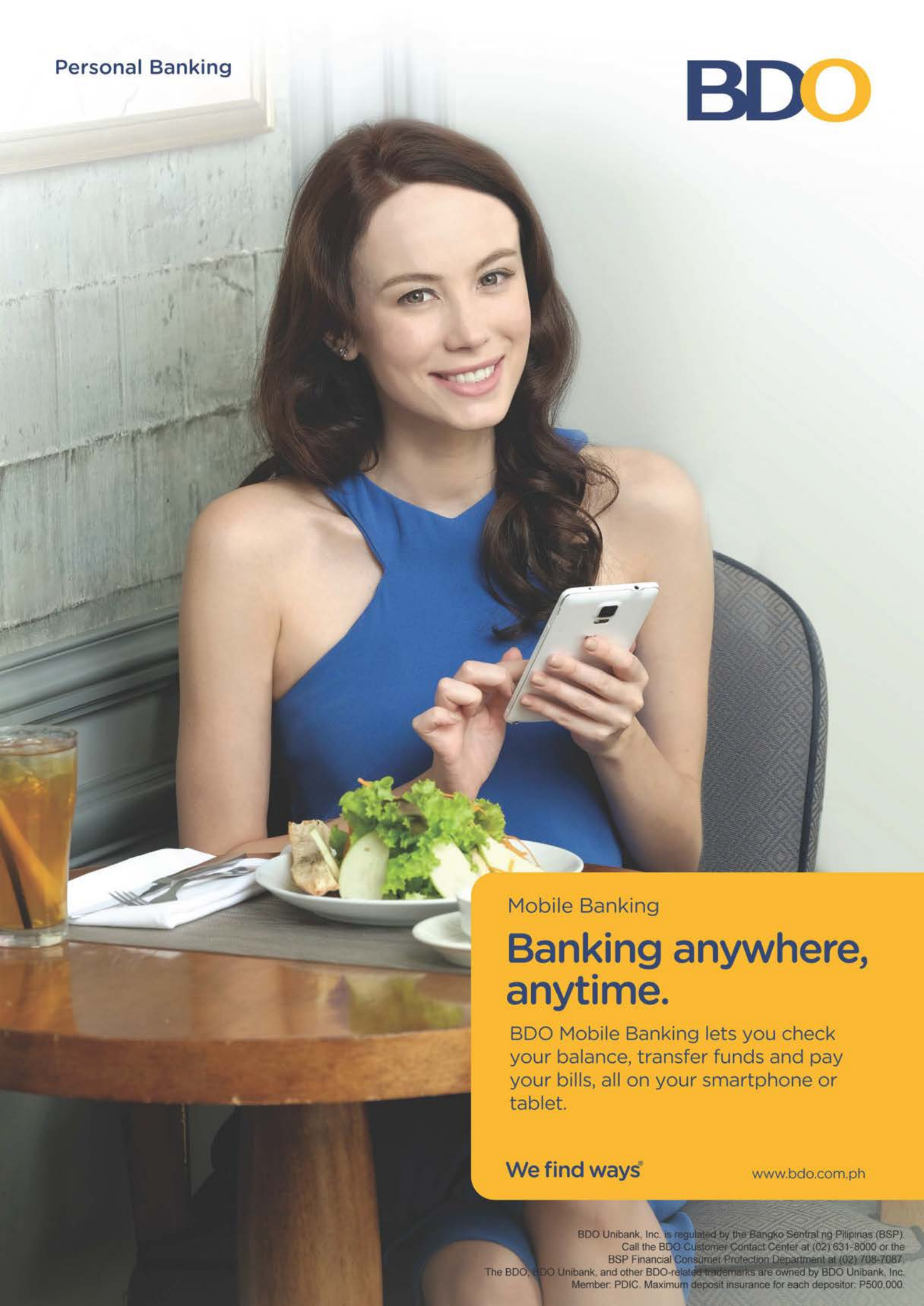
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